Career Services offers a variety of tools, resources and services that assist undergraduate students. From major exploration to resume reviews, read on to learn how Career Services can help you prepare for your career.

What We Do:
• Career and Major Exploration
• Resume/Cover Letter Review
• Job Search Strategies
• Mock Interviews
• Career Planning
• Experiential Learning
  (job shadowing, internship, & CoOp)

Tools:
• JasonQuest: online job database and resource library with resume examples and informational videos.
  (Access JasonQuest through your MyUWF account)
• Optimal Resume: a web-based application that assists you with creating, presenting, and managing your resume.
• InterviewStream: an online resource that allows you to virtually practice an interview.
• Candid Career: contains thousands of video interviews featuring industry professionals discussing the details of their particular jobs.
• Myplan.com: online career planning and exploration source.
• O’NET: a government-affiliated research base with information about specific careers.

How We Can Help You:
Career Services can help you connect with opportunities to explore interests further and to develop skillsets. Part-time jobs are another way to explore careers. Visit JasonQuest to view opportunities available.

Major Choices:
Values, interests, personality, and skills all play a role in making decisions about a major and are also important for career development.

Career Services can assist with this exploration by helping you identify your:
• values: priorities and elements of life you want to remain in place for the future
• interests: those things you enjoy
• personality: characteristics that describe you
• skills: areas where you excel

Major Exploration Course:
If you feel like you want to explore major options further or in a more in-depth manner, join the 16-week Major Exploration and Career Choice course, SLS2990. There you will have the opportunity to spend some time focusing on your values, interests, personality, and skills and learn about possible majors and career paths.