Preschool I Parent Handbook



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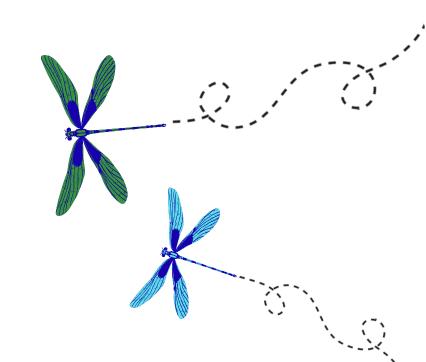
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IMPORTANT ITEMS FOR SCHOOL

Pull Ups

If your child requires pull-ups for nap time and/or is not fully potty trained, please provide at least a bag of pull-ups for the week's supplies.

Extra Clothes

Please provide two sets of extra clothes for your child. Extra clothes include two shirts, two pairs of shorts, two underwear, and two pairs of socks. Please keep the seasons in mind when sending clothes. Extra clothes must be labeled with your child's first and last name. They can be put in a one-gallon size Ziploc bag.

Child Sized Blanket and Pillow for Nap Time

Your child will need a small pillow and a blanket and should be labeled with your child's first and last name. Their blanket and small pillow must go home every Friday for washing and be brought back clean on Mondays. Mats are provided by the school and will be sanitized after every nap time.

Snacks

Snack times are 9:00 am and 3:00 pm. Please inform us if your child has any specific allergies or diet. Due to lack of storage space, we encourage you to send in no more than 20 snacks per week. You may bring snacks every Monday. They should be placed in a one-gallon size Ziploc bag with your child's name on the Ziploc bag. We strongly encourage you to send in healthy snacks.

Lunch

Please provide a nutritional lunch for your child. A healthy balanced diet is crucial for their growth and development. Children are proud when they do things on their own. A lunch box that is easy for your child to open is highly recommended. Juice boxes or thermos are acceptable as long as they all fit inside the lunch bag. Instant Easy Mac n Cheese or oatmeal must be prepared at home. Foods such as meat, hot dogs and fruits like grapes etc. should be cut into small pieces (lengthwise portions) at home.

- ALL ITEMS Should be Labeled with FIRST and LAST NAME:
- o Underwear
- o Pull Up
- o Lunchbox
- o Water Bottle
- o Bottles
- o Extra clothes
- o Shoes
- o Socks
- o Sunscreen and Bug Repellent

DAILY SCHEDULE

7:30 Center Opens/Drop Off in Preschool II

8:00 - 8:45 Free Play

8:45 - 9:00 Welcome Circle Time and Read Aloud

9:15 - 9:30 Snack Time

9:30 - 10:15 Outside Play

10:15 - 10:30 Circle Time

10:30 - 11:30 Free Choice & Small Group Learning

11:30 - 11:45 Music Time

11:45 - 12:00 Set up for Lunch and Rest Time

12:00 - 12:30 Lunch

12:30 – 2:30 Potty Time/Rest Time

2:30 - 3:00 Wake Up/Clean Up Time/Potty Time

3:00 - 3:30 Snack Time

3:30 - 4:30 Outdoor Play

4:30 – 5:00 Table Toys

5:00 – 5:15 Story Time



THINGS TO KNOW

Drop Off and Pick Up:

Drop off and pick up will occur at the door. Drop off ends at **9:00 AM** each day, unless your child had a doctor's appointment. If they have a doctor's appointment they must be dropped off before 11:00 AM. Please let the teacher know if you are not going to be in attendance or if you are going to be late due to an appointment. For early drop-off, you may drop off your child in the Preschool-II classroom and will move to our room at 8:00am. Please bring your child at least 15 minutes before cut-off time to help your child/ren settle in.

Playtime:

Please dress your child in 'play clothes' that will allow them to play and explore in a variety of activities. We will be participating in messy activities such as painting and sensory play.

Shoes:

We move and play a lot! Comfortable shoes such as tennis shoes or rubber shoes are highly recommended. Please no andals, heels, open-toed shoes, crocs and flip-flops.

Birthdays and Celebrations:

Birthday celebrations are most welcome. Store bought food or treat, and individually packed treats are required. However, if it needs to be served, please provide paper plates, napkins and utensils. Please let us know a couple of days before so we can prepare for those children with allergies.

Medication:

A permission to administer medication form must be filled out before a staff member before a staff member can administer medication to your child. This includes diaper cream.

Sunscreen and Bug Repellent:

An authorization form will need to be signed before we can apply the sunscreen and bug spray.

Personal Toys:

Toys from home are not permitted in the classroom. We are not responsible for any damaged, lost or misplaced toys brought to school. This applies to any jewelry as well.

Illness:

If your child is contagious or running a temperature of 100 or above, your child must remain at home to help prevent the spread of illness. If your child is at school and develops a fever, is vomiting or after 2 diarrhea diapers you will be called for pick up. Children sent home from school may not return to school until all symptoms have been absent for 24 hours without the use of fever reducing medication.

Classroom Communication:

To work hand in hand to ensure your child's best experience with us, we encourage all forms of communication. Verbal, email, GroupMe, are preferred communications. If you have any concerns and would like to personally discuss them in private, you are more than welcome to schedule a Teacher/Parent Conference. Please let me know so we can set a time and date. Written communication notes are used between teacher and parent. This will be taped into your child's lunch box as needed. (Ex. Need extra clothes, snacks or bathroom accidents)

Learning in the Classroom

The earliest years are all about relationships. Children need secure attachments to the special people in their lives so they can feel comfortable exploring new things and places. Our focus at the beginning of the year will be social emotional so each child feels secure and ready to explore in the classroom.

We recognize that all children grow and develop at their own pace. Learning in our classroom will be individualized so all children can participate fully. We will be using the Creative Curriculum (below) to guide us.



