Are You Ready for a Hurricane?

Here’s what you can do to prepare for such an emergency

Know what a hurricane WATCH and WARNING means
✔ WATCH: Hurricane conditions are possible in the specified area of the WATCH, usually within 36 hours.
✔ WARNING: Hurricane conditions are expected in the specified area of the WARNING, usually within 24 hours.

Prepare a Personal Evacuation Plan
✔ Identify ahead of time where you could go if you are told to evacuate. Choose several places—a friend’s home in another town, a motel, or a shelter.
✔ Keep handy the telephone numbers of these places as well as a road map of your locality. You may need to take alternative or unfamiliar routes if major roads are closed or clogged.
✔ Listen to NOAA Weather Radio or local radio or TV stations for evacuation instructions. If advised to evacuate, do so immediately.

Assemble a Disaster Supplies Kit containing—
✔ First aid kit and essential medications.
✔ Canned food and can opener.
✔ At least three gallons of water per person.
✔ Protective clothing, rainwear, and bedding or sleeping bags.
✔ Battery-powered radio, flashlight, and extra batteries.
✔ Special items for infant, elderly, or disabled family members.
✔ Written instructions on how to turn off electricity, gas, and water if authorities advise you to do so. (Remember, you’ll need a professional to turn natural gas service back on.)

Prepare for high winds
✔ Install hurricane shutters or purchase precut ½” outdoor plywood boards for each window of your home. Install anchors for the plywood and predrill holes in the plywood so that you can put it up quickly.
✔ Make trees more wind resistant by removing diseased and damaged limbs, then strategically removing branches so that wind can blow through.

Know what to do when a hurricane WATCH is issued
✔ Listen to NOAA Weather Radio or local radio or TV stations for up-to-date storm information.
✔ Prepare to bring inside any lawn furniture, outdoor decorations or ornaments, trash cans, hanging plants, and anything else that can be picked up by the wind.

Know what to do when a hurricane WARNING is issued
✔ Complete preparation activities.
✔ If you are not advised to evacuate, stay indoors, away from windows.
✔ Be aware that the calm “eye” is deceptive; the storm is not over. The worst part of the storm will happen once the eye passes over and the winds blow from the opposite direction. Trees, shrubs, buildings, and other objects damaged by the first winds can be broken or destroyed by the second winds.
✔ Be alert for tornadoes. Tornadoes can happen during a hurricane and after it passes over. Remain indoors, in the center of your home, in a closet or bathroom without windows.
✔ Stay away from flood waters. If you come upon a flooded road, turn around and go another way. If you are caught on a flooded road and waters are rising rapidly around you, get out of the car and climb to higher ground.

Know what to do after a hurricane is over
✔ Keep listening to NOAA Weather Radio or local radio or TV stations for instructions.
✔ If you are evacuated, return home when local officials tell you it is safe to do so.
✔ Inspect your home for damage.
✔ Use flashlights at all times; avoid using candles.

Your local contact is:
Hurricanes are most threatening to residents along our nation’s coastlines. But such fierce storms also have been known to build up enough momentum to carry their destructive winds inland for hundreds of miles. Heavy rains, flooding, and tornadoes add to the damage hurricanes can inflict on your home and community.

Prepare for a hurricane by completing each item on the checklist below. Then meet to discuss and finalize your Family Disaster Plan.

_____ Put together a Disaster Supplies Kit in a clearly labeled, easy-to-grab container.
Location of Disaster Supplies Kit: _________________________________________________________________

_____ Call your local emergency management or planning and zoning office to find out if you live in an area that could flood during a hurricane or heavy rains.
Flood area:  Yes  No

_____ Prepare an evacuation plan in case you must leave. Share your plan with the relatives or friends you plan to stay with—or plan to go to a Red Cross shelter. Add to your Disaster Supplies Kit a map marked with two alternative routes to your destination.
Evacuation plan completed: _____________________________________________________________________ (date)

_____ Write instructions on how to turn off your home’s electricity, water, and gas if advised to do so by local authorities. (A professional must turn gas service back on.)
Instructions written: ___________________________________________________________________________ (date)

_____ Make a list of items to bring inside in the event of a storm. Keep this list in your Disaster Supplies Kit.
List completed: ________________________________________________________________________________ (date)

_____ Buy any items needed to board up windows and protect your home well ahead of time. Precut plywood to fit windows so that you can quickly cover windows.
Items purchased to protect home: ________________________________________________________________ (date)

_____ Have an engineer check your home and advise you about ways to make it more resistant to hurricane winds.
Engineer checked home: ________________________________________________________________________ (date)
Changes recommended: _________________________________________________________________________

And remember . . . when a hurricane, earthquake, flood, tornado, or other emergency happens in your community, you can count on your local American Red Cross chapter to be there to help you and your family. Your Red Cross is not a government agency and depends on contributions of your time, money, and blood.

For more information, contact your local Red Cross chapter, National Weather Service office, or emergency management agency. You can also visit these Web sites:
American Red Cross: www.redcross.org
National Weather Service: www.nws.noaa.gov