

| Date: September 2022   |                                                                                                                                                                                                                                                              | Program Name: Sport Performance and Coaching M.S.                               |                                                                                 |                                                                                               | CIP Code: 31.0501                                                                             |           | Department: Movement Sciences and Health                                                      |  |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-----------|-----------------------------------------------------------------------------------------------|--|
| 5-Year Assessment Plan |                                                                                                                                                                                                                                                              | Year 1                                                                          | Year 2                                                                          | Year 3                                                                                        | Year 4                                                                                        | Year 5    |                                                                                               |  |
| Domain                 | Program-Level Student Learning Outcome (From ALC or ALP)                                                                                                                                                                                                     | 2023-2024                                                                       | 2024-2025                                                                       | 2025-2026                                                                                     | 2026-2027                                                                                     | 2027-2028 |                                                                                               |  |
| Content                | Critically evaluate and utilize instructional behaviors for physical activity performance to maximize successful participation in physical activity and learning new physical activity skills on a regular basis                                             |                                                                                 | <b>Data Collection Measure:</b> Essay Exam. <b>Gather baseline data.</b>        | <b>Reflection on and Use of Findings:</b> Implement actions for improvement                   | <b>Data Collection Measure:</b> Essay Exam. <b>Follow-up assessment (impact data).</b>        |           |                                                                                               |  |
| Content                | Apply a variety of concepts from disciplinary knowledge (pedagogy; motor development and learning; exercise science, sociology and psychology of movement; history and philosophy) when planning and implementing physical activity enhancing interventions. | <b>Data Collection Measure:</b> Intervention Plan. <b>Gather baseline data.</b> | <b>Reflection on and Use of Findings:</b> Implement actions for improvement     | <b>Data Collection Measure:</b> Intervention Plan. <b>Follow-up assessment (impact data).</b> |                                                                                               |           | <b>Data Collection Measure:</b> Intervention Plan. <b>Gather data to monitor performance.</b> |  |
| Communication          | Communicate instructional behavioral evaluation results and intervention plan for improvement with professionals observed in physical activity settings                                                                                                      | <b>Data Collection Measure:</b> Intervention Plan. <b>Gather baseline data.</b> | <b>Reflection on and Use of Findings:</b> Implement actions for improvement     | <b>Data Collection Measure:</b> Intervention Plan. <b>Follow-up assessment (impact data).</b> |                                                                                               |           | <b>Data Collection Measure:</b> Intervention Plan. <b>Gather data to monitor performance.</b> |  |
| Communication          | Create informative documents using electronic communication tools to promote sport and physical activity programs with participants, professionals, and stakeholders.                                                                                        | <b>Data Collection Measure:</b> Discussion Board. <b>Gather baseline data.</b>  | <b>Reflection on and Use of Findings:</b> Implement actions for improvement     | <b>Data Collection Measure:</b> Discussion Board. <b>Follow-up assessment (impact data).</b>  |                                                                                               |           | <b>Data Collection Measure:</b> Discussion Board. <b>Gather data to monitor performance.</b>  |  |
| Critical Thinking      | Examine, evaluate, and apply research on developing skills and learning in physical education, coaching, and physical activity domains                                                                                                                       | <b>Data Collection Measure:</b> Literature review. <b>Gather baseline data.</b> | <b>Reflection on and Use of Findings:</b> Implement actions for improvement     | <b>Data Collection Measure:</b> Literature review. <b>Follow-up assessment (impact data).</b> |                                                                                               |           | <b>Data Collection Measure:</b> Literature review. <b>Gather data to monitor performance.</b> |  |
| Integrity / Values     | Develop a plan for health enhancing opportunities that promote individual responsibility, decision-making, and problem solving that help others (students, athletes, clients) engage in physical activity                                                    |                                                                                 | <b>Data Collection Measure:</b> Letter Assignment. <b>Gather baseline data.</b> | <b>Reflection on and Use of Findings:</b> Implement actions for improvement                   | <b>Data Collection Measure:</b> Letter Assignment. <b>Follow-up assessment (impact data).</b> |           |                                                                                               |  |

**Assessment Activity (Examples)**  
 Gather baseline data  
 (Revise rubric; gather data)  
 Implement actions for improvement  
 Follow-up assessment (impact data)

**Direct Measures:**  
 Exam questions  
 Student paper (rubric)  
 Presentation (rubric)

**Methods of Assessment**  
**Indirect Measures:**  
 Focus group  
 Exit interview  
 Alumni survey

**External Direct Measures:**  
 Supervisor/Employer feedback  
 External Professional Exam

Revised April 26, 2023