Leisure Learning

Fall 2018 Course Guide

Fall into Art Adventures

Acrylic Painting
Create-a-Craft
Macramé
Pensacola Museum of Art Tour
and more!
Why join Leisure Learning?

For more than 20 years, UWF Leisure Learning has provided stimulating programs for seasoned adults who are interested in joining a spirited community of intellectual contemporaries and lifelong learners.

Our diverse lineup of classes offer you the opportunity to explore Pensacola and the surrounding areas, discover exciting research and ideas or learn new skills — all while making friends.

Become a member and start attending class this Fall!

1. Review this catalog and select your classes.
2. Register and pay for your annual membership and individual classes in one of 3 easy ways. (Page 33)
3. Learn more about Nautilus Card benefits for UWF Leisure Learning members. (Page 35)
4. Enjoy class!

How does the UWF Leisure Learning membership work?

The $35 annual membership fee covers 12 months from the date you join. With your membership, you are entitled to:

- Register for all Leisure Learning classes, tours and events.
- A Leisure Learning Parking Decal for parking on the UWF Pensacola campus.
- A class catalog mailed to you every semester.

Learn more about membership perks on Page 35!

Questions? Call us at 850-473-7468.

Fall 2018 classes start August 27th!

Three Easy Ways to Register:
Register for classes online at uwf.edu/LeisureLearning, call us at 850-473-7468 or mail in the registration form located in this catalog. More on Page 33.

Connect with us on Facebook!
facebook.com/uwfleisurelearning

Give the Gift of Lifelong Learning
Buy a Leisure Learning membership gift card! Call 850-473-7468 to order.
Bob started his varied career as a programmer in the space industry at the time of Sputnik, writing most of the programs to simulate the guidance systems for Thor and Titan. He moved on to direct the development of computer and information services at several research universities in Wisconsin, Kansas, Nebraska, New York and Michigan, held the position of Associate Professor of Mathematics and Computer Science, served as president of the services corporation and as senior VP of a bank holding company.

From a young age, Bob had an interest in reading and learning. His father, who never attended college, was a scholar in his own right burying himself in heavy reads throughout Bob’s childhood. At 7-years-old, Bob began taking the streetcar to the public library in Downtown Milwaukee where a librarian introduced him to the science department and books by Einstein and the likes, feeding his curiosity and thirst for knowledge.

Bob has been involved in UWF Leisure Learning for 16 years and has been an instructor for 13. In addition to teaching, Bob is involved on the curriculum committee and helps in any other way possible. He objects to using the word ‘volunteer.’ Upon asking why, he simply answered “I just assume things needed to be done; I don’t consider myself volunteering while I am reading articles to prepare discussions for my class.” Truly spoken like a dedicated lifelong learner.

When asked who the most influential person has been in his life, Bob thinks back to when he first became involved with UWF Leisure Learning and took a class led by Charles Anderson who eventually turned into his mentor, igniting his passion for political economics and history.

The class that Bob leads today, On the Other Hand... Current Affairs Discussions, is modeled after Anderson’s class. Originally led by Bob and another member, the class has evolved to play an integral role in many Leisure Learner’s lives. So much so, that when Bob made the decision to cancel the class, the Leisure Learning community simply wouldn’t stand for it. The influx of support and overall outpouring of love for what he had created were so prolific that the class lives on today.

Bob realizes that if he wasn’t dedicating time towards his class, he would have more free time for naps with his dog. However, he finds great value through the stimulation he receives and engaging with the people who attend. “Participation in Leisure Learning, whether you are a volunteer or student, drags you out of the house and gets you doing something,” said Bob. “I do think it’s important to draw the distinction between what I do with Leisure Learning and what it does for me. This program offers invaluable social and networking potential; classes offer a wide range of topics and opportunities to have real, in-depth conversations….it’s also a really good way to meet girls,” he added with a chuckle.

More with Bob Robinson:

Q: What is the most important skill you’ve learned in your career?
A: “Resiliency comes to mind. Over my career, I was fired 3 different times. I suspect because I could be a bit hard to handle. Each time was a kick in the head, but all I could do is get back up and try again....Really, I was just ahead of their time.”

Q: What is your greatest accomplishment?
A: “Early in my university management career, my colleagues and I discussed how we would bring computers to the world. We considered ourselves missionaries, preaching the gospel of the computer. I assisted in creating two computer science programs and served on the board of NSF, a company that eventually became the internet. We never expected the internet to be so big. At times I felt like I was holding on to the tail of a comet — I knew I was, but I didn’t know if I was pushing or pulling.”

Q: What is your favorite piece of advice?
A: “I think that it is absolutely critical that we look for the truth always and do our best not only to communicate what’s true, but help others understand as well. I also think it’s useful that if you think you have a position on something, to write it down and write down why you might be wrong.”
Volunteer to be a Leisure Learning Liaison!

Leisure Learning is growing at a exciting rate. This has presented a fantastic opportunity for you to be more involved in the classes you are already attending!

We are looking for social, enthusiastic volunteers to become Liaisons for Leisure Learning. The best part — you will only be contacted for classes that you are already attending. This is an easy way to be involved and get to know your fellow Leisure Learners.

Primary Liaison duties include:
- Taking attendance
- Introducing speakers
- Delivering announcements
- Ensuring class ends on time

We are now accepting volunteer sign-ups for Leisure Learning Liaisons! Contact us at 850-473-7468 or email LeisureLearning@uwf.edu.
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**Mondays**

**Recorder Ensemble Series — 15 Sessions**
This multi-week course is designed for those that have already taken the Beginner Recorder series. There is a second volume to the textbook used in the beginner course ($7.95) and additional supplemental literature from the Renaissance period. Please contact the primary instructor, Charles Tucker, with questions at 850-525-8256. Students who took the beginning classes should also contact the primary instructor prior to registering.

27-Aug to 17-Dec | Mon 1:00 PM - 2:15 PM | $25
Instructor: Charles Tucker
St. Christopher’s Episcopal Church

**Learning to Play the Recorder — 15 Sessions**
The recorder is a pleasant-sounding Renaissance flute. This multi-week course is designed for anyone (with or without previous experience in music) interested in learning how to play the recorder. By the end of the course, students will be playing simple music in four parts. Members of the St. Paul Consort will team-teach the class, building on the basics of learning one note at a time and how to count rhythms. Soprano, alto, tenor and bass recorders will be used. Students need to purchase a method book and a recorder. Students decide which size instrument they wish to play during the first class meeting. Playing music in a group is an extremely rewarding experience. Commitment to regular attendance and out-of-class practice are necessary to make the most of this course for the group as well as for the individual. Please contact the primary instructor, Charles Tucker, with questions at 850-525-8256.

27-Aug to 17-Dec | Mon 2:30 PM - 3:30 PM | $25
Instructor: Charles Tucker
St. Christopher’s Episcopal Church

**New! SHINE: Serving Health Insurance Needs — Medicare Counseling**
Medicare’s complicated! Once you reach the age of 65 you qualify for Medicare and as many quickly discover, it is not always an easy program to understand. Luckily, there’s an easier way than going it alone. SHINE (Serving Health Insurance Needs of Elders) counselors can help seniors navigate Medicare with free, unbiased and confidential counseling. Meet SHINE counselors and learn more about this program from SHINE liaison, Marti Hearn. Next, a presentation and tour of the Northwest Florida Area Agency on Aging (NWFAAA) and Disability Resource Center will be led by Gwen Rhodes, Community Resource Specialist and Amber McCool, Executive Director. The NWFAAA and Disability Resource Center plans, coordinates and monitors information and services for the elderly, their families, caregivers and communities in four local counties.

17-Sep | Mon 10:00 AM - 12:00 PM | $12
Instructors: Marti Hearn and Amber McCool
Northwest Florida Area Agency on Aging, Inc.

**EVENT SPOTLIGHT:**
**Japanese Sushi Workshop***
Let’s learn how to make sushi in this exciting 2-hour workshop! There are many exciting aspects of sushi-making that we will explore. From the rolling to the pressing, this workshop will provide everything you’ll need to know. Sushi is commonly made with raw fish; however you can also use vegetables, ham, cheese, or a variety of other ingredients. We’ll also learn about the finer points of how to properly make sushi rice. You can showcase your creativity and show off your skills at your next family gathering or party! *Not available on the all-inclusive Unlimited Classes option.

13-Oct | Sat 10:00 AM - 12:00 PM | $20
Instructor: Ryoko Ohnishi
UWF Building TBD
abandonment, abuse or neglect. These children have a chance for better lives because there is a group of trained volunteers appointed by judges to advocate for them. People who fight for these children ensure their basic rights and essential needs don’t get overlooked or ignored by the system. GALs are volunteers from all walks of life who believe society has a fundamental obligation to these children. Learn more about the program and the children who need a voice. Join Carol Thomas, Trainer for Guardian ad Litem, 1st Judicial Circuit to learn about the Guardian ad Litem program.

17-Sep | Mon 1:00 PM - 2:30 PM | $12
Instructor: Carol Thomas
Florida Public Archaeology Network

New! Old Sacred Heart Hospital Tour
The Daughters of Charity, a religious order dating back to 1633, opened Sacred Heart in 1815 as the first Catholic hospital in Florida. In the beginning, a patient paid $1 per day for a bed in a ward but nobody was turned away who could not afford the cost. In 1980, the Tower East Group purchased the property to preserve the hospital for the future. Train loads of Alabama sandstone, Indiana limestone, several million bricks, thousands of barrels of concrete and marble were used in the building which was added to the National Register of Historic Places in 1982. Meet brothers Michael Ritz and Aaron Ritz and enjoy a historical talk and a tour of this gem which stands on 12th Avenue.

24-Sep | Mon 10:00 AM - 11:30 AM | $12
Instructors: Michael Ritz and Aaron Ritz
Old Sacred Heart Hospital

Qualifying for Medicaid While Protecting Your Assets
Local elder law and estate attorney, Nicholas Medley will present an informative and easy to understand class on the subject of medicaid planning. Medley will share specific detailed procedures on how to arrange your personal assets so that you still qualify for nursing home care. Merits of medical and personal power of attorneys and special needs planning will also be discussed. Following the presentation, there will be a question and answer session so that attendees can get more information on the topics covered.

1-Oct | Mon 10:00 AM - 11:15 AM | $12
Instructor: Nicholas Medley
Florida Public Archaeology Network

LUNCH ‘N’ LEARN EVENT:
MEET THE ARTISTS OF
Romeo & Juliet
15-Jan | Tue 11:30 AM
Skopelos at New World | $30
Venture through fair Verona’s divided houses as Shakespeare’s sweeping tragedy of star-crossed lovers is brought to life by Gounod’s sumptuous score. Pensacola Opera’s Maestro Jerome Shannon and Education Director Cody Martin will give an overview of the opera and introduce the principal artists. Excerpts from the upcoming production will be performed by Pensacola Opera’s Artists in Residence.

Invite your friends and family! Leisure Learning membership is not required to attend.
Reservations required in advance through Jan. 9, 2019.
*Not available on the all-inclusive Unlimited Classes option.
New! Molino Mid-County Historical Society Museum

Did you know that Molino was larger than Pensacola at one time? At its peak in 1914, the area was a thriving oasis of sawmills and tung oil production, a coveted treatment for fine wood. Because of its industrial needs, electricity, phone service and even a car dealership reached Molino before Pensacola. Discover more about the city of Molino’s history in a tour through this quaint museum. Permanent exhibits include a tribute to baseball Hall of Famer Don Sutton, who was raised in Molino and graduated from Tate High School. Vintage lumber industry tools and telephone equipment are just a few more examples of what we will see.

15-Oct | Mon 11:00 AM - 12:00 PM | $12
Instructor: Marty Lorenz
Molino Community Center (Museum is located inside)

Alzheimer’s Disease and Dementia: Clinical Definitions, Detection and Drug Therapies

This session utilizes current research in risk factors for Alzheimer’s disease to present risk factors for dementia and strategies that families can employ to better identify dementia. A focus on how current and investigational drugs work in the brain and current clinical trials will also be presented.

15-Oct | Mon 2:00 PM - 3:30 PM | $12
Instructor: Dr. Rodney Guttmann
UWF Building 78, Room 136

New! The Green Roof Tour

Did you know Pensacola has the largest green roof in the state? The 33,160 square foot green roof was designed to allow a layer of vegetation to grow on the roof to provide insulation and decrease in stormwater pollutants. The roof has served as a demonstration for Florida builders and contractors who may be interested in incorporating these low impact designs into their projects. We will have a 30 minute presentation followed by a 30 minute tour of the roof. Please Note: The roof is on the third floor — an elevator goes to the second floor, but the top floor is only accessible by stairs.

22-Oct | Mon 10:00 AM - 11:00 AM | $12
Instructor: Carrie Stevenson
Escambia County Central Office Complex

EVENT SPOTLIGHT:
Grand Hotel Marriott Resort Tour — Point Clear, Ala.

Point Clear, Alabama’s Grand Hotel (owned by Marriott) has been a fixture in the town since the 1840s. The 405-room Grand Hotel dates to a time when Point Clear, which overlooks the Mobile Bay, was a prime vacation spot for wealthy Victorian-Era families. Through fires, floods and hurricanes, the Grand Hotel has endured. Today, the immense hotel and the surrounding community continue to attract tourists. Join us for a tour including the history of the Grand Hotel and stay for lunch (on your own) afterward.

8-Oct | Mon 10:30 AM - 12:00 PM | $12
Grand Hotel Marriott Resort

New! Mark Twain: The First Truly American Writer — 2 Sessions

“Mark Twain/Samuel Clemens’ way of seeing and hearing things changed America’s way of seeing and hearing things ... he was the Lincoln of American literature,” quoted from a recent biography of the creator of Huck Finn and Tom Sawyer. In his prime, a century after the Declaration of Independence, Twain was a Yankee original who rendered the vocabulary and tone of the American vernacular, previously despised, in a way that was neither parody, nor caricature, but literature. Throughout his writing career, Twain crafted numerous short stories, ranging in topic from frontier humor to his travels abroad, to blue jays, frogs and dogs. In two sessions, we will explore this American original’s short
fiction. The three stories read include “A Ghost Story,” “Taming the Bicycle” and “The Jumping Frog.” Copies of the stories will be emailed and also available at the first class.

29-Oct & 5-Nov | Mon 10:00 AM - 11:30 AM | $15
Instructor: Stephanie McNeill MPS
Florida Public Archaeology Network

**New! Medieval Women: Roles and Authority in Medieval Society**

Dr. Marie-Thérèse Champagne’s undergraduate students will be giving presentations on their research projects that concern the experiences of women from the beginning of the Christian era through the Reformation, often told in their own words. The focus will be on Western Europe with particular attention to the roles of law, medicine and the Church in defining women’s place in society; the social and family roles women filled; and the manners in which many women were able to gain authority. Dr. Marie-Thérèse Champagne, associate professor of history, teaches European history courses on topics including classical Rome, the Middle Ages, the Vikings, women in the Middle Ages, the Renaissance and the Reformation.

5-Nov | Mon 2:30 PM - 3:45 PM | $12
Instructor: Dr. Marie-Thérèse Champagne
UWF Building 86 (CEPS)

**Tuesdays**

**New! The Leisure Club Coffee Bar & Restaurant**

From the moment you walk in, you know you’ve found a special place unlike anything in Pensacola, where everyone is always welcome. Founded in 2010 by Pensacola natives, The Leisure Club Coffee Bar & Restaurant in Pensacola is family-owned and operated. This cozy space is a fantastic place to relax and enjoy simple pleasures like a great cup of coffee, unique craft beer or a local cheese board. Join owners Ryan Eaton and Matt Barnhill for a tour of this Pensacola gem.

28-Aug | Tue 2:00 PM - 3:00 PM | $12
Instructors: Ryan Eaton and Matt Barnhill
The Leisure Club Coffee Bar & Restaurant

**Innovation Institute**

Innovation — the hard, messy work that blends art, science, creativity and culture with the freedom to explore, fail, try again and learn — is the key to breakthrough solutions to our biggest challenges. The Innovation Institute focuses on areas of high social importance — with particular emphasis on education — to explore, design, prototype and deliver innovation for education and learning. In just four and a half years, the organization has grown from a dozen core staff to more than 150 employees spread throughout the state as the Florida Legislature has entrusted tasks of progressively greater strategic importance to the State and its citizens. Additionally, corporate and government partners call on the organization to work with them to address difficult challenges related to performance and learning. Learn more about the Innovation Institute’s impact in Florida during this class.

4-Sep | Tue 9:00 AM - 10:30 AM | $12
Instructor: Dr. Dave Dawson
Innovation Institute

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**EVENT SPOTLIGHT:**

**New! Macramé: Art in Fiber and Fabrics**

Laurie Flynn is a regional artist who works primarily in fiber and fabrics. She creates wearable art, macramé jewelry and fabric collages. Ms. Flynn has worked as a TV station staff artist and has illustrated many children’s books. Her art is influenced by her travel through 39 countries and her time living in Saudi Arabia, Jamaica and the Dominican Republic. Although her primary work is as a fiber artist, she also serves as a volunteer usher at the Saenger Theatre. This interesting artist will have plenty of work on display and she will be happy to answer your questions.

4-Sep | Tue 1:00 PM - 2:00 PM | $12
Instructor: Laurie Flynn
Florida Public Archaeology Network
Tax-Advantaged Investing: Keep the Pain Out of Your Gain

Market returns are only one side of the equation. The taxes you pay on investments can significantly impact your financial plan. This class provides an overview of tax efficient strategies and tools available to maximize returns and solve financial goals.

**11-Sep | Tue 10:00 AM - 11:15 AM | $12**
Instructor: John Hodgdon II
Florida Public Archaeology Network

Calling All Bookies

Join us again or come for the first time and enter into our lively discussion about “The Great Alone” by Kristen Hannah. We will discuss this gripping novel set in untamed Alaska in 1974. Since most of us have read “The Nightingale,” we were eager to read another novel by the author and this bestseller was chosen. It appears we are meeting each semester but one need not come every time. The group is quite exciting so if you do attend — you might be lured into becoming a repeating class member!

**18-Sep | Tue 10:00 AM - 11:30 AM | $12**
Instructor: Dr. Louise Tolbert
Florida Public Archaeology Network

**New! Conversation with Troy Moon**

Born in Pensacola in 1962, Troy Moon is well known around the city. He joined the Pensacola News Journal as a music reporter and thirty years later is a veteran reporter who gives us information on culture, music, business and politics. He is a big supporter of west Pensacola where he lives and knows all of the happenings in and around town. Listen to Troy and get to know the man who has so much to share about our city and its people.

**18-Sep | Tue 1:00 PM - 2:15 PM | $12**
Instructor: Troy Moon
Florida Public Archaeology Network

**Lighthouses Along Florida’s Panhandle**

A lighthouse is like a traffic sign on the sea — it warns and guides. Lighthouses played a vital role in safe passage of ships and their crews before electronic devices were available. Some smaller ships still depend on lighthouses. Wanda will discuss the many lighthouses in the Panhandle and show a video describing their differences.

**25-Sep | Tue 10:00 AM - 11:30 AM | $12**
Instructor: Wanda Mayo
Florida Public Archaeology Network

**Supreme Court Preview: Cases to Watch in the 2018-19 Term**

Preview some important Fall 2018 court cases with Dr. David Ramsey. Learn about the effect of the court vacancy created by Justice Anthony Kennedy’s retirement. No knowledge of the law is needed, the course is intended to be for a general audience. Bring your questions, there will be opportunity for discussion.

**25-Sep | Tue 1:00 PM - 2:15 PM | $12**
Instructor: Dr. David Ramsey
Florida Public Archaeology Network
Judicial Discretion: Who Should Decide?
The use of discretion in the law has been a topic of discussion for years. Classics as well as popular public media have debated its worth. Some have eulogized it; others have condemned it. In the last few decades, there has been a movement to limit discretion, particularly of judges. This movement has been supported by both groups that believe judicial discretion has promoted discrimination and bias as well as groups who believe that judges have been too lenient. Because of these concerns, legislatures have passed laws requiring mandatory sentences, three strikes sentences and sentencing guidelines. This session explores discretion in the justice system — from police discretion of whether to arrest, to prosecutorial discretion of what to charge and to judicial discretion of what to sentence. Historical and current practices will be presented. Examples will be used to see the impact of current practices on the legal process and the acceptance level of the American public.

2-Oct | Tue 10:00 AM - 11:30 AM | $12
Instructor: Dr. Gary Howard
Florida Public Archaeology Network

EVENT SPOTLIGHT:
New! Blind Whiskey Tasting*
Do you find yourself defending the bottom shelf? Or do you only order whiskey that requires the bartenders to climb the Whiskey Library ladder to the top? Time to start letting your taste buds do all the talking. This whiskey class will allow guests to blindly taste various whiskeys to discover where their true preferences lie, regardless of brand or price. Register soon — space is limited! *Not available on the all-inclusive Unlimited Classes option.
2-Oct | Tue 2:00 PM - 4:00 PM | $35
Old Hickory Whiskey Bar

Planning for Long Term Care
This seminar will inform you of the emotional and financial impact a long-term event could have on your

LUNCH ‘N’ LEARN EVENT:
MEET THE ARTISTS OF

Florencia in the Amazon

3-March | Tue 11:30AM | Skopelos at New World | $30
Experience the transformational power of Catán’s lush romantic score as the magical realism of Gabriel García Márquez awakens the Amazon and the passengers who travel down it. Pensacola Opera’s Maestro Jerome Shannon and Education Director Cody Martin will give an overview of the opera and introduce the principal artists. Excerpts from the upcoming production will be performed by Pensacola Opera’s Artists in Residence.

Invite your friends and family! Leisure Learning membership is not required to attend.
Reservations are required in advance through Feb. 26, 2019.

*Not available on the all-inclusive Unlimited Classes option.

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family, how to plan so that the burden may be lessened and provide an explanation of why planning is so critical. Learn about some actionable strategies for cash management/savings, asset allocation, diversification and portfolio rebalancing. Pat Broadus is dedicated to guiding those looking to retire and those already retired through a comprehensive retirement planning process, focusing on long-term planning, risk and lifestyle review and retirement income needs. As a lifelong learner, he strongly believes in the value of education. Pat is a veteran of the U.S. Army, holds a Bachelor’s degree in Economics from St. Bernard College and is a designated Chartered Retirement Planning Counselor and Retirement Income Certified Professional.

9-Oct | Tue 10:00 AM - 11:15 AM | $12
Instructor: Patrick Broadus
Florida Public Archaeology Network

New! Pensacola Parade People
Did you know that the Pensacola Mardi Gras Grand Parade draws 60-90 thousand people annually to downtown Pensacola? Join us for a festive show-and-tell at Pensacola Parade People with fun parade and Mardi Gras themed items for the young and young at heart. Owner Terry Preston will share the history of Mardi Gras in Pensacola and surrounding communities. We will also learn what a modern day krewe is like and all the preparations required for parade participation. Laissez les bon temps rouler! (Translation: Let the good times roll!)

9-Oct | Tue 1:00 PM - 2:00 PM | $12
Instructor: Terry Preston
Pensacola Parade People

New! Conversation with Howard Reddy, UWF Vice President
Howard J. Reddy is Vice President for University Advancement and a member of the UWF President’s Cabinet. He provides executive leadership to the division overseeing development, alumni relations, the UWF Foundation, the UWF Historic Trust and the UWF media. A former Fulbright scholar who came to UWF in 2012 as a faculty member, he led the team that raised more than 64.7 million dollars for the 50th Anniversary capital campaign. He holds a degree in law and one in business from University College in Dublin and he graduated from the Curtis Institute of Music in Philadelphia. Come to hear all he has to offer regarding UWF and education in general. Ask the questions you have about our local, now 50 year old University.

9-Oct | Tue 2:00 PM - 3:15 PM | $12
Instructor: Howard Reddy
J. Earle Bowden Building #1

Navy Federal Credit Union Tour
Navy Federal has more than 5,000 employees and continues to grow rapidly as it moves toward its pledge of a Pensacola workforce of 10,000 by 2020. There are many running trails throughout the property, a food court
and a fitness center. When the expansion is completed, Navy Federal’s footprint in Pensacola will be a total of 2 million sq. ft. of space and $1 billion in capital investment. Sign up soon — limited seating available!

16-Oct | Tue 10:00 AM - 11:00 AM | $12
Instructor: Elizabeth Snyder
Navy Federal Credit Union

Victorian Bed and Breakfast Tour*
Join Barbee Major for a tour of the Victorian Bed and Breakfast, relating some of the findings of the paranormal society people who have visited the establishment relative to ghosts in our area. Many of Pensacola’s citizens are aware the Victorian Bed and Breakfast operates Cottage Café on West Gregory Street, a fantastic downtown eatery. After the tour Ms. Major will host the group with some of her specialty sweets served at the cafe. Sign up soon — limited seating available! *Not available on the all-inclusive Unlimited Classes option.

23-Oct | Tue 2:00 PM - 3:30 PM | $12
Instructor: Barbee Major
Victorian Bed and Breakfast

EVENT SPOTLIGHT:
WEAR TV 3 Tour
This tour of Channel 3 WEAR-TV includes a visit to the Control Room and the Production Room. We will be in attendance while the 11:00 news, “Dayside with Sue Straughn,” is broadcast live. Walking and standing is involved in the tour. Sign up soon — limited seating available!

13-Nov | Tue 10:30 AM - 11:30 AM | $12
WEAR Channel 3

Conversation with Pam Childers, Clerk of the Circuit Court & Comptroller
Pam Childers has held the positions of Clerk of the Circuit Court and Comptroller since January 2013. You may remember her past stimulating Leisure Learning discussions about how the election was won and reflections of her time in office. Candid, thoughtful and insightful best described these discussions, and there is no doubt that this conversation will fit in the same mold. Join us as we learn how the Comptroller is involved in County operations and how the Clerk of the Court operates.

30-Oct | Tue 3:00 PM - 4:15 PM | $12
Instructor: Pam Childers
Florida Public Archaeology Network

ECUA Recycling Facility Tour
The ECUA Interim Materials Recycling Facility (IMRF) class starts with a 30-minute presentation on why the new plant was built and how the plant process works. The group will then drive to the IMRF for a walking tour and discussion of the plant equipment and recycling process. Mr. Mark Buntjer, Zero Waste Energy operations manager, will provide the instruction and on-site tour at IMRF. Important: There are two flights of stairs and the walking tour will last approximately one hour. Participants need to wear low heeled, closed-toe shoes.

6-Nov | Tue 9:00 AM - 12:00 PM | $12
Instructor: Jim Roberts
Emerald Coast Utilities Authority

Your Creativity and How to Make it Grow
Join UWF Art Professor Jim Jipson as we explore how to expand our creativity without a great deal of effort. This class will discuss how you can be creative without being artistic and provides easy steps to increase your own creativity in everyday life. This class has been offered before, but no two sessions are alike! Questions are welcome.

13-Nov | Tue 1:00 PM - 2:30 PM | $12
Instructor: Jim Jipson
Florida Public Archaeology Network

Register online at uwf.edu/LeisureLearning | 850.473.7468 | Fall 2018
Wednesdays

New! Brew Ha Ha

Our lunch experience this semester will be at the new place in town — Brew Ha Ha Neighborhood Eatery on 12th Ave. Owned by Angela Walker, a former educator at UWF, public schools and for the state of Florida, Brew Ha Ha is a fun restaurant and bar featuring vintage artifacts from Pensacola. The decor and menu reflect Pensacola’s history. Angela will be our tour guide showing us, among other things, the arch from the old San Carlos Hotel and the ticket booth from the Greyhound Bus Station. After learning more about the restaurant, enjoy lunch in the private room. Free coffee, tea and iced tea will be provided to go with our (Dutch-treat) lunch. Don’t miss out on taking a photo under the giant postcard mural on the outside of the building!

29-Aug | Wed 10:00 AM - 12:30 PM | $12
Instructor: Dr. Angela Walker
Brew Ha Ha

Acrylic Painting — Alumni Painting Day Reunion*

Attention Acrylic Painting alumni! Here is your chance to complete and receive critique on the work you began with Larry Manning in the seascape, landscape and/or still life acrylic painting sessions. Bring your canvas and either an apron or an old shirt. Paint and brushes will be provided. *Not available on the all-inclusive Unlimited Classes option.

5-Sep | Wed 10:00 AM - 12:00 PM | $15
Instructor: Larry Manning
J. Earle Bowden Building #1

New! A Visit to Bere’ Jewelers

For more than 31 years Bere’ Jewelers has been making customers happy with jewelry ranging from classic to cutting edge. Laura and Barry Cole, owners and community-minded individuals, will be leading a tour of their new store on 12th Avenue. The Coles are trusted local jewelers because of their work and the active role they play in the community by supporting local charities and volunteering their time. They welcome the chance to bring us into their new store and share the Bere’ story with us. Seating is limited — sign up early.

26-Sep | Wed 9:45 AM - 11:30 AM | $15
Pensacola State College Planetarium, Building 21

EVENT SPOTLIGHT:

New! Tales of a Time Traveler: Pensacola State College Planetarium*

In Tales of a Time Traveler, time travel surrounds you — from the biological clock in your brain and the changing shadows on our Cockrell Sundial, to the history of life on Earth. The story expands to the lives of stars, the time scale of the Big Bang and the distortion of time by gravity. This is an epic journey told by David Tennant, the 10th Doctor in the “Dr. Who” series. Throughout our galaxy we find moments of creative violence mixed with eons of calm, random chapters in this time traveler’s tale. In the words of our Time Traveler narrator, “Time is a slippery thing, illusive, impossible to hold. It can’t be owned. It can’t be stopped. You journey through space. You experience time. I’ll be your guide through all of time — time’s beginnings and endings, time’s cycles inside cycles — from your personal sense of time, to Earth time, star time and finally cosmic time. As humans, your time is limited, but your perception of it isn’t. You can experience a million years in a minute, a billion years in the blink of an eye.” *Not available on the all-inclusive Unlimited Classes option.

Acrylic Painting with Larry Manning*

Add some color to your day while discovering where art and fun meet! Local artist Larry Manning will demonstrate how to create a beautiful one-of-a-kind acrylic
A masterpiece on canvas. You will learn about composition and drawing with an emphasis on color placement, arrangement and blending. The example will be an abstract, non-objective piece, but you will be given other creative ideas so that everyone’s picture will be uniquely different. Please bring either an apron or an old shirt. Canvas and art supplies are provided, but if you prefer to use your own brushes, you are welcome to do so. *Not available on the all-inclusive Unlimited Classes option.

**12-Sep | Wed 10:00 AM - 12:00 PM | $25**
Instructor: Larry Manning
J. Earle Bowden Building #1

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**Institute of Human Machine Cognition (IHMC) Robotics Lab Tour**

Researchers at IHMC are developing improved models of animal locomotion including walking, running and swimming. These models are inspired by and strive to capture the control strategies that are found in biology. They also incorporate an understanding of the dynamics of locomotion and control theory. Besides leading to better robots, improved models of locomotion will also enable wearable robots (exoskeletons), powered prosthetics, algorithms for walking via functional electrical stimulation and other human enhancing technologies. You will truly be amazed at what these robots can accomplish.

**19-Sep | Wed 10:00 AM - 11:30 AM | $12**
Instructors: Julie Sheppard and Michelle Bowers
Institute for Human & Machine Cognition

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**New! Heritage Tree Trail Project**

Ancient trails and markers are the sign posts used by the Spanish to guide people on their journeys. Join us for a spirited discussion on the relationship between the old oak trees along old trails in and around Pensacola. Learn about the ongoing Champion Tree conservation in our area and how we can help preserve our ancient history.

**26-Sep | Wed 1:00 PM - 3:00 PM | $12**
Instructor: John D. Smith
Florida Public Archaeology Network

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**Pensacola’s Downtown Renaissance**

Carter Quina has practiced architecture as a principal of the Quina Grundhoefer Architects firm since 1984. Making buildings that will last and be preserved is the defining philosophy of his professional life. This discussion of what is going on in downtown Pensacola will include both new and renovated projects, what has been done and what is yet to come. Quina has a deep appreciation for the history of place and an invested interest in restoration as well as new construction that considers the context of history as a primary factor in design.

**3-Oct | Wed 10:00 AM - 11:15 AM | $12**
Instructor: Carter Quina
Florida Public Archaeology Network

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**Pensacola Blue Wahoos Stadium Tour**

Explore the Maritime Park — Pensacola Blue Wahoos Multi-Use Stadium. The Blue Wahoos are the Pensacola AA (Double A) affiliate of the National League Cincinnati.
Reds Baseball Team. Join us for a behind-the-scenes tour of the front offices, players’ workout facility, Hancock Bank Club, ground crew operations and more! Hot dogs, chips and drinks (included) will be served after the tour. *Not available on the all-inclusive Unlimited Classes option.

10-Oct | Wed 10:00 AM - 11:15 AM | $15
Maritime Park

Magic: Amaze Your Grandchildren, Friends and Neighbors

While magicians don’t often reveal their secrets, you’ll find some here! Astound your friends and family with the wonders of magic! In this workshop, learn how to perform basic magic tricks using cards, balls and coins. Beau Broomall, will also perform a few effects without explanation. Beau will extend an invitation to workshop participants to attend a meeting of the Gulf Coast Magician’s Guild. The guild is a combination of the Society of American Magicians and the International Brotherhood of Magicians. *Please Note: Each participant in the class must bring a deck of cards to this workshop.

10-Oct | Wed 1:00 PM - 2:15 PM | $12
Instructor: Beau Broomall
Florida Public Archaeology Network

Historic Blakeley State Park Tour*

Historic Blakeley State Park is a park located on the site of the former town of Blakeley in Baldwin County, Ala., on the Tensaw River delta. The park encompasses an area once occupied by settlers in what was a thriving community on the river. Later, Confederate soldiers were garrisoned there and fought in the last major battle of the U.S. Civil War against superior Union forces. We will meet at the main office near the main gate when you enter the park. At 10 a.m., we will board a bus to ride to the various parts of the 2,100 acre park which include the Old Court House, the old town of Blakeley, the old battlefield and view the Union Lines and also the area where the Confederate Lines were located. For those interested, after the tour we will meet for a (Dutch-treat) lunch at the Original Oyster Seafood Restaurant (3733 Battleship Parkway, Spanish Fort, AL., 36527. Phone: 251-626-2188). Be sure to wear comfortable shoes and bring sunscreen, sunglasses and insect repellent. Carpooling can be arranged if needed. *Not available on the all-inclusive Unlimited Classes option.

24-Oct | Wed 10:00 AM - 12:00 PM | $15
Blakeley State Park

New! The Ghosts of Santa Rosa Island

In the early morning with a still wind and a fall of the spring tide, the sea fog rolls in to hide Fort Pickens and Santa Rosa Island. If you stand on the Eastern rampart next to Langdon’s mortar and the flagpole, you will hear the channel buoys tolling as if they were right next to you. The bells seem to be sounding for the lost souls taken out to sea from the island. The shadows of these people and events, whether real or not, help us have insights into the history of the island and help to bring dead soldiers and historic figures back to life. Join us for this engaging lecture that looks into the past.

31-Oct | Wed 10:00 AM - 11:15 AM | $12
Instructor: Dave Walby
Florida Public Archaeology Network

Pensacola Bay Bridge Construction Project

Team members from the $398.5 million Pensacola Bay Bridge replacement will share an overview of the project with Leisure Learners. The presentation will include artist’s renderings of the completed bridge along with digital animations depicting a “virtual drive” across the new structure. The project schedule and potential traffic impacts will also be discussed.

7-Nov | Wed 10:00 AM - 11:00 AM | $12
Florida Public Archaeology Network

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Register online at uwf.edu/LeisureLearning | 850.473.7468 | Fall 2018
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<td>Chef 'N' Learn: White Wine, Champagne and European Appetizers</td>
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<td>Chef 'N' Learn: Red Wine, Dinner and French Dessert</td>
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<td>Mission to Aquarius Reef Base</td>
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<td>Beat the Bloodsuckers: Bed Bug and Mosquito Prevention and Control</td>
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Register online at uwf.edu/LeisureLearning | 850.473.7468 | Fall 2018 19
Advocate for Leisure Learning

Retirement can be rewarding with participation in programs like Leisure Learning, which fosters educational enrichment and growth. Gifts to UWF Leisure Learning are an important factor in enhancing the educational experience for our members. Your generous support guarantees that we can continue to offer a superb quality programing at an unmatched value.

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Thank you from all of us at UWF Continuing Education and the more than 300 Leisure Learning members we serve annually.

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New! Chef ‘N’ Learn: White Wine, Champagne and European Appetizers*
Fun, interactive dinner party wine tasting! In each class we will travel around the globe exploring many of the world’s cuisines. Starting in central Europe, we will compare Champagne from the Champagne region to other sparkling wines as well as sweet and dry white wines. Appetizers from corresponding regions of Europe will be made and served with each tasting. You may sign up for either class or both, it’s up to you! Sign up soon — limited seating available! *Not available on the all-inclusive Unlimited Classes option.
7-Nov | Wed 2:30 PM - 4:00 PM | $40
Instructor: Rhonda Ford
Pensacola Energy Services Demonstration Kitchen

New! Chef ‘N’ Learn: Red Wine, Dinner and French Dessert*
Learn about Wagyu beef of Japan and create an east west version of châteaubriand with a ginger salpicon scallion sauce. This will be paired with a red wine tasting of full bodied robust Cabernet Sauvignons of California and the delicious hidden gems of South America, the Malbecs. For dessert, we will explore the differences between French Sabayon, Italian Zabaione and Argentinian Sambayon. We will enjoy one of these delicious desserts infused with cognac. The Chef ‘N’ Learn classes are taught by personal chef, Rhonda Ford, who is also currently the president of the gulf coast chapter of the American Wine Society. Buon Appetito! Sign up soon — limited seating available! *Not available on the all-inclusive Unlimited Classes option.
7-Nov | Wed 4:30 PM - 6:00 PM | $40
Instructor: Rhonda Ford
Pensacola Energy Services Demonstration Kitchen

New! History is the Real Treasure: The 1733 Spanish Galleon Trail
The Spanish treasure fleet of 1733 wrecked in a violent hurricane along 80 miles of the Florida Keys. With the discovery of the first shipwreck in the late 1940s and the growth of scuba diving in the 1950s and 60s enabling treasure hunters to locate most of the rest of the fleet, these wrecks suffered from haphazard digging and the loss of valuable information. Today, these shipwrecks are among the oldest and most vibrant artificial reefs in the Keys. This lecture describes a State of Florida project to record and interpret the 1733 fleet that resulted in the production of a booklet and website devoted to telling the story of the fleet disaster to promote the archaeological importance of sunken ships as tangible remains of our maritime heritage.
14-Nov | Wed 10:00 AM - 11:00 AM | $12
Instructor: Mike Thomin
Florida Public Archaeology Network

New! Who Cares About Our World, Families, Safety, About...?
There is much to care about in our world, our nation and our city. Innumerable among us, are those who care about poverty, nuclear war, racial and ethnic conflict, human trafficking, the denial of equal rights and self determination; access to education, employment, healthcare and housing; the right to clean and safe environments and much more. Caring begins as uncomfortableness. Lack of comfort moves us to talk, and from there, to levels of comprehension and action. Issues are rarely resolved — most reappear in a different manner and to varying degrees. The cycle of caring repeats, ignited by lack of comfort with the status quo, followed by talking and progressing to creative means to alter circumstances and situations. Is there an issue you would like to discuss? This course is part of a series focusing on topics revolving around major themes

COMMUNITY SPOTLIGHT:
“The Labyrinth”
Come walk the Labyrinth, experience the stillness and learn about its ancient design. Produced by UWF students, this is a painted canvas replica of the labyrinth from Chartres Cathedral. Labyrinths have been found on nearly every continent, including North America before European arrival and is encouraged today by both secular and religious groups as an aid to meditation and relaxation. Lectures and additional details to be announced at a later date.
22-Oct to 24-Oct | 9:00 AM - 6:00 PM | FREE
UWF Commons Auditorium

Register online at uwf.edu/LeisureLearning | 850.473.7468 | Fall 2018 21
in American public discourse. Let’s examine the need we have to discuss the issues, the role of discussion in human society and identify ways to talk which can lead to creative solutions in personal and in larger social contexts.

14-Nov | Wed 1:00 PM - 3:00 PM | $12
Instructor: Dr. Augusta Simon
Florida Public Archaeology Network

Thursdays

Health and Hope Clinic
We may all have access to health care, but where would we seek care without an insurance and/or Medicare card in hand? Health and Hope provides primary and specialty care for the uninsured in NW Florida.

Nicole Partridge, Executive Director of the Health and Hope Clinic, will introduce attendees to the facility and available programs. This clinic tour will provide knowledge and information to spread both health and hope to the hurting of Escambia County. Please Note: Sometimes people have a hard time finding the Clinic. It is in the Southwest Corner of the Olive Baptist Church campus, part of the Ministry Village at Olive. If entering off of Olive Rd., turn North into parking area. The entrance is across the street from the Goodwill. Then, take first left, large gold building with a brick foundation.

30-Aug | Thu 10:00 AM - 11:15 AM | $12
Instructor: Nicole Partridge
Health and Hope Clinic

New! Gulf Coast Ducks*
Quack! Quack! Get ready to SPLASH with us during the most entertaining tour in America! The Gulf Coast Ducks will exceed your expectations on this unique land/water tour. This hilarious yet informative adventure covers more than 3,000 years of local tales (some tall) as well as exciting stories about the USS ALABAMA, Battleship Memorial Park, Mobile Bay, the Port of Mobile and much more! Carpooling can be arranged if needed. *Not available on the all-inclusive Unlimited Classes option.

6-Sep | Thu 11:00 AM - 12:00 PM | $26
Gulf Coast Ducks

New! Honor Your Inner Child: Rediscover the Power of Learning through Creativity
Learning as a child was an intuitive process most of us don’t even remember. What we do remember are experiences. As we age, many of us become set in our ways, but the intuitive learner of our childhood still exists inside each of us. Creative thought and innovation are dependent on this intuitive way of learning much more than we realize. Join Casey Kimberley for an introduction to experiential learning theory and exploration of the power that play and reflection have in our daily lives as well as its impact on future generations.

13-Sep | Thu 10:00 AM - 11:15 AM | $12
Instructor: Casey Kimberley
Florida Public Archaeology Network

New! Hangar Tales
You’ve probably heard about Sully Sullenberger III and the January 15, 2009 “Miracle on the Hudson.” You
may also have heard about Captain Tammie Jo Schultz’s successful landing of Southwest Air flight 1380 after its engine exploded at 32,000 feet. The fact is that most career pilots have a variety of adventures — some scary, some humorous — during their time in the wild blue yonder. Join Captain Bob Booth as he recounts some of his own flying experiences as a military pilot and a commercial airline captain. In retirement, Bob serves as a captain in the Civil Air Patrol. Bob is happy to answer any questions you may have concerning flight safety, emergency procedures, air traffic control and different types of aircraft.

13-Sep | Thu 1:30 PM - 3:00 PM | $12
Instructor: Bob Booth
Florida Public Archaeology Network

UWF Sea3D Additive Manufacturing Laboratory

The Sea3D team, led by Nicole Gislason, will host a 1-hour overview of additive manufacturing. Gain insight into the applications and processes involved in prototyping and printing products. Sea3D, launched as part of the UWF Innovation Network, serves as a hub for multidisciplinary research, invention and discovery in the high-demand field of additive manufacturing, providing a space for real-world problems to be transformed into creative solutions. Housing state-of-the-art additive manufacturing equipment, the Sea3D lab provides a space for students, business leaders and community members to collaborate on the creation and printing of 3D products. Meet talented UWF student technicians as UWF Sea3D provides local STEM college students work experience in their field. The program supports internships to enhance their mastery of science in 3D modeling and additive manufacturing, develop our graduates systematic thinking about engineering challenges, increase interns’ understanding of the complexity of working with industry and develop their practical skills while nurturing collaborations with colleagues (teamwork).

20-Sep | Thu 1:00 PM - 2:30 PM | $12
Instructor: Nicole Gislason
Museum of Commerce Sea3D Lab

ATTENTION WUWF DAY SPONSORS:

Support two organizations at one time!

Public radio listener support has become more important than ever! A WUWF radio Day Sponsor pledge of $180/yr includes a WUWF MemberCard with 20-page discount directory and a one-day sponsor message that will air five times on the day of your choice. It is a great way to announce a special event for your favorite non-profit — Leisure Learning!

Call 850.474.2787 for information or to make your contribution!
New! Tallinn, Estonia: Surviving Against the Odds for Centuries to Emerge Totally Intact — 2 Sessions

With an abundance of photos, John Toole will display an in depth look at Tallinn, Estonia — its people and its diverse and often tragic history. Many well preserved structures help bring the city's medieval past to life, including the current City Hall, located in the heart of Old Town, that dates back to 1404 when it first opened for business. Tallinn also hosts many churches dating from 700 to 200 years ago, and most continue to hold services. Toole attended several different services just to enjoy the musical richness of their centuries old organs. The second lecture will include a continuation of Tallinn points of interest, including the 750 foot TV tower and views of the city and surrounding area from its observation deck and restaurant. The recently completed Estonia National Museum also provides an up close and personal look at Estonian history over the years, including the Russian and German occupations. A viewing and discussion of the photos taken during a four day trip to Stockholm will conclude the series. Enjoy the views of islands and channels taken while sailing along the Swedish coast.

27-Sep & 4-Oct | Thu 10:00 AM - 11:30 AM | $15
Instructor: John Toole
Florida Public Archaeology Network

New! Go Retro Tour — Historic Pensacola*

Fun, fast-paced and fascinating, this tour provides the best historic overview of Pensacola. Learn some unique beach stories on Pensacola Beach. Drive by a few landmarks and hear “the rest of the story.” As the bus travels through Gulf Breeze, you will hear how these residents used to swear they saw UFOs. The trip over the 3 mile bridge is eventful as we learn about shipwrecks, sharks and villains. Visit the Wall South and other monuments dedicated to Pensacola's service members at Veterans Memorial Park. In Aragon and Seville areas, we will go by a haunted house, see where General Jackson’s army in 1814 surprised Spanish and British forces and drive by the oldest home and cemetery in town. Outside Seville, see the longest operating business in Florida, Dr. Martin Luther King Plaza and tour the site where the British lost the Battle of Pensacola in 1781. Back aboard the bus, travel to the city’s only Confederate Soldiers Monument, pass by the oldest Catholic church and down one of the “Top 10 Streets” of America — South Palafox. Our ultimate destination will be the Historic Pensacola Village, a period 19th century village with several museums that encompass thousands of square footage of space. Important: We will meet at 12 p.m. for (Dutch-treat) lunch at Cottage Cafe. At 1 p.m., the Go Retro bus

EVENT SPOTLIGHT:

Pensacola Museum of Art Tour*

Valerie Peacock, Curator of Education at the Pensacola Museum of Art, is a UWF graduate eager to welcome our Leisure Learning group. Tour inside the Spanish Revival Style building which opened as a jail in 1906. The Pensacola Art Association took over the building in 1954 as a place for lectures, traveling exhibitions and a space for art classes. In 1982, the Pensacola Museum of Art took over the space and then purchased the building in 1988. The building now belongs to UWF and the PMA presents engaging exhibitions and educational programs and stewards a growing collection of modern and contemporary art of the 19th, 20th and 21st centuries. Valerie will lead the tour through the three exhibits showing at the time of our visit and will also tell us about the educational trunks which are taken into schools. She will answer questions as she shares her expertise with us. *Not available on the all-inclusive Unlimited Classes option.

4-Oct | Thu 1:00 PM - 2:30 PM | $15
Instructor: Valerie Peacock
Pensacola Museum of Art
will pick us up at Cottage Cafe and begin the Historic Pensacola Tour. Please park across the street at the Pensacola Library, 239 North Spring St. Registration closes 9/24/2018. Wear comfortable shoes as this tour includes some walking. *Not available on the all-inclusive Unlimited Classes option.  

27-Sep | Thu 12:00 PM - 4:30 PM | $30  
Cottage Cafe

**Bocce Ball for All — 4 Sessions**

The gang is gathering once again to play the popular game, Bocce Ball. This ancient game, whose modern adaptation most closely resembles bowling, requires skill, strategy and just a little luck. It is easy to learn and is great fun in the fresh air and sun! It offers good but modest exercise and is an enjoyable way to create new friends. Join us!

*4-Oct to 25-Oct | Thu 10:30 AM - 11:45 PM | $25  
Instructor: Bob & Joan Cochrane  
Bayview Senior Citizens Center Bocce Ball Courts*

**New! Death with Dignity in the United States and Canada**

Explore the movement that is sweeping the U.S. Beginning with Oregon, there are now six states, plus Washington, D.C., where physician aid in dying (PAD) is now legal. What are your options in other states if you have a terminal illness or untreatable pain? This class will review the laws and your options in Florida. Topics include how to use a living will and advance directives, how hospice can provide palliative care and options for end of life choices that make a death with dignity an option in the state of Florida.

*11-Oct | Thu 1:00 PM - 2:00 PM | $12  
Instructor: Julia Hanway  
Florida Public Archaeology Network*

**New! Hula: Heart of the Hawaiian Culture**

Do you know where the Hawaiian people originated from? Why is Hawaii the only state where the state anthem is not English? Hawaiian people and their culture are very unique and different from any other state. Find out more about Hawaii’s extraordinary history and learn what Hula means to the Hawaiians. Hula is truly the heart of the Hawaiian culture, starting as a part of the religious ceremony but gradually turning into a form of entertainment, after the arrival of foreigners. Watch a lovely Hula demonstration to discover how Hula is used not only to communicate thoughts and feelings, but also to tell stories through rich expression and narration.

*18-Oct | Thu 2:00 PM - 3:00 PM | $12  
Instructor: Teruko Von Bargen  
Florida Public Archaeology Network*

**New! Brew Angels Brewery Pub and Old Post Office Tour**

Join us at the Brew Angels Pub restaurant and brewery located at the Old Post Office in historic downtown Milton. Sean McCool, owner and manager of the pub, and Greg McCool, Sean’s father and kitchen manager, will be our host. The McCools are both UWF graduates and will be teaching us some of the history of Milton and the Old Post Office. They will also teach us about making beer and the history of beer while sampling some of the brews. Stay after class to hang out, play some of the wonderful games, purchase a beer or enjoy lunch in this family friendly establishment.

*25-Oct | Thu 11:00 AM - 12:30 PM | $12  
Instructor: Amber McCool  
Brew Angels Brewery*

**EVENT SPOTLIGHT:**

**Saigon Oriental Market and Deli Tour**

Our visit to the Saigon Oriental Market and Deli includes a detailed tour of the store with explanations of the variety of foods and snacks the store carries from Vietnam, Thailand, China, Japan and Korea. At the end of the tour, participants get an egg roll sample from the deli and the opportunity to shop.

*15-Nov | Thu 2:00 PM - 3:00 PM | $12  
Instructor: Lam Chu  
Saigon Oriental Market & Deli*
New! Destin History and Fishing Museum*

The Destin History and Fishing Museum exhibits present the history of Destin and its journey from a small fishing village to a major tourist attraction. Experience a guided tour of the 5,500 square foot museum, including an overview in the Rodeo Gallery, the early Indians, over 75 mounts of locally caught fish and the science of “Why Destin Sand is White.” *Not available on the all-inclusive Unlimited Classes option.

1-Nov | Thu 11:00 AM - 12:15 PM | $15
Destin History and Fishing Museum

Mission to Aquarius Reef Base

NEEMO is a NASA mission that sends groups of astronauts, engineers and scientists to live in Aquarius, the world’s only undersea research station, for up to three weeks at a time. The Aquarius habitat and its surroundings provide a convincing analog for space exploration and for testing emerging technology and protocol for long duration space operations. Dawn Kernagis had the opportunity to join NEEMO as both a crew member and a researcher, living underwater for eight days with five other crew members. Dawn will provide an overview of the NEEMO 21 mission, including over a dozen mission objectives ranging from telemedicine to robotics to workload assessment. Dawn Kernagis was recently awarded the 2018 Young Scientist/Medical Doctor Award presented by the Undersea and Hyperbaric Medical Society.

8-Nov | Thu 10:00 AM - 11:15 AM | $12
Instructor: Dr. Dawn Kernagis
Florida Public Archaeology Network

New! Beat the Bloodsuckers: Bed Bug and Mosquito Prevention and Control

We’ve all experienced the irritation of mosquitoes — they are one of the most troublesome insects in Florida because they carry serious diseases. While bed bugs are not known carriers of disease, infestations can lead to stress and economic loss if not detected in time. A common misconception is that bed bugs are only a result of poor cleanliness, which isn’t always the case; these pests are especially prominent in Florida as it is a vacation destination. Don’t wait until it’s too late to protect yourself from these tiny bloodsuckers. Learn about the biology, prevention and control of these economically and medically troublesome home pests.

8-Nov | Thu 1:00 PM - 2:30 PM | $12
Instructor: Johanna Welch
Florida Public Archaeology Network

Cooking for People With Diabetes

Are you wondering what foods you should be preparing for yourself or someone else who is diabetic? Health professionals feel that the number of those with diabetes is growing rapidly. The world-wide estimate in 2013 was over 382 million people. Since our risk increases as we age, making a change in our eating habits could help us avoid this condition or avoid severe complications if we have the disease. The important thing is to eat healthy even if you are not diabetic. Come learn what foods are good for you and how to cook them so they also taste good. You will receive suggestions, recipes and foods to taste.

15-Nov | Thu 10:00 AM - 12:00 PM | $12
Instructor: Dorothy Lee
Florida Public Archaeology Network

Unlimited Classes Discount

During the Fall or Spring semesters, take unlimited classes for only $180 per semester!

This option is available by completing the registration form in the catalog and mailing a check (call the Leisure Learning office at 850.473.7468 to pay by credit card). Some classes are not eligible for this offer and are marked in this catalog with an asterisk beside the class title.

Because of possible schedule or location changes, advance registration is highly recommended for ALL classes.

Please note: Individual class fee refunds are not available for the unlimited class option if you are unable to attend OR if the class is canceled.
Fridays

**New! What To Do When The Aging Process Knocks On The Door**

What is your plan for aging? Financial, legal, residential options and health care choices? What are the costs for an assisted living or nursing home? Is there subsidized housing for seniors? What are the available resources in our community to help with the costs for seniors? What is memory care and how is that different from assisted living and nursing home care. How does hospice fit into the needs for seniors? Things seniors and their adult children MUST know!

31-Aug | Fri 1:00 PM - 2:30 PM | $12
Instructor: Sharon Oakes
UWF Building 86 (CEPS)

**New! The Iron Works in St. Michael’s Cemetery**

During the Industrial Revolution, many families chose to reflect their prosperity and preserve their legacy in cemetery plots. Why did 19th century lumber barons choose iron fences to surround their enclosures? Where did they come from? A study of the iron works in St. Michael’s Cemetery reveals interesting details about this period in Pensacola’s and America’s history.

7-Sep | Fri 10:00 AM - 11:15 AM | $12
Instructor: Cynthia Catellier
UWF Building 86 (CEPS)

**On the Other Hand...Current Affairs Discussions — 8 Sessions**

Bob will select an essay or item from the current media, possibly including short TED talks, to help us better understand what has been happening, what the future might bring, what is innovative or insightful and what is on the bleeding edge. He looks for material to engage your thinking and, while he tries for short and easy reading, he makes no promises. The class and its active discussion by all participants bring views and faults to the surface in ways which help us toward the truth — not an easy thing, but always stimulating and fun! And yes, there is much to talk about these days! *Please Note: An email address is necessary to receive articles in advance of the sessions. The views and opinions expressed in these discussions are solely those of the contributors and participants. Views and opinions expressed do not represent Leisure Learning, the Leisure Learning staff and/or any contributors to the program.*

14-Sep to 2-Nov | Fri 10:00 AM - 11:15 AM | $40
Instructor: Bob Robinson
UWF Building 86 (CEPS)

**New! Immigration Debate in the US: Are Immigrants Good or Bad?**

Immigration to the US has been a hot topic of discussion for decades. No solution is in sight. Are immigrants “huddled masses yearning to breathe free,” as the words on the Statue of Liberty proclaim? The following topics will be discussed: A brief history of immigration in the US; the 1965 landmark immigration bill; where do most immigrants come from; do immigrants add to or detract from American society — its wealth and culture; are all...

**EVENT SPOTLIGHT:**

**New! Women’s Self Defense Workshop**

Defend yourself — stop depending on others! This self defense session will cover awareness, prevention, risk reduction and risk avoidance. You will be taught how to recognize dangerous situations and the basics of hands-on defense training. Leisure Learning is proud to offer this program to all women in our community (i.e. daughters, granddaughters, friends, etc.). This could save your life. *Leisure Learning membership not required to attend.*

14-Sep | Fri 1:00 PM - 2:30 PM | $12
Instructor: Kyle Gallagher and Sensei Charlie
UWF Building 86 (CEPS)
immigrants equal; should we be color blind; and Lal Goel’s personal journey as an immigrant from India.

14-Sep | Fri 2:30 PM - 4:00 PM | $12
Instructor: Dr. Lal Goel
UWF Building 86 (CEPS)

**New! Trump at Half-Time: What to Expect — 3 Sessions**

The political caldrons are steaming! One has a hearty stew, another has a toxic witch’s brew and there are a few smaller vessels of bland, tasteless broth. For us, there is only the excitement of exploring, discussing and evaluating the past two presidential years. Then, of course, we will be looking forward to putting our best collective efforts into assessing the final two years of the president’s first term. A few subjects to ponder during the next couple of months include: immigration, tariffs and trade, agreements, high level hires and departures (and possible incarcerations), the special prosecutor’s report and recommendations, how to keep his daughter and son-in-law from seeking welfare (they only earned 86 million dollars last year), international relations and, finally, responding to the tweets. Remember, passions are expected and, in fact, encouraged. So, in keeping with our established practice, we will always be polite, listen to varying points of view and respond appropriately. More importantly, we will have a great time, lots of laughs and few serious interludes. The goal is to enjoy ourselves and learn.

28-Sep to 12-Oct | Fri 1:00 PM - 2:15 PM | $20
Instructor: J.T. Fraley
UWF Building 86 (CEPS)

**New! INERTIA: Elevating our Community Through Education**

Join INERTIA’s Executive Director, Basil Kuloba in this inspiring presentation and hands-on learning experience. “Education is the most powerful weapon by which we can change the world.” — Nelson Mandela. By using interactive, educational experiences that are fun and affordable, INERTIA has been able to improve the access low-income, underserved youth have to find a love for science. INERTIA hopes to create an environment where a love for science and learning can be nurtured. Science and mathematics are often the most difficult subjects for students at all levels. When a student is able to find improvement AND joy in a subject they once found difficult, their confidence in what they can achieve is unleashed. This realization of ability is what INERTIA seeks to help students achieve.

5-Oct to 26-Oct | Fri 2:30 PM - 3:30 PM | $25
Instructor: Diane Dryja
UWF Building 78, Room 136

**EVENT SPOTLIGHT:**

**New! Fake News: Then and Now**

While the term “fake news” has become quite popular in recent years, the idea of fake news has been around for as long as the United States has been a country. This course explores the history of fake news in the United States from the earliest days of the nation’s founding through the modern era. Additionally, the course addresses ways to spot fake news in today’s cluttered media environment.

21-Sep | Fri 1:00 PM - 2:15 PM | $12
Instructor: Dr. Willie Tubbs
UWF Building 86 (CEPS)

**New! Mind Body Balance — 4 Sessions**

Embark on a journey that will help you achieve better physical balance, manage stress and create a more peaceful way of being. This class is an infused style of working the mind, body and breath to promote improvement in physical balance and strength, mental and emotional balance and overall wellness of your whole being — mind, body and spirit. *If you have a yoga mat, please bring it to class as the instructor will have only a limited amount available for use. Always make sure you check with your doctor before beginning this or any other new exercise program.*

5-Oct to 26-Oct | Fri 2:30 PM - 3:30 PM | $25
Instructor: Diane Dryja
UWF Building 78, Room 136

**Write @Vice from the Grammar Guru**

“Hello Everyone, Our principle concern is our grandchildren. Do either of you have a pencil? Me and
my husband never argue about sports. Who are you planning to vote for. The disagreement was between she and her opponent. You’re a better dancer than me. Thanks David. If you plan on being in the Gulf Coast area, come and visit my wife and me. I have a MBA and an Ed.D from UWF.” If you can’t find the errors above, you probably need to sever yourself from the leisure grammar you’re hearing and using: casual spoken (T-shirt) English; social networking language; Facebook grammar; and texting, blogging, and Twitter/tweeting language. And you probably have not applied the rule the Grammar Guru used for the semicolons in the preceding sentence in a long time. If you’re a retiree or leisure learner or both, you are probably craving for some well-formed, correctly punctuated sentences with good grammar and spelling, right? In her Write @Vice for Leisure Learners workshop, Mamie Hixon is going to remind us how to switch gears from our smartphone and Facebook English to classroom and professional English; how to use print-based English with apostrophes, hyphens, commas, periods, and capital letters; and how to post and text using correctly punctuated sentences with good grammar — “real” good grammar.

**19-Oct | Fri 1:00 PM - 3:00 PM | $12**
Instructor: Mamie Webb Hixon
UWF Building 86 (CEPS)

**New! Gone With The Wind:**
The Men Who Worked with David O. Selznick — 2 Sessions

David O. Selznick has taken the credit for the film, *Gone With The Wind*. But, he didn’t do it alone. Learn about some of the other gentlemen who helped bring about this wonderful movie. We will discuss the Screenwriter, Cinematographer, Costumer, Composer, Film Editor, Art Director and others. Most of them were Oscar winners, but they all worked together to produce a masterpiece. Be sure to not miss this latest presentation from Judy DeBolt.

**9-Nov & 16-Nov | Fri 1:00 PM - 2:30 PM | $15**
Instructor: Judy DeBolt
UWF Building 86 (CEPS)

**New! Create-a-Craft:**
Poinsettia Note Cards*

Learn how to create your own note cards by pounding poinsettias on card stock. Flower pounding is a wonderful technique — using live flowers and foliage to make an impression of your floral design on card stock and fabric. The natural dyes in the plant material are literally pounded onto the card stock. You’ll also learn how to use this method with fabric for an entirely different effect. Bring a hammer (a small jeweler’s hammer is easier to handle, but any hammer will do), a wooden cutting board or a piece of an old laminated shelf to pound on, and a bath towel to put under the board to muffle the noise. Everyone will be receive a red poinsettia, five 5 x 7 blank cards with envelopes and a small piece of fabric. Registration closes on November 23. *Not available on the all-inclusive Unlimited Classes option.

**30-Nov | Fri 9:00 AM - 12:00 PM | $25**
Instructor: Rheta Kirk
UWF Building 86 (CEPS)
### Locations

**Main Campus:**

**University of West Florida**

1100 University Pkwy.
Pensacola, FL 32514

From 110: Take exit 13 (Davis Hwy.) and go north. Stay in far left lane to follow signs to University Pkwy. Turn left onto University Pkwy. Stay in the right lane and follow University Pkwy. until it ends. **850-474-3491**

**Historic Pensacola Campus Downtown locations:**

**J. Earle Bowden Building**

120 Church St.
Pensacola, FL 32501

Two-story building is located on Church St. off of Tarragona St. behind the T.T. Wentworth museum. PARKING IS LIMITED. There is a paid lot on the corner of Church and Tarragona. BE AWARE parking adjacent to the Bowden building because they are private parking and have Tow Away zone signs posted. **850-595-5985**

**Florida Public Archaeology Network**

207 E Main St.
Pensacola, FL 32501

Located just East of Tarragona St. on the corner of Main and Barracks streets, next to The Fish House. Parking is available behind the FPAN building, off of Barracks St., or on the east side near the park. **850-595-0050**

**Health and Hope Clinic**

1718 E Olive Rd.
Pensacola, FL 32514

From Davis Hwy., travel West on Olive Rd. The clinic will be on your right after you pass Olive Baptist Church. **850-479-4456**

**Innovation Institute**

321 N De Villiars St.
Pensacola, FL 32501

Downtown Pensacola, near the corner of Belmont and De Villiers streets. Across the street from Five Sisters Blues Cafe. **850-474-2992**

**Institute for Human & Machine Cognition**

40 South Alcaniz St.
Pensacola, FL 32501

In downtown Pensacola. Located on South Alcaniz, two and a half blocks north of Government St. Parking is available directly across the street. **850-202-4462**

**Maritime Park**

449 W Main St.
Pensacola, FL 32502

Downtown Pensacola, on Main St. between Spring and De Villiers streets. Parking information and map: https://downtownpensacola.com/parking **850-934-8444**

**McGuire’s Irish Pub**

600 E Gregory St.
Pensacola, FL 32501

1-10 South, take exit 1A on the left. Merge onto Chase St., turn left onto 12th Ave., turn left onto Gregory St. Destination will be on the right. **850-433-6789**

**Molino Community Center**

6450 Highway 95A-N
Molino, FL 32577

According to Google maps: From Nine Mile Rd., turn north onto Highway 29 for about 4.2 miles, then take a slight right onto North Highway 95A for about 7.4 miles. The destination will be on the right. **850-587-5011**

**Museum of Commerce**

201 E. Zaragoza St.
Pensacola, FL 32501

Downtown Pensacola, on the corner of Tarragona and Zaragossa. Free parking is available on the street or in Fountain Park, near Christ Church, on Zaragoza. **850-595-5985**

**Naval Aviation Museum Restoration and Maintenance**

1750 Radford Blvd.
NAS Pensacola, FL 32508

When you arrive at the NAS checkpoint, inform the guard that you are heading to the NAS Museum - this is the easiest, simplest, quickest way to gain access. From I-10 East or West: Take Exit 7 (Pine Forest Rd., 297). Head south about 1.5 miles to Blue Angel Pkwy. Drive about 11 miles to west gate of NAS Pensacola. Take Radford Blvd. Follow the signs for the Naval Air Museum. Take a left on Fetterman Way, and continue toward Building #3221 which is located on the north side of the museum, closest to the flight line; it’s a large gray aircraft hangar. Parking is available in front of building #3221, enter through door #2. **850-452-3606**

**Navy Federal Credit Union**

5550 Heritage Oaks Dr.
Pensacola, FL 32526

Take exit 5 Alt 90 from I-10. Turn left onto Alt US 90 (Nine Mile Rd). Turn right off US 90 onto Heritage Oaks Dr. Park in front of Building 5510 in visitor parking (the building with a flagpole and fountain). Go in the main entrance and a Security Staff will assist you. **850-474-2914**

**Northwest Florida Area Agency on Aging, Inc.**

5090 Commerce Park Cir.
Pensacola, FL 32505

From Highway 29, turn West onto North W Street. Take a right on Marcus Pointe Blvd. and take a left on Enterprise Drive. When you reach Commerce Park Circle take a right, destination will be on your right. **850-494-7101**
Old Hickory Whiskey Bar
123 S Palafox St.
Pensacola, FL 32502
Located downtown, just past 3 blocks north of Main St., between Romana and Intendencia streets. Destination is on the east side of Palafox St.
850-332-5916

Old Sacred Heart Hospital
1010 N 12th Ave.
Pensacola, FL 32501
Located on 12th Ave. between Gonzalez and De Soto streets. Parking is available on Gonzalez side. We will meet inside the front door of the building. 850-432-8900

Pensacola Energy Services
Demonstration Kitchen
1625 Atwood Dr.
Pensacola, FL 32514
From Davis Hwy., turn west onto Olive Rd. At first light, Whitmire Dr., turn left. When coming to sharp left turn, Atwood Dr., go down a bit, on right is big white building, enter second gate on right, and follow road around the left side of building to the parking lot. Enter through the double doors.
850-436-5050

Pensacola Museum of Art
470 S. Jefferson St.
Pensacola, FL 32501
Corner of Jefferson and Main streets. Directly across the street from the Pensacola Little Theatre/Pensacola Cultural Center. Take I-110 to downtown Pensacola. Exit 1-C which goes on to Garden St. At second traffic light, turn left onto Jefferson St. and follow almost to the end. The Museum of Art is on the right. For parking information: http://www.pensacolamuseum.org/visit
850-432-6247

Pensacola Parade People
331 W Government St.
Pensacola, FL 32502
Located downtown, two blocks north of Main St., on the corner of Government and De Villiers streets.
850-696-7566

Pensacola State College — Culinary Dining Room
1000 College Blvd.
Pensacola, FL 32504
The Culinary Dining Room (and book store) is located in the back of the Student Center (Building 5, on Underwood Ave.). The parking lot is behind the building. Facing the back of the building, there’s an entrance for the culinary events toward the right.
PSC Campus map: pensacolastate.edu/docs/campusinformation/pensacolacampus.pdf 850-484-1000

Pensacola State College Planetarium
1000 College Blvd.
Pensacola, FL 32504
Enter campus from Airport Blvd. across from Steak N Shake. You will be right in front of the planetarium. Parking is available anywhere in front of the planetarium in building 21, except for the Green painted curbs (faculty and staff).
850-484-1238

Saigon Oriental Market & Deli
604 N Pace Blvd.
Pensacola, FL 32505
From I-110 South, take Cervantes exit and head West. When you get to Pace Blvd. take a left. In two blocks, destination will be on your left near the corner of Jackson St.
850-912-6555

St. Christopher’s Episcopal Church
3200 North 12th Ave.
Pensacola, FL 32503
Located two blocks south of Texar on the east side of 12th.
850-433-0074

The Leisure Club Coffee Bar & Restaurant
1151 Officewood Dr. Suite A
Pensacola, FL 32504
Located on 12th Ave. between Airport and Bayou Boulevard near the Bonefish Grill restaurant. From 12th Ave., head west on Office Woods Dr., destination will be on your left.
850-912-4229

Victorian Bed and Breakfast
203 W Gregory St.
Pensacola, FL 32501
On Gregory St. directly across from the Main Library. 850-434-2818

WEAR Channel 3
4990 Mobile Hwy.
Pensacola, FL 32507
Drive west from Pensacola on Hwy. 90 past Fairfield and past the Walmart store. WEAR-TV is on the north side of the highway. Security is evident at the building. The secretary electronically allows the door to open after ascertaining the identity of each individual.
850-456-3333

Bring a Friend!
Current Leisure Learning members may bring a friend to a class as an introduction to the program. The class price will apply. If your friend joins Leisure Learning, you AND your friend will receive a credit voucher toward a future Leisure Learning class or event.
Please Note: Schedule and location changes will be communicated through email. Be sure to check your email leading up to the event.

Register online at uwf.edu/LeisureLearning | 850.473.7468 | Fall 2018 31
Leisure Learning thrives on the strength of our volunteers.

Fall 2018 Instructors

Matt Barnhill    J.T. Fraley    Marty Lorenz    Bob Robinson
Bob Booth        Kyle Gallagher  Barbee Major    Louise Seitz
Michelle Bowers  Tom Garner     Larry Manning    Julie Sheppard
Patrick Broadus  Nicole Gislason Wanda Mayo    Dr. Augusta Simon
Beau Broomall    Dr. Lal Goel    Amber McCool    John D. Smith
Cynthia Catellier Steven Granger  Stephanie McNeill, MPS  Elizabeth Snyder
Dr. Marie-Thérèse Dr. Rodney Guttmann Nicholas Medley    Carrie Stevenson
Champagne        Julia Hanway    Troy Moon    Carol Thomas
Pam Childers     Marti Hearn     Sharon Oakes    Mike Thomin
Lam Chu          John Hodgdon II Nicole Partridge  Dr. Louise Tolbert
Bob & Joan Cochrane Dr.Gary Howard  Valerie Peacock  John Toole
Laura Cole       Perry Hunter    Renée Perry    Dr. Willie Tubbs
Dr. Dave Dawson  Jim Jipson      Terry Preston    Charles Tucker
Judy DeBolt      Dr. Dawn Kernagis Carter Quina    Teruko Von Bargen
Diane Dryja      Casey Kimberley  Dr. David Ramsey    Dave Walby
Ryan Eaton       Rheta Kirk      Howard Reddy    Dr. Angela Walker
Laurie Flynn     Basil Kuloba    Michael Ritz    Mame Webb Hixon
Rhonda Flynn     Dorothy Lee     Jim Roberts     Johanna Welch

Curriculum Council

Jim Hearn    Robert Kugelman
David Hoffman    Mary Murkland
Ray Hudkins    Bob Robinson
Dee Ingram

Advisory Board

Nancy Clark
Marie Robinson

Volunteer Opportunities

Curriculum committee members earn a free class for every class they organize. No minimum number required! Responsibilities include attending 2-3 meetings per semester, contacting potential instructors, occasionally take attendance and be a supportive presence in the classroom.

To get involved, send an email to leisurelearning@uwf.edu or call 850.473.7468.

Want to teach a Leisure Learning class?

We are always looking for instructors in Basic Computers, U.S. and International History, Fine Arts, Music, Theater, Social Media and Behind-the-Scenes Tours.

Have an idea for a class? Visit the “Want To Get Involved” page at uwf.edu/leisurelearning and submit an online course proposal.
THREE EASY WAYS TO REGISTER!

- **Online** - uwf.edu/leisurelearning
- **Mail** - Fill out the registration form.
- **By Phone** - To pay by Visa or Mastercard, call the Leisure Learning office at 850.473.7468.

OFFICE HOURS
Mon - Fri, 8 a.m. to 5 p.m.
**Building 77, Room 149**
11000 University Parkway
Pensacola, FL 32514

Classes selections listed on reverse side.

- Check this box if address/info has changed

Name _______________________________________

Phone # ______________________________________

Address ______________________________________

City, State, Zip _______________________________

Email ________________________________________

Members who joined LL in 1996 will always remain Charter Members, but your membership must be renewed annually. Please consider the discounted $10 membership dues to help cover printing and postage costs.

The $35 annual membership fee covers twelve months from the date you join.

- $35.00 - New Member
- $35.00 - Renew Annual Membership
- No fee - Membership Dues are current

**Charter Membership (Joined LL in 1996)**

- $10.00 - Renew Charter Member
- No fee - Renew Charter Member Gratis

Total Class Tuition: ___________

Membership Dues: ___________

Total Payment Enclosed: ___________

Making a donation?
Please enclose a separate check made out to UWF Foundation - Leisure Learning.

Make check payable to:
Leisure Learning
Mail this form along with your check to:
University of West Florida
Leisure Learning (Bldg. 77/ 149)
11000 University Pkwy., Pensacola, FL 32514

Never stop learning! Register today and enjoy quality instruction and social engagement!
FALL 2018 REGISTRATION FORM

uwf.edu/LeisureLearning  |  e-mail: leisurelearning@uwf.edu  |  850.473.7468

- **$180** Unlimited Classes Option
- **$30** Lunch N Learn: Meet the Artists of *Romeo and Juliet* *(Spring 2019)*
- **$30** Lunch N Learn: Meet the Artists of *Florestina in the Amazon* *(Spring 2019)*
- **$20** Japanese Sushi Workshop*

### Mondays
- **$12** Alzheimer’s Disease and Dementia
- **$12** Grand Hotel Marriott Resort Tour - Point Clear, Ala.
- **$12** Guardian ad Litem
- **$25** Learning to Play the Recorder
- **$15** Mark Twain: The First Truly American Writer
- **$12** Medieval Women: Roles and Authority
- **$12** Molino Mid-County Historical Society Museum
- **$12** Old Sacred Heart Hospital Tour
- **$12** Qualifying for Medicaid While Protecting Your Assets
- **$25** Recorder Ensemble Series
- **$12** SHINE: Serving Health Insurance Needs – Medicare Counseling
- **$12** The Green Roof Tour

### Tuesdays
- **$35** Blind Whiskey Tasting*
- **$12** Calling All Bookies
- **$25** Chant to Chanson: Music of the Middle Ages and the Renaissance
- **$12** Conversation with Howard Reddy, UWF VP
- **$12** Conversation with Pam Childers, Clerk of the Circuit Court & Comptroller
- **$12** Conversation with Troy Moon
- **$12** ECUA Recycling Facility Tour
- **$12** Innovation Institute
- **$12** Judicial Discretion: Who Should Decide?
- **$12** Lighthouses Along Florida’s Panhandle
- **$12** Macramé: Art in Fiber and Fabrics
- **$12** Navy Federal Credit Union Tour
- **$12** Pensacola Backyard Homestead
- **$12** Pensacola Parade People
- **$12** Planning for Long Term Care
- **$12** Supreme Court Preview: Cases to Watch
- **$12** Tax-Advantaged Investing
- **$12** The Leisure Club Coffee Bar & Restaurant
- **$12** Victorian Bed and Breakfast Tour*
- **$12** WEAR TV 3 Tour
- **$12** Your Creativity and How to Make it Grow

### Wednesdays
- **$12** A Visit to Bere’ Jewelers
- **$15** Acrylic Painting — Alumni Painting Day Reunion*
- **$25** Acrylic Painting with Larry Manning*
- **$12** Brew Ha Ha
- **$40** Chef ‘N’ Learn: Red Wine, Dinner and French Dessert*
- **$40** Chef ‘N’ Learn: White Wine, Champagne and European Appetizers*
- **$12** Heritage Tree Trail Project
- **$15** Historic Blakeley State Park Tour*

- **$12** History is the Real Treasure
- **$12** Institute of Human Machine Cognition (IHMC) Robotics Lab Tour
- **$12** Magic: Amaze Your Grandchildren, Friends and Neighbors
- **$12** Pensacola Bay Bridge Construction Project
- **$15** Pensacola Blue Wahoos Stadium Tour*
- **$15** PSC Culinary Management Luncheon*
- **$12** Pensacola’s Downtown Renaissance
- **$12** Preserving the Navy’s Proud Legacy: Aircraft Restoration
- **$15** *Tales of a Time Traveler: PSC Planetarium*
- **$12** The Ghosts of Santa Rosa Island
- **$12** Who Cares About Our World, Families, Safety, About...?

### Thursdays
- **$12** Beat the Bloodsuckers: Bed Bug and Mosquito Prevention and Control
- **$25** Bocce Ball for All
- **$12** Brew Angels Brewery Pub and Old Post Office Tour
- **$12** Cooking for People With Diabetes
- **$12** Death with Dignity in the United States and Canada
- **$15** Destin History and Fishing Museum*
- **$30** Go Retro Tour - Historic Pensacola*
- **$26** Gulf Coast Ducks*
- **$12** Hangar Tales
- **$12** Health and Hope Clinic
- **$12** Honor Your Inner Child: Rediscover the Power of Learning through Creativity
- **$12** Hula: Heart of the Hawaiian Culture
- **$12** McGuire’s Irish Pub & Brewery Tour
- **$12** Mission to Aquarius Reef Base
- **$15** Pensacola Museum of Art Tour*
- **$12** Saigon Oriental Market and Deli Tour
- **$15** Tallinn, Estonia: Surviving Against the Odds for Centuries to Emerge Totally Intact
- **$12** UWF Sea3D Additive Manufacturing Laboratory

### Fridays
- **$25** Create-a-Craft: Poinsettia Note Cards*
- **$12** Fake News: Then and Now
- **$15** *Gone With The Wind*: The Men Who Worked with David O. Selznick
- **$12** Growing Camellias 101
- **$12** Immigration Debate in the US
- **$12** INERTIA: Elevating our Community Through Education
- **$25** Mind Body Balance
- **$40** On the Other Hand...Current Affairs Discussions
- **$12** The Iron Works in St. Michael’s Cemetery
- **$20** Trump at Half-Time: What to Expect
- **$12** What To Do When The Aging Process Knocks On The Door
- **$12** Women’s Self Defense Workshop
- **$12** Write @Vice from the Grammar Guru

*Not available on the all-inclusive Unlimited Classes option.

Schedule and location changes are communicated through email. Check your email leading up to the event.

**Bring a Friend!** Current members may bring a friend to a class. The class price will apply. If your friend joins Leisure Learning, you AND your friend will receive a credit voucher toward a future class or event.
48-hour cancellation and refund policy

If you are unable to attend your registered class, you must notify the Leisure Learning office at least 48-hours in advance of the class in order to receive a refund or credit toward a future class. Any cancellation given less than 48-hours in advance will not receive a refund or credit. Please be courteous to your volunteer instructors and fellow members by adhering to this policy. *Please Note: For events that require Leisure Learning to PREPAY, refunds cannot be processed if you are unable to attend unless there is someone on the waiting list to take your place.
SAVE THE DATE:

Leisure Learning Ice Cream Social

Wed., August 22, 2018
2:00 p.m. - 3:30 p.m.
UWF Center for Fine and Performing Arts (CFPA)

Join us for fun, entertainment and door prizes!

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