## University of West Florida | Graduate School

Student Spotlight: Sarah Dawson

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## Sarah Dawson, Public Health

I remember the first time that I ever decided that I want to go to UWF and I want to pursue Public Health. I met the advisor, who is now the chair of the department, and he was so welcoming, and just, "What are you interested in? What do you want to do? Oh, we can definitely help you here."

I know my experience being an online student, I was worried about the interaction between the faculty and myself, but that was quickly put to rest because they are so willing to help you in any way possible.

They're always welcoming students to participate with the research that they're doing, or if you have a research topic that you're interested, they're willing to help you with that.

During this time, I was a full-time employee, and being an online student really proved that I could spend a few hours every day sitting down and doing my work and having a whole week to do it, compared to going to class every single day and having that added stress.

Every single minute is worth it, because the people here are so nice and so willing to help you, and to better yourself not only as a person but as a professional.