

Leisure Learning

Fall 2026 Course Guide

Celebrating 30 Years of Community

- Behind the Scenes and Lunch at the Saenger Theatre
- Florida Institute for Human and Machine Cognition Tour
- Pensacola Symphony Orchestra

plus

- Art Journaling
- Pensacola Landmarks Tour
- Pickleball

and more!

**Registration
Opens August 10!**

leisurelearning@uwf.edu

uwf.edu/leisurelearning



Leisure Learning
UNIVERSITY OF WEST FLORIDA

Why Join Leisure Learning?

For 30 years, UWF Leisure Learning has provided stimulating programs for seasoned adults who are interested in joining a spirited community of intellectual contemporaries and lifelong learners.

Our diverse lineup of classes offers you the opportunity to explore Pensacola and the surrounding areas, discover exciting research and ideas or learn new skills—all while making friends.



Become a member and start attending classes this Fall!

1. Review this catalog and select your classes.
2. Register and pay for your annual membership and individual classes in one of 3 easy ways. (Page 33)
3. Learn more about ArgoCard benefits for UWF Leisure Learning members. (Page 35)
4. **Enjoy class!**

How does the UWF Leisure Learning membership work?

The \$40 annual membership fee covers 12 months from the date you join. With your membership, you are entitled to:

- Register for all Leisure Learning classes, tours and events.
- A UWF parking pass for parking on the UWF Pensacola campus for classes.
- A course catalog mailed to you every semester.

Learn more about membership perks on Page 35!

Questions? Call us at 850.473.7468.

**Registration Opens August 10!
Classes start August 26!**

Three Easy Ways to Register:

Register for classes online at uwf.edu/leisurelearning, call us at 850.473.7468 or mail in the registration form located in this catalog. More information and office hours on Page 35.



**Give the Gift of
Lifelong Learning**

Buy a Leisure Learning membership gift card! Call 850.473.7468 to order.



Connect with us!
@uwfleisurelearning

Leisure Learning is a program of UWF Continuing Education, a premier regional provider of high-quality credit and non-credit courses, community programming, customized training and CEUs. uwf.edu/continuinged



Continuing Education
UNIVERSITY OF WEST FLORIDA

Celebrating 30 Years of Lifelong Learning

In 2026, we celebrate the 30-year milestone of the University of West Florida Leisure Learning program, a community built on curiosity, connection and the joy of learning.

BY LISA GIBBS

Over the past three decades, UWF Leisure Learning has welcomed adults seeking to explore new ideas, stay active and engage with others who share a passion for lifelong education. What began as a small collection of classes has grown into a signature Continuing Education program that enriches lives across Northwest Florida.

UWF Leisure Learning offers a remarkable variety of experiences that reflect the passion for learning and innovation of its members. One day, you might find yourself captivated by a lecture on Pensacola's rich local history, and the next, exploring the city through a guided tour of its most iconic landmarks and thriving local businesses. Along the way, members often uncover new passions through classes in art, science, literature or wellness, discovering talents and interests they never knew they had. Each experience acts as an invitation to grow, connect and be inspired. The program's success stems from its ability to evolve while staying true to its purpose—to provide engaging, educational opportunities that spark joy, encourage connections and strengthen community ties. UWF Leisure Learning has grown into a vibrant network of over 480 members who bring wisdom and smiles to every classroom and experience.

"Leisure Learning is my favorite activity, and it is perfect for my never-ending curiosity. A priceless program for older adults," shared Shirley Tipton, a UWF Leisure Learning member. Reflecting on the impact the program has had on her life, she added, "I plan to continue being a Leisure Learning student as long as possible. I never want to stop learning."

As we celebrate this tricennial milestone, we recognize all the individuals who have helped make it possible. To our instructors who share their knowledge so generously, our members who fill each session with energy and enthusiasm and our team who ensures every detail runs smoothly, we are deeply grateful.

Julie Still-Rolin, director of UWF Leisure Learning, has seen firsthand the engagement that has shaped the program over the years. "I am constantly inspired by the



Tour of GE Vernova



The Art of Calligraphy



Blue Wahoos Party Deck

passion and connection that have defined this program," she said. "It's an honor to celebrate this milestone alongside our members, instructors, volunteers and supporters."

Looking into the future, we remain committed to inspiring personal growth and lifelong discovery through learning and friendship. The next 30 years promise new opportunities to explore, connect and celebrate the power of lifelong learning.

To explore upcoming courses or become a member, visit uwf.edu/leisurelearning or download our latest catalog.

Topics at a Glance

A Note From the Director



Celebrating 30 Years of Leisure Learning!

Welcome to Fall! As the seasons begin to change, there is no better time to discover something new, reconnect with friends and continue a lifelong love of learning.

This fall is especially meaningful as Leisure

Learning celebrates 30 years of serving our community. For three decades, our staff, members, instructors, volunteers and supporters have made this program a place where curiosity thrives, friendships grow and learning never retires. We are grateful to everyone who has been part of our journey and excited to celebrate this milestone with you.

To mark this special anniversary, we are offering our biggest fall semester yet with 99 classes covering an incredible variety of topics. Whether you're interested in history, science, art, technology, health, travel, literature or hands-on workshops, you'll find opportunities to explore new interests and revisit old favorites. You'll also discover unique tours, engaging discussions and experiences designed to keep you learning, laughing and connecting with others.

At Leisure Learning, we believe education is about more than gaining knowledge. It is about building community, staying active, challenging yourself and finding joy in every stage of life. Every class, trip and event is an invitation to meet new people, share ideas and create lasting memories.

Thank you for being part of the Leisure Learning community. Whether you've been with us for many years or this is your very first semester, we're delighted you're here. Here's to celebrating 30 years together—and to an exciting fall filled with learning, friendship and new adventures.

See you in class!

Sincerely,

Julie Still-Rolin
Director, UWF Leisure Learning

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* Not available on the Unlimited Classes option
+ Multiple class dates to choose from

Important Information: Credit Cards and other forms of payment are accepted. **Online and phone registrations are highly recommended.** If mailing a check, contact the Leisure Learning office or check classes online to make sure they are not full.

MONDAY

Recorder Ensemble Series — 12 Sessions

This multi-week course is tailored for individuals who have successfully completed the Beginner Recorder series. As a continuation of your musical journey, you'll explore the second volume of the textbook utilized in the beginner course, available for \$7.95. In addition to this, we will delve into enriching supplemental literature from the Renaissance era. For any inquiries or clarifications, feel free to get in touch with the instructor, Charles Tucker, at



EVENT SPOTLIGHT

Behind the Scenes at the Saenger Theatre with Lunch*

Go behind the curtain and explore the magic of the historic Saenger Theatre! This guided tour takes you through the theatre's storied past, its stunning architecture and the intricate workings that bring performances to life. You'll also enjoy a delicious lunch prepared by the Perennial Hospitality Group, including a wrap and soup. Whether you're a history enthusiast, theatre lover or just looking for a unique outing, this experience offers a perfect blend of education, entertainment and great food. **This activity involves walking through a large theater. Participants should be able to walk at a leisurely pace and remain standing for up to an hour. The venue is accessible.** **Not included in the Unlimited Classes option. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

31-Aug | Mon 12:00 PM - 1:30 PM | \$25
Instructor: Kristen Carter
Saenger Theater

850.525.8256. Students who have previously attended our beginner classes are encouraged to contact the instructor before registering. We look forward to continuing your recorder journey with us!

31-Aug to 30-Nov | Mon 1:00 PM - 2:30 PM | \$30
Instructor: Charles Tucker
St. Christopher's Episcopal Church

Learning to Play the Recorder — 12 Sessions

The recorder is a pleasant-sounding Renaissance flute. This multi-week course is designed for anyone (with or without previous experience in music) interested in learning how to play the recorder. By the end of the course, students will be playing simple music in four parts. Members of the Pensacola Early Music Consort will team-teach the class, building on the basics of learning one note at a time and how to count rhythms. Soprano, alto, tenor and bass recorders will be used. Students need to purchase a method book and a recorder. Students decide which size instrument they wish to play during the first class meeting. Playing music in a group is an extremely rewarding experience. Commitment to regular attendance and out-of-class practice are necessary to make the most of this course for the group as well as for the individual. Please contact the primary instructor, Charles Tucker, with questions at 850.525.8256.

31-Aug to 30-Nov | Mon 2:30 PM - 4:00 PM | \$30
Instructor: Charles Tucker
St. Christopher's Episcopal Church

Faces of Freedom: Free People of Color of the Julee Cottage

Join public archaeologist Rachel Hines to explore the lives of the free people of color connected to the Julee Cottage. Through stories of the families who lived there over more than a century, discover how ideas about race, identity and freedom evolved throughout Pensacola's history. This engaging talk offers a deeper understanding of the people behind the history and the lasting impact of their experiences on our community.

14-Sep | Mon 10:00 AM - 11:15 AM | \$15
Instructor: Rachel Hines
Florida Public Archaeology Network

Exploring Cultures: Japan

Join instructor Lisa Gibbs for a hands-on cultural experience inspired by her time in Japan. Lisa will guide participants through a few origami tutorials while sharing stories, insights and everyday moments

**EVENT SPOTLIGHT**

Clearing Out the Clutter

What should you keep, what should you toss and how do you even begin sorting through years of accumulated papers and possessions? Archivist Dean DeBolt shares practical advice for organizing and preserving the items that matter most, with a special focus on books, letters, photographs, files and family records. Learn how to decide what has lasting historical, sentimental or practical value—and discover thoughtful ways to manage the “stuff” that fills our homes and lives.

21-Sep | Mon 10:00 AM - 11:15 AM | \$15

Instructor: Dean DeBolt
UWF John C. Pace Library

from her travels across the country. From meaningful traditions to personal adventures, this engaging session blends creativity and storytelling to offer a closer look at Japanese culture.

14-Sep | Mon 2:00 PM - 3:15 PM | \$15

Instructor: Lisa Gibbs
Florida Public Archaeology Network

Retirement Planning After 60: Taxes, Estate Planning & Long-Term Care

Planning for retirement involves more than savings alone. Join financial professionals and estate planning attorney Scott Malleck for an educational overview of retirement income planning, Social Security timing, Medicare considerations, long-term care planning and estate planning basics. Learn about common mistakes to avoid, Required Minimum Distributions, Roth conversion considerations and ways to leave a clear plan for your loved ones. *The views and opinions expressed do not represent Leisure Learning, the Leisure Learning staff and/or any contributors to the program.*

21-Sep | Mon 1:00 PM - 2:15 PM | \$15

Instructor: Scott Malleck
Florida Public Archaeology Network

Culinary Medicine at Health & Hope Clinic*

Visit Health & Hope Clinic, a volunteer-driven medical clinic providing free health care to the uninsured and underserved in our community, for a unique and inspiring class including a physician-led cooking demonstration focused on evidence-based medicine for kidney health. After the demonstration, we'll enjoy a delicious, nutritious meal together and take a guided tour of the clinic to learn more about its mission, services and the dedicated volunteers who make it all possible. Come hungry for knowledge and good food—and leave with tools and recipes to nourish both body and spirit! *The views and opinions expressed do not represent Leisure Learning, the Leisure Learning staff and/or any contributors to the program. Always seek the advice of your physician or other qualified health provider with any questions you may have.*

**Not available on the Unlimited Classes option.*

28-Sep | Mon 10:00 AM - 11:30 AM | \$20

Instructor: Erin Mayfield
Health & Hope Clinic

Exploring the Heart of Tanzania: Early Childhood and Primary Education

From the slopes of Kilimanjaro to Zanzibar, the Serengeti Plain, Lake Victoria and the central plateau, Tanzania is a land of many languages, beautiful people and awe-inspiring scenery. In this presentation, Roslyn Guyette will share her experiences of Tanzania and a glimpse into the lives of children in this spectacular country. She will also share details about a preschool and a project aimed at keeping girls in school, both of which are dear to her heart and sure to captivate your interest.

5-Oct | Mon 10:00 AM - 11:15 AM | \$15

Instructor: Rosalyn Guyette
Florida Public Archaeology Network

Nonprofit Spotlight: Kiwanis Club of Pensacola

Discover how the Kiwanis Club of Pensacola has been making a lasting impact in our community through service, leadership and support for local children and families. Learn about the organization's history, ongoing projects, scholarships and volunteer opportunities while hearing inspiring stories of community involvement.

Classes

Whether you are passionate about civic engagement, curious about local nonprofits or simply looking for ways to connect and give back, this spotlight offers a closer look at one of Pensacola's longstanding service organizations.

5-Oct | Mon 2:00 PM - 3:15 PM | Free

Instructor: Jack Gander

Florida Public Archaeology Network

Murder & Mayhem in Downtown Pensacola: A Walking Tour

Step back in time with Leisure Learning Director Julie Still-Rolin as she unravels chilling tales of murder and mayhem that once gripped the streets of Downtown Pensacola. From tragic romances to intricate conspiracy theories, including the infamous JFK assassination, these stories will send shivers down your spine. Discover the haunting secrets that linger in the very places where you shop, dine and enjoy your evenings. Prepare to be captivated and intrigued by the hidden past of Pensacola, and wonder



EVENT SPOTLIGHT

Unlocking Flavor: An Exploration of Olive Oil at Bodacious Olive

Olive oil is a golden elixir proven to contribute to longevity and sustained health. Join us for an exploration of its nutritional value, taste profiles and recipes at Bodacious Olive. Learn about the varieties of olive oil as well as how to pair olive oil with vinegar to enhance your own dishes to new heights of flavor and health. Don't miss this immersive experience celebrating the artistry and benefits of olive oil. This class will meet downstairs where the oils and vinegars are located.

12-Oct | Mon 10:00 AM - 11:30 AM | \$15

Instructor: Alicja Donlon

Bodacious Shops Downstairs

who or what might still be lurking in the shadows.

12-Oct | Mon | \$15

Session #1: 1:30 PM - 2:30 PM

Session #2: 3:00 PM - 4:00 PM

Instructor: Julie Still-Rolin

One Palafox Place Breezeway

Lunch at Angelena's: A Taste of Italian-Inspired Tradition*

Join us for a delicious lunch at Angelena's, a modern Italian restaurant rooted in Pensacola's rich culinary history. Named after Angelena Giardina, a Sicilian immigrant whose family helped shape the city's food culture, this elegant downtown eatery blends timeless Italian flavors with local Gulf Coast ingredients. Angelena's is part of the Great Southern Restaurants family and offers a vibrant, upscale atmosphere perfect for a leisurely lunch including a choice of entree: chicken caesar salad, lasagna or rigatoni & meatball alla vodka and a cannoli for dessert. **Not available on the Unlimited Classes option.*

19-Oct | Mon 11:00 AM - 12:30 PM | \$45

Instructor: Maria Goldberg

Angelena's Ristorante Italiano

Theatre Transcending Tragedy: Finding Hope Through "Come From Away"

How can theatre help us process difficult moments in history? Join Connie Smith, UWF Assistant Professor of Scenic & Lighting Design, for a behind-the-scenes look at the production of "Come From Away" to see the creative process of bringing this powerful story to the stage. This musical tells the true story of the residents of Gander, Newfoundland, who welcomed thousands of stranded airline passengers on Sept. 11, 2001. Discover how theatre can illuminate themes of compassion, resilience and community in the face of tragedy.

26-Oct | Mon 10:00 AM - 11:15 AM | \$15

Instructor: Connie Smith

UWF Building 82, CFPA Lobby

Ageless Grace: 21 Tools for the Body and Brain

Discover the joy and benefits of Ageless Grace in this engaging class led by Jessica Ayers at Ochsner Novant Health 65 Plus. Ageless Grace is a brain fitness program that uses simple, creative movements set to music to stimulate the brain, increase joint mobility and support balance and coordination. All movements are performed

while seated, making the program accessible and enjoyable for participants of all fitness levels. Come ready to move, laugh and experience how playful movement can help keep both the mind and body active. **Exercise provides great benefits, but only you know your own body and limits. Consult your healthcare professional with any questions or concerns before starting any exercise program.**

Session #1: 26-Oct | Mon 1:00 PM - 2:15 PM

Session #2: 3-Nov | Tue 10:00 AM - 11:30 AM

Free

Instructor: Jessica Ayers

Ochsner Novant Health 65 Plus

Hidden Treasures Tour: Discover the Campus Gems

Hop on a golf cart with Leisure Learning director Julie Still-Rolin to explore the hidden corners of our campus during this unique Hidden Treasures Tour. From tucked-away gardens and secret art installations to serene spaces perfect for reflection, you'll discover spots that inspire, delight and connect you more deeply to the campus community. These treasures remind us that sometimes the most remarkable discoveries are found where we least expect them. Enjoy a relaxed, guided tour that reveals the beauty, creativity and quiet magic of our

campus landscape. **Park in Lot A Faculty/Staff to board your golf cart. Participants should be able to board a golf cart as well as walk at a leisurely pace.**

2-Nov | Mon 10:00 AM - 11:30 AM | \$15

Instructor: Julie Still-Rolin

UWF Building 78, Parking Lot A

Downtown Pensacola Parking Workshop

The City of Pensacola is teaming up with UWF Leisure Learning to present a public workshop for people who want to learn all about parking downtown in City-managed spaces. Workshop guests will learn how to easily recognize City parking vs. privately-managed parking, where to find free parking, how to obtain a City-resident senior discount, how to load and use the parking app, how to use a pay machine and how to navigate the official parking website to locate available parking, free parking, rates, how to pay and more. Attendees also have the opportunity to learn how parking dollars are invested back into the community, meet the downtown parking team, provide feedback and ask questions.

2-Nov | Mon 2:00 PM - 3:15 PM | Free

Instructor: Lissa Dees

Florida Public Archaeology Network



October 2 - 10



November 6 - 15



February 12 - 21



April 9 - 18

Discounted tickets for Leisure Learners with an ArgoCard.

uwf.edu/cfpa



Department of Theatre
UNIVERSITY OF WEST FLORIDA

A Year with the Oneida: Life, Learning and Service on a Tribal Reservation

Join Dr. Louise Tolbert as she shares the story of her year living and volunteering on the Oneida Reservation near Green Bay, Wisconsin. After taking a leave of absence from teaching, she immersed herself in the community, living in the tribal center, establishing a library at the school and working in the health center. Through personal stories and firsthand experiences, Dr. Tolbert offers a unique glimpse into Oneida culture, community life and the meaningful connections she formed during this unforgettable year.

9-Nov | Mon 10:00 AM - 11:15 AM | \$15

Instructor: Dr. Louise Tolbert

Florida Public Archaeology Network

Finding Your Voice: An Introduction to Voice Acting

In what could be the most enlightening presentation you've ever attended, join a professional voice coach who



EVENT SPOTLIGHT

The Happiest Place on Earth? Disney Through the Lens of History

Join Dr. Nathan Smith for a fascinating look at the history beyond the rides, characters and attractions of Disney. Drawing on his research into the history of Disney parks and their workforce, Dr. Smith explores how Disney became a cultural and economic force that shaped tourism, entertainment and the modern service economy. Whether you're a lifelong Disney fan or simply interested in American history, this presentation offers a unique perspective on one of the world's most influential companies.

16-Nov | Mon 1:00 PM - 2:15 PM | \$15

Instructor: Dr. Nathan Smith

Florida Public Archaeology Network

will show you how you can begin using your speaking voice for commercials, films, videos and more. In this introductory class, you will learn about a unique, outside-the-box way to break into this creative, fulfilling and potentially lucrative industry. Voice-overs can be managed on your own terms, your own turf, in your own time and with minimal overhead. Whether you choose to pursue voice-overs part- or full-time, this could be the game-changer you've been looking for. In addition to instruction, you will be given the opportunity to book a 1-on-1 script read and voice evaluation with the instructor. *Note: This class is held at FPAN. However, the instructor, Lisa Foster, will be joining virtually for the presentation.*

9-Nov | Mon 1:00 PM - 2:30 PM | \$15

Instructor: Lisa Foster

Florida Public Archaeology Network

¡Hola! A Cure for Monolingualism

Join retired Spanish teacher Dr. Sally Crenshaw as she explores the many benefits of studying and speaking more than one language—from cultural connections to cognitive health. Along the way, you'll be introduced to some basic Spanish vocabulary and phrases while discovering why it's never too late to become a language learner. You won't leave this class speaking Spanish, but you may leave inspired to learn a new language.

16-Nov | Mon 10:00 AM - 11:30 AM | \$15

Instructor: Dr. Sally Crenshaw

Florida Public Archaeology Network

TUESDAY

Exploring the Science Behind AI at Pensacola MESS Hall*

Discover the science behind artificial intelligence during this interactive visit to the Pensacola MESS Hall. Participants will engage in hands-on activities that demonstrate the fundamental concepts behind AI. These engaging experiences will encourage participants to explore new ideas about AI and discover how creativity, innovation and critical thinking influence the technological world we live in. This fun and accessible program is designed to inspire curiosity, encourage exploration and spark a love of learning for all ages. **Not included in the Unlimited Classes option. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

1-Sep | Tue 10:00 AM - 11:30 AM | \$15

Instructor: Kathryn Herron

Pensacola MESS Hall



EVENT SPOTLIGHT

Tai Chi for Arthritis — 8 Sessions

Join Mary Murkland, a certified instructor with the Tai Chi for Health Institute, for an 8-week series exploring how gentle Tai Chi movements can improve mobility, balance and overall well-being for individuals living with arthritis. Each session includes guided warmups, low-impact movement instruction and supportive practice designed to help reduce pain, increase flexibility and support better daily movement. Whether you are new to Tai Chi or looking for additional ways to manage arthritis symptoms, this welcoming series offers an accessible approach to healthy aging through mindful movement. **Exercise provides great benefits, but only you know your own body and limits. Please consult your health care professional with any questions or concerns before starting any exercise program.**

1-Sep to 27-Oct | Tue 1:00 PM - 2:15 PM | \$30

Instructor: Mary Murkland

Florida Public Archaeology Network

Local Author Spotlight: James Glass – “Stone Cold”

Join local author James Glass for a Spotlight on his gripping thriller “Stone Cold.” The novel follows Detective Rebecca Watson as she tracks a dangerous serial killer in Eugene Falls, Fla., while confronting challenges from her past during a high-stakes retrial. James will share insights into his writing process, the inspiration behind the story and the craft of building suspenseful, character-driven fiction. Participants will have the chance to discuss the book, hear behind-the-scenes stories and connect with a Pensacola-based author in an engaging and enlightening session.

8-Sep | Tue 10:00 AM - 11:15 AM | \$15

Instructor: James Glass

Florida Public Archaeology Network

Panzik Acres: Farm Tour & Animal Encounter*

Have a delightful time at Panzik Acres, where you’ll experience life on a working farm and meet some of its friendly animal residents. During this guided visit, you’ll learn about the farm, its animals and the daily care that goes into maintaining a thriving agricultural operation. Enjoy an up-close animal encounter and discover the important role farms play in our community. This hands-on experience is perfect for animal lovers and anyone curious about farm life. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour and fifteen minutes on uneven, outdoor grassy ground that may include roots or small holes and could be slippery when wet. Participants must wear closed-toe shoes and complete a liability waiver prior to the visit.** **Not included in the Unlimited Classes option. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

8-Sep | Tue 1:00 PM - 2:30 PM | \$20

Instructor: Whitney Panzik

Panzik Acres

Behind the Scenes: UWF Mechanical Engineering at the Port

Hop in a van for a unique behind-the-scenes look at what UWF’s Mechanical Engineering Department is doing at the Port of Pensacola! Dr. Michael Reynolds, department chair and a driving force behind its creation, will lead the tour and share how the program has grown since launching in 2016 in response to regional industry needs. From curriculum development to hands-on research, Dr. Reynolds brings insight and enthusiasm to engineering education, and now he’s bringing us along to see innovation in action. **Participants should be able to enter and exit a passenger van.**

15-Sep | Tue 10:00 AM - 11:30 AM | \$15

Instructor: Dr. Michael Reynolds

Port of Pensacola

Nonprofit Spotlight: Waterfront Rescue Mission

Go behind the scenes at Waterfront Rescue Mission and discover how this longtime nonprofit serves individuals and families in need throughout our community. During this guided campus tour, guests will learn about the Mission’s programs and services while visiting the dorms, kitchen, laundry facilities, day resource center and outdoor spaces. Gain a deeper understanding of the

organization's daily operations, the challenges faced by those experiencing hardship and the many ways the Mission provides hope, support and practical assistance. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour on flat surfaces. The venue is accessible.**

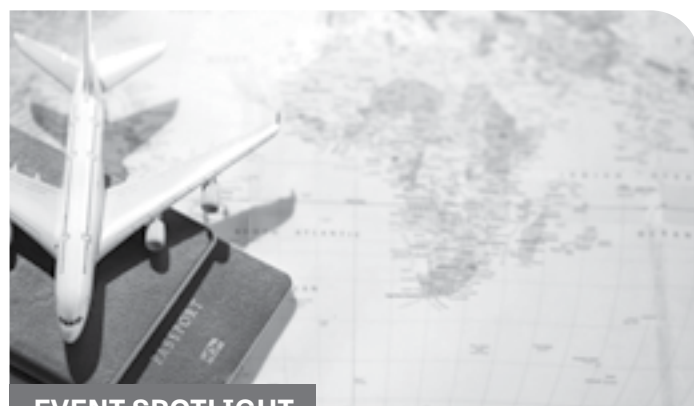
15-Sep | Tue 1:00 PM - 2:00 PM | Free

Instructor: Mark Isbell

Waterfront Mission

Behind the Scenes at the Port of Pensacola

Following an in-depth presentation, students will climb aboard a van for a tour of The Port of Pensacola, Northwest Florida's most diverse deep-water port. Discover how this 55+ acre industrial facility operates—from shipping and logistics to offshore vessel repair to being the home of the America's Cup sailing team, American Magic. Learn how the port balances global commerce with hometown values, offering a closer look



EVENT SPOTLIGHT

Argos Abroad: Lunch and Learn with UWF Alumni Travel Program

Indulge your wanderlust and join us for a captivating Lunch and Learn with the UWF Alumni Travel Program! Embark on a journey of discovery as we showcase the incredible opportunities to explore the world alongside your fellow Argos. Your adventurous spirit will soar with tours meticulously curated by the seasoned experts at Collette Travel. Uncover the exciting details of upcoming travel experiences, learn about the destinations, and get ready to make memories with your UWF alumni community.

22-Sep | Tue 10:00 AM - 11:30 AM | \$15

Instructor: Teresa Burgess

Argonaut Athletic Club, UWF Building 54

at one of Pensacola's most vital and fascinating economic engines. **Participants should be able to enter and exit a passenger van.**

6-Oct | Tue | \$15

Session #1: 10:00 AM - 11:15 AM

Session #2: 11:30 AM - 12:45 PM

Instructor: Lance Scott

Port of Pensacola

Sacred Spaces: Lutheran Church

As part of our Sacred Spaces series, enjoy a guided visit to a local Lutheran church and explore its history, architecture and place in the community. Learn about the design elements, artwork, symbols and craftsmanship that make this building unique while discovering how it has evolved over the years. Whether you are interested in local history, architecture or cultural heritage, this visit offers a captivating look at a significant community landmark. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour on flat surfaces. The venue is accessible.**

13-Oct | Tue 10:00 AM - 11:30 AM | \$15

Instructor: Pastor Brad Beckman

Good Shepherd Lutheran Church & School

Exploring Thompson Bayou & the Longleaf Pine Forest

Join Dr. Frank Gilliam for a guided walk through some of the natural areas on the University of West Florida campus. Beginning at the bridge over Thompson Bayou, participants will learn about the bayou's ecology and the research that has helped scientists better understand this unique environment. The walk continues along the boardwalk and into the Ball Trails Natural Area, where Dr. Gilliam will discuss the ecology of the longleaf pine ecosystem, ongoing research projects and the importance of conserving these remarkable landscapes. Wear comfortable walking shoes and be prepared to enjoy nature while gaining insights from one of UWF's leading environmental researchers. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour and fifteen minutes on uneven, outdoor grassy ground that may include roots or small holes and could be slippery when wet. Sturdy footwear is recommended. Class will meet in Parking Lot G, Campus Dr. near the entrance of the Edward Ball Nature Trail.**

20-Oct | Tue 10:00 AM 11:30 AM | \$15

Instructor: Dr. Frank Gilliam

UWF Edward Ball Nature Trail

Spirits of Seville: Lunch with Pensacola's Ghosts*

Enjoy lunch at Seville Quarter while exploring the history and legends surrounding one of Pensacola's most storied landmarks. Led by an experienced ghost-hunting guide, this experience combines history, folklore and tales of unexplained encounters connected to the property and surrounding historic district. Participants will have the opportunity to use ghost-hunting equipment and learn about other notable Pensacola haunts. **Participants should be able to walk at a leisurely pace and remain standing for up to thirty minutes on flat surfaces. The venue is accessible.** **Not included in the Unlimited Classes option. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

27-Oct | Tue 11:00 AM - 12:30 PM | \$45

Instructor: Ericka Boussarhane
Seville Quarter

The United States of Opera

Opera has been a part of American culture since before the signing of the Declaration of Independence. Led by Cody Martin, Pensacola Opera's Music Director, in this session we'll take a walk through the history of opera in the United States, looking at performances, artists, opera companies and the broad wealth of compositions that have been written and premiered—from sea to shining sea.

3-Nov | Tue 1:00 PM - 2:15 PM | \$15

Instructor: Cody Martin
Pensacola Opera Company

Strong Foundations: Understanding Bone Health

Join orthopedic specialist Joshua T. Wing for an informative presentation on bone health and the importance of maintaining strong bones and healthy joints as we age. Learn about common orthopedic concerns, risk factors for bone loss, injury prevention and steps you can take to support lifelong mobility and wellness. Joshua will discuss how lifestyle, nutrition, exercise and early intervention



Pickleball – 5 Sessions

Designed for beginners and those looking to build confidence on the court. Participants will learn the fundamentals of pickleball, including rules, scoring, serving, court positioning and basic strategies through guided instruction and plenty of practice. By the end of the series, you'll have the skills and knowledge to enjoy recreational play and continue improving your game. Some loaner paddles will be available, but personal equipment is encouraged. **Pickleball is a physical activity that involves running, quick movements, and swinging paddles. Please wear appropriate athletic shoes and attire. Participation is at your own risk, and all participants will be required to sign a waiver before the first class.**

Class #1: Tue 13-Oct to 10-Nov

Class #2: Thu 15-Oct to 12-Nov

10:00 AM - 11:15 AM | \$25

Instructor: Terry Frech

UWF Building 72 (HLES), Meet in Front Lobby

can help protect bone and joint health. Bring your questions for a conversation focused on keeping you active and healthy.

10-Nov | Tue 1:00 PM - 2:15 PM | \$15

Instructor: Joshua Wing

Florida Public Archaeology Network



Unlimited Classes Discount

Take unlimited classes for only \$210 this Fall!

Call the Leisure Learning office at 850.473.7468 to pay by credit card. Some classes are not eligible for this offer and are marked in this catalog with an asterisk beside the class title. Because of possible schedule or location changes, advance registration is highly recommended for ALL classes. *Please Note: Individual class fee refunds are not available for the unlimited class option if you are unable to attend OR if the class is canceled.*

Retirement Planning: Financial Education Everyone Should Know – Part I

Are you ready for retirement? This informative and approachable session will help you build confidence in your financial future. Learn how to avoid common pitfalls, understand the lifetime income process and discover what financial balance really means. Explore life's four financial hazards, the basics and myths of annuities and whether life insurance should be part of your plan. You'll also gain valuable insight into when it might be best to take Social Security and how to prepare for long-term care needs. *The views and opinions expressed in this discussion are solely those of the contributors and participants. Views and opinions expressed do not represent Leisure Learning, the Leisure*



EVENT SPOTLIGHT

Innovation in Action: Tour of Florida Institute for Human and Machine Cognition (IHMC)

Step inside one of Pensacola's most cutting-edge research institutions for a tour of the Florida Institute for Human and Machine Cognition (IHMC). During our visit, we'll learn how IHMC researchers are advancing the fields of robotics, artificial intelligence, human performance and resilience—work that has implications for national defense, medicine and everyday life. This is a rare opportunity to explore innovation happening right here in our community and better understand the future of human-machine teamwork. **Participants should be able to walk at a leisurely pace and remain standing for up to one hour on flat surfaces. The venue is accessible.**

10-Nov | Tue 1:00 PM - 2:15 PM | \$15

Instructor: Patti Mohan

Institute for Human and Machine Cognition

Learning staff and/or any contributors to the program.

17-Nov | Tue 10:00 AM - 12:00 PM | \$15

Instructor: David Anderson

Florida Public Archaeology Network

Into the Storm: Adventures of a Hurricane Hunter

Local hurricane hunter Alex Boykin presents an exciting look inside the world of tropical weather research. Learn how hurricanes are tracked and studied, what it's like to fly into these powerful storms and how the data collected helps forecasters better understand and predict severe weather. Through stories, photos and firsthand experiences, Alex will share a unique perspective on one of nature's most powerful forces.

17-Nov | Tue 1:00 PM - 2:15 PM | \$15

Instructor: Alex Boykin

Florida Public Archaeology Network

Victorian Christmas Ghost Stories: A Forgotten Holiday Tradition Revisited

Before Christmas became associated with cheerful movies and holiday specials, it was also the season for gathering around the fire to share ghost stories. Join Leisure Learning director Julie Still-Rolin as we explore the fascinating Victorian tradition of Christmas ghost tales through three classic works: "The Old Nurse's Story" by Elizabeth Gaskell, "The Story of the Goblins Who Stole a Sexton" by Charles Dickens and "The Open Door" by Margaret Oliphant. Along the way, we'll discuss the history of Christmas storytelling, Victorian beliefs about the supernatural and why these eerie winter tales became a beloved holiday tradition. *Stories will be emailed prior to the class for reading prior to the class.*

1-Dec | Tue 10:00 AM - 11:15 AM | \$15

Instructor: Julie Still-Rolin

Florida Public Archaeology Network

WEDNESDAY

Rare Books as Friends

Step into the fascinating world of rare books and discover the stories hidden beyond the pages. Explore what makes a book "rare," from unusual printing techniques and intricate bindings to one-of-a-kind editions and historical treasures. Participants will enjoy a guided look at selected works from the special collections of the University Archives and West Florida History Center at the John



EVENT SPOTLIGHT

Guided Tour at the Pensacola Museum of Art*

Enjoy a guided visit to the Pensacola Museum of Art featuring two engaging exhibitions that blend creativity, imagination and innovation. “Enchanted Drawings: The Magic of Animation” is a riveting look at the artistry and history behind animated storytelling. “STEAM 2026” celebrates the intersection of science, technology, engineering, art and mathematics. This special tour offers an opportunity to experience the museum through conversation, discovery and a closer look at the creative process behind the works on display. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour and fifteen minutes on flat surfaces. The venue is accessible.**

**Not included in the Unlimited Classes option. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

2-Sep | Wed 1:00 PM - 2:15 PM | \$15

Instructor: Caitlin Rhea
Pensacola Museum of Art

C. Pace Library, gaining a new appreciation for books as works of art, history and human connection.

26-Aug | Wed 10:00 AM - 11:15 AM | \$15

Instructor: Dean Debolt
UWF John C. Pace Library

Bookies: “Time of the Child” by Niall Williams

Join Dr. Louise Tolbert and fellow Bookies for a discussion of “Time of the Child” by Niall Williams. Set during a transformative Christmas season in the small Irish town of Faha, this compassionate and life-affirming novel explores community, hope and the unexpected ways lives can change. Returning readers may remember Williams’

beloved novel “This Is Happiness,” previously featured in Bookies. Acclaimed author Ann Patchett counts herself among Williams’ admirers while author Karen Joy Fowler praises Faha as a place where “the prose is luminous, the people irresistible, the stories mesmerizing and it never stops raining.” Come discover why readers continue to be captivated by Williams’ unforgettable Irish storytelling.

2-Sep | Wed 10:00 AM - 11:15 AM | \$15

Instructor: Dr. Louise Tolbert
Florida Public Archaeology Network

Azalea Trace Tour

Join us for an exclusive visit to Azalea Trace. During our time at Azalea Trace, we’ll embark on a guided tour of this vibrant community and engage in a thoughtful discussion about the keys to an active, secure and personally fulfilling lifestyle in a place you’ll cherish. Prepare to actively participate, ask insightful questions and absorb as much information as possible during our visit. This experience is tailored for those who are curious and eager to explore life adjacent to the University of West Florida and understand what it’s like for residents in this exceptional community. Guests will make their way to the administration building and gather in the lobby located on the main floor. **Participants should be able to walk at a leisurely pace for up to an hour.**

9-Sep | Wed 10:00 AM - 11:30 AM | \$15

Instructor: Nicole Nelson
Azalea Trace Lobby

Inside HatchMark: A Creative Agency in Action

Take a guided tour of HatchMark’s vibrant studio and meet the creative minds behind some of Pensacola’s most exciting branding and marketing work. This interactive session kicks off with a brief overview of HatchMark as an agency, followed by short talks from each department—covering everything from branding and design to social media and strategy. You’ll gain insight into how their collaborative team brings big ideas to life, and the session wraps with an open Q&A. Come curious and leave inspired!

16-Sep | Wed 10:00 AM - 11:15 AM | \$15

Instructor: Veronique Zayas
HatchMark Studio

Behind the Scenes at Coastal County Brewing Company

Join us at Coastal County Brewing Company for an inside look at the art and science of craft brewing. Participants

Classes

will tour the brewery, learn about the brewing process from grain to glass and discover what goes into creating a variety of unique beers. Along the way, staff will share the brewery's history, explain the equipment and ingredients and discuss the creativity behind developing new flavors. Whether you're a craft beer enthusiast or simply curious about local brewing, this visit offers a fun and informative experience. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour on flat surfaces. The venue is accessible.**

16-Sep | Wed 1:00 PM - 2:15 PM | \$15

Instructor: Rebecca Hinson

Coastal County Brewing Company



EVENT SPOTLIGHT

Introduction to the Japanese Tea Ceremony — 6 Sessions*

Experience the elegance and mindfulness of the Japanese Tea Ceremony in this beginner-friendly series led by Shigeko Honda. Through interactive demonstrations, hands-on practice and engaging presentations, you'll explore the history, philosophy and rituals behind this centuries-old tradition. Enjoy guided tea tastings, learn the art of preparing your tea and take a tour of the Japan House tea room and garden to deepen your understanding of this cultural practice. Whether you're drawn to the ceremony's meditative aspects or its rich heritage, this series offers a unique opportunity to appreciate the beauty and harmony of Japanese tea culture. **Not available on the Unlimited Classes option. Class cost includes two teas with sweets. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

23-Sep to 28-Oct | Wed 12:00 PM - 1:00 PM | \$40

Instructor: Shigeko Honda

UWF Building 71, Japan House

Tech Talk with Igor Zusev: Q&A with an Industry Insider

Have questions about technology? Bring them to this open Q&A session with Igor Zusev, an experienced IT Networking Engineer who has worked with industry giants like Microsoft and Apple. From understanding your devices to following the latest tech trends, Igor will share insights from his experience to help answer your questions and guide you on how to find answers. Whether you're tech-savvy or just trying to keep up, this is your chance to get expert answers in a relaxed, approachable setting. The class will consist of a short lecture on new technology and basic self-protection from scams following with a Q&A.

23-Sep | Wed 10:00 AM - 11:15 AM | \$15

Instructor: Igor Zusev

Florida Public Archaeology Network

Behind the Scenes Tour of Pensacola Airport

Go behind the scenes for an exclusive tour of the Pensacola International Airport, where you'll get an insider's look at the operations that keep our skies safe and efficient. As part of the tour, you'll visit the airport operations center and ride a shuttle on the airfield. This tour offers a rare opportunity to engage with airport personnel, ask questions and gain a deeper understanding of the essential services that support air travel. Don't miss this chance to explore the inner workings of one of Pensacola's key transportation hubs! **Participants should be able to walk at a leisurely pace and remain standing for up to an hour on flat surfaces. The venue is accessible.**

23-Sep | Wed 2:00 PM - 3:30 PM | \$15

Instructor: Todd Payne

Pensacola International Airport

Ice Cream Delight: A Visit to Fannie Lou's

Scoop up some fun at Fannie Lou's Ice Cream for a sweet look at one of Pensacola's favorite local spots. Learn the history of this beloved ice cream shop, discover how their handcrafted flavors are made and hear what makes their creative treats so popular in the community. And no visit would be complete without enjoying a few delicious samples along the way!

30-Sep | Wed 11:00 AM - 12:00 PM | \$15

Instructor: Gary Rhodes

Fannie Lou's Ice Cream Shop

CLASSES CONTINUED ON PAGE 21

AUGUST 2026 CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24	25	26	27	28	29
			10 AM - 11:15 AM Rare Books as Friends 1 PM - 2:15 PM Leisure Learning Overview, Help and Updates	2 PM - 4 PM Bunnychick Haven	10 AM - 11:15 AM Let's Discuss: Conversations of Interest About... 1 PM - 2:15 PM "Cheers" and "Frasier"	
30	31	1	2	3	4	5
	12 PM - 1:30 PM Saenger Theatre with Lunch 1 PM - 2:30 PM Recorder Ensemble 2:30 PM - 4 PM Play the Recorder	10 AM - 11:30 AM Pensacola MESS Hall 1 PM - 2:15 PM Tai Chi for Arthritis	10 AM - 11:15 AM Bookies: "Time of the Child" 1 PM - 2:15 PM Guided Tour at the Pensacola Museum of Art	10 AM - 11:30 AM Apple Market 1 PM - 2:15 PM Balance & Falls Workshop	10 AM - 11:15 AM Let's Discuss: Conversations of Interest About... 1 PM - 2:15 PM "Cheers" and "Frasier"	

Bring a Friend! Current members may bring a friend to try out one Leisure Learning class. The class price will apply. If your friend joins Leisure Learning, you AND your friend will receive a credit voucher toward a future class or event.



UWF NOTICE: CLOSURES FOR WEATHER

University officials closely monitor weather conditions impacting our area. A UWF closure is a suspension of normal university activities. In the event that the university closes for inclement weather, Leisure Learning classes are also canceled—regardless of where the class is located.

Tune to WUWF Radio-88.1 for cancellation announcements. Emergency information will also be available at uwfemergency.org and UWF social media accounts.

EVENT SPOTLIGHT

Leisure Learning Overview, Help and Updates

Join Julie Still-Rolin for a free informative class designed to empower you to navigate your experience with Leisure Learning with confidence. Julie will offer a comprehensive overview of the program. You'll receive personalized guidance on the registration process, an overview of the campus and parking and other valuable information. Say goodbye to the stress of registration woes and hello to a world of enjoyable learning experiences. She will also provide any changes and updates to the program and offer time for feedback and questions. Whether you're a seasoned participant or new to the program, Julie's expertise will enable you to make the most out of your membership.

Session#1: 26-Aug | Wed 1:00 PM - 2:15 PM

Free

Session#2: 1-Dec | Tue 1:00 PM - 2:15 PM

Florida Public Archaeology Network



SEPTEMBER 2026 CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
	12 PM - 1:30 PM Saenger Theatre with Lunch 1 PM - 2:30 PM Recorder Ensemble 2:30 PM - 4 PM Play the Recorder	10 AM - 11:30 AM Pensacola MESS Hall 1 PM - 2:15 PM Tai Chi for Arthritis	10 AM - 11:15 AM Bookies: "Time of the Child" 1 PM - 2:15 PM Guided Tour at the Pensacola Museum of Art	10 AM - 11:30 AM Apple Market 1 PM - 2:15 PM Balance & Falls Workshop	10 AM - 11:15 AM Let's Discuss: Conversations of Interest About... 1 PM - 2:15 PM "Cheers" and "Frasier"	
6	7	8	9	10	11	12
	Labor Day	10 AM - 11:15 AM James Glass "Stone Cold" 1 PM - 2:30 PM Panzik Acres 1 PM - 2:15 PM Tai Chi for Arthritis	10 AM - 11:30 AM Azalea Trace Tour	10 AM - 11:15 AM Visit to the Ella Jordan Home Museum 1 PM - 2:15 PM Planetarium: "Earth's Wild Ride"	10 AM - 11:15 AM Let's Discuss: Conversations of Interest About...	
13	14	15	16	17	18	19
10 AM - 11:15 AM Faces of Freedom 2 PM - 3:15 PM Exploring: Japan 1 PM - 2:30 PM Recorder Ensemble 2:30 PM - 4 PM Play the Recorder		10 AM - 11:30 AM UWF Mechanical Engineering at the Port 1 PM - 2 PM Waterfront Rescue Mission 1 PM - 2:15 PM Tai Chi for Arthritis	10 AM - 11:15 AM Inside HatchMark 1 PM - 2:15 PM Coastal County Brewing Company	10:30 AM - 11:45 AM Bocce Ball for All 12 PM - 1:30 PM Azalea Trace Lunch: Chicago!	10 AM - 11:15 AM Let's Discuss: Conversations of Interest About... 2:30 PM - 4:30 PM North Hill with Go Retro	
20	21	22	23	24	25	26
10 AM - 11:15 AM Clearing Out the Clutter 1 PM - 2:15 PM Retirement Planning After 60 1 PM - 2:30 PM Recorder Ensemble 2:30 PM - 4 PM Play the Recorder	10 AM - 11:30 AM Argos Abroad: Lunch and Learn 1 PM - 2:15 PM Tai Chi for Arthritis	10 AM - 11:15 AM Tech Talk with Igor Zusev 12 PM - 1 PM Introduction to the Japanese Tea Ceremony 2 PM - 3:30 PM Pensacola Airport	10:30 AM - 11:45 AM Bocce Ball for All 1 PM - 2:30 PM Santa Rosa Band on the Lower Muscogee	10 AM - 11:15 AM Let's Discuss: Conversations of Interest About... 1 PM - 2:15 PM Free Speech in the American Workplace		
27	28	29	30	1	2	3
10 AM - 11:30 AM Culinary Medicine at Health & Hope Clinic 1 PM - 2:30 PM Recorder Ensemble 2:30 PM - 4 PM Play the Recorder	1 PM - 2:15 PM Tai Chi for Arthritis	11 AM - 12 PM Fannie Lou's 12 PM - 1 PM Introduction to the Japanese Tea Ceremony	10:30 AM - 11:45 AM Bocce Ball for All 10:30 AM - 12:00 PM New Yorker Deli	10 AM - 11:15 AM Let's Discuss: Conversations of Interest About...		

OCTOBER 2026 CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
	10 AM - 11:30 AM Culinary Medicine at Health & Hope Clinic 1 PM - 2:30 PM Recorder Ensemble 2:30 PM - 4 PM Play the Recorder	1 PM - 2:15 PM Tai Chi for Arthritis	11 AM - 12 PM Fannie Lou's 12 PM - 1 PM Introduction to the Japanese Tea Ceremony	10:30 AM - 11:45 AM Bocce Ball for All 10:30 AM - 12:00 PM New Yorker Deli	10 AM - 11:15 AM Let's Discuss: Conversations of Interest About...	
4	5	6	7	8	9	10
	10 AM - 11:15 AM Exploring the Heart of Tanzania 1 PM - 2:30 PM Recorder Ensemble 2 PM - 3:15 PM Kiwanis Club of Pensacola 2:30 PM - 4 PM Play the Recorder	10 AM - 11:15 AM Port of Pensacola #1 11:30 AM - 12:45 PM Port of Pensacola #2 1 PM - 2:15 PM Tai Chi for Arthritis	10 AM - 11:15 AM Rowe's Moving Company 12 PM - 1 PM Introduction to the Japanese Tea Ceremony 1 PM - 2:15 PM Beyond the Prescription	10 AM - 11:15 AM A Musical Morning with the Pensacola Symphony Orchestra 10:30 AM - 11:45 AM Bocce Ball for All	10 AM - 11:15 AM Let's Discuss: Conversations of Interest About... 2 PM - 3:15 PM Stay Steady: Balance Class	
11	12	13	14	15	16	17
	10 AM - 11:30 AM Bodacious Olive 1:30 PM - 2:30 PM Mayhem #1 3 PM - 4 PM Mayhem #2 1 PM - 2:30 PM Recorder Ensemble 2:30 PM - 4 PM Play the Recorder	10 AM - 11:15 AM Pickleball Class #1 10 AM - 11:30 AM Sacred Spaces: Lutheran Church	10 AM - 11:15 AM He's Just Not Her Type! 1 PM - 2:15 PM "The Red Box" 12 PM - 1 PM Introduction to the Japanese Tea Ceremony	10 AM - 11:15 AM Pickleball Class #2 10:30 AM - 11:45 AM Bocce Ball for All 1 PM - 2:15 PM Writing in the AI Era	10 AM - 11:15 AM Let's Discuss: Conversations of Interest About... 2:30 PM - 3:45 PM W.R. Taylor Brick Company	
18	19	20	21	22	23	24
	11 AM - 12:30 PM Lunch at Angelena's 1 PM - 2:30 PM Recorder Ensemble 2:30 PM - 4 PM Play the Recorder	10 AM - 11:15 AM Pickleball Class #1 10 AM - 11:30 AM Exploring Thompson Bayou 1 PM - 2:15 PM Tai Chi for Arthritis	10 AM - 11:15 AM What Does an Archives Do? 12 PM - 1 PM Introduction to the Japanese Tea Ceremony 1 PM - 2:15 PM Uncle Sandy's Macaw Bird Park	7:50 AM - 3 PM Discovering Poarch Creek Indian Culture, History & Hospitality 10 AM - 11:15 AM Pickleball Class #2	10 AM - 11:15 AM Alzheimer's Research Today 3:30 PM - 5:30 PM Ghosts & Graveyards Tour	
25	26	27	28	29	30	31
	10 AM - 11:15 AM Theatre Transcending Tragedy 1 PM - 2:15 PM Ageless Grace #1 1 PM - 2:30 PM Recorder Ensemble 2:30 PM - 4 PM Play the Recorder	10 AM - 11:15 AM Pickleball Class #1 11 AM - 12:30 PM Spirits of Seville 1 PM - 2:15 PM Tai Chi for Arthritis	10 AM - 11:15 AM Explore Wine Curiously 12 PM - 1 PM Introduction to the Japanese Tea Ceremony 1:30 PM - 3 PM UWF Campus Tour	10 AM - 11:15 AM Pickleball Class #2 10 AM - 11:15 AM Tombstone Tales 1 PM - 2:15 PM Non-Convincing Language		Halloween

NOVEMBER/DECEMBER 2026 CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 10 AM - 11:30 AM Hidden Treasures 2 PM - 3:15 PM Downtown Parking 1 PM - 2:30 PM Recorder Ensemble 2:30 PM - 4 PM Play the Recorder	3 10 AM - 11:15 AM Pickleball Class #1 10 AM - 11:30 AM Ageless Grace #2 1 PM - 2:15 PM The United States of Opera	4 10 AM - 11:15 AM Healing Points: An Introduction to Acupuncture 1 PM - 2:15 PM The Cottage Bakery Journey	5 10 AM - 11:15 AM Pickleball Class #2 10 AM - 11:30 AM Pensacola Landmarks Tour with Go Retro 1 PM - 3 PM Art Journaling	6 10 AM - 11:15 AM Planetarium: "Seeing"	7
8	9 10 AM - 11:15 AM A Year with the Oneida 1 PM - 2:30 PM Finding Your Voice 1 PM - 2:30 PM Recorder Ensemble 2:30 PM - 4 PM Play the Recorder	10 10 AM - 11:15 AM Pickleball Class #1 1 PM - 2:15 PM Understanding Bone Health 1 PM - 2:15 PM Innovation in Action IHMC	11 Veterans Day	12 10 AM - 11:15 AM Pickleball Class #2 1 PM - 2:15 PM Voices of Vietnam	13	14
15	16 10 AM - 11:30 AM ¡Hola! A Cure for Monolingualism 1 PM - 2:15 PM Disney Through History Lens 1 PM - 2:30 PM Recorder Ensemble 2:30 PM - 4 PM Play the Recorder	17 10 AM - 12 PM Retirement Planning – Part I 1 PM - 2:15 PM Adventures of a Hurricane Hunter	18 10 AM - 11:30 AM Medicare Basics 1 PM - 1:45 PM Reverie Fine Art	19 10 AM - 12 PM Retirement Planning – Part II 1 PM - 2:15 PM Women Over 50 1 PM - 2:15 PM Hummingbirds Flowers & Events	20	21
22	23	24	25	26 Thanksgiving Day	27	28
29	30 1 PM - 2:30 PM Recorder Ensemble 2:30 PM - 4 PM Play the Recorder	1 10 AM - 11:15 AM Victorian Christmas Ghost Stories 1 PM - 2:15 PM Leisure Learning Overview, Help and Updates	2 1:50 PM - 9 PM DeFuniak Springs Holiday History & Lights	3 9 AM - 12 PM "Just Mercy" Film Experience	4 1 PM - 2:15 PM A Christmas Tea at Olde English Creamery	5

CLASSES CONTINUED ON PAGE 16

Behind the Move: Inside Rowe's Moving Company

Go behind the scenes at Rowe's Moving Company for a look at the moving industry and the history of this local business. Enjoy coffee and donuts while touring the warehouse, learn how moves are coordinated and hear stories and insights from the team. This informative visit offers a unique glimpse into the logistics, organization and customer service that keep people moving every day. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour on flat surfaces. The venue is accessible.**

7-Oct | Wed 10:00 AM - 11:15 AM | \$15

Instructor: Ira Rowe
Rowe's Moving

Beyond the Prescription: The World of Independent Pharmacy & Compounding

Join Derek Stephens and Natalie Malone of First City Drugs for an informative look at the world of independent pharmacy and compounding. Learn how compounded medications are specially prepared to meet individual patient needs, discover the advantages of working with a local independent pharmacy and hear how personalized care can make a difference in overall health and wellness. This insightful presentation offers an inside perspective on a fascinating and important part of healthcare.

7-Oct | Wed 1:00 PM - 2:15 PM | \$15

Instructor: Derek Stephens & Natalie Malone
Florida Public Archaeology Network

He's Just Not Her Type!

Blood typing is performed on newborns and their mothers to identify and prevent potential sources of neonatal jaundice. This class begins by reviewing the 4 major blood types. It demonstrates Punnett Square analysis to predict blood types of children based on the parents' types. But it doesn't always work! A true medical case of an ABO mismatch between a woman and her children is presented. Students will learn five mechanisms that can alter the expected blood type. Bring a pencil, you'll be doing some work with Kristina Jackson Behan, PhD, MLS (ASCP) and Professor Emeritus of University of West Florida's Medical Laboratory Sciences Department.

14-Oct | Wed 10:00 AM - 11:15 AM | \$15

Instructor: Dr. Kris Behan
Florida Public Archaeology Network



EVENT SPOTLIGHT

Birds of a Feather: A Visit to Uncle Sandy's Macaw Bird Park*

Visit Uncle Sandy's Macaw Bird Park, home to one of the area's largest open-flight aviaries. Walk among colorful macaws and other exotic birds while learning the story of founder Sandy "Uncle Sandy" Kirkonnell and the sanctuary he created for unwanted and rescued birds. Discover how this nonprofit park continues to provide a haven for its feathered residents and the volunteers who help care for them. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour and fifteen minutes on uneven, outdoor grassy ground that may include roots or small holes and could be slippery when wet. Sturdy footwear is recommended.** **Not included in the Unlimited Classes option. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

21-Oct | Wed 1:00 PM - 2:15 PM | \$15

Instructor: Reed Raulston
Uncle Sandy's Macaw Bird Park

"The Red Box": Empowering Us to Age With Choices

The Red Box is a simple tool that helps organize important documents, record personal wishes and guide loved ones through difficult decisions when the time comes. Planning ahead can provide peace of mind for both you and your family. In this informative session, you'll learn about future care options, housing choices, financial considerations and the documents needed to ensure your wishes are honored. Join us to discover how a little preparation today can make a big difference tomorrow.

14-Oct | Wed 1:00 PM - 2:15 PM | \$15

Instructor: Sharon Oakes
Florida Public Archaeology Network

What Does an Archives Do?

Go behind the scenes at the University Archives and West Florida History Center and discover how history is preserved, organized and shared with the public. This guided tour explores the purpose of archives, the kinds of materials they protect and the important role archivists play in caring for historical collections used by researchers, students and the community. Participants will also get a glimpse into the day-to-day work that takes place in archival repositories around the world.

21-Oct | Wed 10:00 AM - 11:15 AM | \$15

Instructor: Dean Debolt
UWF John C. Pace Library

UWF Campus Tour

UWF student ambassadors will be our hosts as they drive



EVENT SPOTLIGHT

Explore Wine Curiously: Italy I – Veneto, Piedmont & Sicily*

Join Hilary Towns, Wine Educator and owner of A Curious Wine Shop, for an exploration of three of Italy's most celebrated wine regions: Veneto, Piedmont and Sicily. Discover how each region's history, landscape and traditions have shaped its distinctive wines, from the sparkling wines of Veneto to the renowned reds of Piedmont and the volcanic-influenced wines of Sicily. Students will sample six wines while learning about the grapes, geology and wine making traditions that make these regions unique. **Not included in the Unlimited Classes option. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

28-Oct | Wed 10:00 AM - 11:15 AM | \$25

Instructor: Hilary Towns
A Curious Wine Shop

us around campus in golf carts and narrate our tour. Commentary will be lively as they share UWF history and information on the various buildings and departments on our lovely campus. Learn about places beyond classrooms. Student ambassadors will be prepared to answer your questions and energized to showcase the UWF campus. Park in Lot A Faculty/Staff to board your golf cart. **Participants should be able to board a golf cart as well as walk at a leisurely pace.**

28-Oct | Wed 1:30 PM - 3:00 PM | \$15

Instructor: Teresa Burgess
UWF Building 78

Healing Points: An Introduction to Acupuncture

Join Katherine Semmes for an engaging introduction to the practice of acupuncture, including its history, principles and role in supporting overall wellness. This session will include a live demonstration, offering insight into how acupuncture can promote balance and address common health concerns. Participants will learn what to expect during a treatment and how this traditional practice is used in modern integrative care. **Please consult your health care professional with any questions or concerns before starting any wellness program.**

4-Nov | Wed 10:00 AM - 11:15 AM | \$15

Instructor: Katherine Semmes
Florida Public Archaeology Network

From Oven to Opportunity: The Cottage Bakery Journey

Join Tarolyn Street, owner of Delectable Delights by Tarolyn Street, for an inside look at the world of cottage bakery entrepreneurship. In this engaging presentation, she shares her experience building a home-based baking business, from developing recipes and navigating regulations to growing a loyal customer base and gaining community recognition. Participants will learn what it takes to turn a passion for baking into a thriving small business and gain insight into the creativity, challenges and rewards of cottage food entrepreneurship. Tarolyn will also have some goodies for sale if you would like to try her treats.

4-Nov | Wed 1:00 PM - 2:15 PM | \$15

Instructor: Tarolyn Street
Florida Public Archaeology Network

Medicare Basics: Making the Alphabet Soup Easier Than ABC!

Confused by Medicare? Join Jason Deyell, CLU, of



EVENT SPOTLIGHT

DeFuniak Springs Holiday History & Lights: A Festive Day Trip*

Join us for a charming holiday excursion to DeFuniak Springs, Fla., a historic town known for its picturesque architecture and seasonal traditions. Our afternoon begins with a visit to the DeFuniak Springs Library, a landmark rich in local significance and community history. The Executive Director of Main Street DeFuniak Springs will lead a guided walking tour highlighting the town's history and architecture. Enjoy a delicious dinner at Iron & Grape before an evening stroll through Chipley Park, where the annual Christmas Reflection displays transform the lakeside into a glowing holiday wonderland. More than 10 million lights, Victorian cutouts, whimsical figures and festive scenes reflect across the perfectly round, spring-fed lake. **Participants should be able to walk at a leisurely pace and remain standing for up to forty-five minutes on flat surfaces. The total required walk is less than one mile.** *Not included in the Unlimited Classes option. This event is open to non-members and guests of Leisure Learners 18+. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event. The bus will meet in UWF Parking Lot B. Class fee includes bus fare, dinner and entrance to the light event.

2-Dec | Wed 1:50 PM - 9:00 PM | \$100

Instructor: Julie Still-Rolin

UWF Building 88 (WUWF), Parking Lot B

examples and practical guidance, participants will gain a better understanding of coverage options, potential out-of-pocket costs and how to make informed healthcare decisions for themselves or their loved ones. Bring your questions for this interactive session. *The views and opinions expressed do not represent Leisure Learning, the Leisure Learning staff and/or any contributors to the program.*

18-Nov | Wed 10:00 AM - 11:30 AM | \$15

Instructor: Jason Deyell

Florida Public Archaeology Network

Behind the Gallery Walls: A Visit to Reverie Fine Art

Step inside Reverie Fine Art for a guided tour of one of downtown Pensacola's newest cultural destinations. Explore a curated collection featuring more than 2,000 works by over 150 artists, from contemporary creators to renowned masters such as Salvador Dalí and Pablo Picasso. Learn how art collections are curated, discover the stories behind selected works and gain insight into the fascinating world of galleries, art markets and limited-edition prints during this engaging presentation and gallery walk. **Participants should be able to walk at a leisurely pace and remain standing for up to forty-five minutes on flat surfaces. The venue is accessible.**

18-Nov | Wed 1:00 PM - 1:45 PM | \$15

Instructor: Sara Willard

Reverie Fine Art

THURSDAY

Retreat at Bunnychick Haven*

Escape the rush of everyday life with a peaceful and uplifting retreat at Bunnychick Haven. Enjoy hands-on interactions with gentle rescue animals, including rabbits, chickens and guinea pigs, while learning about the sanctuary's mission of compassion and care. The experience will also include a calming mindfulness and grounding session designed to help you slow down, relax and reconnect through simple breathing techniques, quiet reflection and peaceful time in nature. **Participants should be able to walk at a leisurely pace and remain standing for up to half an hour on uneven, outdoor grassy ground that may include roots or small holes and can be slippery when wet. Sturdy footwear is recommended. Venue is accessible.** *Not included in the Unlimited Classes option.

27-Aug | Thu 2:00 PM - 4:00 PM | \$20

Instructor: Jill Wesson

Bunnychick Haven of Navarre

Nautilus Financial Strategies for a clear and informative overview of Medicare and the choices available to beneficiaries. Learn the differences between Parts A, B, C and D, compare Original Medicare, Medicare Advantage and supplemental coverage and understand important eligibility and enrollment deadlines. Through real-world

Apple Market: The Biggest Little Store in Town

Come to visit a unique old-time full-line corner grocery store, and meet David Apple, who will be our host. David will share the history of the business and what it specializes in. Get a behind-the-scenes look into the butcher shop, and learn how special requests for catering and/or hard-to-get items can be met. Experience how Apple Market defines satisfaction guaranteed. There will also be a chance to questions to learn about the challenges of running a business. Bring your appetite and sample some of the great food served on the daily hot bar



EVENT SPOTLIGHT

Visit to the Ella Jordan Home Museum

Step into one of Pensacola's most powerful and inspiring historic spaces with a guided visit to the Ella Jordan African American History Museum. Located in a neighborhood on the edge of downtown revitalization, this one-of-a-kind museum celebrates the lives, legacies and philanthropic work of Black women—preserving their stories and honoring their impact on future generations. More than just a museum, it serves as a vibrant educational and cultural hub, working to uplift the surrounding community while shining a light on an often-overlooked chapter of local history. Come explore a place where history, heritage and hope come together. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour and fifteen minutes on flat surfaces. The venue is accessible.**

10-Sep | Thu 10:00 AM - 11:15 AM | \$15

Instructor: Sadie Knight

Ella L Jordan African American History Museum

in the deli section at a discounted price (not included in the price of the class).

3-Sep | Thu 10:00 AM - 11:30 AM | \$15

Instructor: Josh Apple

Apple Market

Balance & Falls Workshop

Discover what may be affecting your balance and learn practical ways to improve stability and confidence in your everyday life. In this interactive workshop, you'll explore how balance works, participate in simple clinical balance assessments and practice easy exercises designed to strengthen posture, coordination and mobility. Through live demonstrations and expert guidance, you'll gain a better understanding of fall prevention, when balance concerns may need medical attention and steps you can take at home to stay active, safe and independent. **Exercise provides great benefits, but only you know your own body and limits. Consult your healthcare professional with any questions or concerns before starting any exercise program.**

3-Sep | Thu 1:00 PM - 2:15 PM | \$15

Instructor: Nicholas Trevino

Florida Public Archaeology Network

Bocce Ball for All — 5 Sessions

The gang is gathering once again to play the popular game, Bocce Ball. This ancient game, whose modern adaptation most closely resembles bowling, requires skill, strategy and just a little luck. It is easy to learn and fun in the fresh air and sun! It offers good but modest exercise and is an enjoyable way to make new friends. Join us! **Exercise provides great benefits, but only you know your own body and limits. Consult your health care professional with any questions or concerns before starting any exercise program.**

17-Sep to 15-Oct | Thu 10:30 AM - 11:45 AM | \$25

Instructor: Mike & Patty Foster

Bayview Senior Citizens Center

Azalea Trace Lunch: Chicago!*

We're diving fork-first into the incredible flavors of Chicago! Savor a classic Chicago-style hot dog, bite into a deliciously crispy pizza puff and, of course, enjoy a mouthwatering Italian beef sandwich and a Chicago specialty dessert—all curated by a chef who proudly hails from Chi-Town—Caitlyn Steward, Sous Chef at Azalea Trace. Consider this your tasty passport to the Windy City! **Not included in the Unlimited Classes option.*

17-Sep | Thu 12:00 PM - 1:30 PM | \$38

Instructor: Caitlyn Steward

Azalea Trace Lobby

Celebrate Culture: A Visit to Santa Rosa Band on the Lower Muscogee

The Santa Rosa Creek Band is descended from Creek Indians who managed to escape genocide by hiding in the river swamps and forests of Northwest Florida. Their ancestors preserved what they could of their culture, and the Santa Rosa Creek Band continues to celebrate and honor their heritage. Join Chief Dan “Sky Horse” Helms as he shines light upon the real history and culture of this band of Creek Indians. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour on uneven, outdoor grassy ground that may include roots or small holes and could be slippery when wet. Sturdy footwear is recommended.**

24-Sep | Thu 1:00 PM - 2:30 PM | \$15

Instructor: Chief Dan Helms
Santa Rosa Creek Band

Deli Delights: Lunch at New Yorker Deli

Visit the iconic New Yorker Deli, where traditional flavors meet contemporary flair. Join us for an exclusive pre-lunch talk with manager Rob Harris before the crowds arrive. Delve into the heart of the restaurant as Rob shares insights into their signature dishes and time-honored deli traditions. Following our culinary journey, we’ll settle our bills individually.

1-Oct | Thu 10:30 AM - 12:00 PM | \$15

Instructor: Rob Harris
New Yorker Deli

A Musical Morning with the Pensacola Symphony Orchestra

Join us for a special morning of live music featuring musicians from the Pensacola Symphony Orchestra. This intimate performance will showcase the artistry and talent of Symphony performers as they bring a variety of musical selections to life. Enjoy a relaxed concert experience filled with beautiful melodies, exceptional musicianship and the opportunity to connect with the local arts community.

8-Oct | Thu 10:00 AM - 11:15 AM | \$15

Florida Public Archaeology Network

Successful Writing in the AI Era

How do strong writers stand out in a world increasingly shaped by artificial intelligence? Veteran author and journalist Peter G. Miller explores how writing is evolving in the AI era — and how thoughtful, effective communication still matters more than ever. Whether you want to craft stronger communication, articles,



EVENT SPOTLIGHT

Planetarium: “Earth’s Wild Ride”*

Travel through billions of years of Earth’s incredible history in this exciting, immersive planetarium experience. Set on the Moon in the year 2081, “Earth’s Wild Ride” follows a grandfather sharing stories with his grandchildren about the powerful forces that shaped our planet. From crashing asteroids and erupting volcanoes to dinosaurs, eclipses, the Ice Age and Earth’s water cycle, this visually stunning 3-D adventure features roller coaster-style motion effects that create the sensation of flying through canyons, raging rivers and flowing lava. Those who are sensitive to motion simulation may find the experience intense, but for many, it’s a thrilling way to explore the dynamic planet we call home. **Not included in the Unlimited Classes option.*

10-Sep | Thu 1:00 PM - 2:15 PM | \$15

Instructor: Allison Spradlin
Pensacola State College Planetarium, Building 21

creative projects or online content, this engaging class will offer practical tips for writing with clarity, confidence and authenticity while avoiding common pitfalls in an AI-driven world.

15-Oct | Thu 1:00 PM - 2:15 PM | \$15

Instructor: Peter Miller
Florida Public Archaeology Network

Discovering Poarch Creek Indian Culture, History & Hospitality*

Travel with us on a shuttle bus to Atmore, Ala., for a rich and immersive experience with the Poarch Band of Creek Indians. We’ll begin at the Cultural Education Center, where you’ll learn about the Creek language and traditions

Classes

through an engaging presentation. Then we'll explore the Poarch Creek Cultural Museum to watch a short film and hear stories that bring the tribe's vibrant history to life. We'll wrap up our visit with a relaxing lunch at Wind Creek Casino, where you can dine, explore and unwind. Don't miss this day of learning, culture and community. **Participants should be able to walk at a leisurely pace and stand on flat surfaces for a minimum of an hour. They should also be able to board the van.** **Not available on the Unlimited Classes option. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

22-Oct | Thu 7:50 AM - 3:00 PM | \$50

Instructor: Julie Still-Rolin

Poarch Creek Indian Museum and Gift Shop

Non-Convincing Language: Four Pillars to Transform Your Communication

Want to communicate with greater clarity, connection and confidence? In this engaging and interactive session, David Anderson shares the Four Pillars of Non-Convincing Language—a powerful framework



EVENT SPOTLIGHT

Tombstone Tales: Cemeteries, Symbols and Stories

Historic cemeteries are filled with compelling narratives, hidden symbolism and clues to the past. Explore how cemeteries developed over time and learn how tombstones and markers can be “read” like historical documents through their inscriptions, artwork and symbols. Discover the laws that protect Florida's historic cemeteries and gain a deeper appreciation for the preservation of these outdoor museums for future generations.

29-Oct | Thu 10:00 AM - 11:15 AM | \$15

Instructor: Rachel Hines

Florida Public Archaeology Network

designed to improve how you speak, listen and relate to others. Learn how to strengthen relationships, enhance your marriage, negotiate more effectively and navigate difficult conversations with ease. Whether in your personal life or professional setting, these tools will help you create more meaningful and productive dialogue.

29-Oct | Thu 1:00 PM - 2:15 PM | \$15

Instructor: David Anderson

Florida Public Archaeology Network

Creative Expression: Art Journaling*

Discover the freedom and fun of art journaling in this creativity-filled session. Participants will view inspiring examples of various art journals and then create their own mixed-media piece to insert into a journal. We'll explore approachable techniques using collage, paint, writing and layered materials—proving that you don't need to be a traditional artist to express yourself visually. Everyone will leave with a completed work of art and the confidence to continue their art journaling journey at home. **Not available on the Unlimited Classes option.*

5-Nov | Thu 1:00 PM - 3:00 PM | \$15

Instructor: Michele Graham

Florida Public Archaeology Network

Voices of Vietnam: An Oral History Conversation

Experience history through the power of personal storytelling. As part of an oral history project, a student interviewer and a Vietnam veteran will share their journey of documenting firsthand experiences from one of America's most significant conflicts. Hear the veteran's personal reflections, learn about the importance of preserving these stories for future generations and discover how oral history brings the past to life in ways textbooks cannot. This meaningful conversation offers a unique opportunity to connect across generations while honoring the voices of those who lived through history.

12-Nov | Thu 1:00 PM - 2:15 PM | \$15

Instructor: Joyce Southard

Florida Public Archaeology Network

Retirement Planning: Financial Education Everyone Should Know – Part II

Learn the basics of investing—from CDs to the stock market—and how to evaluate risk levels that fit your goals. Explore important topics such as sequence of return risk,



EVENT SPOTLIGHT

Pensacola Landmarks Tour with Go Retro*

Discover the stories behind Pensacola's most notable historic sites on this guided tour with Go Retro. Travel through the city while learning about the people, events and architecture that have shaped Pensacola from its earliest days to the present. This engaging tour offers a unique perspective on local history and highlights many of the landmarks that make Pensacola one of America's most historic cities.

Participants will need to be able to board the bus.

**Not included in the Unlimited Classes option. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

5-Nov | Thu 10:00 AM - 11:30 AM | \$30

Instructor: Lisa Goodness
Go Retro

IRAs and Roth IRAs, and when a Roth conversion might make sense for you. Discover tax-efficient giving options through qualified charitable distributions, and learn how to avoid common mistakes in beneficiary designations. We'll also discuss key updates from the One Big Beautiful Bill Act (OBBBA) that could impact your financial future. *The views and opinions expressed in this discussion are solely those of the contributors and participants. Views and opinions expressed do not represent Leisure Learning, the Leisure Learning staff and/or any contributors to the program.*

19-Nov | Thu 10:00 AM - 12:00 PM | \$15

Instructor: David Anderson
Florida Public Archaeology Network

Women Over 50: Start Living Again After Divorce

Divorce after 50 has doubled in recent decades, yet most women are left asking the same question: "Now what?" You've made it through the hardest part—but now you're in unfamiliar territory. Many women describe this season

with one word: LOST. Not the same kind of loss as before... but a quieter, deeper feeling of not knowing who you are now, or what direction your life is supposed to take. This workshop is designed to help you reconnect with who you are beyond your roles, rebuild confidence and self-trust and take your first meaningful step forward. Through simple exercises, you'll gain clarity on your identity, your direction and what "living again" looks like for you. You'll walk away with a personal identity statement, a renewed sense of possibility and the confidence to start living again.

19-Nov | Thu 1:00 PM - 2:15 PM | \$15

Instructor: Kim Moonigan
Florida Public Archaeology Network

Florals at Hummingbirds Flowers & Events

Step inside Hummingbirds Flowers & Events for a delightful and inspiring floral experience! Mollie Johnson will demonstrate the art of flower arranging, sharing expert tips on color balance, texture, structure and seasonal blooms. Learn how a beautiful arrangement comes together from start to finish and gain insight into the creative process behind event florals. As a special bonus, attendees will be entered into a drawing for a chance to win the stunning arrangement created during the demonstration.

19-Nov | Thu 1:00 PM - 2:15 PM | \$15

Instructor: Mollie Johnson
Hummingbirds Flowers & Events

Justice on Screen: "Just Mercy" Film Experience*

In this special screening at Pensacola Cinema Arts of "Just Mercy," witness the powerful true story inspired by attorney Bryan Stevenson's fight for justice and equality in the American legal system. This compelling film follows Stevenson's work to defend wrongfully convicted individuals and highlights themes of compassion, perseverance and systemic change. After the screening, participants will have the opportunity to reflect on the film's impact and discuss its real-world significance in today's society. **Not included in the Unlimited Classes Option.*

3-Dec | Thu 9:00 AM - 12:00 PM | \$15

Instructor: Dr. Louise Tolbert
Studer Community Institute Pensacola Cinema Art

FRIDAY

Let's Discuss: Conversations of Interest About...— 8 Sessions

Join us for engaging conversations on a wide range of

topics—from current events, local issues and social issues to science and technology, interesting legal cases, culture and more. Each session is guided by pre-selected materials to spark thoughtful discussion. Share your perspective or simply listen—both are welcome. New members are encouraged to join, with an emphasis on curiosity, open-mindedness and respect. Optional group lunches after class offer a relaxed way to connect. *The views and opinions expressed in this discussion are solely those of the contributors and participants. Views and opinions expressed do not represent Leisure Learning, the Leisure Learning staff and/or any contributors to the program.*

28-Aug to 16-Oct | Fri 10:00 AM - 11:15 AM | \$30
Instructor: David Hoffman
UWF Building 78, Room 136

“Cheers” and “Frasier”: Can’t-Miss Television Comedy — 2 Sessions

This two-part class examines two of the most successful situation comedies of all time, “Cheers” (1982-93) and

“Frasier” (1993-2004), featuring samples of key episodes and a behind-the-scenes look at how the shows were developed, cast and written. Still popular in syndication today, the NBC comedies combined for 65 Primetime Emmy Awards. Kelsey Grammer, who portrayed Dr. Frasier Crane and directed some of the later episodes, is the only performer in tv history to have earned Emmy nominations for portraying the same character in three series.

28-Aug to 4-Sep | Fri 1:00 PM - 2:15 PM | \$20
Instructor: Dr. Randy Bobbitt
UWF Building 78, Room 136

North Hill with Go Retro: Pensacola’s Grand Homes*

Climb aboard a Go Retro vehicle for a tour of the historic North Hill neighborhood. Established during Pensacola’s lumber boom, North Hill features one of the city’s most diverse collections of architectural styles and is listed on the National Historic Register. The tour is video-guided by veteran realtor Barbara Odom Westholm, who shares expert insight into the area’s most noteworthy homes. If we’re lucky, the experience may even conclude with a brief walk-through of a North Hill home. **Participants will need to be able to board the bus.** **Not included in the Unlimited Classes option. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

18-Sep | Fri 2:30 PM - 4:30 PM | \$35
Instructor: Lisa Goodness
Go Retro

Free Speech in the Workplace

Can you be fired for talking politics at work—or for what you post on social media after hours? The answer isn’t as simple as you might think. Dr. Randy Bobbitt, retired UWF communications professor and author of “Free Speech in the American Workplace: From the Dawn of Workers’ Rights to the Age of Social Media,” will explore the often-blurred line between free expression and employer rights, and what it means in today’s contentious political environment. *The views and opinions expressed in this discussion are solely those of the contributors and participants. Views and opinions expressed do not represent Leisure Learning, the Leisure Learning staff and/or any contributors to the program.*

25-Sep | Fri 1:00 PM - 2:15 PM | \$15
Instructor: Dr. Randy Bobbitt
UWF Building 78, Room 136

Stay Steady: Balance Class

Join Angela Bush for a balance class designed specifically for seniors to improve stability and prevent falls.



EVENT SPOTLIGHT

Alzheimer’s Research Today: Promising Developments in Prevention, Treatment and Care

Join Dr. Rodney Guttman, UWF Professor and Interim Chair of the Department of Biology, for an informative presentation on the latest advances in Alzheimer’s research. Dr. Guttman will discuss current studies exploring prevention strategies, emerging treatments and new insights into the biology of the disease. Participants will also have a guided tour of the Biology Department, including a look at the research facilities where groundbreaking work is conducted.

23-Oct | Fri 10:00 AM - 11:15 AM | \$15
Instructor: Dr. Rodney Guttman
UWF Building 58C

This gentle, low-impact class incorporates exercises that enhance strength, coordination and flexibility. Angela will provide a demonstration in a supportive environment, ensuring each participant feels comfortable and confident. Whether you are looking to regain balance or maintain your current level, this class offers a safe and enjoyable way to stay active.

Exercise provides great benefits, but only you know your own body and limits. Please consult your health care professional with any questions or concerns before starting any exercise program. Please wear comfortable tennis or gym shoes (closed toes).

9-Oct | Fri 2:00 PM - 3:15 PM | \$15

Instructor: Angela Bush
Azalea Trace Lobby

Tour the W.R. Taylor Brick Company

Discover the unique gem that is the W.R. Taylor Brick Company. Originally a stable trading in horses, mules, harnesses, hay, feed and wagons, this more than 100-year-old building now houses a state-of-the-art brick studio. Hayden Ward, the division manager, will share his knowledge of the history of brick and the industry's importance in Pensacola. Prepare to be surprised and fascinated by the architecture of this historic building as well as the stories of the brick company. **Participants should be able to walk at a leisurely pace and remain standing for up to an hour on flat surfaces. The venue is accessible.**

16-Oct | Fri 2:30 PM - 3:45 PM | \$15

Instructor: Hayden Ward
W.R. Taylor Brick Company

Ghosts & Graveyards Tour*

Climb aboard the GoRetro bus for a spooky journey through Pensacola's most haunted locations. This video-guided tour travels through several historic neighborhoods, including the Commercial Business District, Seville, Sanders Beach, North Hill and West Hill, to explore local legends, ghost stories and history. Featuring immersive storytelling, special effects and insights into some of Pensacola's most mysterious sites, this one-of-a-kind experience offers a fun look at the city's haunted past. **Participants will need to be able to climb up the stairs into the bus.** **Not included in the Unlimited Classes option. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

23-Oct | Fri 3:30 PM - 5:30 PM | \$40

Instructor: Jillian Ferini
Go Retro



EVENT SPOTLIGHT

A Christmas Tea at Olde English Creamery*

Celebrate the season with a festive and elegant Christmas tea and light lunch at Olde English Creamery. Enjoy treats, warm conversation and a touch of holiday charm while learning about true tea etiquette, history and the customs of a classic tea service. Embrace the spirit of the occasion by dressing in your holiday best—fascinators, gloves and vintage-inspired attire are optional but encouraged for added fun. This special gathering offers a delightful way to slow down, socialize and enjoy the magic and grace of the Christmas season together. **The location is a house with four stairs required for entry.** **Not included in the Unlimited Classes option. This is a prepaid event, and refunds cannot be issued if cancelled more than two weeks prior to the event.*

4-Dec | Fri 1:00 PM - 2:15 PM | \$45

Instructor: Tania Henson
Olde English Creamery

Planetarium: "Seeing"*

Take an unforgettable journey through the universe with astrophysicist Neil deGrasse Tyson as your guide. Follow the incredible life of a single photon, from its birth in the heart of a distant star to its remarkable journey across space and into the eye of a young stargazer. Along the way, explore the wonders of the cosmos, the anatomy of the human eye and the fascinating connection between vision and the brain. This immersive planetarium experience beautifully blends astronomy and biology, offering a fresh perspective on how we see our universe. **Not included in the Unlimited Classes option.*

6-Nov | Fri 10:00 AM - 11:15 AM | \$15

Instructor: Allison Spradlin
Pensacola State College Planetarium, Building 21

Locations & Directions

UWF CAMPUS LOCATIONS:

University of West Florida

11000 University Pkwy.
Pensacola, FL 32514

From 110: Take exit 13 (Davis Hwy.) and go north. Stay in the far left lane to follow signs to University Pkwy. Turn left onto University Pkwy. Stay in the right lane and follow University Pkwy. until it ends. **850.473.7468**

John C. Pace Library, Building 32

From the UWF main entrance, take a left onto Campus Dr. and stay in the left lane. Follow Campus Dr. to either Lot H or Lot K. The destination is behind University Commons. Handicap accessible parking is available via the Service Road and Lot 54.

Argonaut Athletic Club, Building 54

From the UWF main entrance, take a left onto Campus Dr. and stay in the left lane. Parking Lot B is the first and second left. Parking for the Argonaut Athletic Club is across the street in Lot B.

Building 58C

From the UWF main entrance, take a left onto Campus Dr. and follow all the way to Parking Lot U. The entrance to is on the opposite side from Lot U.

Japan House, Building 71

From the UWF main entrance, take a right onto Campus Dr. and get in the left lane. Take the second left into parking Lot BB. **850.474.2479**

HLES, Building 72

From UWF main entrance, take a left on Campus Dr. and stay in the left lane. Parking Lot B is the first and second left. Parking for the HLS Facility is across the street in Lot B.

Building 78

From UWF main entrance, take a left on Campus Dr. Building 78 is the first building on the right. During Leisure Learning classes, parking is allowed in Lot A except for Reserved spots. **850.473.7468**

Center for Fine and Performing Arts (CFPA), Building 82

From UWF main entrance, take a left on Campus Dr. and stay in the right lane until you reach the CFPA. Parking is available in Lots L and M. **850.857.6285**

UWF Building 86

From the UWF main entrance, take a right onto Campus Dr. Take the second left into Parking Lot DD. If you need to use the ramp, park in Lot CC and go through Building 85. If you do not need the ramp, parking is available in Lot EE.



WUWF, Building 88

From the UWF main entrance, take a left onto Campus Dr. WUWF is the first building on the left. Parking is available in Lot B.

UWF Edward Ball Nature Trail

From the UWF main entrance, take a left onto Campus Dr. and stay in the left lane. Follow Campus Dr. until you reach Lot G. Take a left and then another immediate left into Lot G.

HISTORIC PENSACOLA CAMPUS DOWNTOWN LOCATIONS:

Florida Public Archaeology Network 207 E Main St. Pensacola, FL 32501

Located on the corner of Main and Barracks streets, next to The Fish House. Parking is available behind the FPAN building, off of Barracks St., or on the east side near the park. **850.595.0050**

OTHER LOCATIONS:

A Curious Wine Shop

1010 N 12th Ave. Suite 221
Pensacola, FL 32501

Located inside Old Sacred Heart Hospital on N 12th Ave. between E DeSoto and E Gonzalez Streets. The shop is the first door on the right from the front entrance up the stairs. An elevator is accessible through the side of the building. **850.270.8855**

Apple Market

1021 Scenic Hwy. Pensacola, FL 32503
Located on Scenic Hwy. between East Blount St. and East Lee St. next to CVS Pharmacy. **850.433.4381**

Azalea Trace

10100 Hillview Dr. Pensacola, FL 32514
GPS is not reliable for this location. From

University Pkwy. going toward campus, you'll turn right on Hillview Dr. and go to the end of Hillview to the security guardhouse and let them know you're here for Leisure Learning. Turn left and follow signs for Pool/Clubhouse/Administration. It's the second set of buildings on the right with a flag in front. **855.497.4117**

Bayview Senior Citizens Center

2000 E Lloyd St. Pensacola, FL 32503
Located in East Hill at the corner of 20th and Lloyd St. on Bayou Texar. **850.436.5190**

Bodacious Shops

407 S Palafox St. Pensacola, FL 32502
Located in Downtown Pensacola on South Palafox St. between East Zarragossa and East Main streets. **850.438.7857**

Bunnychick Haven of Navarre

8386 Mercado St.
Navarre, FL 32566

From FL-87, turn right onto Nevada St. Turn left at the 1st cross street onto Frontera St. Turn right onto Mercado St. The destination is on the right.

Coastal County Brewing Company

3041 E Olive Rd. Pensacola, FL 32514
Located on E Olive Rd. between Charter Oaks Dr. and Kingswood Ct.

Ella L Jordan African American History Museum

423 N C St. Pensacola, FL 32501
Located on the corner of W La Rua and N C Streets. **850.206.5391**

Fannie Lou's Ice Cream Shop

3101 E Cervantes St. Pensacola, FL 32503
Heading east on Cervantes St. to the curve where the road turns into Scenic Hwy. Destination is in the strip mall on the right, next to Domino's Pizza. **850.332.6770**

Go Retro

1800 N E St. Pensacola, FL 32501

Located off N E St. between W Avery and W Lakeview Streets.

Good Shepherd Lutheran Church & School

4257 Gulf Breeze Pkwy.

Gulf Breeze, FL 32563

Located in Gulf Breeze off Hwy 98/Gulf Breeze Pkwy between Soundside Dr. and Central Pkwy.

HatchMark Studio

1201 Barrancas Ave. Pensacola, FL 32502

Located on the corner of Barrancas Ave. and South E St. Limited parking—some participants will need to park on nearby streets.

Health & Hope Clinic

1718 East Olive Rd. Pensacola, FL 32514

Located across the parking lot from Olive Baptist Church, on the campus of Ministry Village at Olive.

Hummingbirds Flowers & Events

4861 West Spencer Field Rd.

Pace, FL 32571

Take US90 ALT-E to W Spencerfield Rd/197B. Take a left onto W Spencerfield Rd/197B. The location is in the West Spencerfield Shops shopping center on the left.

Institute for Human and Machine Cognition

40 S Alcaniz St. Pensacola, FL 32502

Located downtown on S Alcaniz St. next to St. Michael's Cemetery. Street parking is available on S Alcaniz St. and behind the building on S Florida Blanca St. **850.202.4462**

New Yorker Deli

3001 E Cervantes St. Pensacola, FL 32503

Located on the corner of Cervantes St. (US Hwy 90) and Pickens Ave. **850.469.0029**

Ochsner Novant Health 65 Plus

1095 E Nine Mile Rd.

Pensacola Beach, FL 32514

Located off East Nine Mile Rd. between Chisholm and Airway Dr.

Olde English Creamery

221 E Zaragoza St. Pensacola, FL 32502

Located on E Zaragoza St. downtown between Tarragona St. and S Adams St. Free parking is available on Zaragoza, Adams and Alcaniz Streets. **850.542.7969**

One Palafox Place Breezeway

11 S Palafox St. Pensacola, FL 32501

We will meet in the Breezeway next to First City Bee Co on Palafox St. **850.474.3491**

Panzik Acres

5675 Hwy 95A N. Molino, FL 32577

From Hwy 29, take a right on Hwy 95 A N. Go past New Hope Primitive Baptist Church. The location will be on the left.

Pensacola International Airport

2430 Airport Blvd. Suite 225

Pensacola, FL 32504

Located off 12th Ave. and Airport Blvd. **850.436.5000**

Pensacola MESS Hall

418 E Wright St. Pensacola, FL 32502

Located Downtown Pensacola on the corner of E Wright St. and N Davis Hwy.

Pensacola Museum of Art

470 S. Jefferson St. Pensacola, FL 32501

Located downtown on the corner of Jefferson and Main St. **850.432.6247**

Pensacola Opera Company

75 S Tarragona St. Pensacola, FL 32502

Heading south on I-110, take Garden exit and turn left at the first light, Tarragona St. Location will be on your right. No not park in the lot behind the building—it does not belong to the Opera and they are not allowed to have any guests park there. Use street parking or one of the paid lots in close proximity. **850.433.6737**

Pensacola State College Planetarium

1000 College Blvd. Pensacola, FL 32504

Enter campus from Airport Blvd. across from Steak N Shake. You will be right in front of the planetarium. Parking is available in front of the planetarium in Building 21, except for the fac/staff green painted curbs. **850.484.1238**

Poarch Creek Indian Museum and Gift Shop

5484 Jack Springs Rd. Atmore, AL 36502

We will provide a shuttle from Target at 1749 E Nine Mile Rd. to the location and back.

Port of Pensacola

700 South Barracks St.

Pensacola, FL 32501

Located directly across from The Fish House on Barracks St. From Main St., turn onto Barracks St. The parking lot is on the right. **850.436.5070**

Reverie Fine Art

200 E Garden St. Pensacola, FL 32502

Located in Downtown Pensacola on the corner of E Garden St. and N Tarragona St.

Rowe's Moving

3240 W Fairfield Dr. Pensacola, FL 32505

From I-110 S, take exit 4 to Fairfield Dr. Take a right on Fairfield Dr. Location is on the right.

Saenger Theater

118 S Palafox St. Pensacola, FL 32501

Located downtown, the theater does not have its own parking lot, but there are several public options within a short walk. **850.462.1257**

Santa Rosa Creek Band

4750 Willard Norris Rd. Milton, FL 32570

Take I-10 East toward Milton. Take Exit 31 for FL-87 North toward Milton. Turn left onto FL-87 North. Turn left onto Willard Norris Rd. The tribal grounds will be on your left.

Seville Quarter

130 E Government St.

Pensacola, FL 32502

Located downtown on the corner of S Jefferson St. and E Government St.

St. Christopher's Episcopal Church

3200 North 12th Ave. Pensacola, FL 32503

Located two blocks south of Texar on the east side of 12th St. **850.433.0074**

Studer Community Institute

Pensacola Cinema Art

220 W Garden St Pensacola, FL 32502

Tall white building (formerly the Sun Trust), two blocks west of Palafox St. Parking is available in the lot on Spring and Chase streets. Yes, there are signs indicating private parking and numbered spaces, but this is also event parking. **850.359.9595**

Uncle Sandy's Macaw Bird Park

9513 N Palafox Pensacola, FL 32534

From Nine Mile Rd. turn north on Palafox St. Location will be on the left. **850. 478.6421**

W.R. Taylor Brick Company

17 Manresa St. Pensacola, FL 32502

Downtown Pensacola at Garden exit from I110S, take very first left on Manresa St., location will be on your right. **850.432.6163**

Waterfront Mission

348 West Herman St. Pensacola, FL 32505

From I-110 S, take Exit 4 to merge onto Fairfield Dr. Turn right on Fairfield Dr. Turn right onto N Palafox St. Turn left onto W Herman Ave. The destination is on the right.

Bring a Friend! Current members may bring a friend to try out one Leisure Learning class. The class price will apply. If your friend joins Leisure Learning, you AND your friend will receive a credit voucher toward a future class or event.

Volunteers

FALL 2026 INSTRUCTORS

David Anderson	Terry Frech	Mollie Johnson	Lance Scott
Josh Apple	Jack Gander	Sadie Knight	Katherine Semmes
Jessica Ayers	Lisa Gibbs	Scott Malleck	Connie Smith
Pastor Brad Beckman	Dr. Frank Gilliam	Cody Martin	Dr. Nathan Smith
Dr. Kris Behan	James Glass	Erin Mayfield	Joyce Southard
Dr. Randy Bobbitt	Maria Goldberg	Peter Miller	Allison Spradlin
Ericka Boussarhane	Lisa Goodness	Patti Mohan	Caitlyn Steward
Alex Boykin	Michele Graham	Kim Moonigan	Julie Still-Rolin
Teresa Burgess	Dr. Rodney Guttman	Mary Murkland	Tarolyn Street
Angela Bush	Rosalyn Guyette	Derek Stephens & Natalie Malone	Dr. Louise Tolbert
Kristen Carter	Rob Harris	Nicole Nelson	Hilary Towns
Dr. Sally Crenshaw	Chief Dan Helms	Sharon Oakes	Nicholas Trevino
Dean Debolt	Tania Henson	Whitney Panzik	Charles Tucker
Lissa Dees	Kathryn Herron	Todd Payne	Hayden Ward
Jason Deyell	Rachel Hines	Reed Raulston	Jill Wesson
Alicja Donlon	Rebecca Hinson	Dr. Michael Reynolds	Sara Willard
Jillian Ferini	David Hoffman	Caitlin Rhea	Joshua Wing
Lisa Foster	Shigeko Honda	Gary Rhodes	Veronique Zayas
Mike & Patty Foster	Mark Isbell	Ira Rowe	Igor Zusev

CURRICULUM COUNCIL

David Hoffman	Bill Oakes	Linda Sampson	Dr. Louise Tolbert
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GET INVOLVED

Become a Leisure Learning Liason:

Leisure Learning Liasons attend classes and take attendance and ensure classes start and end on time. To get involved, send an email to leisurelearning@uwf.edu or call 850.473.7468.

Teach a Leisure Learning Class:

We are always looking for instructors in computers, history, fine arts, music, theater and behind-the-scenes tours. Have an idea for a class? Visit the "Want To Get Involved" page at uwf.edu/leisurelearning and submit an online course proposal.

Advocate for UWF Leisure Learning

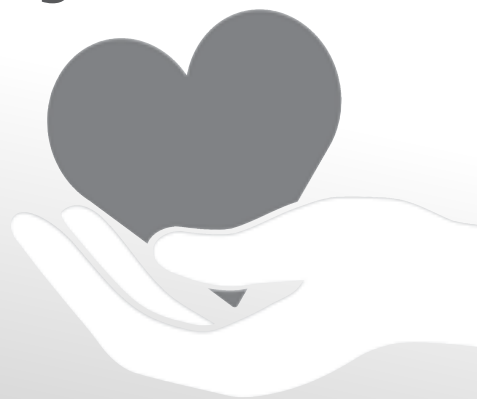
Retirement can be a rewarding experience with participation in programs that foster educational enrichment and growth, like UWF Leisure Learning. Gifts to UWF Leisure Learning are an important factor in enhancing the educational experience for our members.

Your generous support guarantees that we can continue to offer a superb quality programing at an unmatched value.

Please add Leisure Learning to your charitable giving list.

Please make checks payable to:

UWF Foundation - Leisure Learning
11000 University Pkwy., Building 12, Pensacola, FL 32514



Leisure Learning
UNIVERSITY OF WEST FLORIDA

Leisure Learning is a program of UWF Continuing Education, a premier regional provider of high-quality credit and non-credit courses, community programming, customized training and CEUs. uwf.edu/continuinged

LEISURE LEARNING FALL 2026 REGISTRATION FORM

uwf.edu/leisurelearning | leisurelearning@uwf.edu | 850.473.7468

Three Ways to Register

- **Online:** uwf.edu/leisurelearning
- **Mail:** Fill out the registration form.
- **By Phone (Mon - Fri, 9 a.m. to 4 p.m.):**
To pay by credit card, call the Leisure Learning office at 850.473.7468.

Online or phone registrations are highly recommended.

Visa, Mastercard or American Express and other forms of payment are accepted. If mailing a check, contact the Leisure Learning office or check classes online to make sure they are not already full.



To register online, visit uwf.edu/leisurelearning. Select "Register Now" for the online registration site. Select "Leisure Learning Classes" from the left side navigation.

☐ Unlimited Class Option | \$210

AUGUST

- ☐ 8/26 Rare Books as Friends | \$15
- ☐ 8/26 Leisure Learning Overview, Help and Updates+ | Free
- ☐ 8/27 Retreat at Bunnychick Haven* | \$20
- ☐ 8/28 Let's Discuss: Conversations of Interest About... | \$30
- ☐ 8/28 "Cheers" and "Frasier" — 2 Sessions | \$20
- ☐ 8/31 Behind the Scenes at the Saenger Theatre with Lunch* | \$25
- ☐ 8/31 Recorder Ensemble Series — 12 Sessions | \$30
- ☐ 8/31 Learning to Play the Recorder — 12 Sessions | \$30

SEPTEMBER

- ☐ 9/1 Exploring the Science Behind AI at Pensacola MESS Hall* | \$15
- ☐ 9/1 Tai Chi for Arthritis: 8 Sessions | \$30
- ☐ 9/2 Bookies: "Time of the Child" by Niall Williams | \$15
- ☐ 9/2 Guided Tour at the Pensacola Museum of Art* | \$15
- ☐ 9/3 Apple Market: The Biggest Little Store in Town | \$15
- ☐ 9/3 Balance & Falls Workshop | \$15
- ☐ 9/8 Local Author Spotlight: James Glass — "Stone Cold" | \$15
- ☐ 9/8 Panzik Acres: Farm Tour & Animal Encounter* | \$20
- ☐ 9/9 Azalea Trace Tour | \$15
- ☐ 9/10 Visit to the Ella Jordan Home Museum | \$15
- ☐ 9/10 Planetarium: "Earth's Wild Ride"* | \$15
- ☐ 9/14 Faces of Freedom: Free People of Color of the Julee Cottage | \$15
- ☐ 9/14 Exploring Cultures: Japan | \$15
- ☐ 9/15 Behind the Scenes: UWF Mechanical Engineering at the Port | \$15
- ☐ 9/15 Nonprofit Spotlight: Waterfront Rescue Mission | Free
- ☐ 9/16 Inside HatchMark: A Creative Agency in Action | \$15
- ☐ 9/16 Behind the Scenes at Coastal County Brewing Company | \$15
- ☐ 9/17 Bocce Ball for All — 5 Sessions | \$25
- ☐ 9/17 Azalea Trace Lunch: Chicago!* | \$38
- ☐ 9/18 North Hill with Go Retro: Pensacola's Grand Homes* | \$35
- ☐ 9/21 Clearing Out the Clutter | \$15
- ☐ 9/21 Retirement Planning After 60: Taxes, Estate Planning & Long-Term Care | \$15
- ☐ 9/22 Argos Abroad: Lunch and Learn | \$15
- ☐ 9/23 Tech Talk with Igor Zusev | \$15

- ☐ 9/23 Introduction to the Japanese Tea Ceremony — 6 Sessions* | \$40
- ☐ 9/23 Behind the Scenes Tour of Pensacola Airport | \$15
- ☐ 9/24 Celebrate Culture: A Visit to Santa Rosa Band on the Lower Muscogee | \$15
- ☐ 9/25 Free Speech in the American Workplace | \$15
- ☐ 9/28 Culinary Medicine at Health & Hope Clinic* | \$20
- ☐ 9/30 Ice Cream Delight: A Visit to Fannie Lou's | \$15

OCTOBER

- ☐ 10/1 Deli Delights: Lunch at New Yorker Deli | \$15
- ☐ 10/5 Exploring the Heart of Tanzania: Early Childhood and Primary Education | \$15
- ☐ 10/5 Nonprofit Spotlight: Kiwanis Club of Pensacola | Free
- ☐ 10/6 Behind the Scenes at the Port of Pensacola+ | \$15
- ☐ 10/7 Behind the Move: Inside Rowe's Moving Company | \$15
- ☐ 10/7 Beyond the Prescription: The World of Independent Pharmacy & Compounding | \$15
- ☐ 10/8 A Musical Morning with the Pensacola Symphony Orchestra | \$15
- ☐ 10/9 Stay Steady: Balance Class | \$15
- ☐ 10/12 Unlocking Flavor: An Exploration of Olive Oil at Bodacious Olive | \$15
- ☐ 10/12 Murder & Mayhem in Downtown Pensacola: A Walking Tour+ | \$15
- ☐ 10/13 Pickleball Class #1 — 5 Sessions | \$25
- ☐ 10/13 Sacred Spaces: Lutheran Church | \$15
- ☐ 10/14 He's Just Not Her Type! | \$15
- ☐ 10/14 "The Red Box": Empowering Us to Age with Choices | \$15
- ☐ 10/15 Pickleball Class #2 — 5 Sessions | \$25
- ☐ 10/15 Successful Writing in the AI Era | \$15
- ☐ 10/16 Tour the W.R. Taylor Brick Company | \$15
- ☐ 10/19 Lunch at Angelena's | \$35
- ☐ 10/20 Exploring Thompson Bayou & the Longleaf Pine Forest | \$15
- ☐ 10/21 What Does an Archives Do? | \$15
- ☐ 10/21 Birds of a Feather: A Visit to Uncle Sandy's Macaw Bird Park* | \$15
- ☐ 10/22 Discovering Poarch Creek Indian Culture, History & Hospitality* | \$50

*Not available on the Unlimited Classes option.
+ Multiple class dates to choose from.

CLASSES CONTINUED ON NEXT PAGE >

LEISURE LEARNING FALL 2026 REGISTRATION FORM

CLASSES CONTINUED >

- ☐ **10/23** Alzheimer's Research Today: Promising Developments in Prevention, Treatment and Care | **\$15**
- ☐ **10/23** Ghosts & Graveyards Tour* | **\$40**
- ☐ **10/26** Theatre Transcending Tragedy: Finding Hope Through "Come From Away" | **\$15**
- ☐ **10/26** Ageless Grace: 21 Tools For the Body and Brain+ | **Free**
- ☐ **10/27** Spirits of Seville: Lunch with Pensacola's Ghosts* | **\$45**
- ☐ **10/28** Explore Wine Curiously: Italy I – Veneto, Piedmont & Sicily* | **\$25**
- ☐ **10/28** UWF Campus Tour | **\$15**
- ☐ **10/29** Tombstone Tales: Cemeteries, Symbols and Stories | **\$15**
- ☐ **10/29** Non-Convincing Language: Four Pillars to Transform Your Communication | **\$15**

NOVEMBER

- ☐ **11/2** Hidden Treasures Tour: Discover the Campus Gems | **\$15**
- ☐ **11/2** Downtown Pensacola Parking Workshop | **Free**
- ☐ **11/3** Ageless Grace: 21 Tools For the Body and Brain+ | **Free**
- ☐ **11/3** The United States of Opera | **\$15**
- ☐ **11/4** Healing Points: An Introduction to Acupuncture | **\$15**
- ☐ **11/4** From Oven to Opportunity: The Cottage Bakery Journey | **\$15**
- ☐ **11/5** Pensacola Landmarks Tour with Go Retro* | **\$30**
- ☐ **11/5** Creative Expression: Art Journaling* | **\$15**
- ☐ **11/6** Planetarium: "Seeing"* | **\$15**
- ☐ **11/9** A Year with the Oneida: Life, Learning and Service on a Tribal Reservation | **\$15**
- ☐ **11/9** Finding Your Voice: An Introduction to Voice Acting | **\$15**
- ☐ **11/10** Strong Foundations: Understanding Bone Health | **\$15**
- ☐ **11/10** Innovation in Action: Tour of Florida Institute for Human and Machine Cognition (IHMC) | **\$15**

- ☐ **11/12** Voices of Vietnam: An Oral History Conversation | **\$15**
- ☐ **11/16** ¡Hola! A Cure for Monolingualism | **\$15**
- ☐ **11/16** The Happiest Place on Earth? Disney Through the Lens of History | **\$15**
- ☐ **11/17** Retirement Planning: Financial Education Everyone Should Know – Part I | **\$15**
- ☐ **11/17** Into the Storm: Adventures of a Hurricane Hunter | **\$15**
- ☐ **11/18** Medicare Basics: Making the Alphabet Soup Easier Than ABC! | **\$15**
- ☐ **11/18** Behind the Gallery Walls: A Visit to Reverie Fine Art | **\$15**
- ☐ **11/19** Retirement Planning: Financial Education Everyone Should Know – Part II | **\$15**
- ☐ **11/19** Women Over 50: Start Living Again After Divorce | **\$15**
- ☐ **11/19** Florals at Hummingbirds Flowers & Events | **\$15**

DECEMBER

- ☐ **12/1** Victorian Christmas Ghost Stories: A Forgotten Holiday Tradition Revisited | **\$15**
- ☐ **12/1** Leisure Learning Overview, Help and Updates+ | **Free**
- ☐ **12/2** DeFuniak Springs Holiday History & Lights: A Festive Day Trip* | **\$100**
- ☐ **12/3** Justice on Screen: "Just Mercy" Film Experience* | **\$15**
- ☐ **12/4** A Christmas Tea at Olde English Creamery* | **\$45**

Total Class Tuition: \$ _____

**Not available on the Unlimited Classes option.
+ Multiple class dates to choose from.*

Class updates and location changes communicated through email.

REGISTRATION OPENS AUGUST 10, 2026

Phone and online registrations are highly recommended.

☐ Check this box if address/info has changed

Name _____

Phone # _____

Address _____

City, State, Zip _____

Email _____

Make check payable to: Leisure Learning
Mail this form along with your check to:

University of West Florida
Leisure Learning (Bldg. 77, Suite 131)
11000 University Pkwy., Pensacola, FL 32514

Making a donation?

Please enclose a separate check made out to UWF Foundation - Leisure Learning.

The \$40 annual membership fee covers 12 months from the date you join.

- ☐ \$40.00 - New Member
 - ☐ \$40.00 - Renew Annual Membership
 - ☐ No Fee - Membership Dues are current
- Charter Membership (Joined LL in 1996)
- ☐ No Fee - Renew Charter Member Gratis

Total Class Tuition: _____

Membership Dues: _____

Total Payment Enclosed: _____

Writing a check for class? Leisure Learning classes can fill up quickly and result with a waiting list. If you are paying by check, visit uwf.edu/leisurelearning or call Student Support 850.473.7468 to check availability before mailing payment.



Returning Members, your membership expiration date is shown on your mailing label above your name.

uwf.edu/leisurelearning | leisurelearning@uwf.edu | 850.473.7468

Three Ways to Register

Phone and online registrations are highly recommended.

- **Online:** uwf.edu/leisurelearning
- **Mail:** Fill out the registration form.
- **By Phone (Mon - Fri, 9 a.m. to 4 p.m.):** To pay by credit card, call the Leisure Learning office at 850.473.7468.



Important Information: Credit cards and other forms of payment are accepted. Online and phone registrations are highly recommended. If mailing a check, contact the Leisure Learning office or check classes online to make sure they are not already full.

OFFICE HOURS

Mon - Fri, 9 a.m. to 4 p.m.
(Closed 12 p.m. - 1 p.m.)

Appointments also available upon request.

Building 77, Suite 131
11000 University Pkwy.
Pensacola, FL 32514

ArgoCard Benefits



Leisure Learning members are eligible to purchase a UWF ArgoCard for \$10.

The official UWF identification card can be used for:

- Checking out books and using the electronic databases at the UWF Library. library.uwf.edu
- An ID for campus events, including \$7 admission to UWF Center for Fine and Performing Arts events (not including additional \$2 service fee). uwf.edu/cfpa

How do I acquire my ArgoCard?

1. Take your membership receipt to the UWF cashier's office (Building 20E) to purchase the \$10 card.
2. Take your payment receipt, membership receipt, and a government issued photo ID to the ArgoCard office (Building 20W) to have your picture taken and ArgoCard issued.



LL Member Parking

At the start of each semester, members will receive an emailed link to register for a parking pass. Parking permits are now virtual. Members will receive an email confirmation when their permit is activated.

Parking in unapproved lots or reserved spaces will result in a ticket. If you have followed the parking regulations and are ticketed, please contact the Leisure Learning office so that it can be taken care of.

For more parking information visit: uwf.edu/parking

Accommodations

If you have accommodation needs, please contact the Student Support Office at 850.473.7468 or leisurelearning@uwf.edu.

48-hour Cancellation and Refund Policy

If you are unable to attend your registered class, you must notify the Leisure Learning office at least **48-hours** in advance of the class in order to receive a refund. Any cancellation given less than **48-hours** in advance will not receive a refund. Please be courteous to your volunteer instructors and fellow members by adhering to this policy. **Please Note:** For events that require Leisure Learning to PREPAY, refunds cannot be processed if you are unable to attend.



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DeFuniak Springs Holiday History & Lights: A Festive Day Trip*

Join us for a charming holiday excursion to DeFuniak Springs, Fla., for a visit to the DeFuniak Springs Library, dinner at Iron & Grape and then an evening stroll through Chipley Park, where the annual Christmas Reflection displays transform the lakeside into a glowing holiday wonderland. More than 10 million lights, Victorian cutouts, whimsical figures and festive scenes reflect across the perfectly round, spring-fed lake.

**Not included in the Unlimited Classes option.
This event is open to non-members and guests
of Leisure Learners 18+.*

More on Page 23.

