

Transcription

So how do we promote health and promote well-being, improve quality of life, reduce the healthcare burden in a community? So that translates to public health. And what Community A needs can be very different from what Community B needs, and that's what makes public health very interesting and adaptable.

There are so many avenues you have to explore after you graduate, especially if you're interested in things just like disaster management, public health policy, or you can use it for your pre-med. There are so many options that open up for you.

So first and foremost, our program is 100% online. So it allows for a lot of flexibility for students who are either working full-time or part-time or have other responsibilities. Although it is asynchronous, which means that you can view the lectures and answer your homework assignments based on your schedule. It was really beneficial to have a degree program that I could take kind of on my own time. So having a master's online has been extremely helpful for me to kind of work that into a full-time schedule.

In the Master's of Public Health program, you're required to do two internship courses. The goal of these courses is so that you are applying the theoretical knowledge gained in the classroom to the real world through an internship, which hopefully translates into a full-time job for you. In the MPH program, it is a requirement to get an internship throughout the degree, and the program coordinator was indispensable in helping me get that. So she was able to kind of talk me through it and help me find an internship that worked for me, and that was a massive weight off my shoulders.

So in summary, why would you want to be at UWF in the Public Health Department? It's because we have diverse faculty, we have a student-centered approach, we have different learning styles that we cater to, and we're flexible to your schedule.