Outdoor Leisure

Syllabus

Course Number: LEI 4350
Credit Hours: 3
Prerequisites: None
Instructor: Dr. Shaun M. Boren; 474-2819; building 72, room 274; sboren@uwf.edu
Office Hours: Generally 9-5 weekdays, by appointment.
Course Meetings: Fridays 1-3pm. We start classes in 72, room 209 unless stated otherwise, but be dressed and prepared for going outside most days.
Course Fee: There is no fixed course fee, however you must attend an Outdoor Adventures day or overnight trip sometime during the semester, and these trips range from free to $550. Sign up at the HLS Facility Service Desk, which is downstairs as you enter the Recreation program spaces.

Course Description: This course is designed for physical education majors and others interested in learning about outdoor leisure. The emphasis will be on active participation and group instruction, as well as completing assignments using the outdoors to develop professionally and personally.

Student Learning Outcomes:
A. Describe the basic rules, etiquette, strategies, equipment, and play areas of each outdoor activity.
B. Review and explain the impacts of a nonfiction story about personal challenge in the outdoors.
C. Create a professional development plan connected with career goals and resume development.
D. Design an exam to cover an introductory body of knowledge about outdoor leisure.

Topics Covered: Outdoor leisure activities may include the challenge course, disc golf, sailing, canoeing, inner tube water polo, ultimate Frisbee, climbing, hiking, geocaching, horseshoes, bocce, and croquet. Interspersed with these activity days will be time devoted to several assignments designed to learn about and apply outdoor leisure concepts. When the weather doesn’t cooperate, we may also watch movies related to the outdoors.

Required Texts: You will select a nonfiction book, but it does not need to be purchased. Any additional readings will be emailed, posted on eLearning, or placed on library reserve.

Evaluation:
A. 40% Class Participation – This course is experiential, which means you must not only be present, but also ready (proper attire, Nautilus Card), and involved (actively engaged, exhibiting good sportsmanship). Each unexcused absence will result in a 4-point reduction of final grade (excused absences are outlined in your student handbook).

B. 10% Trip Participation – Attend an Outdoor Adventures trip during the semester. Trips range in price from free to $550, and they are reserved at the HLS Facility Service Desk on a first-come, first-serve basis. Trips do fill, so sign up early.

C. 20% Outdoor Leisure Exam Design
   a. Research the history, theory, standards, and trends of outdoor leisure.
   b. Design short answer exam questions covering the topic.
   c. Achieve consensus of design through class debate.
   d. Take the exam.
D. 20% Book Report
   a. Select a nonfiction book related to Outdoor Leisure, something with critical acclaim, awards, and/or bestseller. Examples include: Into The Wild (Jon Krakauer), Touching the Void (Joe Simpson), Alone (Richard Byrd), The World Without Us (Alan Weisman), A Walk in The Woods (Bill Bryson), Alive (Piers Paul Read), and Desert Solitaire (Edward Abbey).
   b. Complete a summary and reflection paper.
   c. Pitch the book to the class.

E. 10% Professional Development Plan
   a. Using time in and out of class, complete a plan towards attaining a dream job in your field.
      i. Identify a dream job and why you want it.
      ii. Identify entry-level jobs that can get you to your dream job.
      iii. Update your resume.
      iv. Identify gaps in your experience necessary for the entry job.
      v. Create a plan to fill in the gaps.

Grading: The UWF scale is as follows: A 93 or higher, A- 90-9.29, B+ 87-89.9, B 83-86.9, B- 80-82.9, C+ 77-79.9, C 73-76.9, C- 70-72.9, D+ 67-69.9, D 60-66.9, F 59.9 or less.

Special Equipment and Technology: Besides clothing suitable for outdoor activities, there is no special equipment needed for this course. Students should check eLearning and UWF email regularly for class updates.

Expectations for Academic Conduct/Plagiarism Policy: As members of the University of West Florida academic community, we commit ourselves to honesty. As we strive for excellence in performance, integrity—both personal and institutional—is our most precious asset. Honesty in our academic work is vital, and we will not knowingly act in ways which erode that integrity. Accordingly, we pledge not to cheat, nor to tolerate cheating, nor to plagiarize the work of others. We pledge to share community resources in ways that are responsible and that comply with established policies of fairness. Cooperation and competition are means to high achievement and are encouraged. Indeed, cooperation is expected unless our directive is to individual performance. We will compete constructively and professionally for the purpose of stimulating high performance and standards. Finally, we accept adherence to this set of expectations for academic conduct as a condition of membership in the UWF academic community. Additional information on University policies include the Academic Conduct Policy, Plagiarism Policy, and Student Handbook, all available online.

Assistance: Students with special needs who require specific examination-related or other course-related accommodations should contact Barbara Fitzpatrick, Director of Disabled Student Services (DSS), dss@uwf.edu, (850) 474-2387. DSS will provide the student with a letter for the instructor that will specify any recommended accommodations.
Student Information

Name:
Major:
Year:
Outdoor leisure experience:

Personal goals for this course:
A.

B.

Interested in which outdoor leisure activity in class and why?

Initial ideas for a book related to outdoor leisure?
Outdoor Leisure

Student/Instructor Contract

Student, by signature below, acknowledges and understands:

A. individual responsibilities and requirements for this course.

B. tardiness, lack of participation, or improper attire may be counted as an unexcused absence.

C. absences and make-up plans must be coordinated ahead of time with the instructor if possible.

D. skill or knowledge deficiencies should be reconciled with the student presenter or instructor prior to any skill or knowledge testing.

E. any problems encountered in the class should be discussed with the instructor immediately.

F. 

G. 

Instructor, by signature below, acknowledges they will:

A. assist student in any matter pertaining to the class, particularly knowledge and skill attainment.

B. treat each student fairly and with respect.

C. meet students at mutually convenient times if not possible during regular office hours.

D. provide feedback on participation as outlined in the syllabus.

E. provide information on student grades at scheduled intervals or as requested by the student.

F. 

G. 

______________________/__________                     __________________/_________
Student signature                   Date                   Instructor signature                   Date