Outdoor Adventure Program
Campus Slow Ride

Destination
- UWF Campus

Drive Time
- N/A

Meals Provided
- None

Itinerary (All times are subject to change.)

- 2:30 pm: Meet at the Outdoor Center, (Bldg. 209)
- 2:45 pm: Orientation (review bikes, bike safety, etc...)
- 3:00 pm: Start Riding (Tour Campus)
- 4:30 pm: Finish Ride
- 4:30 pm: Bike clean up
- 5:00 pm: See you next time

What to Bring
- Any lifesaving medication (epi pens, inhaler)
- Sun protection (Sunscreen, hat, sunglasses)
- Water containers (bottle, Nalgene, cup, etc)
- Snacks
- Change of Clothes/Towel (to leave in Shop)

Payment
The trip costs $5. Register at https://recreation.uwf.edu/or HLES Service Desk.

*Please do not bring anything with you into the outdoors that you are worried about. If whatever you are bringing cannot withstand being wet, dropped, crushed or lost please leave it at home. Some examples of things that do not do well on camping trips are IPods, cell phones, laptops, expensive jewelry or large amounts of money. Please pack accordingly.