**DRUGS AND THE HUMAN BODY SYLLABUS**  
**SUMMER 2102**

**COURSE NUMBER**  
NSG 4545/NGR 5196/NGR5990

**CREDIT**  
3 SEMESTER CREDIT HOURS

**PREREQUISITES**  
NONE

**FACULTY**  
Patricia Posey-Goodwin, M.S., R.N  
Lecturer

Office location:  
Building 37, Room 129

Office hours:  
Office hours will be posted in eLearning in  
course schedule each week

Telephone:  
850/380-2189

e-mail:  
ppgoodwin@uwf.edu

**REQUIRED TEXT/READINGS/MEDIA**


**STRONGLY RECOMMENDED**


Note: if you purchase the book, it is recommended that you obtain the spiral bound format. It is easier to read and easier to handle. If the book is not available at the UWF Bookstore, it is available directly from the publisher, at the following site:  

**COURSE DESCRIPTION**

Designed to introduce students to the dynamics of drug addiction from a physiological perspective. Legal and historical data related to current categories of drugs will be explored. Basic pharmacology and physiology; acute and chronic effects; and the physiological symptoms of withdrawal for commonly abused drugs will be a major focus.

**STUDENT LEARNING OUTCOMES**

Upon completion of this course, the student will be able to:

I. Content  
   A. Use the concepts of nursing theory, research, and practice, based on the foundation of the arts and sciences courses, in the provision of care to diverse clients of all ages.
1. Demonstrate a basic knowledge of drug terminology, pharmacology, and physiology.
2. Identify and recognize drug addiction from a physiological and behavioral perspective.
3. Identify and recognize drug withdrawal from a physiological and behavioral perspective.
4. Discuss drug treatment and rehabilitation program components.
*5. Locate, discuss, and evaluate community agencies, organizations, and treatment programs for referral in health maintenance, health promotion, or prevention of drug abuse.

B. Describe & use appropriate teaching-learning theories to design, implement, and evaluate educational experiences with clients of all ages and abilities.
   1. Create a drug health maintenance, drug health promotion, or drug prevention pamphlet.
   2. Apply learned drug information to special populations.

II. Critical Thinking:
   A. Evaluate and use appropriate research findings in own evidence based nursing practice
      1. Utilize critical thinking in the application of legal and scholarly data to current drugs of use and abuse as portrayed in news and film.
      2. Analyze the process of drug addiction by breaking down the problems into acute and chronic components for a better understanding of its parts.
   2. Find, access, and evaluate drug information available using library databases and the internet.
*This Student Learning Outcome will be tracked in the Capstone Pathway for students in the Nursing Major.

EXPECTATIONS FOR ACADEMIC CONDUCT:

The Student Code of Conduct sets forth the rules, regulations, and expected behavior of students enrolled at the University of West Florida. Violations of any rules, regulations, or behavioral expectations may result in a charge of violating the Student Code of Conduct. It is the student’s responsibility to read the Student Code of Conduct and conduct themselves accordingly. You may access the current Student Code of Conduct at [http://www.uwf.edu/judicialaffairs](http://www.u wf.edu/judicialaffairs) This site also houses the new Academic Misconduct Policy that went into effect on August 19, 2009.

A student determined to be cheating on NSP4545 exams or assignments will be given a “0” (zero). The incident will be documented and reported to the Program Director.

PLAGIARISM POLICY:

Plagiarism is defined by the university as “the act of representing the ideas, words, creations, or work of another as one’s own.” Should a student be found plagiarizing in a paper, nursing care plan, or log, the student will be reported by the faculty member to the Director of the Nursing Program and follow the process described in the university’s Student Life handbook. Plagiarism is a serious offense in academia.
and may result in expulsion from the university. (UWF Student Life Handbook). Students are directed to the examples available in the Pace library, and are encouraged to complete the tutorial available at http://library.uwf.edu/Tutorials/module_plagiarism/default.htm.

UWF maintains a university license agreement for an online text matching service called TurnItIn. The instructor may use the TurnItIn service to determine the originality of student papers. If the instructor submits your paper to TurnItIn, it will be stored in a TurnItIn database for as long as the service remains in existence. **If you object to this storage of your paper:**

1. You must notify the instructor no later than two weeks after the start of this class (05/23/2012).
2. The instructor will utilize other services and techniques to evaluate your work for evidence of appropriate authorship practices.

For complete information regarding Academic Misconduct, refer to the UWF Student Handbook or contact Student Affairs in Building 21, 474-2384.

**ASSISTANCE FOR STUDENTS WITH SPECIAL NEEDS:**

The Student Disability Resource Center (SDRC) at the University of West Florida supports an inclusive learning environment for all students. If there are aspects of the instruction or design of this course that hinder your full participation, such as time-limited exams, inaccessible web content, or the use of non-captioned videos and podcasts, please notify the instructor or the SDRC as soon as possible. You may contact the SDRC office by e-mail at sdrc@uwf.edu or by phone at (850) 474-2387. Appropriate academic accommodations will be determined based on the documented needs of the individual. Accommodations cannot be instituted until registration with the SDRC office has been completed, and are not retroactive.

**GRADED COURSE WORK:**

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>POINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activities</td>
<td>15</td>
</tr>
<tr>
<td>Completion of Discussions (3, at 5 points each)</td>
<td>15</td>
</tr>
<tr>
<td>Paper 2 – Film analysis</td>
<td>15</td>
</tr>
<tr>
<td>Issue Letter</td>
<td>10</td>
</tr>
<tr>
<td>Internet Summary – Website analyses</td>
<td>15</td>
</tr>
<tr>
<td>Semester Project – Group project:</td>
<td>30</td>
</tr>
<tr>
<td>Group Score-20 points</td>
<td></td>
</tr>
<tr>
<td>Individual Score-10 points [Individual/Peer Assessment]</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>115</strong></td>
</tr>
</tbody>
</table>
FORMAT FOR ASSIGNMENTS:
Discussions must be posted directly to the Discussion board. Discussions must not be submitted as attachment. It is strongly recommended that students prepare the discussion in a word document, review for grammar, spelling, format, etc., and then “copy & paste” into the Discussion board. This will allow student to work on the post without having to be online, and will reduce the risk of loss of work should there be any system failure while working on the discussion.

All assignments will be submitted to the appropriate course Dropbox in eLearning. Students should retain the email receipt indicating successful submission of a Dropbox assignment.

Assignments will not be accepted via email, FAX, or regular mail.

Assignments must be submitted as Rich Text Format (rtf), or Word document. Work in another format that cannot be opened will be treated as late work until resubmitted by the due date in the required format.

The name of the author of the following poem has been lost, but the admonition in the message is still very pertinent today:

I have a spelling checker,
It came with my PC
It clearly marks four my revue,
Mistakes I cannot sea.

I’ve run this poem threw it,
I’m sure your please to no
It’s letter perfect in its weigh,
My checker tolled me sew.

GRADING SCALE:

The grading scale is as follows for both undergraduate and graduate students:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Points</th>
<th>Grade</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>93-100</td>
<td>C</td>
<td>70-72*</td>
</tr>
<tr>
<td>A-</td>
<td>90-92</td>
<td>D+</td>
<td>67-69*</td>
</tr>
<tr>
<td>B+</td>
<td>87-89</td>
<td>D</td>
<td>63-66*</td>
</tr>
<tr>
<td>B</td>
<td>83-86</td>
<td>D-</td>
<td>60-62*</td>
</tr>
<tr>
<td>B-</td>
<td>80-82</td>
<td>F</td>
<td>59 and below</td>
</tr>
<tr>
<td>C+</td>
<td>77-79</td>
<td></td>
<td></td>
</tr>
<tr>
<td>C</td>
<td>73-76</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*A grade less than 73% constitutes failure in this course for students in the Nursing major.

Extra Credit is not available for this course.
UWF Policy regarding Grade of Incomplete:

University Policy on Grades of Incomplete (“I”)
An incomplete grade signifies that all course requirements have not been met. If circumstances exist beyond the student’s control as determined by the instructor, the instructor may assign a grade of “I”, provided the student has satisfactorily completed at least seventy percent (70%) of the course requirements and the student has an overall minimum grade of “C-” in course work up to that point in time. The “I” grade becomes an “F” at the end of one regular semester (fall and spring only—summer semester is excluded from this ruling) following the semester in which the “I” grade was assigned unless the grade is changed by the instructor to a letter grade (“A –F”). A student may not be permitted to graduate with an outstanding “I” grade.

WEATHER EMERGENCY INFORMATION

In the case of severe weather or other emergency, the campus might be closed and classes cancelled. Official closures and delays are announced on the UWF website and broadcast on WUWF-FM.

Weather Emergency Information

- WUWF-FM (88.1MHz) is the official information source for the university. Any pertinent information regarding closings, cancellations, and the re-opening of campus will be broadcast.
- In the event that hurricane preparation procedures are initiated, the UWF Home Web Page and Argus will both provide current information regarding hurricane preparation procedures, the status of classes and the closing of the university.

Emergency plans for the University of West Florida related to inclement weather are available on the following UWF web pages:

Information about hurricane preparedness plans is available on the UWF web site: http://uwfemergency.org/hurricaneprep.cfm

Information about other emergency procedures is available on the UWF web site: http://uwfemergency.org/

SPECIAL TECHNOLOGY

Specifically required technology includes:
- Internet Access (the faster the better!)
- Argus Account
- Microsoft Publisher

Students must be computer literate and have ongoing access to a computer. It is imperative that you plan for those times that your computer may “crash” or the power may go out. Determine the hours of the nearest public library or Coffee House with Internet access. The hours for Building 79 are 8AM-10PM, Monday through Thursday, and 8AM-5PM on Friday. If you go to Building 79, enter
the building by the North Entrance (follow directional signs), as there is ongoing construction in that area. When you need technical assistance by telephone, the UWF Helpdesk stands ready to talk you through a problem you may be having. The Helpdesk number is: 850/474-2075, and the email address is helpdesk@uwf.edu. The hours are 8AM-10PM, Monday through Thursday, and 8AM-5PM on Friday, Central Time.

- Calls to ITS Helpdesk requesting assistance outside these hours will be answered the next business day. Do not wait until minutes before the assignment is due to call the helpdesk.
- Learning at a distance may be a very different environment for many of you. You will generally set your own schedule, participate in class activities at your convenience, and work at your own pace.
- You may require some additional time online during the first few weeks while you become acclimated to the online format and you may even feel overwhelmed at times. It will get better.
- You should be prepared to spend approximately 4-6 hours per week online completing lessons, activities, and participating in class threaded discussions. Finally, you may want to incorporate the following tips to help you get started:
  - Set a time twice a week (schedule) to:
    - Check the course web site to determine your tasks for the week.
    - Check the course web site, particularly Course News and the Discussion Boards frequently throughout the week for updates.
  - Within the first week, become familiar with the site and how to use it. It is a tool to help you learn!
  - Team up with your classmates to discuss class assignments and questions you might have.
  - Check the “Classlist” link “?” for fellow student biography information and email addresses.
  - Ask questions when you need answers.
    - If you have problems, contact your instructor early. I will be checking email daily, and you may expect a response within 48 hours, Monday-Friday. Please do not use the "Pager" function on course site, but email me directly instead. Send all email using your argus email account.

**OTHER POLICIES**

See Student Handbook for further policies on plagiarism, disability, and other matters of interest and importance.

**TEACHING STRATEGIES**

- Threaded online discussions
- Films
- Case Studies
- Text readings
- Research (Library and Internet)
- Field observation
COMMUNICATIONS TO INSTRUCTOR

Communications to instructor may be completed in several different ways.
1. Post question to “Inquiring Minds Want to Know” discussion board.
2. If necessary, direct e-mail to instructor – ppgoodwin@uwf.edu
3. Telephone – 850-380-2189

It is reasonable to expect a response from the instructor within two business days.

When sending an E-mail message to instructor
1. Please be sure that the words in the Subject line include: NSP4545.
   Rationale: The instructor’s email is frequently bundled with the same subject into one mail box, and read together on a particular day.

2. If the subject line does not reflect the course number, your message might not be read as soon as you had anticipated

3. The best approach is to include: “NSP4545 – question regarding _______; Student Name .”
   This information in the subject line will ensure that your message will be noted appropriately.

WRITTEN WORK:
All written work must be submitted to the course dropbox by the due date. Papers are due in the Drop Box on the date & time specified. The DropBox will automatically close at the announced due date and time, and will not be accessible after that time. Exception to the due date and time will be made only under extraordinary circumstances in the opinion of the faculty member, and must be negotiated before the paper is due.

Papers are to follow 6th edition guidelines of the Publication Manual of the American Psychological Association. Wikipedia is not to be used as a reference or a resource for submitted work. Papers using Wikipedia as a reference will receive a grade of zero. The UWF Writing Lab is available to assist with writing and APA problems. Students are urged to seek consultation and advisement from the staff at the UWF Writing Lab regarding format, grammar, sentence structure, word usage, and other equally important components of the construction of an academic paper. Please refer to the Writing Lab website for information regarding the on-campus and online services:
http://uwf.edu/writelab/reading/
http://uwf.edu/writelab/reading/onlinereading/

Note:
It is recommended the student keep a clean copy of all work submitted. Instructor feedback on written work will be within two weeks of the posted due date for the assignment, sooner if possible. It is strongly recommended that student retain a copy of the email that is received confirming the assignment has been submitted to the
Dropbox., and also a copy of work submitted. **Do not email an assignment to instructor. Assignments must be submitted to the appropriate Dropbox to be reviewed, evaluated, and graded.**

Note: References used in the development and presentation of written work should have been published within the previous five (5) year period. Research in the biological, psychological, and health sciences is very active and, therefore, only the most recent work is to be used.

**FOR LIBRARY ACCESS PROBLEMS:**
Caroline Thompson  
Department Head, Science Librarian  
cthompson@uwf.edu  
850/474-2412

**EXTRA CREDIT:**
There are no opportunities for extra credit in this course.

**PARTICIPATION:**
This is an online course which requires you to participate in class assignments and discussions. The course is offered via Internet, therefore accessible virtually anywhere. Internet access is required throughout the course.

**HEALTH INSURANCE PORTABILITY & ACCOUNTABILITY ACT OF 1996 (HIPAA)**
All healthcare providers must comply with the federal regulations of this Act. It requires that identifiable patient information be disclosed on a need to know basis with a minimal amount of disclosure to perform a task. The patient’s consent for treatment covers access to the medical record for information needed for treatment purposes and educational purposes. All students will protect patient privacy during oral and written communications. Patient name, initials, address, phone/fax numbers, and social security number will be removed from all student assignments. Students may not copy or circulate papers containing private, confidential patient information. Faculty members will store confidential papers in a locked file or will shred confidential papers. Additionally, students will meet all mandated agency requirements for HIPAA. Since HIPAA is a federal law; violations may result in fines &/or imprisonment.

Within this course, students are not interacting with clients. The names of individuals observed at the AA/Al-Anon/NA meeting [Paper 3] are not to be disclosed within the paper submitted for the assignment.

**Papers with name of client/attendees at self-help group meeting will receive a grade of zero.**
ACKNOWLEDGEMENT OF COURSE EXPECTATIONS

Please read the syllabus and all course information and instructions. Afterward, copy and paste the following statement into a blank document, type your name and date, save the document in Word or rtf, and submit to the course Dropbox titled Course Expectations. Please submit this acknowledgement no later than 11:50PM, Wednesday May 23, 2012.

*I have read, understand, and accept the course Syllabus and course requirements herein, have printed/saved them and the syllabus for future reference; explored all materials posted in eLearning for this course; read, understand, and accept the syllabus, assignment requirements and deadlines, discussion posting requirements and deadlines, grading, course deadlines, late policies, incomplete policy, academic honesty policy, and course semester project requirements. I will contact UWF ITS Helpdesk for tech issues. I will review the updates and handouts, discussion area, and general course room several times per week and regularly. I have all of the required materials for the course. I understand that assignments may not be emailed or faxed to the instructor. I understand when the final project is due, that it must be submitted to the appropriate dropbox, and that it will not be accepted or graded after the deadline of Monday, August 6, 2012 at 1:50PM. I understand that completed peer and self-evaluations for the semester project must be submitted to the correct dropbox no later than Monday, August 6, 2012 at 11:50PM.*

Your name: ____________________________ Date________________________