

Leisure Learning

Summer 2026 Course Guide

A Journey of Pensacola Arts & Flavor

- Blue Morning Gallery
- Candle Making Workshop
- Pensacola Museum of Art
Guided Visit

plus

- Dolphin Cruise Adventure
- Pensacola's Maritime History

and more!

**Registration
Opens May 6!**

leisurelearning@uwf.edu

uwf.edu/leisurelearning



Leisure Learning
UNIVERSITY of WEST FLORIDA

Why join Leisure Learning?

For 30 years, UWF Leisure Learning has provided stimulating programs for seasoned adults who are interested in joining a spirited community of intellectual contemporaries and lifelong learners.

Our diverse lineup of classes offers you the opportunity to explore Pensacola and the surrounding areas, discover exciting research and ideas or learn new skills—all while making friends.

Become a member and start attending class this Summer!

1. Review this catalog and select your classes.
2. Register and pay for your annual membership and individual classes in one of 3 easy ways. (Page 25)
3. Learn more about Nautilus Card benefits for UWF Leisure Learning members. (Page 27)

4. Enjoy class!



How does the UWF Leisure Learning membership work?

The \$40 annual membership fee covers 12 months from the date you join. With your membership, you are entitled to:

- Register for all Leisure Learning classes, tours and events.
- A UWF parking pass for parking on the UWF Pensacola campus for classes.
- A course catalog mailed to you every semester.

Learn more about membership perks on Page 27!

Questions? Call us at 850.473.7468.

Registration Opens May 6! Classes start May 20!

Three Easy Ways to Register:

Register for classes online at uwf.edu/leisurelearning, call us at 850.473.7468 or mail in the registration form located in this catalog. More information and office hours on Page 25.



Give the Gift of Lifelong Learning

Buy a Leisure Learning membership gift card! Call 850.473.7468 to order.



Connect with us on Facebook!

facebook.com/uwfleisurelearning

Leisure Learning is a program of UWF Continuing Education, a premier regional provider of high-quality credit and non-credit courses, community programming, customized training, CEUs and conference planning. uwf.edu/continuinged



Continuing Education
UNIVERSITY of WEST FLORIDA

Summer of the Arts

Engage your senses and immerse yourself in Pensacola's art scene as we explore a generous sampling of the latest artistry and whimsy

BY HEATHER LEBLANC

UWF Leisure Learning's summer course lineup provides a front-row experience for the community to explore new studios, art exhibitions, museums and galleries, and inspiring creativity-filled classes.

From art exhibitions to floral blooms, each week offers an eclectic mix of courses to ignite your senses and inspire your artistry.

Awaken your creative expression through hands-on candle making and cake painting experiences, explore museum exhibits through lively tours and meet the local artists bringing art to life across Florida's panhandle.

No matter your preferred artistic medium, this season of colorful courses is sure to delight any palette.

Galleries and Exhibits

Celebration of Women: Collaborative Art Exhibit at Luna Fine Art Gallery

Experience the creativity of the local art community during a visit to Luna Fine Art Gallery on Pensacola Beach. **Page 20**

Local Artist Spotlight: Muralist Daniel Andreu

Hear the stories behind some of muralist Daniel Andreu's most recognizable local pieces and gain insight into the challenges and rewards of producing large public artworks. **Page 8**

Gallery Visit: Blue Morning Gallery

Explore the wide variety of media, such as painting, pottery, jewelry, glass, photography and mixed media, while learning about the artists and their creative processes at Blue Morning Gallery. **Page 12**

Inside the Studio with Sarah Soule Webb

Step inside the studio/gallery of Pensacola artist Sarah Soule Webb



for a behind-the-scenes look at life as a gallerist and curator. **Page 10**

Guided Visit to Pensacola Museum of Art: "The Poetics of Painting"

Visit the Pensacola Museum of Art for a guided look at "The Poetics of Painting," a beautiful exhibition celebrating the work and influence of painter John Markowitz. **Page 16**

Florals at Hummingbirds Flowers & Events

Learn how beautiful arrangements come together and gain insight into the creative process behind event florals at Hummingbirds Flowers & Events. **Page 8**

Hands-On Experiences

Creative Expression: Art Journaling

Review inspiring examples of

various art journals and then create your own mixed-media piece to insert into a journal. **Page 18**

Candle Making Workshop at Pensacola Candle Company

Learn the art of candle making during this hands-on workshop at Pensacola Candle Company. **Page 10**

Cake Painting at The Makery

Explore fun painting techniques using frosting as your medium, turning a simple cake into an edible work of art. **Page 12**

Looking to get involved?

UWF Leisure Learning always seeks opportunities to expand class offerings and welcomes ideas for new classes and locations. Email leisurelearning@uwf.edu.

A NOTE FROM THE DIRECTOR



Summer is a time for us to slow down, explore, and enjoy the beauty in our community, and I am so excited to share this season with you all. With a focus on arts, I tried to keep us in the cool indoors as much as possible, but we do have some outdoor adventures as well. Whatever you are

interested in, this summer is full of opportunities to learn something new, meet new people and experience Pensacola in ways you may not have before.

As always, I've made it a priority to introduce new classes and experiences each term, and summer is no exception. From behind-the-scenes tours to hands-on workshops and unique local visits, this catalog reflects the creativity and curiosity that define our learners. Many of these ideas come directly from you, and I am continually grateful for the suggestions that help shape our program into something truly special.

Summer also gives us a chance to revisit some favorite instructors and topics while welcoming new voices into our community. It's this blend of the familiar and the new that keeps Leisure Learning vibrant and ever-evolving.

As we continue this milestone year, celebrating 30 years of Leisure Learning in 2026, I am reminded that this program is what it is because of you. Your enthusiasm, participation and love of learning are what make each class meaningful and each term successful. I look forward to celebrating this special year together with even more memorable experiences in the months ahead.

Thank you for being part of our community. I can't wait to learn alongside you this summer!

Sincerely,

Julie Still-Rolin
Director, UWF Leisure Learning

Class Locations & Directions	22
Instructors and Curriculum Council	24
Registration Form	25
Membership Information	27
Directions to class — see Page 22.	

Registration Opens May 6, 2026.

Arts & Literature

Bookies: "The Secret Life of Sunflowers"	8
Candle Making Workshop at Pensacola Candle Company*	10
Celebration of Women: Collaborative Art Exhibit at Luna Fine Art Gallery	20
Creative Expression: Art Journaling*	18
Florals at Hummingbirds Flowers & Events.....	8
From Family History to Published Book: The Making of "The Westcott Story"	9
Gallery Visit: Blue Morning Gallery	12
Get the Vibes at Easy Going Records.....	17
Guided Visit to Pensacola Museum of Art: "The Poetics of Painting"*	16
Inside the Studio with Sarah Soule Webb.....	10
Local Artist Spotlight: Muralist Daniel Andreu.....	8
Local Author Spotlight: James Glass' "Stone Cold"	16
Local Author Spotlight: Patsy Morgan's "Family Foundations of Faith"	6
Story to Stage: A Writing and Performance Workshop—4 Sessions.....	7
What I Learned from Writing a Memoir	10

Business, Finance & Law

Fraud Awareness: Smart Strategies for Fraud Prevention	12
Investing Basics: Building a Financial Foundation	16
Leadership As Lived by an 'Average' Navy Fighter Pilot.....	17
Market Update: What You Need to Know	11
Planning Ahead: Navigating Dementia with Knowledge and Confidence—3 Sessions.....	20
Smart Shopping at Ever'man Cooperative Grocery & Cafe	18

Culture, Travel & Tours

Behind the Counter: Ace Hardware Downtown.....	6
Discover Korean Culture	6
Explore the Legends of Fort Pickens.....	21
Guided Tour of Voices of Pensacola Multicultural Center	12
Historic Sacred Heart Hospital Tour	19

Introduction to Chinese Language & Culture 9
 Japanese Tea Ceremony: Next Steps—6 Sessions*19
 Introduction to Mahjong—2 Sessions..... 6
 Sacred Spaces: Dieu De Buddhist Temple7
 Sweet Southern Tradition: J. W. Renfro
 Pecan Company..... 12

Food & Drink

A Taste of the World at Four Winds
 International Food Market16
 Cake Painting at The Makery* 12
 Cheesecake Making Demonstration
 at Chrisoula’s Cheesecake Shoppe*10
 Cold Brew 101 with Mrs. Jones Cold Brew Coffee.....8
 Culinary Conversation at George Bistro + Bar 12
 Exploring History and Flavor: A Visit
 to Five Sisters Blues Café 11
 Palafox Palate: A Downtown Dining Adventure*19
 Sweet Treats Workshop at Bubba’s Sweet Spot*7
 Buzz on Over for a Sweet Adventure
 at Wild Honey.....10

Fun with Leisure Learning

Dolphin Cruise Adventure in Orange Beach* 18

Health & Wellness

Ageless Grace: 21 Tools for the Body and Brain 9
 Cardio Drumming: Move to the Beat!.....21
 Eating for Cellular Health*16
 Living a Life that Matters.....17

The Lymphatic System with Pam Keen..... 9
 Nonprofit Spotlight: RSVP of Northwest Florida..... 6
 Step Into Comfort: Healthy Feet at Fleet Feet.....11
 Tai Chi for Arthritis..... 20

History & Current Affairs

Telling the Story of Pensacola through
 Archaeology..... 19
 Hauntings & History of Downtown Pensacola* 11
 North Hill with Go Retro: Pensacola’s
 Grand Homes*20
 Pensacola’s Maritime History8
 Summertime in Pensacola..... 21

Science, Environment & Technology

Early Birdwatching at Sunset Wildlife Connection* 17
 Gentle Giants: Manatees and More 6
 Get the Buzz: Honey and More
 at 1st City Bee Co.7
 The Wonderful World of Herbs with Beth Bolles..... 11
 Innovation in Action: Tour of Florida Institute
 for Human and Machine Cognition (IHMC).....8
 Leisure Learning Overview, Help & Updates+ 13
 Planetarium: “Dinosaur Passage to Pangaea”* 9
 Planetarium: “The Body Code”* 18
 Spotting Scams: Staying Safe in a Digital World 21
 Visit the Emerald Coast Science Center* 18

**Not available on the Unlimited Classes option
 + Multiple class dates to choose from*

Unlimited Classes Discount

Take unlimited classes for only \$195 this Summer!

This option is available by calling the Leisure Learning office at 850.473.7468 to pay by credit card. Some classes are not eligible for this offer and are marked in this catalog with an asterisk beside the class title.

Because of possible schedule or location changes, advance registration is highly recommended for ALL classes.

Please Note: Individual class fee refunds are not available for the unlimited class option if you are unable to attend OR if the class is canceled.



Important Information: Credit Cards and other forms of payment are accepted. Online and phone registrations are highly recommended. If mailing a check, contact the Leisure Learning office or check classes online to make sure they are not already full.

Monday

Discover Korean Culture

Join us for a lively introduction to Korean culture during this engaging class. We'll explore the basics of Hangeul, the Korean alphabet, and learn how its unique writing system works. Along the way, we'll discuss elements of Korean culture, including music, food, dance and other traditions that shape everyday life in Korea. Participants will also have the chance to write their own names in Korean, making this a fun and interactive cultural experience.

1-Jun | Mon 10:00 AM - 11:15 AM | \$15

Instructor: Colleen Campbell
Florida Public Archaeology Network

Introduction to Mahjong— 2 Sessions

Curious about the ancient and captivating game of Mahjong? Join us for a two-session introduction to this classic tile-based game of strategy, skill—and a little bit of luck! In this hands-on class, you'll learn the basic rules,

tile meanings and playing techniques that make Mahjong both challenging and fun. Come ready to learn, laugh and enjoy this timeless game that brings people together around the table! Students must attend both sessions.

1-Jun to 3-Jun | Mon & Wed 1:00 PM - 3:00 PM | \$20

Instructor: Arlene Barnes
Azalea Trace Lobby

Nonprofit Spotlight: RSVP of Northwest Florida

Learn about the impact of volunteerism in our community during this Nonprofit Spotlight featuring RSVP of Northwest Florida. Mariela Bruno will share how the Retired and Senior Volunteer Program connects adults aged 55 and better with meaningful service opportunities that support local nonprofits, schools and community initiatives. Gain insight into the many ways volunteers contribute their time, experience and talents to strengthen our region.

8-Jun | Mon 10:00 AM - 11:15 AM | Free

Instructor: Mariela Bruno
Florida Public Archaeology Network

Behind the Counter: Ace Hardware Downtown

Go beyond the aisles during our visit to Ace Hardware Downtown, a cornerstone of the local business community. We'll learn how this neighborhood hardware store serves homeowners, DIYers and downtown businesses, while exploring the wide range of tools, supplies and specialty services they offer. From paint mixing and key cutting to practical home repair tips, this behind-the-scenes look highlights the value of knowledgeable staff and community-centered service. **Participants should be able to walk at a leisurely pace and remain standing for up to one hour and fifteen minutes on flat surfaces. The venue is accessible.**

22-Jun | Mon 9:00 AM - 10:30 AM | \$15

Instructor: Amy Jasso
Ace Hardware Scenic Highway

Local Author Spotlight: Patsy Morgan “Family Foundations of Faith”

Join us for a heartfelt conversation with local author and former Escambia County guidance counselor Patsy Morgan as she shares the deeply personal story behind her book, “Family Foundations of Faith.” This moving family history traces the powerful legacy of the Byerly and Brown families, highlighting their unwavering faith, perseverance and resilience through the trials of the Great Depression and personal loss. Patsy will discuss her inspiration for



EVENT SPOTLIGHT:

Gentle Giants: Manatees and More

Are you interested in learning about manatees, local waterways and how you can get involved to help protect them? Join the Pensacola and Perdido Bays Estuary Program to learn about the Panhandle Manatee program, an outreach initiative dedicated to increasing awareness of manatees in our area and how to report manatee sightings. They will also touch on our new State of the Bays, which provides a snapshot health report for Pensacola Bay and Perdido Bay.

8-Jun | Mon 1:00 PM - 2:15 PM | \$15

Instructor: Adrienne Brendtro
Florida Public Archaeology Network



EVENT SPOTLIGHT:

Sweet Treats Workshop at Bubba's Sweet Spot*

Get ready to roll up your sleeves and satisfy your sweet tooth at Bubba's Sweet Spot! Learn how to make their own delicious peanut butter cups from scratch in this hands-on workshop, working with rich melted chocolate and creamy peanut butter filling. Along the way, we'll discover a few candy-making tips and tricks while enjoying the fun, nostalgic atmosphere of this local favorite. Each guest will leave with their own handmade treats—if they can resist eating them first!

**Not available on the Unlimited Classes option.*

15-Jun | Mon 10:00 AM - 11:15 AM | \$18

Instructor: Christa Wakefield
Bubba's Sweet Spot

 **Connect with us on Facebook!**
facebook.com/uwfleisurelearning

at a leisurely pace and remain standing for up to an hour on flat surfaces. The venue is accessible.

20-Jul | Mon 10:00 AM - 11:30 AM | \$15

Instructor: Thich Thanh Luong
Dieu De Buddhist Temple

Story to Stage: A Writing and Performance Workshop—4 Sessions

Continue the creative journey that began in last summer's storytelling workshop with this two-part writing and performance experience at the UWF Theatre. Participants will begin with two writing sessions featuring new prompts and exercises, allowing both returning students and newcomers to explore personal stories and creative ideas in a supportive environment. Then, you'll build on those pieces by shaping selected writing into short monologues in two more sessions. Experiment with reading and performing your work for one another in a relaxed, workshop-style setting. The focus is on exploration and creative development rather than a polished performance, but this process may lead to a future public presentation. Whether you enjoy writing, storytelling or trying something new on stage, this workshop offers a welcoming space to develop your voice and bring stories to life.

27-Jul to 28-Jul & 30-Jul to 31-Jul

Mon-Tue, Thu- Fri 10:00 AM - 11:00 AM | \$25

Instructor: Connie Smith
UWF Center for Fine and Performing Arts Lobby

Tuesday

Get the Buzz: Honey and More at 1st City Bee Co.

Explore honey with Natalie Blake and Melissa Kalis at First City Bee Co. Natalie will share her knowledge of honey including its health benefits, and students will be able to try some samples. Melissa, who is enrolled in the University of Florida Master Beekeeping Program, will be teaching "the buzz on bees"—a discussion about what happens inside a beehive colony and the life cycle of bees as well as what it takes to become a successful honey producer. Get ready to indulge in the sweetness of First City Bee Co.

26-May | Tue 9:30 AM - 11:00 AM | \$15

Instructor: Natalie Blake
First City Bee Co

writing the book and the importance of preserving family stories. A celebration of Southern heritage and enduring faith, this event is perfect for readers interested in memoir, history and spiritual strength.

6-Jul | Mon 1:00 PM - 2:30 PM | \$15

Instructor: Patsy Morgan
Azalea Trace

Sacred Spaces: Dieu De Buddhist Temple

Step into a place of peace and reflection as we visit Dieu, Pensacola's Buddhist temple. During this Sacred Spaces experience, guests will learn about the temple's history, the traditions of Buddhism and the meaning behind its beautiful altar, statues and symbolic architecture. We'll explore how faith, community and cultural heritage come together in this serene setting, and gain insight into Buddhist practices such as meditation, mindfulness and ancestor veneration. **Participants should be able to walk**

CLASSES

Bookies: “The Secret Life of Sunflowers”

Join fellow Bookies for a lively discussion of “The Secret Life of Sunflowers” by Marta Molnar. This fascinating novel blends historical fiction with a modern storyline, exploring the life of Johanna Bonger, Vincent van Gogh’s determined sister-in-law, who played a crucial role in preserving and promoting his artwork after his death. As the story unfolds across two timelines, readers discover themes of resilience, art and the power of believing in a vision others cannot yet see.

2-Jun | Tue 10:00 AM - 11:15 AM | \$15

Instructor: Dr. Louise Tolbert
Florida Public Archaeology Network



EVENT SPOTLIGHT:

Innovation in Action: Tour of Florida Institute for Human and Machine Cognition (IHMC)

Step inside one of Pensacola’s most cutting-edge research institutions for a tour of the Florida Institute for Human and Machine Cognition (IHMC). During our visit, we’ll learn how IHMC researchers are advancing the fields of robotics, artificial intelligence, human performance and resilience—work that has implications for national defense, medicine and everyday life. This is a rare opportunity to explore innovation happening right here in our community and better understand the future of human–machine teamwork. **Participants should be able to walk at a leisurely pace and remain standing for up to one hour on flat surfaces. The venue is accessible.**

26-May | Tue 1:00 PM - 2:30 PM | \$15

Instructor: Patti Mohan
Institute for Human and Machine Cognition

Cold Brew 101 with Mrs. Jones Cold Brew Coffee

Discover the art and science of cold brew coffee with Stephanie Jones, creator of Mrs. Jones Cold Brew Coffee. Stephanie is offering a behind the scenes look at how cold brew is crafted and how she has found a niche in cold brew coffee. She will also share the many benefits of cold brew and provide an interactive tasting. Whether you’re a coffee enthusiast or interested in cold brew, this class will be sure to delight your senses and expand your coffee horizons.

2-Jun | Tue 2:00 PM - 3:15 PM | \$15

Instructor: Stephanie Jones
Mrs. Jones Cold Brew Coffee

Pensacola’s Maritime History

Set sail through time as we explore the rich maritime history of Pensacola with local archaeologist and historian, Mike Thomin. From Spanish explorers and colonial trade routes to naval aviation and the shipbuilding industry, Pensacola’s story has always been tied to the water. Discover how the deep natural harbor shaped the city’s economy, culture and military importance, and hear fascinating tales of pirates, privateers, hurricanes and hidden shipwrecks.

9-Jun | Tue 10:00 AM - 11:15 AM | \$15

Instructor: Mike Thomin
Florida Public Archaeology Network

Local Artist Spotlight: Muralist Daniel Andreu

Daniel Andreu creates large-scale murals that have transformed walls across our community into vibrant works of public art. He will share the inspiration behind his distinctive style and the creative process that takes a blank wall from concept to completion. Hear the stories behind some of his most recognizable local pieces and gain insight into the challenges and rewards of producing large public artworks. Whether you’re an art lover or simply curious about the murals that brighten Pensacola’s streets, this engaging presentation offers a unique look at the artist behind the color.

9-Jun | Tue 1:00 PM - 2:15 PM | \$15

Instructor: Daniel Andreu
Florida Public Archaeology Network

Florals at Hummingbirds Flowers & Events

Step inside Hummingbirds Flowers & Events for a delightful floral experience! Mollie Johnson will demonstrate the art of flower arranging, sharing expert

tips on color balance, texture, structure and seasonal blooms. Learn how beautiful arrangements come together and gain insight into the creative process behind event florals. Attendees will be entered into a drawing to win the stunning arrangement created during the demonstration.

16-Jun | Tue 10:00 AM - 11:15 AM | \$15

Instructor: Mollie Johnson
Hummingbirds Flowers & Events

The Lymphatic System with Pam Keen

Join Pam Keen at Regeneration Station to learn why lymphatic health should be one of your top health goals, as it plays a crucial role in every aspect of your well-being, including ensuring a robust immune system and your body's ability to lose body fat. Watch a demo of groundbreaking Lymphatic Health Technology, FLOWPRESSO. Receive a 50% discount on your first session, should you choose to schedule one. *The views and opinions expressed do not represent Leisure Learning, the Leisure Learning staff and/or any contributors to the program. Always seek the advice of your physician or other qualified health provider with any questions you may have before starting any healthcare treatment.*

16-Jun | Tue 1:00 PM - 2:15 PM | \$15

Instructor: Pam Keen
Regeneration Station

Ageless Grace: 21 Tools For the Body and Brain

Discover the joy and benefits of Ageless Grace in this engaging class led by Jessica Ayers at Ochsner Novant Health 65 Plus. Ageless Grace is a brain fitness program that uses simple, creative movements set to music to stimulate the brain, increase joint mobility and support balance and coordination. Movements are performed while seated, making the program accessible and enjoyable for participants of all fitness levels. Come ready to move, laugh and experience how playful movement can help keep the mind and body active. **Exercise provides great benefits, but only you know your own body and limits. Consult your healthcare professional with any questions or concerns before starting any exercise program.**

23-Jun | Tue 10:00 AM - 11:15 AM | Free

Instructor: Jessica Ayers
Ochsner Novant Health 65 Plus

Introduction to Chinese Language & Culture

Explore the fascinating world of Chinese writing and culture. Yen-Shan Lien will introduce Chinese characters



EVENT SPOTLIGHT:

Planetarium: "Dinosaur Passage to Pangaea"*

This animated adventure explains one of the greatest geological events in Earth's history—the separation of the supercontinent Pangaea. When two children embark on a geology field trip back in time, they are thrown into a fantastic voyage where they witness incredible geological wonders and learn the mysterious process that shaped our present-day continents. From roaming across the untamed landscape atop dinosaurs to plummeting to the center of the Earth, "Dinosaur Passage to Pangaea" is a perfect educational glimpse at the tectonic forces that forged our world. **Not available on the Unlimited Classes option. Open to Leisure Learning guests of all ages.*

21-Jul | Tue 10:00 AM - 11:15 AM | \$15

Instructor: Allison Spradlin
Pensacola State College Planetarium, Building 21

and their evolution. Participants will also have the opportunity to try writing some Chinese characters themselves. This relaxed and interactive class offers a fun way to experience an important aspect of Chinese culture.

23-Jun | Tue 2:30 PM - 3:45 PM | \$15

Instructor: Yen-Shan Lien
UWF Building 71 (International Studies), Japan House

From Family History to Published Book: Making of "The Westcott Story"

Debut author Christine Broderick Emmanuel shares the journey behind "The Westcott Story: The Enduring Spirit of an American Family Spanning 400 Years"—from the spark of an idea to early research, writing and editing, to navigating the publishing process and marketing.

CLASSES

Blending personal experience with practical insight, this session is for aspiring authors, genealogy enthusiasts and anyone curious about the process of getting a book published and creating a buzz.

30-Jun | Tue 10:00 AM - 11:15 AM | \$15

Instructor: Christine Emmanuel
Florida Public Archaeology Network

Candle Making Workshop at Pensacola Candle Company*

Learn the art of candle making during this hands-on workshop at Pensacola Candle Company. Participants will be guided through the process of creating their own custom candle, from selecting fragrances to pouring melted wax and preparing the wick. Along the way, we'll learn a bit about the candle-making process and what goes into crafting high-quality, hand-poured candles. Each participant will leave with a candle they created themselves—a perfect

keepsake or gift. **Not available on the Unlimited Classes option. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

30-Jun | Tue 1:00 PM - 2:30 PM | \$40

Instructor: Hannah Lang
Historic Sacred Heart Hospital

Inside the Studio/Gallery with Sarah Soule Webb

Step inside the studio/gallery of Pensacola artist Sarah Soule Webb for a behind-the-scenes look at life as a gallerist and curator. During this visit, Sarah will share her artistic journey and discuss the business side of building a career in art, including how artists promote their work, connect with galleries and collectors and navigate the creative industry. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour and fifteen minutes. The venue is accessible.**

7-Jul | Tue 10:00 AM - 11:15 AM | \$15

Instructor: Sarah Webb
Sarah Soule Webb Studio

Cheesecake Making Demonstration at Chrisoula's Cheesecake Shoppe*

Learn the art of creating delicious cheesecake in this demonstration at Chrisoula's Cheesecake Shoppe. Participants will be guided step-by-step through the process of making cheesecake, from preparing the crust to mixing the filling and adding finishing touches. Each participant will leave with their own cheesecake creation—a sweet reward for a fun and tasty experience!

**Not available on the Unlimited Classes option.*

14-Jul | Tue 10:00 AM - 11:30 AM | \$20

Instructor: Chrisoula Hulion
Chrisoula's Cheesecake Shoppe Bakery and Cafe

Wednesday

What I Learned from Writing a Memoir

Miles Davis, writing as G. M. Davis, author of "My War in the Jungle: The Long-Delayed Memoir of a Marine Lieutenant in Vietnam 1968-69" will share what he learned from writing his memoir including the emotional challenges of revisiting difficult memories and the therapeutic power of storytelling. He will also provide insights into the writing process, including how to transform personal experiences into a compelling narrative. Attendees will gain a deeper understanding of how



EVENT SPOTLIGHT:

Buzz on Over for a Sweet Adventure at Wild Honey

Sample a variety of frozen delights, including froyo, gelato, custard, sorbet and more—there's something for everyone! Learn the history as a locally owned and operated dessert shop serving the community for over 10 years. Afterwards, build your perfect treat (not included in class price) with fresh fruit, nuts, and over 100 delicious toppings. For the ultimate golden touch, drizzle on a bit of our locally sourced raw honey. Whether you're a classic frozen yogurt fan or eager to try something new, this visit is sure to satisfy your cravings!

28-Jul | Tue 11:45 AM - 12:30 PM | \$15

Instructor: Theresa Ward
Wild Honey Frozen Yogurt



EVENT SPOTLIGHT:

Hauntings & History of Downtown Pensacola*

Enter the shadows of local history's darker side during this guided walking tour of Downtown Pensacola with historian and author Nic Schuck. As we stroll through the historic district, Nic will share fascinating stories from Pensacola's past—including legends, mysteries and tales of the unexplained that have become part of the city's folklore. Along the way, we'll explore streets and landmarks while learning how real events and local lore intertwine. **Comfortable walking shoes are recommended. This activity involves walking outdoors on sidewalks and crossing streets at designated crosswalks. Participants should be able to walk at a leisurely pace and remain standing for up to an hour and a half.** **Not available on the Unlimited Classes option. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

1-Jul | Wed 9:00 AM - 10:30 AM | \$20

Instructor: Nic Schuck
Pensacola Bay Brewery

clear, practical insights you can understand. Bring your questions and gain a better grasp of today's economic climate in a relaxed, educational setting.

27-May | Wed 10:00 AM - 11:15 AM | \$15

Instructor: Kellie Graham
Florida Public Archaeology Network

The Wonderful World of Herbs with Beth Bolles

Join Beth Bolles, Horticulture Agent with the UF/IFAS Extension, to discover how to select, plant and care for a variety of culinary and aromatic herbs that thrive in our Gulf Coast climate. Beth will share tips on harvesting, preserving and incorporating herbs into your everyday cooking and wellness routines. Whether you're a seasoned gardener or just getting started, you'll leave inspired to create your own thriving herb garden at home.

27-May | Wed 1:00 PM - 2:15 PM | \$15

Instructor: Beth Bolles
UF/IFAS Extension Escambia County 4-H Youth

Exploring History and Flavor: A Visit to Five Sisters Blues Cafe

Join us at Five Sisters Blues Cafe to learn about the rich history of the Belmont Devillers neighborhood and share the story of the five sisters—Jeannette, Cora, Sara, Dorothy and Margaret from Stanford, Kentucky—who inspired this beloved meeting place where blues and jazz music often enhance the dining experience. Indulge in the best pot roast, fried chicken, pulled pork, mac and cheese, cheese grits and various other delectable menu items during our Dutch-treat lunch.

3-Jun | Wed 10:30 AM - 12:00 PM | \$15

Instructor: Maria Goldberg
Five Sisters Blues Cafe Outside Patio

Step Into Comfort: Healthy Feet at Fleet Feet

Join business owner Micaiah Rockwell for a visit to Fleet Feet, we will discover the meticulous outfitting process and gain valuable insights on how to improve your walking and running experiences. Micaiah will delve into the importance of maintaining healthy feet and introduce you to Fleet Feet's innovative 3D Fit ID foot scanning equipment. Don't miss this opportunity to elevate your comfort and performance in every step.

10-Jun | Wed 9:00 AM - 10:15 AM | \$15

Instructor: Micaiah Rockwell
Fleet Feet Lobby

memoirs can serve as a bridge between the past and the present, offering lessons for both the writer and the reader.

20-May | Wed 1:00 PM - 2:15 PM | \$15

Instructor: Miles Davis
Florida Public Archaeology Network

Market Update: What You Need to Know

Stay informed and financially confident with Kellie Graham, Edward Jones Financial Advisor. This concise presentation will break down current market trends, economic headlines and what they may mean for investors. Kellie will translate complex financial news into

CLASSES

Guided Tour of Voices of Pensacola Multicultural Center

Discover the diverse stories that have shaped our community during a guided tour of the Voices of Pensacola Multicultural Center. This guided visit offers a meaningful look at the voices that continue to shape Pensacola today. Participants will explore how different communities have influenced the city's development while gaining a deeper appreciation for the people and experiences behind these stories. **Participants should be able to walk at a leisurely pace and remain standing for up to one hour and fifteen minutes on flat surfaces. The venue is accessible.**

17-Jun | Wed 1:00 PM - 2:15 PM | \$15

Instructor: Christopher Levesque
Voices of Pensacola Multicultural Center

Fraud Awareness: Smart Strategies for Fraud Prevention

In this session with Kellie Graham, an Edward Jones Financial Advisor, you'll learn how to recognize common

warning signs, understand today's most prevalent scams and take proactive steps to safeguard your finances. Kellie will also cover what to do if fraud does occur, including actions to minimize damage and protect yourself or a loved one.

17-Jun | Wed 10:00 AM - 11:15 AM | \$15

Instructor: Kellie Graham
Florida Public Archaeology Network

Cake Painting at The Makery*

Get creative at The Makery and experiment with brushes and palette knives to decorate a 6" x 6" cake square! In this hands-on class, you'll explore fun painting techniques using frosting as your medium, turning a simple cake into an edible work of art. No experience is necessary—just bring your imagination and a sweet tooth. Come ready to play with texture, color and design while crafting something almost too beautiful to eat!

**Not included in the Unlimited Classes option.*

24-Jun | Wed 10:00 AM - 11:15 AM | \$40

Instructor: Meredith Sowell
The Makery

Culinary Conversation at George Bistro + Bar

Step inside George Bistro + Bar to learn about the chef's their culinary backgrounds, the story of the restaurant, highlights from the menu and a few fun facts from life in the kitchen. After the talk, participants are welcome to stay and enjoy a Dutch treat lunch, offering the chance to sample the delicious cuisine George Bistro is known for.

1-Jul | Wed 11:00 AM - 1:00 PM | \$15

Instructor: George Lazi
George Bistro & Bar

Sweet Southern Tradition: J.W. Renfroe Pecan Company

Discover a delicious piece of local history during our visit to the J.W. Renfroe Pecan Company, a longtime Pensacola business known for its freshly roasted and candied pecans. Learn about the company's history, how pecans are processed and what makes this Southern favorite such a beloved treat. Experience the sights and aromas of a working pecan business. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour and fifteen minutes. The venue is accessible.**

8-Jul | Wed 9:00 AM - 10:15 AM | \$15

Instructor: Dona Bouchard
J.W. Renfroe Pecan Co.

Classes Continued on Page 16



EVENT SPOTLIGHT:

Gallery Visit: Blue Morning Gallery

Join us for a creative outing to Blue Morning Gallery, a vibrant downtown cooperative featuring the work of talented local artists. During our visit, we'll explore a wide variety of media, such as painting, pottery, jewelry, glass, photography and mixed media, while learning about the artists and their creative processes. This experience offers a wonderful opportunity to engage with Pensacola's thriving arts community. **Participants should be able to remain standing for up to an hour and fifteen minutes on flat surfaces. The venue is accessible.**

10-Jun | Wed 2:00 PM - 3:15 PM | \$15

Instructor: Beth Stage
Blue Morning Gallery

MAY 2026 CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17	18	19	20 1 PM - 2:15 PM What I Learned from Writing a Memoir	21 7 AM - 9 AM Birdwatching at Sunset Wildlife Connection 1 PM - 2:15 PM Get the Vibes at Easy Going Records	22 10 AM - 11:15 AM Leisure Learning Overview Session #1 1 PM - 2:15 PM Leisure Learning Overview Session #2	23
24	25 Memorial Day	26 9:30 AM - 11 AM Honey and More at 1st City Bee Co. 1 PM - 2:30 PM Florida Institute for Human and Machine Cognition (IHMC) Tour	27 10 AM - 11:15 AM Market Update: What You Need to Know 1 PM - 2:15 PM The Wonderful World of Herbs	28 8:30 AM - 11:30 AM Dolphin Cruise Adventure in Orange Beach	29 10 AM - 11:15 AM Luna Fine Art Gallery 2:30 PM - 4:30 PM North Hill with Go Retro: Pensacola's Grand Homes	30
31	1 10 AM - 11:15 AM Discover Korean Culture 1 PM - 3 PM Introduction to Mahjong	2 10 AM - 11:15 AM Bookies: "The Secret Life of Sunflowers" 2 PM - 3:15 PM Mrs. Jones Cold Brew Coffee	3 10:30 AM - 12 PM Five Sisters Blues Cafe 1 PM - 3 PM Introduction to Mahjong	4 10 AM - 11:15 AM Leadership As Lived by an 'Average' Navy Fighter Pilot 1 PM - 2:15 PM Living a Life that Matters	5 8:30 AM - 10:30 AM Explore the Legends of Fort Pickens	6

EVENT SPOTLIGHT:

Leisure Learning Overview, Help and Updates

Join Julie Still-Rolin for a free informative class designed to empower you navigate your experience with Leisure Learning with confidence. Julie will offer a comprehensive overview of the program. You'll receive personalized guidance on the registration process, an overview of the campus and parking and other valuable information. Say goodbye to the stress of registration woes and hello to a world of enjoyable learning experiences. She will also provide any changes and updates to the program and offer time for feedback and questions. Whether you're a seasoned participant or new to the program, Julie's expertise will enable you to make the most out of your membership.

Session #1: 22-May | Fri 10:00 AM - 11:15 AM
Session #2: 22-May | Fri 1:00 PM - 2:15 PM
Session #3: 30-Jul | Thu 10:00 AM - 11:15 AM
Session #4: 30-Jul | Thu 1:00 PM - 2:15 PM

Free
 Florida Public
 Archaeology Network



JUNE 2026 CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 10 AM - 11:15 AM Discover Korean Culture 1 PM - 3 PM Introduction to Mahjong	2 10 AM - 11:15 AM Bookies: "The Secret Life of Sunflowers" 2 PM - 3:15 PM Mrs. Jones Cold Brew Coffee	3 10:30 AM - 12 PM Five Sisters Blues Cafe 1 PM - 3 PM Introduction to Mahjong	4 10 AM - 11:15 AM Leadership As Lived by an 'Average' Navy Fighter Pilot 1 PM - 2:15 PM Living a Life that Matters	5 8:30 AM - 10:30 AM Explore the Legends of Fort Pickens	6
7	8 10 AM - 11:15 AM Nonprofit Spotlight: RSVP of Northwest Florida 1 PM - 2:15 PM Gentle Giants: Manatees and More	9 10 AM - 11:15 AM Pensacola's Maritime History 1 PM - 2:15 PM Local Artist Spotlight: Muralist Daniel Andreu	10 9 AM - 10:15 AM Step Into Comfort: Healthy Feet at Fleet Feet 2 PM - 3:15 PM Gallery Visit: Blue Morning Gallery	11 10 AM - 12 PM Visit the Emerald Coast Science Center	12 10 AM - 11:15 AM Spotting Scams: Staying Safe in a Digital World 2 PM - 3:30 PM Cardio Drumming: Move to the Beat!	13
14	15 10 AM - 11:15 AM Sweet Treats Workshop at Bubba's Sweet Spot	16 10 AM - 11:15 AM Florals at Hummingbirds Flowers & Events 1 PM - 2:15 PM The Lymphatic System with Pam Keen	17 10 AM - 11:15 AM Smart Strategies for Fraud Prevention 1 PM - 2:15 PM Guided Tour of Voices of Pensacola Multicultural Center	18 10 AM - 11:15 AM Smart Shopping at Ever'man Cooperative Grocery & Cafe 12 PM - 2 PM Creative Expression: Art Journaling	19	20
21	22 9 AM - 10:30 AM Ace Hardware Downtown	23 10 AM - 11:15 AM Ageless Grace 2:30 PM - 3:45 PM Introduction to Chinese Language & Culture	24 10 AM - 11:15 AM Cake Painting at The Makery	25 10 AM - 11:15 AM Planetarium: "The Body Code" 1 PM - 2:15 PM Story of Pensacola 2 PM - 3:30 PM Japanese Tea Ceremony 4 PM - 5:30 PM Downtown Dining Adventure	26 10 AM - 11:15 AM Summertime in Pensacola	27
28	29	30 10 AM - 11:15 AM The Making of "The Westcott Story" 1 PM - 2:30 PM Pensacola Candle Company Workshop	1 9 AM - 10:30 AM Hauntings & History of Downtown Pensacola 11 AM - 1 PM George Bistro + Bar	2 10 AM - 11:30 AM Historic Sacred Heart Hospital Tour 2 PM - 3:30 PM Japanese Tea Ceremony	3	4

JULY 2026 CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30 10 AM - 11:15 AM The Making of "The Westcott Story" 1 PM - 2:30 PM Pensacola Candle Company Workshop	1 9 AM - 10:30 AM Hauntings & History of Downtown Pensacola 11 AM - 1 PM George Bistro + Bar	2 10 AM - 11:30 AM Historic Sacred Heart Hospital Tour 2 PM - 3:30 PM Japanese Tea Ceremony	3	4
5	6 1 PM - 2:30 PM Local Author Spotlight: Patsy Morgan "Family Foundations of Faith"	7 10 AM - 11:15 AM Inside the Studio/Gallery with Sarah Soule Webb	8 9 AM - 10:15 AM J.W. Renfroe Pecan Company 1 PM - 2:15 PM Pensacola Museum of Art: "The Poetics of Painting"	9 10 AM - 11:15 AM Navigating Dementia with Knowledge and Confidence 1 PM - 2:15 PM Tai Chi for Arthritis 2 PM - 3:30 PM Japanese Tea Ceremony	10	11
12	13	14 10 AM - 11:30 AM Chrisoula's Cheesecake Shope	15 10 AM - 11:15 AM Investing Basics: Building a Financial Foundation	16 10 AM - 11:15 AM Navigating Dementia with Knowledge and Confidence 2 PM - 3:30 PM Japanese Tea Ceremony	17	18
19 10 AM - 11:30 AM Sacred Spaces: Dieu De Buddhist Temple	20	21 10 AM - 11:15 AM Planetarium: "Dinosaur Passage to Pangaea"	22 11 AM - 12:15 PM Four Winds International Food Market 1 PM - 2:15 PM Local Author Spotlight: "Stone Cold" by James Glass	23 10 AM - 11:15 AM Navigating Dementia with Knowledge and Confidence 2 PM - 3:30 PM Japanese Tea Ceremony	24	25
26	27 10 AM - 11 AM Writing and Performance	28 10 AM - 11 AM Writing and Performance 11:45 AM - 12:30 PM Sweet Adventure at Wild Honey	29 1 PM - 2:15 PM Eating for Cellular Health	30 10 AM - 11 AM Writing and Performance 10 AM - 11:15 AM Leisure Learning Overview #3 1 PM - 2:15 PM Leisure Learning Overview #4 2 PM - 3:30 PM Japanese Tea	31	1

CLASSES

Continued from Page 12

Investing Basics: Building a Financial Foundation

Ready to feel more confident about your financial future? In this practical and easy-to-follow session, Kellie Graham, Financial Advisor with Edward Jones, will walk you through 10 foundational principles of investing designed to help you work toward your long-term goals. Learn how to avoid common investing mistakes, understand the importance of diversification and discipline and build strategies that align with your personal objectives.

15-Jul | Wed 10:00 AM - 11:15 AM | \$15

Instructor: Kellie Graham

Florida Public Archaeology Network



EVENT SPOTLIGHT:

Guided Visit to Pensacola Museum of Art: “The Poetics of Painting”*

Visit the Pensacola Museum of Art for a guided look at “The Poetics of Painting,” a beautiful exhibition celebrating the work and influence of painter John Markowitz. The exhibition features a selection of paintings and drawings spanning decades of his career, along with works by artists connected to his teaching and mentorship. During our visit, we’ll explore the galleries and learn more about the artist’s legacy and the creative community he helped shape.

**Not available on the Unlimited Classes option. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

8-Jul | Wed 1:00 PM - 2:15 PM | \$20

Instructor: Caitlin Rhea

Pensacola Museum of Art

A Taste of the World at Four Winds International Food Market

Take a culinary trip around the world during our visit to Four Winds International Food Market. This specialty grocery store offers a wide selection of ingredients and foods from various cultures, making it a favorite destination for adventurous cooks and food lovers. During our visit, we’ll explore the store and learn about some of the unique products and international flavors available on the shelves. Afterward, expand your culinary horizons and experience the diversity of global cuisine with a Dutch lunch at their deli. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour and fifteen minutes. The venue is accessible.**

22-Jul | Wed 11:00 AM - 12:15 PM | \$15

Instructor: Devin Spencer

Four Winds International Market

Local Author Spotlight: “Stone Cold” by James Glass

Join local author James Glass for a spotlight on his gripping thriller “Stone Cold.” The novel follows Detective Rebecca Watson as she tracks a dangerous serial killer in Eugene Falls, Fla., while confronting challenges from her past during a high-stakes retrial. James will share insights into his writing process, the story inspiration and the craft of building suspenseful, character-driven fiction. Participants will have the chance to hear behind-the-scenes stories and connect with a Pensacola-based author in an engaging and interactive session.

22-Jul | Wed 1:00 PM - 2:15 PM | \$15

Instructor: James Glass

Florida Public Archaeology Network

Eating for Cellular Health*

Discover how the foods you eat can support your body at the cellular level. In this informative class, Rhonda Ford will explain how nutrient-rich foods—from chia seeds to fresh sprouts—can help support cell regeneration, strengthen the body’s natural defenses and promote overall wellness. The class will also include an extra virgin olive oil (EVOO) tasting and other food samples, offering a delicious way to experience some of these health-supporting ingredients firsthand. **The views and opinions expressed do not represent Leisure Learning, the Leisure Learning staff and/or any contributors to**

the program. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding diet. *Not available on the Unlimited Classes option.

29-Jul | Wed 1:00 PM - 2:15 PM | \$20

Instructor: Rhonda Ford

Florida Public Archaeology Network

Thursday

Get the Vibes at Easy Going Records

Step inside one of downtown Pensacola's most beloved music destinations for a private experience at Easy Going Records. Take a spin through the fascinating world of vinyl—how records are sourced and graded, what makes an album collectible, how pricing works and why vinyl has made such a powerful comeback. Enjoy a curated listening session featuring iconic tracks pressed on vinyl (with a mini-lesson on sound quality and pressing differences), plus a brief demo on proper record care and preservation. For seasoned collectors or the vinyl-curious, this experience celebrates music, nostalgia and the joy of discovery. **Participants should be able to remain standing for up to one hour on flat surfaces. The venue is accessible.**

21-May | Thu 1:00 PM - 2:15 PM | \$15

Instructor: Will Bowers

Easy Going Records

Leadership As Lived by an 'Average' Navy Fighter Pilot

Captain C. Flack Logan will share leadership lessons learned during his decades in the Navy, as an administrator for a large law firm and his time with nonprofit organizations. He served as Executive Officer (XO) of two squadrons, the aircraft carrier USS Midway in Japan and Chief of Staff for Second Fleet. He was Commanding Officer (CO) of two squadrons and CO of two ships—the helicopter carrier USS Guadalcanal and the aircraft carrier USS Lexington, which was based in Pensacola for decades. Leadership is sometimes seen as a gift—you're either born with it or not. However, it is most often a learned skill. Captain Logan will share experiences and the lessons he learned that can be applied in any leadership position.

4-June | Thu 10:00 AM - 11:15 AM | \$15

Instructor: Flack Logan

Florida Public Archaeology Network



EVENT SPOTLIGHT:

Early Birdwatching at Sunset Wildlife Connection*

Rise and shine for a peaceful morning of birdwatching at Sunset Wildlife Connection! We'll gather early to catch the birds at their most active, enjoying the quiet beauty of nature as the day begins. Learn how to spot and identify local species, use binoculars effectively and listen for distinctive calls and songs. Whether you're a seasoned birder or simply curious, this refreshing outdoor experience is a wonderful way to start your day. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour on outdoor grassy, uneven ground that may include roots or small holes and could be slippery when wet. Sturdy footwear is recommended. *Not included in the Unlimited Classes option.**

21-May | Thu 7:00 AM - 9:00 AM | \$48

Instructor: Margaret Lynd

Sunset Wildlife Connection

Living a Life that Matters

"Life after fifty is all downhill" is a great American myth that many of us have bought into. The truth? Life after 50 can be the most rewarding stage because we have more freedom, skills, experience and time. But how can we take advantage of these opportunities? How can we live a life that matters? This class will give you a step-by-step process to claim your personality, talents and strengths, identify your skills, clarify your passions, dreams and values, create your life purpose statement and start a plan to turn your purpose into action.

4-Jun | Thu 1:00 PM - 2:15 PM | \$15

Instructor: Kathleen Logan

Florida Public Archaeology Network

CLASSES

Visit the Emerald Coast Science Center*

Put your investigative skills to the test at the Emerald Coast Science Center! This engaging visit features a dynamic forensics presentation, where we'll explore how real scientists analyze evidence to solve crimes. Students



EVENT SPOTLIGHT:

Dolphin Cruise Adventure in Orange Beach*

Join Leisure Learning in beautiful Orange Beach for a fun and unforgettable dolphin cruise with Top Tier Watersports. We'll set out on the sparkling Gulf waters in search of playful bottlenose dolphins, enjoying sea breezes, scenic views and plenty of photo opportunities along the way. The experienced captain will share interesting facts about local marine life and the coastal ecosystem, making this both an entertaining and educational outing. Sit back, relax and experience the joy of seeing dolphins in their natural habitat—a perfect blend of adventure and coastal charm!

Participants should be able to walk at a leisurely pace and remain standing for up to one hour on flat surfaces. The venue is accessible, with the exception of motorized wheelchairs. Additionally, there is no air conditioning on the bottom floor, and the second floor is only accessible via stairs.

This class is open to non-members 18+. **Not available on the Unlimited Classes option. Because this is a prepaid event, no refunds will be issued for cancellation.*

28-May | Thu 8:30 AM - 11:30 AM | \$28

Instructor: Hayden Fisher
Top Tier Watersports

will participate in a hands-on activity, experience an exciting chemistry demonstration and see science in action. After the program, enjoy free time to explore the center's interactive exhibits, making this both an educational and fun-filled day of discovery. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour on flat surfaces. The venue is accessible.** **Not available on the Unlimited Classes option.*

11-Jun | Thu 10:00 AM - 12:00 PM | \$20

Instructor: Lisa Parkinson
Emerald Coast Science Center

Smart Shopping at Ever'man Cooperative Grocery & Cafe

Want to eat well and save money? Join us at Ever'man Cooperative Grocery & Café to learn insider tips and tricks for stretching your grocery budget without sacrificing quality. We'll explore smart shopping strategies, including how to use the bulk section, understand co-op sales cycles, take advantage of member perks and spot the best values throughout the store. Whether you're a regular shopper or brand new to the co-op experience, this guided visit will help you shop healthier, smarter and more confidently. **Participants should be able to walk at a leisurely pace. The venue is accessible.**

18-Jun | Tue 10:00 AM - 11:15 AM | \$15

Instructor: LauraLee Nichols
Ever'man Cooperative Grocery & Cafe

Creative Expression: Art Journaling*

Discover the freedom and fun of art journaling in this creativity-filled session. Participants will view inspiring examples of various art journals and then create their own mixed-media piece to insert into a journal. We'll explore approachable techniques using collage, paint, writing and layered materials—proving that you don't need to be a traditional artist to express yourself visually. Everyone will leave with a completed work of art and the confidence to continue their art journaling journey at home. **Not available on the Unlimited Classes option.*

18-Jun | Thu 12:00 PM - 2:00 PM | \$15

Instructor: Michele Graham
Florida Public Archaeology Network

Planetarium: "The Body Code"*

"The Body Code" takes you on an amazing 3D journey around and through the human body. After viewing the skeleton and major organs, you will board a miniature submarine before being injected into an artery. Fly through



EVENT SPOTLIGHT:

Palafox Palate: A Downtown Dining Adventure*

On this flavorful Go Retro tasting tour, discover why Palafox Street is one of America's "Top 10 Great Streets," as recognized by the American Planning Association! Stroll through the heart of downtown Pensacola and enjoy tastings at some of the city's premier restaurants, each offering a unique bite that highlights the area's vibrant culinary scene. Along the way, your Go Retro guide will share fascinating stories about the restaurants, local businesses and the rich history and folklore that make south Palafox St. so special. Each tour features a rotating selection of eateries, ensuring a fresh experience every time—and a menu sure to satisfy even the most discerning palate. The tour will meet in front of The Kennedy, 1 S. Palafox Street. **Please Note: Some dietary restrictions can be accommodated; please inform us when booking. This activity involves walking outdoors on sidewalks and crossing streets at designated crosswalks. Participants should be able to walk at a leisurely pace and remain standing for up to an hour and a half.** **Not included in the Unlimited Classes option. This is a prepaid event, so no refunds if cancelled after two weeks before the class start date.*

25-Jun | Thu 4:00 PM - 5:30 PM | \$40

Instructor: Jillian Ferini
The Kennedy



Connect with us on Facebook!

facebook.com/uwfleisurelearning

**Not available on the Unlimited Classes option.*

25-Jun | Thu 10:00 AM - 11:15 AM | \$15

Instructor: Allison Spradlin

Pensacola State College Planetarium, Building 21

Telling the Story of Pensacola through Archaeology

Archaeology allows us to ask new questions and provides new perspectives on how we understand and tell stories of our past. Drawing on examples from over four decades of archaeological excavations undertaken by the University of West Florida in Pensacola, this talk will explore how archaeology offers a different perspective for understanding this historic city's past.

25-Jun | Thu 1:00 PM - 2:15 PM | \$15

Instructor: Mary Minkoff, Ph.D., RPA

Florida Public Archaeology Network

Japanese Tea Ceremony: Next Steps—6 Sessions*

For those who attended the Japanese Tea Ceremony for Beginners, this next session offers an opportunity to continue learning about this meaningful tradition. Building on the basics introduced in earlier classes, we will explore additional elements of the ceremony, including etiquette, tools and the thoughtful rituals that shape the experience. The Japanese tea ceremony emphasizes mindfulness, respect, and harmony, making it both a cultural and reflective practice. This follow-up class provides a deeper appreciation for the art and symbolism behind one of Japan's most treasured traditions. **Not available on the Unlimited Classes option. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

25-Jun to 30-Jul | Thu 2:00 PM - 3:30 PM | \$45

Instructor: Shigeko Honda

UWF Building 71 (International Studies), Japan House

Historic Sacred Heart Hospital Tour*

This tour of the Historic Sacred Heart Hospital offers a unique opportunity to connect with the rich history and architectural splendor of this landmark institution. We will traverse through time and witness the legacy of this historic hospital. This remarkable institution, which first opened its doors in September 1915, holds a special place in both the

the carotid artery and explore the eye, brain, ear and heart. Then, shrink into a cell to explore its nucleus and DNA within. Discover how DNA programs the body's cells to form the circulatory and nervous systems, and watch from inside as we use lasers to fight disease at the cellular level.

CLASSES

history of Pensacola and the broader context of healthcare in Florida. Our tour offers a rare opportunity to discover the captivating history and architectural beauty of this late Gothic Revival building that has served as a symbol of healing and compassion for over a century. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour on flat surfaces. The venue is accessible.** **Not available on the Unlimited Classes option.*

2-Jul | Thu 10:00 AM - 11:30 AM | \$20

Instructor: Aaron Ritz
Historic Sacred Heart Hospital

Planning Ahead: Navigating Dementia with Knowledge and Confidence—3 Sessions

Planning for the possibility of a dementia diagnosis can

help protect both your wishes and your family's future. In this three-week series, attorney Kimberly Sullivan of Coastal Estate Planning & Elder Law will discuss important steps individuals and families can take to prepare for potential cognitive decline. Topics will include legal planning, protecting assets, understanding care options, and making decisions before a crisis occurs. This informative series is designed to help participants feel more confident navigating the complex legal and personal considerations that can come with dementia.

9-Jul to 23-Jul | Thu 10:00 AM - 11:15 AM | \$20

Instructor: Kimberly Sullivan
Florida Public Archaeology Network

Friday

Celebration of Women: Collaborative Art Exhibit at Luna Fine Art Gallery

Experience the creativity of the local art community during a visit to Luna Fine Art Gallery on Pensacola Beach. We will explore the gallery's annual Celebration of Women exhibit, which highlights the work of both professional and student artists from the area. This year's theme, "Collaborations," brings a unique twist—artists partnered together to create pieces that were submitted for jurying in the show. During our visit, we'll learn about the gallery's mission to support local artists and promote their work through exhibitions and special commissions, including artwork featured in regional hotels. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour and fifteen minutes on flat surfaces. The venue is accessible.**

29-May | Fri 10:00 AM - 11:15 AM | \$15

Instructor: Lisa Puzon
Luna Fine Art Gallery

North Hill with Go Retro: Pensacola's Grand Homes*

Climb aboard a Go Retro vehicle for a tour of the historic North Hill neighborhood. Established during Pensacola's lumber boom and developed over the next 100 years, North Hill features one of the city's most diverse collections of architectural styles and is listed on the National Historic Register. The tour is video-guided by veteran realtor Barbara Odom Westholm, who shares expert insight into the area's most noteworthy homes. If we're lucky, the experience may even conclude with a brief



EVENT SPOTLIGHT:

Tai Chi for Arthritis: A Path to Wellness

Join Mary Murkland, a certified instructor with the Tai Chi for Health Institute, for an insightful session on how Tai Chi can improve mobility and reduce pain for individuals with arthritis. Mary will guide you through a gentle, low-impact warmup and then demonstrate the program. Whether you're new to Tai Chi or looking for ways to manage arthritis symptoms, this session offers a valuable approach to living better through mindful movement. **Exercise provides great benefits, but only you know your own body and limits. Please consult your health care professional with any questions or concerns before starting any exercise program.**

9-Jul | Thu 1:00 PM - 2:15 PM | \$15

Instructor: Mary Murkland
Florida Public Archaeology Network

walk-through of a North Hill home. **Participants will need to be able to climb up the stairs into the bus.** **Not included in the Unlimited Classes option. This is a prepaid event and is nonrefundable.*

29-May | 2:30 PM - 4:30 PM | \$35

Go Retro

Spotting Scams: Staying Safe in a Digital World

Scams are becoming increasingly sophisticated, making it more important than ever to know what to watch for. In this informative session, Cybersecurity student Colleen Campbell will discuss common scams that are gaining popularity—including online, phone and email schemes. Participants will learn practical ways to recognize warning signs, protect personal information and avoid becoming a target. The class will also explore why scammers operate the way they do, offering insight into the tactics used to manipulate victims. This session provides helpful knowledge for staying safer in today's digital world.

12-Jun | Fri 10:00 AM - 11:15 AM | \$15

Instructor: Colleen Campbell
UWF Building 78, Room 136

Cardio Drumming: Move to the Beat!

Get your heart pumping and your body moving with cardio drumming—a high-energy workout that combines rhythmic drumming with easy-to-follow cardio exercises. Using stability balls, drumsticks and upbeat music, this class turns fitness into fun while improving coordination, endurance and mood. No experience necessary—just bring your enthusiasm and prepare to drum your way to better health! **Exercise provides great benefits, but only you know your own body and limits. Consult your healthcare professional with any questions or concerns before starting any exercise program.**

12-Jun | Fri 2:00 PM - 3:30 PM | \$15

Instructor: Angela Bush
Azalea Trace Lobby

Summertime in Pensacola

Explore what summer has meant to the city of Pensacola through history in this engaging presentation by local historian Joe Vinson. Joe will share stories about the city's Fourth of July traditions, baseball and other summer sports, and how Santa Rosa Island transformed into the heart of our regional economy. He'll also touch on how residents once coped with challenges such as yellow fever during the hot Gulf Coast summers. This fascinating



EVENT SPOTLIGHT:

Explore the Legends of Fort Pickens

Step back in time as we tour historic Fort Pickens, one of the best-preserved coastal forts in the US. Built in 1834 to defend Pensacola Bay, this massive brick fortress has witnessed everything from the Civil War to Geronimo's imprisonment. As we explore the fort's tunnels, bastions and cannon placements, you'll learn about the soldiers who once stood watch over these waters and the strategic importance of this Gulf Coast landmark. Along the way, we'll highlight architectural features, hidden details and sweeping views that make this site both historically significant and breathtakingly beautiful. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour on outdoor grassy, uneven ground that may include roots or small holes and could be slippery when wet. Sturdy footwear is recommended.** *We will meet in the West Beach parking lot on the right before the entrance to Fort Pickens. All drivers must have a copy of the fee waiver to enter. These will be distributed at the West Beach parking lot prior to driving to the gate. The class starts at 9:00. The class start time is for arriving at West Beach to enter the gate.*

5-Jun | Fri 8:30 AM - 10:30 AM | \$15

Instructor: Casimer Rosiecki
Fort Pickens

look at seasonal life in Pensacola reveals how history, culture and climate have shaped how people experience summer in our coastal city.

26-Jun | Fri 10:00 AM - 11:15 AM | \$15

Instructor: Joe Vinson
Florida Public Archaeology Network

LOCATIONS & DIRECTIONS



UWF Main Campus Locations:

University of West Florida
11000 University Pkwy.
Pensacola, FL 32514

From 110: Take exit 13 (Davis Hwy.) and go north. Stay in the far left lane to follow signs to University Pkwy. Turn left onto University Pkwy. Stay in the right lane and follow University Pkwy. until it ends. **850.473.7468**

Japan House, Building 71

From the UWF main entrance, take a right onto Campus Dr. and get in the left lane. Take the second left into parking Lot BB. The Japan House is located in Building 71. **850.474.2479**

Building 78

From UWF main entrance, take a left on Campus Dr. Building 78 is the first building on the right. During Leisure Learning classes, parking is allowed in Lot A except for Reserved spots.

Center for Fine and Performing Arts (CFPA), Building 82

From UWF main entrance, take a left on Campus Dr. and stay in the right lane until you reach the CFPA. Parking is available in Lots L and M. **850.857.6285**

Historic Pensacola Campus Downtown Locations:

Florida Public Archaeology Network
207 E Main St. Pensacola, FL 32501

Located on the corner of Main and Barracks streets, next to The Fish House. Parking is available behind the FPAN building, off of Barracks St., or on the east side near the park. **850.595.0050**

Other Locations:

Ace Hardware Scenic Highway
1001 Scenic Hwy. Pensacola, FL 32503

Located off Scenic Hwy/US 90 W between E Lee and E Blount Streets next to Apple Market.

Azalea Trace

10100 Hillview Dr. Pensacola, FL 32514

GPS is not reliable for this location. From University Pkwy. going toward campus, you'll turn right on Hillview Dr. and go to the end of Hillview to the security guardhouse and let them know you're here for Leisure Learning. Turn left and follow signs for Pool/Clubhouse/Administration. It's the second set of buildings on the right with a flag in front. **855.497.4117**

Dieu De Buddhist Temple

9603 Nims Ln. Pensacola, FL 32534

Take Nine Mile Rd. to Nims Ln. The temple will be at the end of the lane.

Blue Morning Gallery

21 Palafox Pl. Pensacola, FL 32502

Located downtown on Palafox between W Garden and W Romano Streets.

Bubba's Sweet Spot

**412 S Palafox St.
Pensacola, FL 32502**

Downtown Pensacola. Located on South Palafox St. between Zaragoza and East Main Streets. **850.332.6696**

Chrisoula's Cheesecake Shoppe Bakery and Cafe

**236 W Garden St #2A
Pensacola, FL 32502**

Located downtown Pensacola on Garden St. between North Spring and South Reus Streets. The shop

is in a small strip mall next to other businesses. **850.438.5650**

Easy Going Records

**11 Palafox Pl. Unit C-11E
Pensacola, FL 32502**

Located in the Breezeway on Palafox near the corner of Garden St. & Palafox Pl. Paid parking is available in the back of S Baylen St. **850.826.4084**

Emerald Coast Science Center

**31 Memorial Pkwy SW
Ft Walton Beach, FL 32548**

Take HWY 98 to Memorial Pkwy SW. Take a left on Memorial Pkwy SW. The location will be on the right. **850.664.1261**

Ever'man Cooperative Grocery & Cafe

315 W Garden St. Pensacola, FL 32502

Located downtown on the corner of W Garden and S De Villiers Streets.

First City Bee Co

9 S Palafox St. Pensacola, FL 32502

First City Bee Company is located downtown on Palafox St between Gray Boutique and Blue Morning Gallery.

Five Sisters Blues Cafe

421 W Belmont St. Pensacola, FL 32501

Located in downtown Pensacola, on the corner of Belmont and De Villiers streets. Heading west on Cervantes, take a left on De Villiers and the destination will be on the immediate left when you pass Belmont St. **850.912.4856**

Fleet Feet

**236 W Garden St. Ste 1
Pensacola, FL 32502**

Located downtown Pensacola on Garden St. between North Spring and South Reus Streets. The shop is in a small strip mall next to other businesses. **850. 332.7723**

Fort Pickens

**1233-1235 Fort Pickens Rd.
Pensacola Beach, FL 32561**

We will meet at the Park West parking lot on the right side before the Fort Pickens gate entrance. All drivers must have a fee waiver to enter the park. These will be distributed in the parking lot.

Four Winds International Market

6895 N 9th Ave. Pensacola, FL 32504
Located on the corner of N 9th Ave. and Creighton Rd.

Go Retro

1800 N E St. Pensacola, FL 32501
Located off N E St between W Avery and W Lakeview Streets.

George Bistro & Bar

**6205 N 9th Ave.
Pensacola, FL 32504**
Located on the corner of Schwab Dr. and N 9th Ave.

Historic Sacred Heart Hospital

**1010 N 12th Ave.
Pensacola, FL 32501**
Located on 12th Ave. between Gonzalez and De Soto Streets. Parking is available on Gonzalez side. We will meet inside the front door of the building. **850.432.8900**

Hummingbirds Flowers & Events

**4861 West Spencer Field Rd.
Pace, FL 32571**
Take US90 ALT-E to W Spencerfield Rd/197B. Take a left onto W Spencerfield Rd/197B. The location is in the West Spencerfield Shops shopping center on the left.

Institute for Human and Machine Cognition

**40 S Alcaniz St.
Pensacola, FL 32502**
Located downtown on S Alcaniz St. next to St. Michael's Cemetery. Street parking is available on S Alcaniz St. and behind the building on S Florida Blanca St. **850.202.4462**

J.W. Renfroe Pecan Co.

**2400 W Fairfield Dr.
Pensacola, FL 32505**
From I-110S, take Fairfield exit and head east. Travel until you reach S St. and take a right, the destination will be on the left. **850.432.2083**



UWF Center for Fine and Performing Arts

Luna Fine Art Gallery

**Hilton Pensacola Beach
12 Via De Luna Dr.
Pensacola Beach, FL 32561**
Located inside the Hilton on Pensacola Beach. Take Via De Luna Dr. The location will be on the right. **850.382.6637**

Mrs. Jones Cold Brew Coffee

**1449 W Nine Mile Rd. Ste 17
Pensacola, FL 32534**
Heading north on US-29 (Pensacola Blvd). Turn right onto W 9 Mile Rd. Drive a few miles. The shop will be in Suite 17 (in a shopping plaza). **850. 972.8757**

Ochsner Novant Health 65 Plus

**1095 E Nine Mile Rd.
Pensacola, FL 32514**
Located off East Nine Mile Rd. between Chisholm and Airway Dr.

Pensacola Bay Brewery

225 Zaragoza St. Pensacola, FL 32502
Located in the Historic District downtown on the corner of Zaragoza and S Adams Streets.

Pensacola State College Planetarium

1000 College Blvd. Pensacola, FL 32504
Enter campus from Airport Blvd. across from Steak N Shake. You will be right in front of the planetarium. Parking is available in front of the planetarium in building 21, except for the fac/staff green painted curbs. **850.484.1238**

Pensacola Museum of Art

470 S. Jefferson St. Pensacola, FL 32501
Located downtown on the corner of Jefferson and Main St. Directly across the street from the Pensacola Little Theatre/Pensacola Cultural Center. **850.432.6247**



Florida Public Archaeology Network

Regeneration Station

7170 N 9th Ave. Pensacola, FL 32504
Located off N 9th Ave. next to World Gym and between Keating and Creighton Roads.

Sarah Soule Webb Studio

126 Palafox Pl. Pensacola, FL 32502
Located downtown on Palafox Pl. between E Romano and E Intendencia Streets.

Sunset Wildlife Connection

997 Cotton Lake Rd. Molino, FL 32577
Take Hwy 29 N to Cotton Lake Rd. Turn right on Cotton Lake Rd. The location will be on the right. **850.490.6917**

The Kennedy

1 Palafox Pl. Pensacola, FL 32502
Located on the corner of Garden and Palafox St.

The Makery

**4857 W Spencer Field Rd.
Pace, FL 32571**
Take US-90 E to W Spencer Field Rd. Take a left onto W Spencer Field Rd. The location will be in the West Spencerfield Shops shopping center.

Top Tier Watersports

**27212 Marina Rd.
Orange Beach, AL 36561**
Take AL-182/Perdido Beach Blvd to Orange Beach. Take a right on AL-161. Take a right on Marina Rd. to the destination.

UF/IFAS Extension

**Escambia County 4-H Youth
3740 Stefani Rd. Cantonment, FL 32533**
Located off Stephani Rd. between W 9 1/2 Mile and W 10 Mile Rd. **850.475.5230**

Voices of Pensacola Multicultural Center

**117 E Government St.
Pensacola FL 32502**
Located in Downtown Pensacola close to the Pensacola Museum of History. There's street parking nearby and public lots around downtown. **850.595.5840**

Wild Honey Frozen Yogurt

1741 E 9 Mile Rd. Pensacola, FL 32514
Located inside University Town Center plaza off E Nine Mile Rd. **850.637.1550**

Bring a Friend! Current members may bring a friend to try out one Leisure Learning class. The class price will apply. If your friend joins Leisure Learning, you AND your friend will receive a credit voucher toward a future class or event.

VOLUNTEERS

Summer 2026 Instructors

Daniel Andreu	Rhonda Ford	Flack Logan	Nic Schuck
Jessica Ayers	James Glass	Kathleen Logan	Connie Smith
Arlene Barnes	Maria Goldberg	Thich Thanh Luong	Meredith Sowell
Natalie Blake	Kellie Graham	Margaret Lynd	Devin Spencer
Beth Bolles	Michele Graham	Mary Minkoff, Ph.D., RPA	Allison Spradlin
Dona Bouchard	Shigeko Honda	Patti Mohan	Beth Stage
Will Bowers	Chrisoula Hulion	Patsy Morgan	Julie Still-Rolin
Adrienne Brendtro	Amy Jasso	Mary Murkland	Kimberly Sullivan
Mariela Bruno	Mollie Johnson	LauraLee Nichols	Mike Thomin
Angela Bush	Stephanie Jones	Lisa Parkinson	Dr. Louise Tolbert
Colleen Campbell	Pam Keen	Lisa Puzon	Joe Vinson
Miles Davis	Hannah Lang	Caitlin Rhea	Christa Wakefield
Chrstine Emmanuel	George Lazi	Aaron Ritz	Theresa Ward
Jillian Ferini	Christopher Levesque	Micaiah Rockwell	Sarah Webb
Hayden Fisher	Yen-Shan Lien	Casimer Rosiecki	

Curriculum Council

David Hoffman Linda Sampson Dr. Louise Tolbert

Want to teach a class?

We are always looking for instructors in basic computers, U.S. and International history, fine arts, music, theater and behind-the-scenes tours. Have an idea for a class? Visit the "Want To Get Involved" page at uwf.edu/leisurelearning and submit an online course proposal.

Interested in volunteering?

To get involved, send an email to leisurelearning@uwf.edu or call 850.473.7468.

Advocate for UWF Leisure Learning

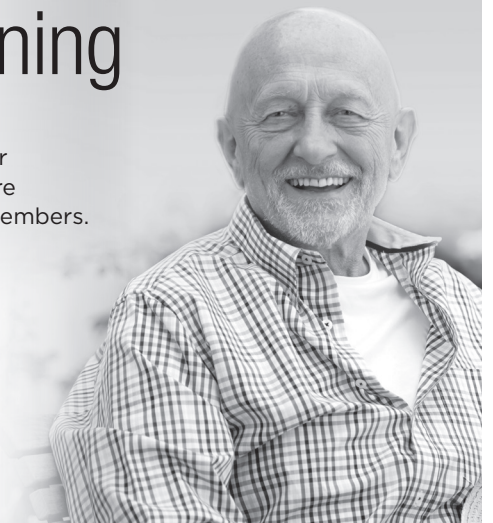
Retirement can be a rewarding experience with participation in programs that foster educational enrichment and growth, like UWF Leisure Learning. Gifts to UWF Leisure Learning are an important factor in enhancing the educational experience for our members.

Your generous support guarantees that we can continue to offer a superb quality programing at an unmatched value.

Please add Leisure Learning to your charitable giving list.

Please make checks payable to:

UWF Foundation - Leisure Learning
11000 University Pkwy., Building 12, Pensacola, FL 32514



Leisure Learning is a program of UWF Continuing Education, a premier regional provider of high-quality credit and non-credit courses, community programming, customized training, CEUs and conference planning. uwf.edu/continuinged

LEISURE LEARNING SUMMER 2026 REGISTRATION FORM

uwf.edu/leisurelearning | leisurelearning@uwf.edu | 850.473.7468

THREE EASY WAYS TO REGISTER!

Phone and online registrations are highly recommended.

- **Online** - uwf.edu/leisurelearning
- **Mail** - Fill out the registration form.
- **By Phone** (Mon - Fri, 9 a.m. to 4 p.m.) - To pay by Visa, Mastercard or American Express, call the Leisure Learning office at 850.473.7468.



Important Information: Credit cards and other forms of payment are accepted. Online and phone registrations are highly recommended. If mailing a check, contact the Leisure Learning office or check classes online to make sure they are not already full.

OFFICE HOURS

Mon - Fri, 9 a.m. to 4 p.m.
(Closed 12 p.m. - 1 p.m.)
Appointments also available upon request.

Building 77, Suite 131
11000 University Pkwy.
Pensacola, FL 32514

Class selections listed on reverse side >>

Check this box if address/info has changed

Name _____

Phone # _____

Address _____

City, State, Zip _____

Email _____



Members who joined LL in **1996** will always remain Charter Members, but your membership must be renewed annually.

The \$40 annual membership fee covers 12 months from the date you join.

- \$40.00 - New Member
- \$40.00 - Renew Annual Membership
- No fee - Membership Dues are current

Charter Membership (Joined LL in 1996)

- No fee - Renew Charter Member Gratis

Total Class Tuition: _____

Membership Dues: _____

Total Payment Enclosed: _____

Writing a check for class?

Leisure Learning events and classes can fill up quickly and result with a waiting list. If you are paying by check, visit uwf.edu/leisurelearning or call Student Support 850.473.7468 to check availability before mailing payment.

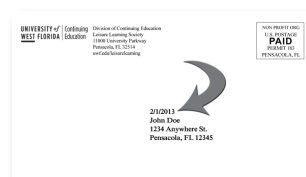
Make check payable to: **Leisure Learning**

Mail this form along with your check to:

University of West Florida
Leisure Learning (Bldg. 77, Suite 131)
11000 University Pkwy., Pensacola, FL 32514

Making a donation?

Please enclose a separate check made out to UWF Foundation - Leisure Learning.



Returning Members, your membership expiration date is shown on your mailing label.

Never stop learning! Register today and enjoy quality instruction and social engagement!

LEISURE LEARNING SUMMER 2026 REGISTRATION FORM

uwf.edu/leisurelearning | leisurelearning@uwf.edu | 850.473.7468

Unlimited Class Option | **\$195**

May

- 5/20** What I Learned from Writing a Memoir | **\$15**
- 5/21** Early Birdwatching at Sunset Wildlife Connection* | **\$48**
- 5/21** Get the Vibes at Easy Going Records | **\$15**
- 5/22** Leisure Learning Overview, Help and Updates+ | **Free**
- 5/26** Get the Buzz: Honey and More at 1st City Bee Co. | **\$15**
- 5/26** Innovation in Action: Tour of Florida Institute for Human and Machine Cognition (IHMC) | **\$15**
- 5/27** Market Update: What You Need to Know | **\$15**
- 5/27** The Wonderful World of Herbs with Beth Bolles | **\$15**
- 5/28** Dolphin Cruise Adventure in Orange Beach* | **\$28**
- 5/29** Celebration of Women: Collaborative Art Exhibit at Luna Fine Art Gallery | **\$15**
- 5/29** North Hill with Go Retro: Pensacola's Grand Homes* | **\$35**

June

- 6/01** Discover Korean Culture | **\$15**
- 6/01** Introduction to Mahjong—2 Sessions | **\$20**
- 6/02** Bookies: "The Secret Life of Sunflowers" | **\$15**
- 6/02** Cold Brew 101 with Mrs. Jones Cold Brew Coffee | **\$15**
- 6/03** Exploring History and Flavor: A Visit to Five Sisters Blues Cafe | **\$15**
- 6/04** Leadership As Lived by an 'Average' Navy Fighter Pilot | **\$15**
- 6/04** Living a Life that Matters | **\$15**
- 6/05** Explore the Legends of Fort Pickens | **\$15**
- 6/08** Nonprofit Spotlight: RSVP of Northwest Florida | **Free**
- 6/08** Gentle Giants: Manatees and More | **\$15**
- 6/09** Pensacola's Maritime History | **\$15**
- 6/09** Local Artist Spotlight: Muralist Daniel Andreu | **\$15**
- 6/10** Step Into Comfort: Healthy Feet at Fleet Feet | **\$15**
- 6/10** Gallery Visit: Blue Morning Gallery | **\$15**
- 6/11** Visit the Emerald Coast Science Center* | **\$20**
- 6/12** Spotting Scams: Staying Safe in a Digital World | **\$15**
- 6/12** Cardio Drumming: Move to the Beat! | **\$15**
- 6/15** Sweet Treats Workshop at Bubba's Sweet Spot* | **\$18**
- 6/16** Florals at Hummingbirds Flowers & Event | **\$15**
- 6/16** The Lymphatic System with Pam Keen | **\$15**
- 6/17** Fraud Awareness: Smart Strategies for Fraud Prevention | **\$15**
- 6/17** Guided Tour of Voices of Pensacola Multicultural Center | **\$15**
- 6/18** Smart Shopping at Ever'man Cooperative Grocery & Café | **\$15**
- 6/18** Creative Expression: Art Journaling* | **\$15**
- 6/22** Behind the Counter: Ace Hardware Downtown | **\$15**
- 6/23** Ageless Grace: 21 Tools For the Body and Brain | **Free**
- 6/23** Introduction to Chinese Language & Culture | **\$15**

- 6/24** Cake Painting at The Makery* | **\$40**
- 6/25** Planetarium: "The Body Code"* | **\$15**
- 6/25** Telling the Story of Pensacola through Archaeology | **\$15**
- 6/25** Japanese Tea Ceremony: Next Steps—6 Sessions* | **\$45**
- 6/25** Palafox Palate: A Downtown Dining Adventure* | **\$40**
- 6/26** Summertime in Pensacola | **\$15**
- 6/30** From Family History to Published Book: The Making of "The Westcott Story" | **\$15**
- 6/30** Candle Making Workshop at Pensacola Candle Company* | **\$40**

July

- 7/01** Hauntings & History of Downtown Pensacola* | **\$20**
- 7/01** Culinary Conversation at George Bistro + Bar | **\$15**
- 7/02** Historic Sacred Heart Hospital Tour* | **\$20**
- 7/06** Local Author Spotlight: Patsy Morgan – "Family Foundations of Faith" | **\$15**
- 7/07** Inside the Studio/Gallery with Sarah Soule Webb | **\$15**
- 7/08** Sweet Southern Tradition: J.W. Renfroe Pecan Company | **\$15**
- 7/08** Guided Visit to Pensacola Museum of Art: "The Poetics of Painting"* | **\$20**
- 7/09** Planning Ahead: Navigating Dementia with Knowledge and Confidence—3 Sessions | **\$20**
- 7/09** Tai Chi for Arthritis: A Path to Wellness | **\$15**
- 7/14** Cheesecake Making Demonstration at Chrisoula's Cheesecake Shoppe* | **\$20**
- 7/15** Investing Basics: Building a Financial Foundation | **\$15**
- 7/20** Sacred Spaces: Dieu De Buddhist Temple | **\$15**
- 7/21** Planetarium: "Dinosaur Passage to Pangaea"* | **\$15**
- 7/22** A Taste of the World at Four Winds International Food Market | **\$15**
- 7/22** Local Author Spotlight: "Stone Cold" by James Glass | **\$15**
- 7/27** Story to Stage: A Writing and Performance Workshop—4 Sessions | **\$25**
- 7/28** Buzz on Over for a Sweet Adventure at Wild Honey | **\$15**
- 7/29** Eating for Cellular Health* | **\$20**
- 7/30** Leisure Learning Overview, Help and Updates+ | **Free**

Total Class Tuition: \$ _____

**Not available on the Unlimited Classes option.
+ Multiple class dates to choose from.*

Schedule and location changes are communicated through email.

Registration Opens May 6, 2026.

Phone and online registrations are highly recommended.

Phone and online registrations are recommended. How to Register Online: Visit uwf.edu/leisurelearning. Select "Register Now" to visit the online registration site. Select "Leisure Learning Classes" from the left side navigation.

THREE EASY WAYS TO REGISTER!

Phone and online registrations are highly recommended.

- **Online** - uwf.edu/leisurelearning
- **Mail** - Fill out the registration form.
- **By Phone** (Mon - Fri, 9 a.m. to 4 p.m.) - To pay by Visa, Mastercard or American Express, call the Leisure Learning office at 850.473.7468.



Important Information: Credit cards and other forms of payment are accepted. Online and phone registrations are highly recommended. If mailing a check, contact the Leisure Learning office or check classes online to make sure they are not already full.

OFFICE HOURS

Mon - Fri, 9 a.m. to 4 p.m.
(Closed 12 p.m. - 1 p.m.)

Appointments also available upon request.

Building 77, Suite 131

11000 University Pkwy.
Pensacola, FL 32514

UNIVERSITY OF WEST FLORIDA Nautilus Card Benefits



Leisure Learning members are eligible to purchase a UWF Nautilus card for \$10.

The official UWF identification card can be used for:

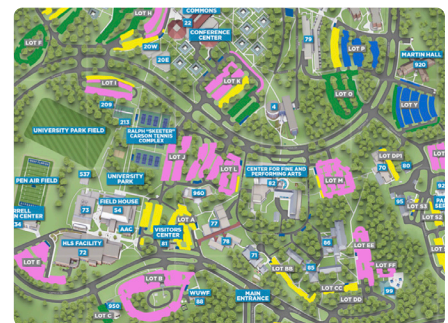
- Checking out books and using the electronic databases at the UWF Library. library.uwf.edu
- An ID for campus events, including \$7 admission to UWF Center for Fine and Performing Arts events (not including additional \$2 service fee). uwf.edu/cfpa

How do I acquire my Nautilus card?

1. Take your membership receipt to the UWF cashier's office (Building 20E) to purchase the \$10 card.
2. Take your payment receipt, membership receipt, and a government issued photo ID to the Nautilus Card office (Building 20W) to have your picture taken and Nautilus Card issued.

Accommodations

If you have accommodation needs, please contact the Student Support Office at 850.473.7468 or leisurelearning@uwf.edu.



LL Member Parking

At the start of each semester, members will receive an emailed link to register for a parking pass. Parking permits are now virtual. Members will receive an email confirmation when their permit is activated.

Parking in unapproved lots or reserved spaces will result in a ticket. If you have followed the parking regulations and are ticketed, please contact the Leisure Learning office so that it can be taken care of.

For more parking information visit: uwf.edu/parking

48-hour cancellation and refund policy

If you are unable to attend your registered class, you must notify the Leisure Learning office at least **48-hours** in advance of the class in order to receive a refund. Any cancellation given less than **48-hours** in advance will not receive a refund. Please be courteous to your volunteer instructors and fellow members by adhering to this policy. **Please Note:** For events that require Leisure Learning to PREPAY, refunds cannot be processed if you are unable to attend.



Leisure Learning
11000 University Pkwy.
Building 77, Suite 131
Pensacola, FL 32514
uwf.edu/leisurelearning

NON PROFIT ORG
US POSTAGE
PAID
PENSACOLA, FL
PERMIT NO 183

UWF LEISURE LEARNING
30TH ANNIVERSARY

Open House

Join us for ice cream, presentations, door prizes,
opportunities to meet fellow Leisure Learners and more.

AUGUST 6, 2026 @ 1-3 PM

**UWF CONFERENCE CENTER
11000 UNIVERSITY PKWY.**



Leisure Learning is a program of UWF Continuing Education, a premier regional provider of high-quality credit and non-credit courses, community programming, customized training, CEUs and conference planning. uwf.edu/continuinged