



**U.S. Department
of Veterans Affairs**

“Keeping the Promise”

Pensacola Vet Center is a community-based counseling center that provides a wide range of social and psychological services, including readjustment counseling to eligible Veterans, active duty service members, and prior activated National Guard and Reserve members.

Vet Center clients may include family members in their counseling services.

Readjustment Counseling offers assistance with the transition from military to civilian life as well as help recovering from trauma experienced while in the military.

We offer individual, group, marriage, and family counseling services.

We also help with necessary referrals and will assist with making connections to other VA and community services.

Telehealth Counseling Service (counseling from home using a computer webcam) is also available.

www.vetcenter.va.gov
(877) WAR-VETS

Talk to the **Veterans Crisis Line** now
(800) 273-8255 (press 1)





Vet Center Eligibility services include, but are not limited to:

- Served in a combat theater or area of hostility.
- Experienced a military sexual Trauma.
- Provided direct emergent medical care or mortuary services, while serving on active military duty, to the casualties of war.
- Served as a member of an unmanned aerial vehicle crew that provided direct support to operations in a combat zone or area of hostility.
- Vietnam Era veterans who have accessed care at a Vet Center prior to January 1, 2004

Service in combat theater or area of hostility to include but not limited to:

World War II, Korean War, Vietnam War, Lebanon, Grenada, Desert Storm/
Desert Shield, Bosnia, Kosovo, Operations in the former Yugoslavia area, Global War on
Terrorism, Operation Enduring Freedom, Operation Freedom's Sentinel, Operation Iraqi
Freedom, & Operation New Dawn

Vet Center staff members will assist with determining eligibility.



Pensacola Vet Center Hours

Monday	8:00 AM to 5:30 PM
Tuesday	7:00 AM to 7:00 PM
Wednesday	7:00 AM to 7:00 PM
Thursday	7:30 AM to 5:30 PM
Friday	7:30 AM to 4:30 PM

Additional hours, including Saturday, are available by appointment.



Confidentiality and Privacy

In accordance with Privacy Act of 1974, Vet Center counselors and staff members will not disclose your information regarding Vet Center services to anyone, including VHA and DoD personnel, without your written permission. For more information regarding confidentiality, contact the Vet Center.

Mobile Vet Center (MVC)



The **Mobile Vet Centers** (MVCs) of the Department of Veterans Affairs provide readjustment counseling and information resources to Veterans across the country. Like community-based **Vet Centers**, **Mobile Vet Centers** focus on services that help Veterans make the difficult transition between military and civilian life.

Counseling Services Include

- Problems resulting from PTSD
- Difficulty Adjusting
- Military Sexual Trauma
- Poor Anger Management
- Poor Stress Management
- Poor Communication
- Alcohol and/or Substance Abuse
- Compulsive Behavior
- Unresolved Guilt or Shame
- Marital Discord
- Relationship Problems
- Difficulty Socializing
- Difficulty Sleeping
- Bereavement and Loss
- Unresolved Family Problems

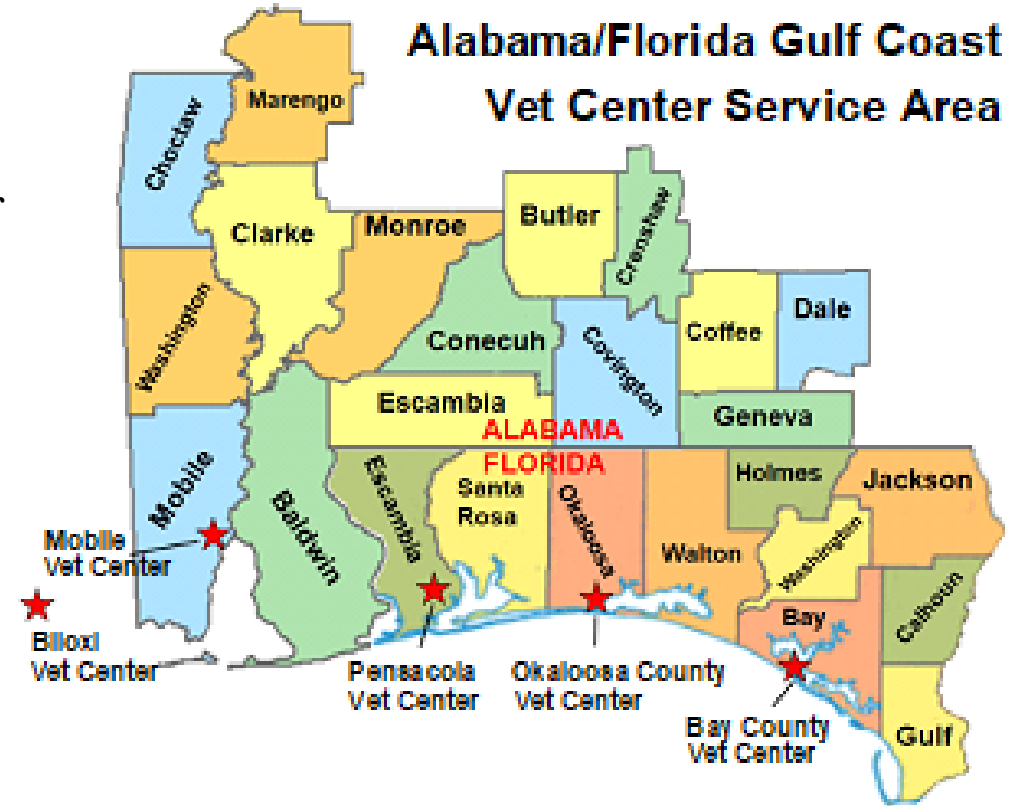
Additional Vet Centers along the Gulf Coast

Biloxi Vet Center
(228) 388-9938

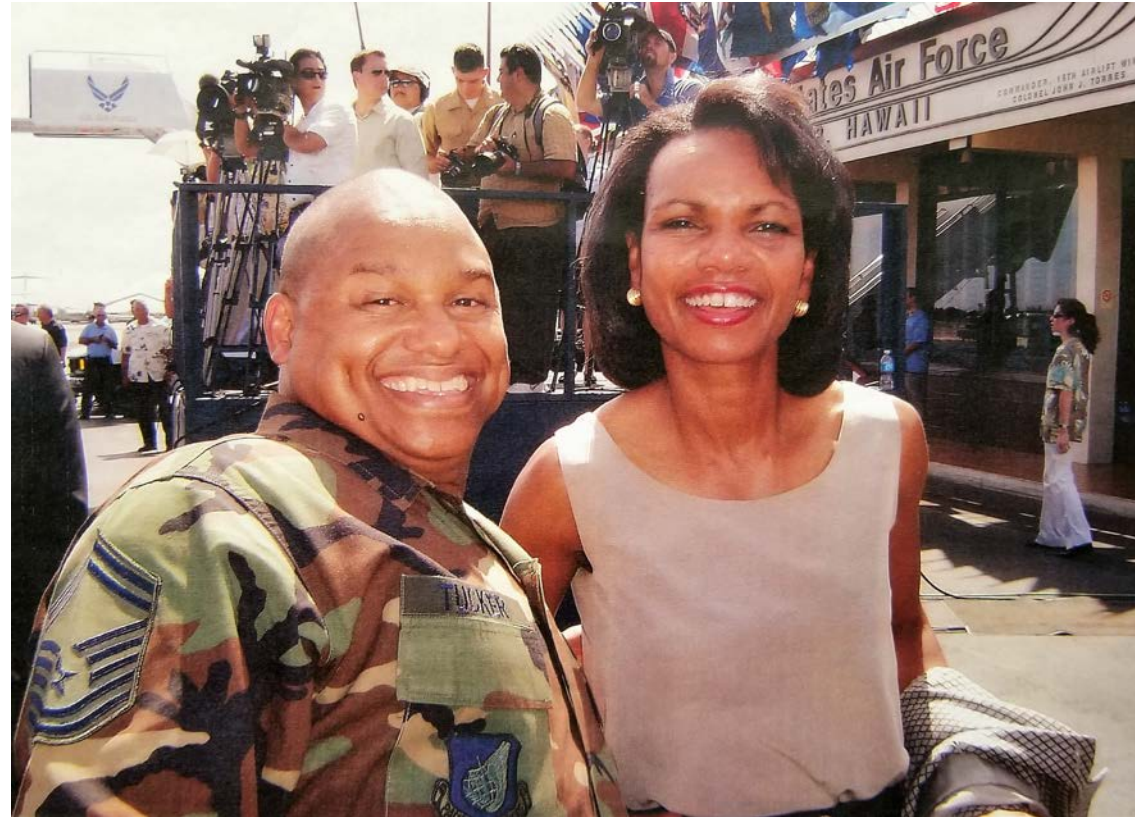
Mobile Vet Center
(251) 478-5906

Okaloosa County Vet Center
(850) 651-1000

Bay County Vet Center
(850) 522-6102



Serving Those Who Served



Vet Center Veterans in ACTION,...



...Back In The Day!