

Online Group Therapy

FALL 2020 SCHEDULE

Students of Color Understanding Self & Others

Tuesdays, 2-3:30 P.M.

A gender-inclusive group space for students of color to discuss the complexities of life and academia.

In, Out & In-Between

Tuesdays, 3-4:30 P.M.

Are you having problems related to your sexual orientation and/or gender identity? This group offers students an opportunity to gain support from those who have endured similar struggles.

All-Gender Understanding Self & Others

Thursdays, 3-4:30 P.M.

Fridays, 10-11:30 A.M.

This group provides students with an opportunity to make sense of their relationship experiences, improve their self-esteem and gain support and feedback on their interpersonal style and behavior.

uwf.edu/Counseling

To find out how to join, call Counseling and Psychological Services at **850.474.2420** and ask how to schedule a group screen appointment.

Reasonable accommodations can be arranged based on documented needs. You must first register with Student Accessibility Resources: **850.474.2387, sar@uwf.edu.**