# UWF ATHLETIC TRAINING STUDENT HANDBOOK

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Congratulations on your acceptance into the professional phase of the Athletic Training Program at the University of West Florida! By being admitted into this program, you have met all of the criteria for Phase I. Please keep in mind that these requirements for Phase I must be maintained and kept current during your tenure in the ATP. The following handbook will guide you through the policies and procedures of the ATP and the UWF Athletic Training Clinic. The staff reserves the right to amend and add to this handbook at any time. For all other UWF student policies, please refer to the University of West Florida Student Life Handbook.

Program Overview

The Athletic Training Program (ATP) at UWF is designed to prepare students for an entry-level career in the athletic training profession (high school, college/university, professional, industrial, or sports medicine clinic/outreach settings). This program, specifically designed to meet national and state licensure requirements, includes a three-year comprehensive plan of study that combines classroom and clinical education components. This two-fold approach to education insures that each student is well-prepared to provide quality care, prevention, and rehabilitation of injuries to the physically active individual.

Classroom instruction involves quality interaction with BOC Certified Athletic Trainers, physicians (orthopedic, family practice, internal medicine, etc.), and other allied healthcare providers (physical therapists, occupational therapists, massage therapists, exercise physiologists, etc.) in order to provide the most current medical information related to athletic training. The clinical education component (under the direct supervision of BOC Certified Athletic Trainers) provides important hands-on experience in a variety of clinical education settings: intercollegiate athletics at UWF, area high schools, professional teams, and sports medicine clinics. The students' clinical education is specifically designed to reinforce and apply the concepts that are addressed in the classroom component.

Students graduating from this program are eligible to sit for the National Athletic Trainers' Association (NATA) Board of Certification (BOC) Certification Examination and athletic training state licensure/certification in Florida (as well as other states). The program is accredited by the Commission on Accreditation of Athletic Training Education (CAATE).

Athletic Training Mission and Purpose

The mission of the Athletic Training Program (ATP) at The University of West Florida is to provide quality didactic (classroom) and clinical (hands-on) preparation for individuals pursuing a career in the athletic training profession. The effective integration of the didactic and clinical education provides the students with the necessary knowledge and skills required to perform as a competent healthcare provider to the physically active person. Furthermore, it is our desire to enhance the physical and mental well-being of our students and to promote a better quality of life.
The purpose of the undergraduate Athletic Training Program (ATP):

- The program develops the cognitive and psychomotor skills in the various athletic training domains to prepare students to provide quality healthcare to the physically active person who is involved in recreational, interscholastic, intercollegiate, or professional activities.
- The athletic training students experience a clinical education environment with the UWF Athletic Department Athletic Training staff, and other healthcare professionals in the community to provide quality, hands-on healthcare to their patients.
- The program is committed to educating physically active individuals, coaches, administrators, other allied healthcare professionals, and the general public of the roles and responsibilities of the BOC Certified Athletic Trainer in serving as a primary point-of-service for quality healthcare to the physically active person.

Student Learning Outcomes (SLOs)
The AT program comprehensive assessment plan includes the following SLOs (long-term aspirational statements of educational intent):

**Content**
- Identify and apply concepts and principles in the delivery of health care with various populations
- Identify opportunities for professional life in athletic training

**Critical Thinking**
- Evaluate and use evidence-based medicine data as a framework for the delivery of health care.
- Critically examine the literature and research in athletic training and related fields.

**Communication**
- Create and deliver effective interpersonal interaction and oral presentations
- Write using professional standards

**Integrity/Values**
- Recognize the ethical dilemmas encountered in the healthcare professions
- Describe and adhere to relevant and appropriate professional ethical standards

**Project Management**
- Collaborate effectively with other healthcare professions and community agencies
- Design, implement, and assess projects using specific criteria within given time constraints.

Program Goals and Objectives
The ATP has structured its’ goals, objectives, and SLOs in accordance with the 8 content areas depicted in the 5th edition of the Athletic Training Educational Competencies developed by the NATA Executive Committee for Education.

The athletic training student will:
1. Demonstrate knowledge and skills in Prevention and Health Promotion (PHP).
   1.1 Demonstrate the ability to identify injury and illness risk factors and nutritional aspects that may be encountered by athletes and others involved in physical activity and to plan and implement a Prevention and Health Promotion program with a performance of no less than 70% as evaluated by Likert scales, task sheets, check sheets and/or tests.

2. Demonstrate knowledge and skills in Evidence-Based Practices (EBP).
   2.1 Collect knowledge and values that the entry-level certified athletic trainer must possess to understand the importance of using Evidence-Based Practices necessary for to use a systematic approach to ask and answer clinically relevant questions that affect patient care by using review and application of existing research evidence with a performance of no less than 70% as evaluated by Likert scales, task sheets, research of current literature, and/or tests.

3. Demonstrate knowledge and skills in Clinical Examination and Diagnosis (CE).
   3.1 Collect the knowledge, skills, and values that the entry-level certified athletic trainer must possess to perform Clinical Examination and Diagnosis of athletes and others involved in physical activity and to determine proper care, referring the client to other health care providers when appropriate with a performance of no less than 70% as evaluated by Likert scales, task sheets, scenario-based modules, practical exams, and/or tests.

4. Demonstrate knowledge and skills in Acute Care of Injury and Illness (AC).
   4.1 Collect the knowledge, skills and values that the entry-level certified athletic trainer must possess to recognize, assess, and treat the acute injuries and illnesses of athletes and others involved in physical activity and to provide appropriate medical referral with a performance of no less than 70% as evaluated by Likert scales, task sheets, scenario-based modules, practical exams, and/or tests.

5. Demonstrate knowledge and skills Therapeutic Interventions (TI).
   5.1 Collect the knowledge, skills, and values that the entry-level certified athletic trainer must possess in Therapeutic Interventions including therapeutic modalities, rehabilitation and exercise, pharmacologic applications, including awareness of the indications, contraindications, precautions, and interactions of medications and of the governing regulations relevant to the treatment of injuries to and illnesses of athletes and others involved in physical activity with a performance of no less than 70% as evaluated by Likert scales, task sheets, practical exams, and/or tests.

6. Demonstrate knowledge and skills in Psychosocial Strategies and Referral (PS).
   6.1 Collect the knowledge, skills, and values that the entry-level certified athletic trainer must possess in Psychosocial Strategies and Referral to recognize, treat, and refer, when appropriate, medical conditions and disabilities, sociocultural, mental, emotional, and physical behaviors of athletes and others involved in physical activity with a performance of no less than 70% as evaluated by Likert scales, task sheets, oral presentations, and/or tests.
7. Demonstrate knowledge and skills of Professional Development and Responsibility (PD).
   7.1 Collect the knowledge, skills, and values that the entry-level certified athletic trainer must possess Professional Development and Responsibility to understand professional responsibilities, avenues of professional development, and national and state regulatory agencies and standards in order to promote athletic training as a professional discipline and to educate athletes, students of athletic training, the general public, the physically active, and associated individuals with a performance of no less than 70% as evaluated by Likert scales, task sheets, and/or tests.

8. Demonstrate the knowledge and skills in Healthcare Administration (HA).
   8.1 Collect the knowledge, skills and values that the entry-level certified athletic trainer must possess in Healthcare Administration to develop, administer, and manage a health care facility and associated venues that provide health care to athletes and others involved in physical activity with a performance of no less than 70% as evaluated by Likert scales, task sheets, check sheets, oral presentations, and/or tests.

**UWF Academic Administrative Information**

President
Dr. Martha Saunders
Provost
Dr. George Ellenberg
Vice President of Student Affairs
Dr. Joffery Gaymon
Dean, College of Health
Dr. Denise Seabert
Chair, Department of Ex. Sci. & Community Health
Dr. Debra Vinci
Director, Athletic Training Professional Degree Program
Mr. Rich Frazee
Clinical Education Coordinator, ATPDP
Dr. Chris Dake
Medical Director, ATPDP
Dr. Josh Hackel

**UWF Athletic Administrative Information**

Director of Athletics
Mr. David Scott
Associate Director of Athletics
Mr. Tony Nguyen
Head Athletic Trainer
Mr. Arnold Gamber
Assistant Athletic Trainer
Ms. Kaci Noblitt
Assistant Athletic Trainer
Mr. Steve Ciolino

**Andrews Institute/ Baptist Healthcare Administrative Information**

Team Physicians
Dr. Roger Ostrander, Dr. Josh Hackel
**Freshman Year**

<table>
<thead>
<tr>
<th>Fall, Semester 1</th>
<th>Spring, Semester 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>English Composition I (3)</td>
<td>English Composition II (3)</td>
</tr>
<tr>
<td>MAC 1105 - College Algebra (3)</td>
<td>STA 2023 - Elements of Statistics (3)</td>
</tr>
<tr>
<td><strong>APK 2100C Applied Human Anatomy (4)</strong></td>
<td><strong>APK 2100C Applied Human Physiology (4)</strong></td>
</tr>
<tr>
<td>*Social Sciences Perspectives: (3)</td>
<td>*Humanities/Fine Arts- General Studies (3)</td>
</tr>
<tr>
<td><strong>APK 2100C Applied Human Anatomy (4)</strong></td>
<td><strong>APK 2100C Applied Human Physiology (4)</strong></td>
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**Sophomore Year**

<table>
<thead>
<tr>
<th>Fall, Semester 3</th>
<th>Spring, Semester 4 (Apply in March for Admission into ATPDP)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ATR 2010 - Adv. Prev. &amp; Care of Inj.(3)</strong></td>
<td><strong>ATR 3302C Therapeutic Modalities in AT (3)</strong></td>
</tr>
<tr>
<td><strong>ATR 3132 - Functional Kinesiology (3)</strong></td>
<td><strong>ATR 3302L Ther. Mod. in Lab (1)</strong></td>
</tr>
<tr>
<td>*General Studies-Values (3)</td>
<td><strong>ATR 3212- Eval. Techniques. of Athl. Inj. I (3)</strong></td>
</tr>
<tr>
<td>Free Elective /(BSC1005/L) (3/4)</td>
<td>Literature General Studies (3)</td>
</tr>
<tr>
<td>(15/16)</td>
<td>Historical General Studies (3)</td>
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**Junior Year**

(Admitted students begin professional phase)

<table>
<thead>
<tr>
<th>Fall, Semester 5</th>
<th>Spring, Semester 6</th>
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<tbody>
<tr>
<td>ATR 3812 - A.T. Clinical I (3)</td>
<td>ATR 3822 - A.T. Clinical II (3)</td>
</tr>
<tr>
<td>ATR 4213 - Eval. Tech. of Ath. Inj. II (3)</td>
<td>APK 3220C Mechanics of Motion (4)</td>
</tr>
<tr>
<td>ATR 4314/L - Rehab. Of Athl. Inj. /Lab(4)</td>
<td>ATR 4432 - Gen. Medical Conditions (2)</td>
</tr>
<tr>
<td>APK 3110 - Exercise Physiology (3)</td>
<td>APK 4163 Sports Nutrition (or HSC 2577) (3)</td>
</tr>
<tr>
<td>APK 3110L - Ex. Phys. Lab (1)</td>
<td>Free Electives/(Physics /L) (3/4)</td>
</tr>
<tr>
<td>(14)</td>
<td>(16/17)</td>
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</tbody>
</table>

**Senior Year**

<table>
<thead>
<tr>
<th>Fall, Semester 7</th>
<th>Spring, Semester 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>APK 4114C Phys. Basis Strength Dev. (3)</td>
<td>ATR 4842 - A.T. Clinical IV (3)</td>
</tr>
<tr>
<td>ATR 4933 - Sr. Seminar in A.T. (3)</td>
<td>APK Elective, if needed (3)</td>
</tr>
<tr>
<td>ATR 4832 - A.T. Clinical III (3)</td>
<td>2nd major Electives, if any (6)</td>
</tr>
<tr>
<td>Electives (or 2nd major) -</td>
<td></td>
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**Prerequisite courses for Admission into AT Professional Degree Program**

*Required major courses recommended prior to applying for admission

Blue ink-courses that contain and measure athletic training knowledge, skills, and abilities.

State mandated prerequisites that must be completed prior to graduation:

- **PHY 2053/L General Physics / Lab, BSC2010/L- General Biology, PSY 2012- General Psychology**

Check University Catalog for other mandatory general studies courses.

All students must meet the minimum of 120 semester hours for B.S. undergraduate degree.
Native students entering the University of West Florida as freshman must complete 9 credits in any subject matter during summer sessions before graduation. ATEP Admission materials can be found on website: https://uwf.edu/ukcoh/departments/movement-sciences-and-health/undergraduate-majors/athletic-training/

**AT Program Progression, Retention, Health and Safety Policies**

AT students must acknowledge and adhere to a number of policies and procedures in order to progress through the AT Program. Many of these policies are part of your admission application. These policies must be kept up-to-date in your portfolio in the Director’s office. These policies are addressed during The AT Program annual in-service. Attendance is mandatory. Student review and acknowledgement signatures are required annually on the following documents:

<table>
<thead>
<tr>
<th>POLICY/DOCUMENT</th>
<th>LINK</th>
</tr>
</thead>
<tbody>
<tr>
<td>Progression and Retention Policy</td>
<td>See document below/Annual In-service</td>
</tr>
<tr>
<td>HIPAA/FERPA</td>
<td>Annual In-service -See document below</td>
</tr>
<tr>
<td>Degree Works Academic Audit</td>
<td>Annual In-service</td>
</tr>
<tr>
<td>CPR certification</td>
<td>Annual In-service</td>
</tr>
<tr>
<td>Immunizations</td>
<td>Included with university admission.</td>
</tr>
<tr>
<td>Lightning</td>
<td>Annual In-service</td>
</tr>
</tbody>
</table>
HIPAA/FERPA Acknowledgement Form

All those in healthcare must now comply with the federal regulations of The Administration Simplification Subtitle of the Health Insurance Portability & Accountability Act of 1996 (HIPAA). This Act requires that individually identifiable patient information be disclosed on a need to know basis only. Care must be taken to minimize incidental disclosures and must disclose only minimal amounts of information necessary to accomplish the task. The minimum disclosure standard, however, does not apply to requests for information by a healthcare provider for treatment purposes. For example, if one must administer a medication, you will have full access to the medical record. This is covered by the patient’s consent for treatment.

In order to protect patient/client privacy, all personally identifying information must be removed from student papers, such as care plans and case studies. Information to be removed includes: the individual's name, initials, address, phone number, fax number and social security number. Student papers may not be copied for careless circulation and handling. These written documents containing private health information must be either carefully stored or shredded to prevent the circulation of confidential patient information. Confidentiality and privacy also extends to oral communications which extend beyond the need to know for treatment and/or educational purposes.

HIPAA is a Federal law. Penalties for wrongful disclosure range from fines to fines and/or imprisonment.

FERPA stands for "Family Educational Rights and Privacy Act of 1974" also known as "The Buckley Amendment." FERPA is the United States federal law that protects student records privacy review and disclosure rights. FERPA places certain restrictions on the kinds of information about students that can be shared without explicit permission from the student.

I, ______________________________, acknowledge that I have accessed, read, and understand the contents of HIPAA and FERPA and hereby agree to adhere to these laws.

______________________________  __________
Signature  date

______________________________  __________
Print name

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Athletic Training Program Progression and Dismissal Policy
In order to progress through the AT program, athletic training students must meet all of the following retention requirements:

- Completion of all clinical proficiencies with a grade of satisfactory
- Earn a “C” or better in all Athletic Training core courses
- Maintain an in major GPA of 3.0 or better
- Maintain an overall GPA of 2.70 or better
- Must not have excessive absences from AT related classes or clinical rotations (Excessive will be determined by the AT faculty)
- Must receive satisfactory on all clinical evaluations.
- Continue to meet all requirements for admission and retention that are laid out in the University of West Florida student handbook
- Continue to display professional behavior whenever representing the University of West Florida AT program

Dismissal Policy- ELIGIBLE FOR READMISSION
Readmission to the AT Program is not guaranteed. Readmission is based on total available slots, academic standings, sufficient resources, available space in clinical settings, as well as available faculty members.
Students not successful in a course will be ranked according to final percentage grade to determine academic standing in that course. Students seeking readmission are to follow the instructions on the Readmission and submit completed the Readmission Request Form.
Students readmitted must maintain all program progression requirements listed above, prior to pre-registration for the semester in which they are requesting re-entry into the AT program. Students may be required to validate course material previously taken through written and/or lab/clinical examination as determined by the faculty. The need for course knowledge validation will be determined by faculty based upon previous grades and length of time away from AT courses.

Dismissal Policy- NOT ELIGIBLE FOR READMISSION
In accordance with the policies of the University of West Florida, the faculty and chair of the of the AT Program reserve the right to dismiss at any time a student whose health, conduct (academic) dishonesty, (professional conduct), general attitude, clinical performance, or scholastic standing make it inadvisable to retain the student in the program. Students are expected to display qualities that are desirable in professional persons as described in the NATA Code of Ethics (available online at www.nata.org).

- “F” grade in an AT course
- Repeat grade below “C” in same AT course
- Two below “C” grades in any AT course in the same semester
- Cheating on tests, assignments, forgery, and plagiarism (this is not an all inclusive list)
- Any second violation of the standards listed
- Unprofessional behavior (This is at the discretion of the AT faculty )

All violations will be reviewed by the AT faculty and the department chair for ESCH.
Students who are dismissed or are not successful in the AT Program are asked to complete the Student Exit Questionnaire.

I,________________________________________, have read and understand the content of the UWF Athletic Training
Clinical Education

Overview:
The clinical education component of the UWF AT Program is designed as a “learning over time” model, where students are provided the opportunity to apply and master skills that have been taught, practiced and initially tested during the previous semester. Athletic training skills learned in the previous semester are tested again for mastery in the Athletic Training Clinical courses. For example, a student will learn how to perform ligamentous stress testing of the knee during the spring semester of their first year, and will then take a skill mastery test in the following fall semester. Additionally, the clinical education component allows students to experience various sports medicine settings and healthcare professions, and as a result, will be better acquainted with that aspect of athletic training that he/she will pursue after graduation from UWF (university/college; sports medicine outreach; sports medicine clinic; professional teams; graduate assistantships; etc.).

Over the course of the four athletic training clinicals, each student will be tested for skill mastery of skills and techniques utilized by athletic trainers. Mastery of clinical skills is an academic requirement of each athletic training clinical course. Students are not asked to perform any skill that he/she has not demonstrated on a mastery level. This insures that the student will not perform any skill inappropriately that might cause harm to the patient.

Each student works under the direct verbal and physical supervision of designated preceptors. The preceptors work with each student on an individual basis to insure that each skill is mastered in the clinical setting. This insures that after the student leaves this program that he/she will perform skills in accordance with current established guidelines and procedures. Furthermore, the clinical education plan is designed to prepare each student to successfully pass the BOC Athletic Trainer Certification Examination on the first time.

Professionalism
Students in AT Program will be subjected to disciplinary action for behavior deemed “unprofessional” by either the UWF Faculty/Staff or affiliated ACI certified athletic trainers. Unprofessional behavior includes but is not limited to TARDINESS/ UNEXCUSED ABSENCES, CONDUCT, and DRESS & PROFESSIONAL APPEARANCE. (Dress and Professional appearance policies can be found on pages 17-20). Policies concerning disciplinary action will be discussed and reviewed with the ATPDP students at the beginning of each semester.

Athletic Training Clinical Courses:
All athletic training students are required to complete 4 Athletic Training Clinical courses over a four-semester period (fall/spring/fall/spring). During each semester, the student will be assigned to various preceptors (BOC
Certified Athletic Trainers; physicians; physician assistants; nurse practitioners; physical therapists; occupational therapists; etc.) in the Pensacola area. The preceptors are employed in a variety of settings (University of West Florida Department of Intercollegiate Athletics; sports medicine outreach programs; hospitals; physician clinics; rehabilitation clinics; professional athletic teams; etc). Students are assigned at the beginning of each semester to various clinical instructor(s) depending on level of experience (first year or second year) in the AT Program. The athletic training clinical courses are designed to provide students with broad-based experiences in healthcare settings that include the following:

- Upper extremity injury intensive (baseball, softball, tennis, etc.)
- Lower extremity injury intensive (track/cross country, soccer, basketball, etc.)
- Equipment intensive (football, etc.)
- General medical (physician, physician assistant, nurse practitioner)
- Allied healthcare intensive (physical therapy, occupational therapy, etc.)

A minimum/maximum requirement for clinical hours is incorporated into each clinical course syllabi. The policy is implemented through the usage of Clinical Hour's log sheets. Students and preceptors are expected to adhere to the following minimum/maximum clinical hour requirements:

- Semester 1: 180-225 hours (12-18 hours per week; fall semester sports offer more opportunity)
- Semester 2: 210-255 hours (10-15 hours per week; spring offer less opportunity)
- Semester 3: 240-300 hours (16-20 hours per week)
- Semester 4: 270-375 hours (18-15 hours per week)

Each student will complete rotations which incorporate a variety of patient populations, care providers, and health care settings. The clinical education plan follows a logical progression and reinforces the sequence of formal instruction of athletic training knowledge, skills, and clinical abilities, including clinical decision-making. Clinical education assignments cannot discriminate based on sex, ethnicity, religious affiliation, or sexual orientation.

**Employment Conflicts With Clinical Education**

The clinical education component (UWF clinical sites; off-campus clinical sites; curriculum in-services) is a vital aspect of the overall education process for the athletic training student. The clinical setting provides each student a unique opportunity to practice and apply those skills that have been taught and learned in the formal classroom setting.

All aspects of the clinical education component during each semester will take priority over outside employment opportunities for each student. For this reason, students are not encouraged to take outside jobs. Since clinical rotations may occur at different sites with different schedules from rotation to rotation, part-time jobs are not practical during this phase of training. The athletic training faculty/staff will make every effort to provide advance scheduling of rotation assignments on a semester basis.

Volunteering for athletic training clinical experiences outside of the academic calendar year is a vital component to fully understanding the demands of the athletic training profession. Students are encouraged to take advantage of these learning experiences.

**Professional Conduct**

All athletic training students are required to conduct themselves in a professional manner. Obligations are
outlined in the following documents:
- This UWF Student Handbook
- NATA Code of Ethics

Any student who is dismissed for inappropriate conduct will not be re-assigned to another clinical site for the remainder of the semester. If a student is dismissed then the Director of Athletic Training will initiate a formal review process. Any student who is dismissed from a clinical site may be suspended and or expelled from the program depending on the nature of inappropriate conduct.

Examples of inappropriate conduct include:
- Failure to follow established policies/procedures at the clinical site.
- Insubordination to supervisors and/or other professional staff at the clinical site.
- Failure to complete tasks.
- Unexcused absences/tardiness.
- Inappropriate verbal/physical conduct towards the athlete/patient.
- Use of illegal substances or inappropriate use of prescription medications.
- Criminal prosecution for a felony and/or misdemeanor offense (as outlined in the Florida statutes/laws/regulations for Athletic Trainers).
- Failure to follow code of conduct for UWF Students and/or NATA Code of Ethics.

**Dress and Professional Appearance**

All athletic training students are required to be dressed in appropriate clothing when attending designated athletic training clinical sites. Dress and professional appearance standards have been established to allow easy recognition by coaches, athletes, patients, peers, and preceptors. Additionally, the student is representing the university, the athletic training program, and their future profession.

Any student who does not follow the dress and professional appearance standards for this program will not be allowed to participate in the athletic training clinical site for that day. Additionally, a dismissal from the athletic training clinical site by the clinical instructor for inappropriate dress and/or professional appearance will be regarded as an unexcused late absence from the clinical site. Dismissal from a clinical site due to a violation of the established dress and professional appearance will negatively affect a student’s final grade in the athletic training clinical course. Additionally, continual dismissals from a clinical site may result in suspension or expulsion from the AT Program.

The following sections outline dress and professional appearance for all athletic training students to adhere to during the athletic training clinical assignments:

**Name Badges**
- Must be worn at all times and clearly visible during any aspect of the clinical education component of this program (if wearing a jacket or sweater then the name badge must be worn on the outside)
- Must be worn on the lanyard provided by the UWF Athletic Training Clinic.

**Watches (digital or analog)**
- Must be worn at all times.
- The watch must have a second hand in order to take vital signs or record other information related to emergency treatment or rehabilitation of the athlete.

### Hair
- Neatly combed and prepared.
- No unusual colors (fluorescent, etc.) or styles (spiked, “Mohawks”, “dreadlocks”, “corn-rows”, etc.). The hair design should maintain a professional appearance at all times. The clinical instructor at each clinical site reserves the right to dismiss the student for inappropriate or exotic hair designs.
- Facial hair is allowed as long as it is neatly groomed/shaven.
- Hair length
  - If hair length exceeds the shoulders then the hair must be neatly held back by a hairclip, tie, or bow.
- If assigned to a University sport, the student must also adhere (but will never supersede the athletic training student handbook policies) to the dress codes as established by the head coach of that sport rotation.

### Fingernails
- No fingernails longer than the tips of the fingers.
- No unusual coloring of fingernails.

### Head Clothing
- Official UWF logo or NATA sponsoring organizations caps allowed at outdoor clinical sites.
- During inclement weather appropriate head clothing can be worn.
- No head clothing is to be worn when indoors.
- No bandanas or cloth “skin” caps allowed at any time.
- No fraternity or sorority hats at any time.

### Jewelry
- **In General**
  - No tongue piercing.
  - No facial piercing.
  - No nose piercing.
  - Any piercing below the neckline is permitted but must not be visible.
  - Necklaces
    - Permitted but must be worn inside of shirt collar.
  - Finger Rings
    - No more than two rings per hand.
  - Bracelets (cloth or metal)
    - Permitted but must not be loose fitting.
    - No visible bracelets (cloth or metal) on ankles.
- **Gender Specific**
  - **Men**
    - No earrings or any type of ear piercing.
  - **Women**
    - No more than one earring/piercing in each ear.
    - Earrings/ear piercing must be matching and in same location (i.e., right lobe, left lobe).
Earrings cannot be more than ½” in diameter.

**Shoes**

- **Outdoor Athletic Training Clinical Sites (practice or game)**
  - No open toe or open heel shoes allowed.
  - Tennis or running shoes and socks only.
    - Exception is during inclement weather, which time the student may wear appropriate shoes for wet weather.
  - Shoe soles not to exceed 1”.

- **Indoor Sporting Events**
  - **Practices**
    - No open toe or open heel shoes allowed.
    - Tennis or running shoes and socks only.
    - Shoe soles not to exceed 1”.
  - **Games**
    - No open toe or open heel shoes allowed.
    - Dress shoes if wearing dress clothing (suit, dress, etc.)
    - Shoe soles not to exceed 1”
    - No high heel shoes.

- **Sports Medicine Clinics or Non-Sport Clinical Assignments**
  - No open toe or open heel shoes allowed.
  - Dress shoes only.
  - Tennis or running shoes may be worn ONLY if allowed by clinic/facility guidelines.
  - Shoe soles not to exceed 1”.
  - No high heel shoes.

**Pants/Shorts**

- **UWF Sports/High School Rotations**
  - **In General**
    - No shorts below the knees.
    - If pants/shorts have belt loops, an appropriate belt must be worn.
    - No running or practice shorts of any time are permitted.
    - No blue jean shorts or pants at any time.
    - Pant/shorts should be seasonally appropriate at all times.
  - **Length of shorts:**
    - Never below the superior border of the patella.
    - Never higher than the fingertips when hands are to the side and extended.
  - **Practices**
    - Khaki pants/shorts only.
      - Cargo pants/shorts are permitted.
      - “Wind pants” are permitted during inclement weather.
  - **Games**
    - Khaki pants/shorts only; dress slacks when appropriate.

- **Sports Medicine Clinics or Non-Sport Clinical Assignments**
  - Khaki pants or dress slacks only.
  - Cargo pants are NOT permitted.
Shirts

- UWF Sports/High School Rotations
  - In General
    - Shirts must be neat, clean, and tucked.
    - During inclement weather long-sleeve clothing may be worn if the student has not been issued official clothing.
    - Any logo other than UWF must not exceed the size of a business card.
    - Plain colored t-shirts or collared shirts may be worn.
  - Practices
    - Shirts (t-shirt or collar) purchased and/or issued by UWF Athletic Training Staff.
    - Shirts issued by the UWF coaching staff.
    - Shirts purchased that have a UWF Logo or insignia, but does not include any organizations (i.e., fraternities, sororities, student clubs, etc.)
  - Games
    - Collar shirt purchased and/or issued by UWF Athletic Training Staff or preceptor.
    - May substitute formal dress clothing (dress shirt and tie) during indoor UWF Sport Events (See clinical instructor for specific dress attire).

- Sports Medicine Clinics or Non-Sport Clinical Assignments
  - Dress shirts with a collar OR collar shirt with approved UWF Athletic Training lettering or logo.

Dress Code For Morning Rotation In UWF Athletic Training Clinic
AT students, as a minimum standard, must wear a UWF shirt or polo and khaki slacks or shorts. AT students should consult with their preceptor for specific facility policy.

NATA Code of Ethics

Preamble

The National Athletic Trainers’ Association Code of Ethics states the principles of ethical behavior that should be followed in the practice of athletic training. It is intended to establish and maintain high standards and professionalism for the athletic training profession. The principles do not cover every situation encountered by the practicing athletic trainer, but are representative of the spirit with which athletic trainers should make decisions. The principles are written generally; the circumstances of a situation will determine the interpretation and application of a given principle and of the Code as a whole. When a conflict exists between the Code and the law, the law prevails.

1. MEMBERS SHALL PRACTICE WITH COMPASSION, RESPECTING THE RIGHTS, WELFARE, AND DIGNITY OF OTHERS

1.1 Members shall render quality patient care regardless of the patient’s race, religion, age, sex, ethnic or national origin, disability, health status, socioeconomic status, sexual orientation, or gender identity.

1.2. Member’s duty to the patient is the first concern, and therefore members are obligated to place the welfare and long-term well-being of their patient above other groups and their own self-interest, to provide competent care in all decisions, and advocate for the best medical interest and safety of their patient at all times as delineated by professional statements and best practices.

1.3. Members shall preserve the confidentiality of privileged information and shall not release or otherwise
publish in any form, including social media, such information to a third party not involved in the patient’s care without a release unless required by law.

2. MEMBERS SHALL COMPLY WITH THE LAWS AND REGULATIONS GOVERNING THE PRACTICE OF ATHLETIC TRAINING, NATIONAL ATHLETIC TRAINERS’ ASSOCIATION (NATA) MEMBERSHIP STANDARDS, AND THE NATA CODE OF ETHICS

2.1. Members shall comply with applicable local, state, federal laws, and any state athletic training practice acts.

2.2. Members shall understand and uphold all NATA Standards and the Code of Ethics.

2.3. Members shall refrain from, and report illegal or unethical practices related to athletic training.

2.4. Members shall cooperate in ethics investigations by the NATA, state professional licensing/regulatory boards, or other professional agencies governing the athletic training profession. Failure to fully cooperate in an ethics investigation is an ethical violation.

2.5. Members must not file, or encourage others to file, a frivolous ethics complaint with any organization or entity governing the athletic training profession such that the complaint is unfounded or willfully ignore facts that would disprove the allegation(s) in the complaint.

2.6. Members shall refrain from substance and alcohol abuse. For any member involved in an ethics proceeding with NATA and who, as part of that proceeding is seeking rehabilitation for substance or alcohol dependency, documentation of the completion of rehabilitation must be provided to the NATA Committee on Professional Ethics as a requisite to complete a NATA membership reinstatement or suspension process.

3. MEMBERS SHALL MAINTAIN AND PROMOTE HIGH STANDARDS IN THEIR PROVISION OF SERVICES

3.1. Members shall not misrepresent, either directly or indirectly, their skills, training, professional credentials, identity, or services.

3.2. Members shall provide only those services for which they are qualified through education or experience and which are allowed by the applicable state athletic training practice acts and other applicable regulations for athletic trainers.

3.3. Members shall provide services, make referrals, and seek compensation only for those services that are necessary and are in the best interest of the patient as delineated by professional statements and best practices.

3.4. Members shall recognize the need for continuing education and participate in educational activities that enhance their skills and knowledge and shall complete such educational requirements necessary to continue to qualify as athletic trainers under the applicable state athletic training practice acts.

3.5. Members shall educate those whom they supervise in the practice of athletic training about the Code of Ethics and stress the importance of adherence.

3.6. Members who are researchers or educators must maintain and promote ethical conduct in research and educational activities.

4. MEMBERS SHALL NOT ENGAGE IN CONDUCT THAT COULD BE CONSTRUED AS A
CONFLICT OF INTEREST, REFLECTS NEGATIVELY ON THE ATHLETIC TRAINING PROFESSION, OR JEOPARDIZES A PATIENT’S HEALTH AND WELL-BEING.

4.1. Members should conduct themselves personally and professionally in a manner that does not compromise their professional responsibilities or the practice of athletic training.

4.2. All NATA members, whether current or past, shall not use the NATA logo in the endorsement of products or services, or exploit their affiliation with the NATA in a manner that reflects badly upon the profession.

4.3. Members shall not place financial gain above the patient’s welfare and shall not participate in any arrangement that exploits the patient.

4.4. Members shall not, through direct or indirect means, use information obtained in the course of the practice of athletic training to try and influence the score or outcome of an athletic event, or attempt to induce financial gain through gambling.

4.5. Members shall not provide or publish false or misleading information, photography, or any other communications in any media format, including on any social media platform, related to athletic training that negatively reflects the profession, other members of the NATA, NATA officers, and the NATA office.

Reporting of Ethics Violations

Anyone having information regarding allegations of ethical violations, and wishing to supply such information to NATA, shall supply this information, with as much specificity and documentation as possible, to NATA’s Executive Director or Chair of the Ethics Committee. Information need not be supplied in writing, and the reporting individual need not identify him or herself. Information, however, that is too vague, cannot be substantiated without the assistance of the reporting person, or information where, in the opinion of the NATA Executive Director or Ethics Chair, there is no need for anonymity for the reporting individual will not be forwarded for action by the committee.

An individual may report information on the condition that the individual's name or certain other facts be kept confidential. NATA may proceed with an investigation subject to such a condition; however, NATA must inform the reporting individual that at some point in the investigation NATA may determine that it cannot proceed further without disclosing some of the confidential information, either to the applicant or member under investigation or to some other party. A reporting individual, upon receiving this information from NATA, may decide whether or not to allow the information to be revealed. If the reporting individual decides that the necessary information must remain confidential, NATA may be required to close the unfinished investigation for lack of necessary information. Individuals are strongly encouraged to provide relevant information, with as much detail as possible, in writing to:

NATA
Ethics Investigations
2952 Stemmons Freeway
Dallas, TX 75247-6196
Financial Aid and Scholarships

Due to the unique nature of this academic program, students are required to participate in a progressively increasing number of clinical clock hours each semester (approximately 15 hours/week). The Athletic Training Professional Degree Program at UWF itself does not provide any form of work-study, student employment or scholarship activities. The athletic training students have the same equal access to these resources as any other UWF student. Students may be eligible for state/federal funds in the form of academic scholarships, work-study, Pell Grants, subsidized/unsubsidized student loans, and other forms of financial assistance. There is no fee for applying for financial aid. Contact the Office of Student Financial Assistance (http://uwf.edu/finaid/) for additional information on financial assistance at The University of West Florida.

Scholarships are available through various athletic training professional organizations. All of the scholarships listed below require the applying student to obtain a professional letter of reference from the Athletic Training Faculty/Staff. Below is a summary of the scholarship opportunities available to each student in the AT Program:

The National Athletic Trainers’ Association (NATA) also awards fifty $2000 scholarships through its Research and Education Foundation (NATA REF) each year to deserving undergraduate and graduate students who are pursuing a career in athletic training. For more information on applying for these scholarships, go to the National Athletic Trainers’ Association website (http://www.nata.org) or call 1-800-TRY-NATA, or contact the Director of Athletic Training.

The Southeast Athletic Trainers’ Association (SEATA), or District IX of the National Athletic Trainers’ Association, offers deserving students various scholarships at the undergraduate and graduate levels. For more information, go to the SEATA website (http://www.seata.org) or contact the Director of Athletic Training.

The National Collegiate Athletic Association (NCAA) (http://www.ncaa.org) offers post-graduate scholarships each year to deserving student-athletes and student support personnel (student managers, student assistant coaches, athletic training students, etc.). These awards range from $1000 to $5000 and are based on academic achievement, leadership, and community involvement. For more information, contact the NCAA or the Director of Athletic Training.