Leisure Learning
Spring 2020 Course Guide

Nature Awaits!

- Indian Temple Mound Museum
- Pensacola Backyard Homestead
- Roy Hyatt Environmental Center Tour
- Weeks Bay Reserve Pontoon Boat Tour

plus

- Beginning Portrait Drawing
- Bodacious Shops
- Historic Pensacola Village

and more!

uwf.edu/LeisureLearning | LeisureLearning@uwf.edu | 850-473-7468
How does the UWF Leisure Learning membership work?

The $35 annual membership fee covers 12 months from the date you join. With your membership, you are entitled to:

• Register for all Leisure Learning classes, tours and events.
• A Leisure Learning Parking Decal for parking on the UWF Pensacola campus.
• A class catalog mailed to you every semester.

Learn more about membership perks on Page 35!

Questions? Call us at 850-473-7468.

Spring classes start Jan. 13th!

Three Easy Ways to Register:
Register for classes online at uwf.edu/LeisureLearning, call us at 850-473-7468 or mail in the registration form located in this catalog. More on Page 33.

Connect with us on Facebook!
facebook.com/uwfleisurelearning

Give the Gift of Lifelong Learning
Buy a Leisure Learning membership gift card! Call 850-473-7468 to order.

Why join Leisure Learning?

For more than 20 years, UWF Leisure Learning has provided stimulating programs for seasoned adults who are interested in joining a spirited community of intellectual contemporaries and lifelong learners.

Our diverse lineup of classes offer you the opportunity to explore Pensacola and the surrounding areas, discover exciting research and ideas or learn new skills — all while making friends.

Become a member and start attending class this Spring!

1. Review this catalog and select your classes.
2. Register and pay for your annual membership and individual classes in one of 3 easy ways. (Page 33)
3. Learn more about Nautilus Card benefits for UWF Leisure Learning members. (Page 35)
4. Enjoy class!
Rhonda Robinson has been the Leisure Learning Director for six years. A New Mexico native, Rhonda moved to Pensacola from Roswell, NM in 2012. She loves cats more than dogs, and her hidden talent is her ability to play piano by ear, despite not being classically trained!

Read on to learn more about Rhonda and her work with Leisure Learning.

**Tell us a little about yourself and your professional experience?**

I was a stay at home mom for 13 years before I started as Director of Concert Operations for the Roswell Symphony Orchestra, where I was in charge of managing musicians and concert schedules, marketing, graphic design and general operations. I started with UWF Leisure Learning after our family moved to the area. My previous experience at the Orchestra made me a good fit for this position. Initially, I worked part-time assisting the current Leisure Learning Director. When the Director retired within a few years, I took over the program. About that same time, I decided to go back to school to get my bachelor’s in advertising because I like to be creative. I am looking forward to finishing in May 2020!

**Tell me about your role as Leisure Learning’s director.**

I stay busy coordinating the schedule and managing all of the classes, tours and events. I work with two other people to take course registrations and cancellations. I also stay in contact with presenters and attend as many events as possible. Being present helps me to not only become better acquainted with the presenters and business owners, but it also helps me interact with members to get to know them better.

**How do you come up with new ideas for courses?**

I listen to current presenters for some tidbit of unique experience or knowledge they may have that could translate into another course. I also ask our members to email me or talk to the volunteers in class if they have any ideas for new courses.

**What is your favorite or most rewarding part of your job?**

Witnessing relationships form between members. I see people who moved here without knowing anybody attend a Leisure Learning course on a topic they find interesting to find themselves surrounded by people that share the same interest. That’s all it takes for a relationship to begin—a shared interest, no matter how small. I have also noticed members exchanging phone numbers in class and have later run into them out in the community together. The relationship aspect is the reason we do what we do; the social element that extends outside our classes.

**What would you say sets UWF Leisure Learning apart?**

Leisure Learning provides members a “front-row seat to the community.” In the past year, we’ve offered a course led by the city planning committee to discuss the construction of the new Pensacola Bay Bridge, and a discussion with the mayor to hear more about upcoming initiatives in Pensacola. How often do you have an opportunity to talk one-on-one with the mayor? Even if it’s just briefly after class, Leisure Learning provides members the opportunity to connect with someone they usually wouldn’t be able to.

**What impact does Leisure Learning have on its members and the community?**

On an individual basis, it’s essential because it keeps people from becoming isolated after retirement. It provides an outlet to stay social and learn new things. I think the community benefits because this age group has a voice that needs to be heard, and Leisure Learning facilitates that connection.

**What would you tell someone considering joining?**

Leisure Learning is an excellent opportunity to learn something new and interact with people their age. For individuals who are hesitant to join, they can register for a class with a free 30-day trial membership to see if they like the program.
Volunteer to be a Leisure Learning Liaison!

Leisure Learning is growing at an exciting rate. This has presented a fantastic opportunity for you to become more involved in the classes you are already attending!

We are looking for social, enthusiastic volunteers to become Liaisons for Leisure Learning. **The best part — you will only be contacted for classes that you are already attending.** This is an easy way to be involved and get to know your fellow Leisure Learners.

Primary Liaison duties include:
- Taking attendance
- Introducing speakers
- Delivering announcements
- Ensuring class ends on time

**We are now accepting volunteer sign-ups for Leisure Learning Liaisons!** Contact us at 850.473.7468 or email LeisureLearning@uwf.edu.
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Register online at uwf.edu/LeisureLearning | 850.473.7468 | Spring 2020
Mondays

New! Bodacious Bookstore and Cafe

Every great downtown has a local bookstore and Bodacious Bookstore and Cafe Manager Crissy Nettles is making that come true for Pensacola. Crissy and her family moved from Monroeville where she ran a bookstore in American novelist Harper Lee’s hometown. Meet for a tour and cozy gathering and stay for coffee or a sandwich when the class ends. Crissy will be available after the tour for consultations to help you find the right book at the right time. Located in the Southtowne Center, you will get your ticket stamped for free parking if you spend $5 on books or coffee.

13-Jan | Mon 10:00 AM - 11:15 AM | $12
Instructor: Crissy Nettles
Bodacious Bookstore and Cafe

Recorder Ensemble Series — 18 Sessions

This multi-week course is designed for those that have already taken the Beginner Recorder series. There is a second volume to the textbook used in the beginner course ($7.95) and additional supplemental literature from the Renaissance period. Contact the primary instructor, Charles Tucker, with questions at 850-525-8256. Students who took the beginning classes should also contact the primary instructor prior to registering. No class on Jan. 20.

13-Jan to 18-May | Mon 1:00 PM - 2:15 PM | $25
Instructor: Charles Tucker
St. Christopher’s Episcopal Church

Calling All Bookies

We will have another exciting and thought producing discussion and this time the book will be “The Piano Teacher” by Janice Lee. Read the book and plan to contribute to the lively comments and share your emotions about this story of Hong Kong during World War II. Although the group is usually large, everyone gets a chance to speak and share with the other participants. Class attendees will also get advanced notice of the chosen summer book title! Once you become a bookie, you will come back every semester for the stimulating experience.

13-Jan | Mon 2:00 PM - 3:30 PM | $12
Instructor: Dr. Louise Tolbert
J. Earle Bowden Building #1

Learning to Play the Recorder — 18 Sessions

The recorder is a pleasant-sounding Renaissance flute. This multi-week course is designed for anyone (with or without previous experience in music) interested in learning how to play the recorder. By the end of the course, students will be playing simple music in four parts. Members of the St. Paul Consort will team-teach the class, building on the basics of learning one note at a time and how to count rhythms.
Soprano, alto, tenor and bass recorders will be used. Students need to purchase a method book and a recorder. Students decide which size instrument they wish to play during the first class meeting. Playing music in a group is an extremely rewarding experience. Commitment to regular attendance and out-of-class practice are necessary to make the most of this course for the group as well as for the individual. Contact the primary instructor, Charles Tucker, with questions at 850-525-8256. No class on Jan. 20.

13-Jan to 18-May | Mon 2:30 PM - 3:30 PM | $25
Instructor: Charles Tucker
St. Christopher’s Episcopal Church

Chaos and Cartooning with Andy Marlette

By popular demand, Andy Marlette, cartoonist and columnist with the Pensacola News Journal is back once again! He enjoys being in the Leisure Learning line up and is always eager to spend time with our members. It seems accurate to use the same title each time Andy joins us as there is always a bit of chaos in the life of a political cartoonist and he will again share some of it with us. Last time, Andy had Leisure Learners draw with him, who knows what this visit will bring?! Please join us for some fun and a better understanding of political cartoons.

3-Feb | Mon 1:00 PM - 2:15 PM | $15
Instructor: Andy Marlette
Studer Community Institute

ECUA Recycling Facility Tour

The ECUA Interim Materials Recycling Facility (IMRF) class starts with a 30-minute presentation on why the new plant was built and how the plant process works. The group will then drive to the IMRF for a walking tour and discussion of the plant equipment and recycling process. Mr. Mark Buntjer, Zero Waste Energy operations manager, will provide the instruction and on-site tour at IMRF. Important: There are two flights of stairs and the walking tour will last approximately one hour. Participants need to wear low heeled, closed-toe shoes.

9:00 AM - 12:00 PM | $12
Session #1: 10-Feb | Mon
Session #2: 16-Mar | Mon
Instructor: Jim Roberts
Emerald Coast Utilities Authority

LUNCH ‘N’ LEARN EVENT:

MEET THE ARTISTS OF DON GIOVANNI

14-Jan | Tue 11:30 AM
New World Landing Banquet Hall | $30

Don Giovanni is an arrogant, charismatic aristocrat who will stop at nothing to challenge unrequited lust — even if it means violence. His reign of terror ends in a brilliant finale as the fires of the underworld welcome opera’s lecherous libertine. Pensacola Opera’s Maestro Jerome Shannon and Education Director Cody Martin will give an overview of Don Giovanni and introduce the principal artists. Excerpts from the upcoming production will be performed by Pensacola Opera’s Artists in Residence.

Invite your friends and family! Leisure Learning membership is not required to attend.


*Not available on the all-inclusive Unlimited Classes option.
Gálvez!

General Bernardo de Gálvez was a highly decorated Spanish military leader serving as Governor of the Louisiana in 1777. Before Spain allied with the Revolutionary War efforts, Governor Gálvez secretly supported the American Revolution cause by closing the Mississippi River to British shipping, thus shutting down all supplies to the English forces. When Spain officially joined the colonists’ cause in 1779, now General Gálvez began an eastward campaign originating in New Orleans to drive British forces from the Mississippi River Valley and from their gulf coast forts. After taking the English forts of Baton Rouge, Natchez, and Mobile, Gálvez set his sights on Pensacola, a vital port and British stronghold on the Gulf Coast. The “Siege of Pensacola” is known as the longest battle of the American Revolution.

Since 2007, Public Historian Nancy Fetterman has labored to support the legacy of General Bernardo de Gálvez. During this lecture, Nancy will explain the relationships that started this effort, including the teamwork that made Gálvez a “Great Floridian,” and the final delicious love story behind the equestrian monument on Palafox Street which honors Gálvez as the 8th “Honorary Citizen of the United States.”

24-Feb | Mon 10:00 AM - 11:30 AM | $12
Instructor: Nancy Fetterman
J. Earle Bowden Building #1

New! Laughter and Leading

Participants will learn about innovative leadership by way of an insightful and hilarious collection of group activities. What can you learn about leadership from balancing a cotton ball on your head? What does a squeaky toy have to do with innovative teamwork? Sign up to find out!

24-Feb | Mon 2:30 PM - 4:00 PM | $12
Instructor: Dr. Athena du Pre
UWF Building 86 (CEPS), TBD

New! The Voluntary Exile of Free Negroes of Pensacola in 1858

Pensacola was an island of cosmopolitan living, from the time of the revolution until 1840. Spanish, French, English, Native Americans, many free Africans—all lived in harmony. As Florida became a slave state in 1845 things changed radically. Laws were passed statewide. Pensacola refused to go along. This is the story of the forces that were brought to bear on Pensacola, and made it change.

9-Mar | Mon 10:00 AM - 11:15 AM | $12
Instructor: Dave Walby
Florida Public Archaeology Network

UWF Archives & West Florida Center John C. Pace Library Tour: Artists and Art Pre-registration required

Explore a hidden gem of Pensacola art history! See some of the earliest paintings of Florida life created in Florida during the Territorial Period (1821-1845) and drawings of George Washington Sully, a Pensacola cotton-broker and nephew of American painter Thomas Sully. We will also view 15th-century art and learn about other artists who visited Pensacola (Catlin, Audubon). Plus, find out if the Archives has anything “spooky” in its collections! This class is free and available to Leisure Learning members.
Willa Cather is recognized as one of the greatest writers of the 20th century, giving a voice to the American Spirit. She captures a sense of place, as she immerses us in the Nebraska landscape. A Pulitzer-Prize winning author for “One of Ours,” her novel about war, critics have increasingly identified Cather as a canonical American writer, the peer of authors like Hemingway, Faulkner and Wharton. We will sample her short fiction in three stories, all available on-line from the University of Nebraska/Lincoln. “Paul’s Case: A Study in Temperament” https://cather.unl.edu/writings/shortfiction/ss006; “The Bookkeeper’s Wife” https://cather.unl.edu/writings/shortfiction/ss047; and “The Joy of Nelly Dean” https://cather.unl.edu/writings/shortfiction/ss014.

**Indian Temple Mound Museum***

Visit the Indian Temple Mound Museum, Camp Walton School Museum, Garnier Post Office and Civil War exhibit. Now preserved by the City of Fort Walton Beach, the mound is 17 feet tall and 223 feet long across the base. Built 1,000 years ago, it was the centerpiece of Fort Walton Culture located in the heart of what is now downtown Fort Walton Beach. Afterward, we’ll have (Dutch-treat) lunch nearby — location to be determined. *Not available on the all-inclusive Unlimited Classes option.

**Make a Difference: Volunteer**

Retirement is great! But what happens when you wake up to a blank calendar every morning? You can stay on the couch or watch television, but it is important for seniors to stay active and engaged with others to avoid boredom and social isolation. With volunteering, not only do you give back to the community, but an added bonus is it improves mental health, physical health and an enhanced sense of purpose. Come learn how to pick the right volunteer job for you and where to find positions. You will leave the session with a “get started volunteering kit” making it easy to immediately “get involved.”

**EVENT SPOTLIGHT:**

**New! Swift-Coles Historic Home Tour***

Originally built in 1882 by Thomas Gavin as a 4-room cabin, in 1898 Charles and Susan Swift purchased the cabin and moved in with their eight children two years later. As the family grew they added the west wing, and by 1910, the entire upstairs—making it a total of 6000 square foot home with 3000-square-feet of porches. Nik Coles bought the home in 1976 and during his many years in residence filled it with numerous antiques from around the world. Before his death in 2007, he bequeathed the home to the Baldwin County Historic Development Commission. The home is now listed on the National Register of Historic Places and is a non-profit organization. After the tour, we will meet at The Tin Top Restaurant and Oyster Bar for a (Dutch-treat) lunch. *Not available on the all-inclusive Unlimited Classes option.

**Register online at uwf.edu/LeisureLearning | 850.473.7468 | Spring 2020**
Finding Peace Within: Mediation and Mindfulness for Seniors

In today’s world of future shock, information overload and data smog, finding inner peace can be more challenging than ever. Drawing on his No. 1 bestselling book, “Peace Within: Clear Your Mind, Open Your Heart, Embrace Your Soul and Heal Your Life” and more than 30 years experience helping guide others on their life journeys, Michael will share his practices for finding more peace in today’s hectic, confusing world. He will also be performing some of his relaxation, healing music which has earned him four Grammy nominations.

20-Apr | Mon 10:00 AM - 11:15 AM | $12
Instructor: Michael DeMaria, Ph.D
Studer Community Institute

Hot Spot Barbecue

Enjoy lunch at Hot Spot Barbecue where the mouthwatering aroma can be detected up and down Ninth Ave. It is an unfussy outpost serving ample portions of smoked meats and delicious sides. We will gather at 10:15 a.m. in the private room for a talk then we will observe the cooking process outside before ordering our lunches off the menu. We will pay for our own lunches but Hot Spot will treat to coffee or tea, sweet tea and a cookie for dessert. The Hulbek family own the restaurant and are eager to share their knowledge and cooking methods and will be welcoming hosts for our visit.

21-Jan | Tue 10:15 AM - 11:30 AM | $12
Instructor: Cheri Hulbek
Hot Spot Barbecue

New! Eden Energy Medicine

Energy medicine recognizes energy as a vital, living, moving force that determines much about health and happiness. In Energy Medicine, energy is the medicine, and energy is also the patient. You heal the body by activating its natural healing energies; you also heal the body by restoring energies that have become weak, disturbed or out of balance. Energy Medicine is both a complement to other medical care approaches and a complete system for self-care and self-help. It can help address physical illness and emotional or mental disorders. It can also promote high-level wellness and peak performance. Join Susan Johnston in learning the basics of Eden Energy Medicine and Donna’s famous 5 - Minute Energy Routine. Put healing in good hands—your own!

28-Jan | Tue 10:00 AM - 11:30 AM | $12
Instructor: Susan Johnston
Florida Public Archaeology Network
**New! Pensacola Museum of Art: John Markowitz**

John Markowitz has been practicing art and teaching at UWF for years, and his talks to Leisure Learning have been most engaging. Now, he has an expansive show of his work at the PMA, and will talk with us about both the art and how he came to do it.

**28-Jan | Tue 2:00 PM - 3:30 PM | $12**

Instructor: John Markowitz
Pensacola Museum of Art

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**Simple and Effective Art of EFT — Emotional Freedom Technique/ Tapping 1.0**

Learn the incredible technique of EFT/Tapping. You'll probably agree that in this day and age when life runs on adrenaline, one needs to have reliable stress management mechanisms in place. Self-help methods have become important life-skills. That is where Emotional Freedom Technique (EFT) or Tapping comes in. EFT is a fantastic self-help technique millions are using worldwide. Tapping can be used for relief from sadness, fear, worry, anxiety, anger, phobias, bad habits and performance issues naturally. You can use EFT for relief from negative emotions and a host of physical problems. Tapping is a newer term that is used to describe what is essentially EFT. It literally is a reset button at your fingertips.

**11-Feb | Tue 10:00 AM - 11:30 AM | $12**

Instructor: Susan Johnston
Florida Public Archaeology Network

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**New! Bodacious Chef: Nick Farcas*”**

Join us in the demonstration kitchen of the Bocacious for a cooking demonstration with Chef Nick Farkas. Enjoy a tasty lunch of salad, pork loin, roasted zucchini and squash, skillet potatoes and a surprise a la mode dessert while learning some knife skills and uses for olive oils and balsamic vinegars. Rishy Studer, Bodacious owner, has generously made this class possible for Leisure Learners and Chef Nick has enthusiastically agreed to provide the experience. *Not available on the all-inclusive Unlimited Classes option.

**18-Feb | Tue 11:00 AM - 1:00 PM | $25**

Instructor: Nick Farcas
Bodacious Shops So Gourmet Kitchen

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**Event Spotlight:**

**Deadman’s Island: Pensacola Bay’s Unique Landform**

Archaeologist Mike Thomin is a regular presenter in our Leisure Learning line-up. His knowledge and enthusiasm lure participants to his classes every semester. The area known as Deadman’s Island in Pensacola Bay has served as a careening ground, shipbuilding center, quarantine station and cemetery. Archaeologists have found the remains of extensive activities, both prehistoric and historic, ranging from shipwrecks to barrel wells to coffins. Learn about the unique geography of this interesting landform, and why people have used it for thousands of years.

**11-Feb | Tue 1:00 PM - 2:00 PM | $12**

Instructor: Mike Thomin
Florida Public Archaeology Network

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**Connect with us on Facebook!**

facebook.com/uwpleisurelearning

**New! Simple and Effective Art of EFT (Part Two) 2.0**

Now that you have the basics of Tapping from last semester’s 1.0 class, this 2.0 course will delve deeper into developing your individual processes and protocols to utilize your new skills of Tapping fully. Some of the topics covered include: how to quickly and efficiently identify and understand your energy and distinguish it from others during any interaction; exercises and tools to help you continuously maintain your strength and core power; the difference between the subconscious, the
conscious waking mind and the critical factor and how they affect our everyday lives; how we develop a belief system(s) and how they run our lives; how to quickly identify, breakthrough and positively change a belief system that no longer serves you; how to develop Tapping scripts whether general or to the point of an issue; and how to effectively learn to release and heal the old to allow the new.

25-Feb | Tue 10:00 AM - 11:30 AM | $12
Instructor: Susan Johnston
Florida Public Archaeology Network

New! Beginning Portrait Drawing* — 3 Sessions

The focus of this class is to learn the fundamentals of drawing portraits. We will use pencil techniques to map the features of the face in both frontal and side views. The second day, students are encouraged to bring a clear, self-photograph, or one of an acquaintance, preferably in a frontal view. No previous experience is required. *Not available with the Unlimited Classes option.

25-Feb & 26-Feb | Tue 1:00 PM - 3:00 PM | $25
Instructor: Nannette Hammond
Florida Public Archaeology Network

WEAR TV 3 Tour

This tour of Channel 3 WEAR-TV includes a visit to the Control Room and the Production Room. We will be in attendance while the 11:00 news, “Dayside with Sue Straughn,” is broadcast live. Walking and standing is involved in the tour. Sign up soon. Limited seating available!

10:30 AM - 11:30 AM | $12
Session #1: 3-Mar | Tue
Session #2: 7-Apr | Tue
Instructor: Jack Canavan
WEAR Channel 3

New! Executive Brain and Whole Person Lifestyling — 4 Sessions

Develop your executive brain and the wonders it can perform! Topics will include: finding your personal social involvement level; balancing security issues for increased mental health; learn how our fitness program includes improvement of all our body's ten biological systems; and making leisure escape time part of your health plan.

17-Mar to 7-Apr | Tue 1:00 PM - 2:15 PM | $25
Instructor: Connie O'Connor
Florida Public Archaeology Network

Weeks Bay Reserve Pontoon Boat Tour*

Explore the natural beauty of Weeks Bay aboard the Weeks Bay Reserve Explorer! During this excursion, participants will learn about the ecology of the Weeks Bay
estuary while scouting for birds and other wildlife on the water. Learn about the rivers that feed this system as we travel up Magnolia River and discover some interesting historical tidbits about the area. We might even catch a glimpse of the mailman as he travels his mail route via boat. *Not available with the Unlimited Classes option.

**10:00 AM - 12:00 PM | $25**
Session #1: 24-Mar | Tue
Session #2: 25-Mar | Wed
Instructor: Angela Underwood
Weeks Bay Reserve

**Planning for Long Term Care**

This seminar will inform you of the emotional and financial impact a long-term event could have on your family, how to plan so that the burden may be lessened and provide an explanation of why planning is so critical, especially for women. Learn about some actionable strategies for cash management/savings, asset allocation, diversification and portfolio rebalancing. Pat Broadus is dedicated to guiding those looking to retire and those already retired through a comprehensive retirement planning process, focusing on long-term planning, risk and lifestyle review and retirement income needs. As a lifelong learner, he strongly believes in the value of education. Pat is a veteran of the U.S. Army, holds a Bachelor’s degree in Economics from St. Bernard College and is a designated Chartered Retirement Planning Counselor and Retirement Income Certified Professional®.

**31-Mar | Tue 10:00 AM - 11:00 AM | $12**
Instructor: Patrick Broadus
Florida Public Archaeology Network

**How Does Your Garden Grow?**

Even if your name isn’t “Mary,” come and join us for a lively discussion of your plant, turf, shrub, flower, tree and vegetable growth and maintenance issues. This class is open for discussion of all matters relating to horticulture in the Panhandle. You are invited to submit your questions for UF/IFAS analysis in advance of the class. Send your questions by email to Rhonda Robinson at rrobinson@uwf.edu by Friday, Apr. 3, 2020. We will also tour the UF/IFAS Educational Gardens containing border plantings, roses, herbs, evergreens, tropical and butterfly plant collections, ornamental grasses and more. Don’t forget your sunscreen or an umbrella in case of rain.

**14-Apr | Tue 2:00 PM - 3:15 PM | $12**
Instructor: Beth Bolles
Escambia County Extension Office

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- Offering 100 events each year.
- Attracting 30,000 attendees
- $5 admission for Leisure Learners with Nautilus Card

[uwf.edu/cfpa](http://uwf.edu/cfpa)
Plan for your Future, Make it Happen

This class will provide a look at the advantages of a wealth management process and will show how utilizing a Life View Plan may help you to visualize your financial goals through wealth management. Pat Broadus is dedicated to guiding both those looking to retire and those already retired through a comprehensive retirement planning process—focusing on long-term planning, risk and lifestyle review and retirement income needs. As a lifelong learner, he strongly believes in the value of education.

21-Apr | Tue 10:00 AM - 11:00 AM | $12
Instructor: Patrick Broadus
Florida Public Archaeology Network

New! Hangar Flying: Improvements in Aviation Safety

Despite recent tragic airline events, flying is often rated as the safest form of transportation. Fatal accidents have declined steadily since the 1950s. Safety has been the highest priority for the aviation industry for the past 100 years. Statistically, you have a greater chance of dying in an automobile or bicycle accident or from a lightning strike. What factors account for the dramatic improvements in aviation safety? What issues remain to be addressed? What further improvements in airline safety might we reasonably expect in the foreseeable future? Join Bob Booth, career military and commercial pilot, to review the evolution of aviation safety, current issues and future developments in commercial air travel. Bring your questions regarding commercial air travel safety and security.

21-Apr | Tue 1:30 PM - 3:00 PM | $12
Instructor: Bob Booth
Florida Public Archaeology Network

Communication Through Dance

Kym Atwood, a doctoral candidate at UWF and faculty associate in the Department of Movement Sciences and Health, will inform and entertain us with the subject of dance. She will explain dance as an early form of communication and show us how it evolved throughout history including the roots of dance in Africa and its evolution as a social and cultural art form. We look forward to a little bit of demonstration and perhaps a bit of participation by willing class members. Plan to learn and enjoy as you are exposed to a unique class topic combined with valuable historic information.

29-Jan | Wed 10:00 AM - 11:30 AM | $12
Instructor: Kym Atwood
J. Earle Bowden Building #2

New! Great American Speech Series: Martin Luther King Jr.

Participants in the Fall 2018 offering reviewed the broad sweep of challenges facing human collective life. However, the greatest attention was given over to the essential tool human communities have to create effective responses to situations arising out of social life. Communication, that is to say language, is the formative instrument of public discourse which makes possible coordinated social action. Using language (our linguistic instrument), we set about to remedy aspects of the human condition which require redress. Aspects or
problems of social living include areas as cultural conflict and abuse, contagion, poverty, the denial of basic human rights and the denial or limitation of access (for example, in housing, education, employment and healthcare). Session one participants designated Racism for continued discussion in this ongoing series.

29-Jan | Wed 1:00 PM - 3:00 PM | $12
Instructor: Dr. Augusta Simon
Florida Public Archaeology Network

Bodacious Shops — Wine and Cheese*
This class will be a repeat of the fall offering since there were more requests than spaces available. Blake Howerton will teach about pairing wines with cheeses and we will sample the results. It will be a mouth-watering experience! Rishy Studer and her staff at the Bodacious Shops invite us back semester after semester and we are very grateful for the relationship. As usual a 10% discount will be offered to those Leisure Learners who wish to shop after the class. *Not available on the all-inclusive Unlimited Classes option.
5-Feb | Wed 10:30 AM - 11:45 AM | $25
Instructor: Blake Howerton
Bodacious Shops So Gourmet Kitchen

New! America’s Cup Challenge in Pensacola
The next America’s Cup sailboat race will be held in New Zealand in 2021, but the action is already heating up as the challengers build and test their new boats. After many years of not participating, the New York Yacht Club is entering a challenge named American Magic and their team is practicing on Pensacola Bay. Come see videos of these new boats and discover how to watch them live from our own waterfront as they fly across the bay on their foils.
12-Feb | Wed 9:30 AM - 11:15 AM | $12
Instructor: David Hoffman
Florida Public Archaeology Network

UWF Continuing Education | Spring 2020 Language and Culture Classes

Conversational Japanese I*
Designed for beginners in Japanese skills and vocabulary.
12-Feb to 8-Apr
Wed 6:30 PM - 7:30 PM | $80

Conversational Japanese III*
Designed for people who have taken Conversational Japanese I and/or II or are comfortable with basic Japanese language.
30-Jan to 26-Mar
Thu 6:30 PM - 7:30 PM | $80

Korean Language Introductory I*
Learn the fundamentals of Korean language, introductions, basic

To register, visit uwf.edu/continuinged/programs/personal-enrichment

*Continuing Education Language and Culture Courses not included on the Unlimited Classes Option.
New! Go Argos!: UWF Football with Florida Sports Hall of Famer Gordon Sprague
Perhaps it all started at FSU when Gordon Sprague met Judy Bense at the time FSU was struggling to build a football program. Gordon went on to become a motivational speaker, parks and recreation director, businessman, philanthropist, antique car collector and a NASCAR driver. He also became a resident of Gulf Breeze and began close ties to UWF in 2008 when Judy Bense became the President. Although he goes back to the family farm in Vermont each summer, Gordon’s life here is very involved with UWF where he has been Chairman of the Football Founders Committee, Chair of the Foundation Board and an Inaugural Member of the Sword and Shield. Gordon has been honored by membership in the Florida Sports Hall of Fame. Gordon Sprague will give us the inside story of football on our campus and will answer questions we have about the program. He is eager to share his love for the game and for UWF.

19-Feb | Wed 10:00 AM - 11:30 AM | $12
Instructor: Gordon Sprague
J. Earle Bowden Building #1

New! Montessori Education 101
Maria Montessori was an educational pioneer and her unique approach has been educating children for more than 100 years. Join the Montessori School of Pensacola for a presentation on how such a historical figure was able to create a method of teaching that has stood the test of time and has proven benefits to many areas of development. See the approach in action—be prepared to be amazed at what young children can really do!

26-Feb | Wed 10:00 AM - 11:30 AM | $12
Instructor: Tricia Kruse
The Montessori School of Pensacola

Pensacola Yacht Club History
Formed in 1908, the Pensacola Yacht Club has been in the current clubhouse since 1947. Club members have been leaders in the community and the maritime scene for over a century. This organization has served the community as a focal point for boating activities, a meeting place for civic and business leaders and the site of many beautiful weddings, celebrations and community events. This class includes a lecture and photo display of the club as it has progressed through 110 years and will be followed by a tour of the house and grounds. Lunch can be purchased (Dutch-treat, credit card only) at the conclusion of the tour for those who would like to stay.

4-Mar | Wed 10:00 AM - 11:30 AM | $12
Instructor: David Hoffman
Pensacola Yacht Club

Gulf Coast Citizen’s Diplomacy Council
The U.S. Department of State has a public diplomacy program where opinion-makers from across the globe travel the country to meet professionals and ordinary citizens of the USA. It’s called the International Visitor Leadership Program (IVLP). Jena oversees groups each year who visit Pensacola. For example, a group of search and rescue volunteers from the north woods of Russia came to see our S&R and Emergency Management operations. At the same time, Jena and her staff hosted a group of young women from a range of countries, here to examine technology and robotics and various aspects of engineering. Because part of the agenda is to meet and socialize with ordinary Americans, these groups often stay with host families. Join us to learn more about this great program.

4-Mar | Wed 2:00 PM - 3:30 PM | $12
Instructor: Jena Melancon
Florida Public Archaeology Network

CLASS LISTINGS CONTINUED ON PAGE 21

EVENT SPOTLIGHT:
Keeping Bonsai Alive
Learn about bonsai from Dr. Pierre Kaufke, a native of Alsace and a retired UWF professor. When not teaching French as an adjunct at PSC, Kaufke is pursuing his interest in bonsai. In 1975, at a Trappist Monastery in Conyers, Ga., his love of bonsai was born, and he is now developing his second marvelous collection. He will treat us to an interesting lecture and will demonstrate his skill with bonsai. You will come away asking for a follow up class by this award-winning teacher.

19-Feb | Wed 1:00 PM - 2:30 PM | $12
Instructor: Pierre Kaufke
J. Earle Bowden Building #1
## JANUARY 2020 — LEISURE LEARNING CLASS SCHEDULE

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### UWF CLOSED FOR WINTER BREAK
December 23, 2019 - January 1, 2020

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### JANUARY 2020 - LEISURE LEARNING CLASS SCHEDULE

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<td>Lunch N’ Learn Event: Meet the Artists of Don Giovanni</td>
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Register online at uwf.edu/LeisureLearning | 850.473.7468 | Spring 2020
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<td>Great American Speech: Martin Luther King Jr.</td>
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<td>America’s Cup Challenge in Pensacola</td>
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<td>Go Argos!: UWF Football with Florida Sports Hall of Famer Gordon Sprague</td>
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<td>Beginning Portrait Drawing</td>
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<td>Laughter and Leading</td>
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**FEBRUARY 2020 — LEISURE LEARNING CLASS SCHEDULE**

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<td>St. Michael’s Cemetery</td>
<td>WEAR TV 3 Tour - #1</td>
<td>Pensacola Yacht Club</td>
<td>Scenic Highway Trolley Tour - #2</td>
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<td>11:30 AM Lunch N’ Learn Event: Meet the Artists of Il Trovatore</td>
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<td>Storybook Castles and Fairhope Museum - #1</td>
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<td>Voluntary Exile...</td>
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<td>Storybook Castles and Fairhope Museum - #2</td>
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<td>Bocce Ball for All</td>
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<td>Uncle Sandy’s Macaw Bird Park - #1</td>
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<td>Bocce Ball for All</td>
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Register online at uwf.edu/LeisureLearning | 850.473.7468 | Spring 2020
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**APRIL 2020 — LEISURE LEARNING CLASS SCHEDULE**

[uwf.edu/LeisureLearning] | 850.473.7468 | Spring 2020
Storybook Castles and Fairhope History Museum*

 Joined together by family legacy and limitless imagination, the Sheldon and Mosher Castles are a testament to ingenuity, resourcefulness, creativity and beauty. Dean and Pagan Mosher presently reside in the Mosher Castle. Pagan’s father and legendary artist and sculptor, Craig Sheldon began this magical, one-of-a-kind treasure more than 60 years ago. Mr. Sheldon recycled, reused and repurposed everything he could salvage. Dean Mosher has fervently continued Sheldon’s work, and so, the Mosher Castle continues to grow. The Fairhope History Museum features changing exhibits on the mezzanine as well as permanent displays of Fairhope’s unique history. There is a larger than life bronze sculpture of Craig Sheldon and a collection of his wood carvings. The museum also boasts Dean Mosher’s artwork, “The Founders of Fairhope.” To learn more about Dean, visit www.deanmosher.com. Please note: Registration closes 3/2/2020. *Not available on the all-inclusive Unlimited Classes option.

11-Mar | Wed | $15
Session #1: 10:00 AM - 12:30 PM
Session #2: 2:00 PM - 4:30 PM
Fairhope Museum of History & Dean Mosher Studio

Charcoal Drawing with Larry Manning*
Add some creativity to your day while discovering where art and fun meet! Local artist Larry Manning will demonstrate how to create a beautiful one-of-a-kind charcoal drawing masterpiece. This session will be a contemporary non-objective study which would explore value, texture and shape. You will be given other creative ideas so that everyone’s picture will be uniquely different. Please bring either an apron or an old shirt. Paper, charcoal and art supplies are provided. Please note: Registration closes 3/10/2020. *Not available on the all-inclusive Unlimited Classes option.

18-Mar | Wed 10:00 AM - 12:00 PM | $30
Instructor: Larry Manning
J. Earle Bowden Building #1

New! Stonewall Jackson’s Shenandoah Valley Campaign of 1862


Unlimited Classes Discount
During the Fall and Spring semesters, take unlimited classes for only $180 per semester!

This option is available by completing the registration form in the catalog and mailing a check or calling the Leisure Learning office at 850.473.7468 to pay by credit card. Some classes are not eligible for this offer and are marked in this catalog with an asterisk beside the class title.

Because of possible schedule or location changes, advance registration is highly recommended for ALL classes.

Please note: Individual class fee refunds are not available for the unlimited class option if you are unable to attend OR if the class is canceled.
later. In this session, learn about what happened in the spring of 1862, the Shenandoah Valley of western Virginia which was the scene of some of the fiercest fighting of the Civil War. Marching over 600 miles in 48 days, Jackson’s army won five major battles, constantly outmaneuvering a Union army that, at times, outnumbered his troops 3 to 1.

18-Mar | Wed 2:00 PM - 3:15 PM | $12
Instructor: James Donnell
Florida Public Archaeology Network

New! Divine Life Lessons: Uncovering Your Sacred Self — 4 Sessions
In this class we will uncover and explore identity, insight and boundaries. How we learn through our patterns and memories and how to positively use these patterns to enhance our lives. Find out why specific patterns continue to repeat themselves and how to break the cycle if you are experiencing negative results. Learn healthy boundaries—how to create one, how “vibrational markers/blocked energy” are created, and how to release, clear and heal negative vibrations, allowing you to move into a positive, healthier and happy life. We will discuss how to identify and break the chains and heal generational cycles of dysfunction and how to quickly and easily identify when you are “leaking energy” and stepping out of your power. You will develop your own boundary language—where you are feeling grounded, calm empowered and learn how to significantly enhance all of your relationships through your own healthy insight and personal power.

1-Apr to 22-Apr | Wed 10:00 AM - 11:30 AM | $25
Instructor: Susan Johnston
Downtown Pensacola TBD

New! Conte Crayon Drawing with Larry Manning*
Add some creativity to your day while discovering where art and fun meet! Local artist Larry Manning will demonstrate how to create a beautiful one-of-a-kind sepia Conte crayon drawing masterpiece. This session will focus on a study in line while using a still-life display. You will be given other creative ideas so that everyone’s picture will be uniquely different. Please bring either an apron or an old shirt. Paper, Conte crayons and art supplies are provided. Please note: Registration closes 4/7/2020. *Not available on the all-inclusive Unlimited Classes option.

15-Apr | Wed 10:00 AM - 12:00 PM | $30
Instructor: Larry Manning
J. Earle Bowden Building #1

EVENT SPOTLIGHT:
Roy Hyatt Environmental Center Tour
The Roy Hyatt Environmental Center is located on 120 acres of upland pine forest and seepage bog. While here you will tour the new facility, opened in September 2019, including the microscope lab, the reptile room and more. You will also have the opportunity to board the bird watching bus and observe birds feeding and splashing in the bird pond. Then we will tour the butterfly garden and walk one of the many trails searching for native flora and fauna, finally reaching the seepage bog where we will see several species of carnivorous plants including the endangered white-topped pitcher plant.

Wed 1:00 PM - 3:00 PM | $12
Session #1: 25-Mar
Session #2: 1-Apr
Instructor: Molly O’Connor
Roy Hyatt Environmental Center

New! Bavarian’s Wirtshaus and Destin History & Fishing Museum*
The Destin History and Fishing Museum exhibits present the history of Destin and its journey from a small fishing village to a major tourist attraction. We will have a
guided tour of the 5,500-square-foot museum to include an overview in the Rodeo Gallery, the early Indians, over 75 mounts of locally caught fish and the science of “Why Destin Sand is White.” After a bus ride to our first destination, we will begin our day at the Bavarian Wirtshaus, a new German Restaurant at 10:30 a.m. in Fort Walton Beach for a talk with the German chefs who will share information about German food. The atmosphere is very Bavarian, the food is authentic and the owners are very enthusiastic about having our group. We will order off the menu and pay individually for our meals. Next, the bus will take us to the small charming museum in Destin where Kathy Blue, UWF alum and retired teacher, will give us a tour and share the beginnings of Destin and the changes through the years. There is much to learn in this tiny building filled with history. Please Note: Class fee includes transportation and museum entry fee. We are offering two pickup locations: Cordova Mall, Dick’s Sporting Goods parking lot at 9:00 a.m. and Walmart at Tiger Point in Gulf Breeze at 9:25 a.m. *Not available on the all-inclusive Unlimited Classes option.

16-Jan | Thu 9:00 AM - 3:30 PM | $55
Bavarian’s Wirtshaus and Destin History & Fishing Museum

New! Blue Wahoos Senior Writer: Bill Vilona

For 32 years, Bill Vilona was a sports writer for the Pensacola News Journal before he retired and went to work for Studer 55 Communications and the Blue Wahoos. Everyone in this community who knows sports, knows Bill, a member of the Pensacola Sports Hall of Fame and the UWF Athletic Hall of Fame. He has so much to share about his illustrious career which includes covering the 1994 World Cup in Orlando and the 1996 Olympics in Atlanta as well as a Super Bowl and five Masters’ Tournaments. Bill will share his experiences and answer questions while inspiring us with stories like his interview with Bear Bryant back in his days at the University of Tennessee. Bill is an esteemed member of our community who was pleased to accept this course invitation as another way to participate in community service.

23-Jan | Thu 1:00 PM - 2:30 PM | $12
Instructor: Bill Vilona
Florida Public Archaeology Network

Advocate for Leisure Learning

Retirement can be rewarding with participation in programs like Leisure Learning, which fosters educational enrichment and growth. Gifts to UWF Leisure Learning are an important factor in enhancing the educational experience for our members.

Your generous support guarantees that we can continue to offer a superb quality programing at an unmatched value.

Please put Leisure Learning on your charitable giving list. Make your gift today. Your classmates are counting on you!

Please make checks payable to:

UWF Foundation - Leisure Learning
11000 University Pkwy.
Building 12, Pensacola, FL 32514

Thank you from all of us at UWF Continuing Education and the more than 350 Leisure Learning members we serve annually.
Pensacola Backyard Homestead
Renée Perry and Tom Garner of East Hill Edible Gardening take you on a first-hand look at the fascinating and infinitely practical world of backyard homesteading. Also known as urban farming, backyard homesteading produces the freshest, healthiest, local food in a residential setting. Learn how Renée and Tom raise food on their own quarter acre residential lot, including fruits, vegetables, eggs, honey and more. You will be amazed at how much food you can grow in your own backyard! Bring your questions concerning Fall gardening opportunities and challenges in the Panhandle. Tom and Renée are past leaders of the Pensacola Organic Gardening Club.

30-Jan | Thu 1:00 PM - 2:15 PM | $12
Instructor: Renée Perry
Florida Public Archaeology Network

Scenic Highway Trolley Tour*
Amateur historian and Scenic Highway Foundation member Robin Rowan will be your guide on this fun and informative tour of one of Florida’s most beautiful scenic highways. Learn about America’s oldest neighborhood, where Don Tristan de Luna and 1500 colonists disembarked along the high bluffs in East Pensacola Heights in 1559 to claim West Florida for Spain. The tour will also share information about how Magnolia Bluffs Park (now Bay Bluffs Park) was established for railroad workers in 1883 and Gull Point where Marianna Bonifay and one of her sons grew oranges, while a bit farther north other early settlers tried their hand at silk and wine! And yes, there really was a ferry boat at Ferry Pass before a bridge was built, taking tourists over to the new hot spot in Santa Rosa County—Mulat! The group will park at Brew Ha Ha restaurant on 12th Ave., board the Go Retro shuttle at 10 a.m. and return to Brew Ha Ha for (Dutch-Treat) lunch following the tour. *Not available on the all-inclusive Unlimited Classes option.

Thu 10:00 AM - 1:00 PM | $25
Session #1: 6-Feb
Session #2: 5-Mar
Session #3: 2-Apr
Instructor: Robin Rowan
Brew Ha Ha

New! W.R. Taylor Brick Company
Originally a stable trading in horses, mules, harnesses, hay, feed and wagons, this more than 100-year-old building now houses a state of the art brick studio. The space we will visit is small, so we are offering two sections of this class in which Hayden Ward, division manager, will inform us about this important Pensacola industry. The water powered elevator will be on our tour and the historians in our group will probably ask about the days when it was powered by the creek that runs under St. Michael’s Cemetery. This will be an interesting and unique class held in a building where probably no Leisure Learners have ever been.

Thu 3:00 PM - 4:00 PM | $15
Session #1: 13-Feb
Session #2: 27-Feb
Instructor: Hayden Ward
W.R. Taylor Brick Company

McGuire’s Irish Pub & Brewery Tour
McGuire’s Irish Pub first opened in 1977 in a shopping
center as a small neighborhood pub. In 1982, McGuire’s moved to its current location which was Pensacola’s original 1927 Old Firehouse. Inside the pub you’ll find a turn-of-the-century New York Irish Saloon themed restaurant. Learn about all the fun things that go on there, how much money is tacked to the ceiling, how the wonderful beer is made in huge copper vats and information about the wine collection. Our genial host, Perry, will answer your questions. After the tour, you will be seated for a (Dutch treat) lunch. Sign up soon—limited seating available!

Thu 9:30 AM - 12:00 PM | $12
Session #1: 20-Feb
Session #2: 23-Apr
Instructor: Perry Hunter
McGuire’s Irish Pub

Supreme Court Preview: Cases to Watch in the 2020-21 Term

Preview some important upcoming Fall 2020 court cases with Dr. David Ramsey. Bring your questions, there will be an opportunity for discussion. Dr Ramsey will review the Court’s current and recent calendar and discuss pertinent ramifications of the cases and decisions. No knowledge of the law is needed—this course is intended to be for a general audience.

20-Feb | Thu 2:00 PM - 3:30 PM | $12
Instructor: Dr. David Ramsey
J. Earle Bowden Building #2

Humming Star Alpacas*

Humming Star Alpacas is a small, quaint alpaca farm where alpacas are raised for their amazing fleece. Learn all about the alpacas; their homeland, behavior, anatomy, nutritional needs and their fleece. After watching a short video of the alpacas being sheared for an understanding of the method of harvesting the fleece, we will then learn about the picker and carder (small instruments used to process the fleece). Attendees will each take home a fiber art piece.*Not available on the all-inclusive Unlimited Classes option.

19-Mar | Thu 1:00 PM - 3:00 PM | $15
Instructor: Cheryl Bowen
Humming Star Alpaca Farm

Register online at uwf.edu/LeisureLearning | 850.473.7468 | Spring 2020
Tax-Free Investing: It’s Not What You Make, It’s What You Keep!
Concerned with the taxes you pay on investments? This presentation will give an overview of tax-advantaged investments and strategies that you can use!
26-Mar | Thu 1:00 PM - 2:30 PM | $12
Instructor: John Hodgdon II
Florida Public Archaeology Network

New! Hangar Flying: Where are We?
Did you ever wonder how commercial airlines can take you from one location to another without getting lost? Flying at 35,000 feet above the earth? Through impenetrable cloud banks? Over vast oceans? Through blinding storms? Aviation navigation is the science and skill of piloting an aircraft from place to place without getting lost. Join Bob Booth for an explanation and discussion aircraft navigation, past, present, and future. The class will describe route planning, in-flight navigation, navigation skills, systems and aids. Bring your compass (just kidding) and questions to the class.
9-Apr | Thu 1:30 PM - 3:00 PM | $12
Instructor: Bob Booth
Florida Public Archaeology Network

Healthy Living for Your Brain and Body: Tips from the Latest Research
For centuries, we’ve known that the health of the brain and the body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.
16-Apr | Thu 10:00 AM - 11:15 AM | $12
Instructor: Katie Fahrenbruch
Florida Public Archaeology Network

Create-a-Craft: Sea Angels*
There are Guardian Angels and Christmas Angels, and then there are Sea Angels—special creations from shells that are perfect for birthday gifts and any other memorable occasion. This class focuses on selecting and constructing angels from both scallop and oyster shells. You’ll learn how to pick out “wings” and “heads” of proportionate size and shape; how to embellish with ribbons, beads and other shells; and how to make attachments for hanging. Bring your glue gun, glue sticks and scissors. The shells and other supplies are provided. Join in on the fun and take some Sea Angels home with you! Please note: Registration closes: 4/8/2020. *Not available on the all-inclusive Unlimited Classes option.
16-Apr | Thu 1:00 PM - 3:30 PM | $25
Instructor: Rheta Kirk
Florida Public Archaeology Network

New! Richmond: Primary Arms Producer for the South
Richmond, Virginia was not only the Capital of the Confederacy, it also produced guns, bullets and shells large and small. The components of Richmond’s arms production industry include the Tredegar Ironworks, Artillery as well as amour plating for ships; The Richmond Arsenal, Muskets; The Confederate States Laboratory Department, munitions. Their contributions would enable the Confederacy to arm its soldiers and conduct four bloody years of war.
23-Apr | Thu 1:00 PM - 2:30 PM | $12
Instructor: George Peeterse
Florida Public Archaeology Network

Discover more online!
UWF Continuing Education offers a variety of 6-week online enrichment courses. From Drawing for the Absolute Beginner and Introduction to Guitar to Speed Spanish and Write and Publish Your Nonfiction Book, these online courses provide the flexibility to gain new skills on your own time.
Visit https://www.ed2go.com/uwf/ to browse the online course catalog.
Fridays

On the Other Hand...Current Affairs Discussions — 8 Sessions

Bob will select an essay or item from the current media, possibly including short TED talks, to help us better understand what has been happening, what the future might bring, what is innovative or insightful, and what is on the bleeding edge. He looks for material which will engage your thinking and, while he tries for short and easy reading, he makes no promises. The class and its active discussion by all participants try to bring views and faults to the surface in ways which help us toward the truth - not an easy thing, but always stimulating and fun! And yes, there is much to talk about these days!

*Please note: An email address is necessary to receive articles in advance of the sessions. The views and opinions expressed in these discussions are solely those of the contributors and participants. Views and opinions expressed do not represent Leisure Learning, the Leisure Learning staff and/or any contributors to the program.

17-Jan to 6-Mar | Fri 10:00 AM - 11:15 AM | $45
Instructor: Bob Robinson
UWF Building 86 (CEPS), TBD

New! Illuminated Medieval Manuscripts and What They Reveal About the Culture

Dr. Sturgeon’s research centers on illuminated medieval manuscripts and understanding the interaction between text, image and material culture in order to address questions about chivalric identity and status. He will talk about these issues within the context of René d’Anjou’s Livre des tournois (a 15th-century treatise that describes and visualizes d’Anjou’s idealized form of a late-medieval tournament). This class is sure to be fun!

17-Jan | Fri 1:00 PM - 2:30 PM | $12
Instructor: Dr. Justin Sturgeon
UWF Building 86 (CEPS), TBD

New! Anticipation 2020 — 3 Sessions

A New Year, a new term, a presidential election, the Democrat’s national convention, the Republican’s razor thin majority in the Senate—and we get to enjoy all of it! In this class, we will examine several topics: immigration, health care, taxes and tariffs, plus other subjects you may want to include. Please join us for a great discussion. There are no books to buy, just your keen interest in today’s world as we find it. Remember, passions are expected and, in fact, encouraged. So, in keeping with our established practice, we will always be polite, listen to varying points of view and respond appropriately. More importantly, we will have a great time, lots of laughs and few serious interludes. The goal is to enjoy ourselves and learn.

24-Jan to 7-Feb | Fri 2:00 PM - 3:15 PM | $20
Instructor: J.T. Fraley
UWF Building 86 (CEPS), TBD

New! The Rise of the Populist Middle

For three decades, the study of populism in Europe and the United States has been focused on groups on the far right-wing ideological extremes of politics. Their xenophobic rhetoric and anti-immigrant positions defined them, but they were considered to be on the fringes, outside “legitimate” politics. Today, scholars and others find characteristics of populism among candidates
running on traditional mainstream tickets. So, we ask, what is the meaning of populism? What are its traits? Is it more style than substance? Is it defined by group or leadership behavior, by issues or by something else? Dr. Williams will help us look into recent elections in the U.S., France, Austria and the UK for markers. We will see if it can now be identified within mainstream parties, and ask if it is a clear shift or if it is over-hyped.

31-Jan | Fri 1:00 PM - 2:15 PM | $12
Instructor: Dr. Michelle Williams
UWF Building 86 (CEPS), TBD

New! Harmful Algal Blooms
Curious about red tide and other algae blooms in local waters and around Florida? Dr. Schwartz will cover the “why” and “how” of these topics and answer your questions. Schwartz earned a Ph.D. in Marine Studies - Oceanography at the University of Delaware and held two postdoctoral fellowships before he joined UWF in 2005. Much of his research has involved local waters—Choctawhatchee Bay, Pensacola Bay and Santa Rosa Sound, among others—and the Gulf Islands National Seashore. His findings have been published in books and in journals such as Biogeosciences, Estuaries and Coasts and Limnology and Oceanography.

14-Feb | Fri 1:00 PM - 2:30 PM | $12
Instructor: Dr. Matthew Schwartz
UWF Building 86 (CEPS), TBD

What Ever Happened to Free Speech? — 3 Sessions
In the first class, we will review basic definitions associated with the First Amendment and misconceptions about what the amendment does and doesn’t say. The second class we will review contemporary free speech issues: hate speech, political speech, pornography, etc. And, in the third class we will discuss hypothetical free-speech cases.

21-Feb to 6-Mar | Fri 1:00 PM - 2:30 PM | $20
Instructor: Dr. Randy Bobbitt
UWF Building 86 (CEPS), TBD

New! How Did Artists Gain Perspective?
“La Dolce Prospettiva”: Art lovers around the globe recognize that one-point perspective originated in Renaissance Italy. But few of them are probably familiar with the logic behind the process, or know the surprising source of its inspiration. In this presentation, Dr. Suzette Doyon reveals the how and the why, for a fuller understanding of the impact of Brunelleschi’s “Sweet Perspective” on our present view of the physical world. Dr Doyon notes Vasari records
that an early practitioner of perspective, Uccello, told his nagging wife one evening that “La Dolce Prospettiva’ was a far sweeter mistress than she was!” Let’s find out why.

13-Mar | Fri 1:30 PM - 3:00 PM | $12
Instructor: Dr. Suzette Doyon
UWF Building 86 (CEPS), TBD

Florida’s Current Economic and Legislative Outlook

Triumph Gulf Coast is the organization charged with allocating $1.5 billion in BP oil spill economic damages in the eight Northwest Florida coastal counties. Dr. Harper will discuss Triumph’s activities and current Florida legislative actions and initiatives, as well the current economic outlook for the State and Nation. Dr. Rick Harper, Retired UWF Professor of Economics, is currently Economic Adviser to Triumph Gulf Coast (and past economics adviser to the Florida House).

20-Mar | Fri 1:00 PM - 2:30 PM | $12
Instructor: Dr. Richard Harper
UWF Building 86 (CEPS), TBD

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Topics in Contemporary Political Science

Dr. Alfred G. Cuzán, Distinguished University Professor of Political Science, teaches primarily American and comparative politics. Born in Havana, Cuba, Cuzán can trace his interest in political science to January 7, 1959: the day Fidel Castro triumphantly rode into Havana after Cuban dictator Fulgencio Batista fled the country. Two years later, when Castro’s plans to establish a Soviet-style communist regime became evident, Cuzán and his family immigrated to Miami. During his 40-year academic career (all but four of those spent at UWF), Cuzán has been awarded numerous grants and fellowships. During this class, Dr. Cuzán will discuss and take questions on some topics of contemporary interest.

3-Apr | Fri 2:30 PM - 4:00 PM | $12
Instructor: Dr. Alfred Cuzán
UWF Building 86 (CEPS), TBD
LOCATIONS & DIRECTIONS

Main Campus:
University of West Florida
11000 University Pkwy.
Pensacola, FL 32514
From 110: Take exit 13 (Davis Hwy.) and go north. Stay in far left lane to follow signs to University Pkwy. Turn left onto University Pkwy. Stay in the right lane and follow University Pkwy. until it ends. 850-474-3491

Historic Pensacola
Campus Downtown locations:
J. Earle Bowden Building
120 Church St.
Pensacola, FL 32501
Two-story building is located on Church St. off of Tarragona St. behind the T.T. Wentworth museum. PARKING IS LIMITED. There is a paid lot on the corner of Church and Tarragona. BE AWARE parking adjacent to the Bowden building because they are private parking and have Tow Away zone signs posted. 850-595-5985

Florida Public Archaeology Network
207 E Main St.
Pensacola, FL 32501
Located just East of Tarragona St. on the corner of Main and Barracks streets, next to The Fish House. Parking is available behind the FPAN building, off of Barracks St., or on the east side near the park. 850-595-0050

Angela’s Restoranto Italiano
101 E Intendencia St., Pensacola, FL 32502
Downtown Pensacola on Intendencia St. under the Southtowne Apartments between Tarragona and Jefferson Streets. 850-542-8398

Bayview Senior Citizens Center
2000 E Lloyd St. Pensacola, FL 32503
Located in East Hill at the corner of 20th and Lloyd Street on Bayou Texar. 850-436-5190

Bodacious Bookstore and Cafe
101 E Intendencia St., Pensacola, FL 32502
Downtown Pensacola on Intendencia Street underneath the Southtowne Apartments between Tarragona and Jefferson streets. 850-446-6966

Bodacious Shops
407 S Palafox St. Pensacola, FL 32502
Downtown Pensacola. Located on South Palafox St. between East Zaragozza and East Main Streets. 850-438-7857

Brew Ha Ha
2435 N 12th Ave. Pensacola, FL 32503
Located on the corner of 12th Ave. and Scott St., 10 blocks south of Texar Dr., or 4 blocks north of Jordan St.
850-857-9350

Dean Mosher Studio
456 Oak Ave. Fairhope, AL 36533
From Pensacola on Interstate 10 exit at the Daphne/Spanish Fort exit (#35B). Turn left onto Highway 98, a four lane road, going south for about 7 to 8 miles. Look for Scenic 98 and the big “Welcome to Fairhope” sign with an American Flag above it. TURN RIGHT onto scenic 98. The road has two other names: Veteran’s Drive and Section Street you will pass St. James Episcopal church on the left and then about a mile later Fairhope Elementary School, also on the left. After the school, you will be going up a hill. Proceed into town; turn left onto Magnolia Ave. then right at the next block onto Bancroft St. The museum is in the middle of the block on your right side.
251-929-1471

Hot Spot Barbecue
901 E La Rua St. Pensacola, FL 32501
Downtown Pensacola on the corner of 9th Ave. and La Rua St., which is three blocks south of CERVANTES ST. 850-497-6060

Humming Star Alpaca Farm
19700 Blueberry Lane
Silverhill, AL 36576
Directions from Pensacola: Take I10 West to the Loxley Exit. At Loxley exit, go south toward the gulf. Travel to Hwy 104 in Robertsdale. Take Hwy 104 West to County Road 49. Turn south on Cty Rd 49. Travel until you come to stop sign at Cty Rd 48. Go straight at that stop sign and at that point 49 becomes Blueberry Lane. We will be less than 1/2 mile on your left. It is the only property that is entirely fenced and the barn sits 600 feet off the road.
251-214-8224

Indian Temple Mound
139 Miracle Strip Parkway
Fort Walton Beach, FL 32541
Cross the 3-mile bridge into and through Gulf Breeze and continue east on Highway 98 through Navarre and Mary Ester. Indian Temple Mound is located on Highway 98 in the center of downtown Fort Walton Beach. It’s prudent to allow about an hour and a half for the drive from Pensacola to Indian Temple Mound.
850-833-9595

Macaw Bird Park
9513 N Palafox Pensacola, FL 32534
Go north on Palafox, crossing 9 Mile Rd. The Macaw Bird Park is about 500 feet north of 9 Mile Rd. on the left (west) side of the street.
850-478-6421
 Invite a Friend!
Current members may bring a friend to a class. Class price will apply. If your friend joins Leisure Learning, you AND your friend will receive a credit voucher toward a future class or event.
Please Note: Schedule and location changes will be communicated through email. Be sure to check your email leading up to the event.

McGuire's Irish Pub
600 E Gregory St. Pensacola, FL 32501
I-110 South, take exit 1A on the left. Merge onto Chase St., turn left onto 12th Ave., turn left onto Gregory St. Destination will be on the right. 850-433-6789

Mobile Carnival Museum
355 Government St. Mobile, AL 36602
Take I-10 west to Mobile. Take Government St. exit 27. Travel through the Bankhead Tunnel. Go approximately 4 blocks. Museum is in a large Victorian house with jysters out front. Parking lot is on the left side. Allow yourself one and a half hours to complete this trip. 251-432-3324

New World Landing
600 S Palafox St. Pensacola, FL 32502
Take Garden St. exit from I-110S, turn left onto Palafox. Located downtown, one and a half blocks south of Main Street between Palafox and Jefferson Streets. 850-434-7736

Oakleigh Complex
350 Oakleigh Place Mobile, AL 36604
Take I-10 west to Mobile. Take Exit 25B Virginia St., turn right onto Virginia St. Turn Right onto S. Broad St., turn Left onto Selma St., turn Right onto Oakleigh Pl. Destination is on the Left. 251-432-1281

Old Christ Church
405 Adams St. Pensacola, FL 32502
Downtown Pensacola. From I-110S take Garden exit and turn left on Tarragona. Take a left on Government, church will be on your left when you reach Adams Street. Free parking along Government and Alcaniz streets or in Fountain Park. 850-687-9968

Pensacola Museum of Art
470 S. Jefferson St. Pensacola, FL 32501
Corner of Jefferson and Main St. Directly across the street from the Pensacola Little Theatre/Pensacola Cultural Center. Take I-110 to downtown Pensacola. Exit 1-C which goes on to Garden Street. At second traffic light, turn left onto Jefferson Street and follow almost to the end. The Museum of Art is on the right. For parking information: pensacolamuseum.org/visit. 850-432-6247

Pensacola State College Planetarium
1000 College Blvd. Pensacola, FL 32504
Enter campus from Airport Blvd across from Steak N Shake. You will be right in front of the planetarium. Parking is available anywhere in front of the planetarium in building 21, except for the Green painted curbs (faculty and staff). 850-484-1238

Pensacola Yacht Club
1897 Cypress St. Pensacola, FL 32507
At Garden and Barrancas Ave., bear left on Barrancas. Turn left on L St. At stop sign, turn right onto Cypress. Yacht club is on the left side. 850-207-3877

Quayside Art Gallery
17 E Zarragossa St. Pensacola, FL 32502
Located in downtown Pensacola on the corner of Jefferson and Zarragossa streets. Heading west on Garden street, turn left on Jefferson street. Take a right on Zarragossa street and the destination will be on your left. 850-438-2363

Roy Hyatt Environmental Center
1300 Tobias Rd. Cantonment, FL 32561
From Hwy 29 and 9 Mile Rd, follow Hwy 1300 Tobias Rd. Turn left on Zarragossa street and the destination will be on your left. 850-438-2363

Roy Hyatt Environmental Center
1300 Tobias Rd. Cantonment, FL 32561
From Hwy 29 and 9 Mile Rd, follow Hwy 1300 Tobias Rd. Turn left on Zarragossa street and the destination will be on your left. 850-438-2363

WEAR Channel 3
4990 Mobile Hwy. Pensacola, FL 32507
Drive west from Pensacola on Highway 90 past Fairfield and past the WalMart store. WEAR-TV is on the north side of the highway. Security is evident at the building. The secretary electronically allows the door to open after ascertaining the identity of each individual. 850-456-3333

Weeks Bay Reserve
11300 Hwy 98 Fairhope, AL 36532
Take US 98 west all the way to the Reserve. You will go through several towns: Lillian, Elberta, Foley, Magnolia Springs, cross a large bridge and the Reserve Visitors Center is on the left once you cross the bridge. You will take a right and follow the road to go underneath the bridge you just crossed to reach the marina. According to GoogleMaps it is about 47 miles from UWF. 850-928-9792

Have an idea for a class or tour?
We are always looking for instructors in Basic Computers, U.S. and International History, Fine Arts, Music, Theater, Social Media and Behind-the-Scenes Tours. Email leisurelearning@uwf.edu.
Leisure Learning thrives on the strength of our volunteers.

Spring 2020 Instructors

Kym Atwood
Dr. Randy Bobbitt
Beth Bolles
Bob Booth
Cheryl Bowen
Patrick Broadus
Jack Canavan
Bob & Joan Cochrane
Dr. Alfred Cuzán
Pam Davis
Dean DeBolt
Michael DeMaria, Ph.D
James Donnell
Dr. Suzette Doyon
Dr. Athena du Pre
Katie Fahrenbruch
Nick Farcas
Nancy Fetterman
J.T. Fraley
Tom Garner
Nannette Hammond
Dr. Richard Harper
John Hodgdon II
David Hoffman
Blake Howerton
Cheri Hulbek
Perry Hunter
Susan Johnston
Pierre Kaufke
Rheta Kirk
Tricia Kruse
Larry Manning
John Markowitz
Andy Marlette
Stephanie McNeill, MPS
Jena Melancon
Crissy Nettes
Connie O’Connor
Molly O’Connor
George Peeterse
Renée Perry
Dr. David Ramsey
Jim Roberts
Bob Robinson
Robin Rowan
Dr. Matthew Schwartz
Dr. Augusta Simon
Lauren Smith
Gordon Sprague
Margo Stringfield
Dr. Justin Sturgeon
Mike Thomin
Dr. Louise Tolbert
Charles Tucker
Angela Underwood
Bill Vilona
Dave Walby
Hayden Ward
Dr. Michelle Williams

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Advisory Board

Nancy Clark
Marie Robinson

Volunteer Opportunities

Curriculum committee members earn a free class for every class they organize. No minimum number required! Responsibilities include attending 2-3 meetings per semester, contacting potential instructors, occasionally take attendance and be a supportive presence in the classroom.

To get involved, send an email to leisurelearning@uwf.edu or call 850.473.7468.

Want to teach a Leisure Learning class?

We are always looking for instructors in Basic Computers, U.S. and International History, Fine Arts, Music, Theater, Social Media and Behind-the-Scenes Tours.

Have an idea for a class? Visit the “Want To Get Involved” page at uwf.edu/leisurelearning and submit an online course proposal.
Leisure Learning

THREE EASY WAYS TO REGISTER!

- **Online** - uwf.edu/leisurelearning
- **Mail** - Fill out the registration form.
- **By Phone** - To pay by Visa, Mastercard or American Express, call the Leisure Learning office at 850.473.7468.

OFFICE HOURS
Mon - Fri, 8 a.m. to 5 p.m.

Building 77, Room 149
11000 University Parkway
Pensacola, FL 32514

Classes selections listed on reverse side.

☐ Check this box if address/info has changed

Name ________________________________

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Members who joined LL in 1996 will always remain Charter Members, but your membership must be renewed annually. Please consider the discounted $10 membership dues to help cover printing and postage costs.

Make check payable to: Leisure Learning
Mail this form along with your check to:
University of West Florida
Leisure Learning (Bldg. 77/ 149)
11000 University Pkwy., Pensacola, FL 32514

Writing a check for class?
Many Leisure Learning events and classes fill up quickly and result with a waiting list. If you are paying by check, please visit uwf.augusoft.net or call Student Support 473-7468 to check availability before mailing payment.

The $35 annual membership fee covers twelve months from the date you join.

☐ $35.00 - New Member
☐ $35.00 - Renew Annual Membership
☐ No fee - Membership Dues are current

Charter Membership (Joined LL in 1996)
☐ $10.00 - Renew Charter Member
☐ No fee - Renew Charter Member Gratis

Total Class Tuition: __________

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Never stop learning! Register today and enjoy quality instruction and social engagement!
| $180 | Unlimited Classes Option |
| $30 | Lunch N Learn: Meet the Artists of Giovanni* |
| $30 | Lunch N Learn: Meet the Artists Trovatore* |

**Mondays**

| $12 | Bodacious Bookstore and Cafe |
| $12 | Calling All Bookies |
| $12 | Chaos and Cartooning with Andy Marlette |
| $12 | ECUA Recycling Facility Tour - Session #1 |
| $12 | ECUA Recycling Facility Tour - Session #2 |
| $12 | Finding Peace Within: Mediation and Mindfulness |
| $12 | Gálvez! |
| $15 | Indian Temple Mound Museum* |
| $12 | Laughter and Leading |
| $25 | Learning to Play the Recorder |
| $12 | Make a Difference: Volunteer |
| $12 | Quayside Art Gallery |
| $25 | Recorder Ensemble Series |
| $12 | St. Michael’s Cemetery |
| $15 | Swift-Coles Historic Home Tour* |
| $12 | The Voluntary Exile of Free Negroes of Pensacola in 1858 |
| Free | UWF Archives & W. FL Center John C. Pace Library Tour: Artists and Art |
| $15 | Voices of the American Spirit: Willa Cather |

**Tuesdays**

| $12 | All Adventures Don’t Happen in Wonderland |
| $12 | Angelena’s Restorant Italiano |
| $25 | Beginning Portrait Drawing* |
| $25 | Bodacious Chef: Nick Farcas* |
| $12 | Deadman’s Island: Pensacola Bay’s Unique Landform |
| $12 | Eden Energy Medicine |
| $25 | Executive Brain and Whole Person Lifestyles |
| $12 | Hangar Flying: Improvements in Aviation Safety |
| $12 | Hot Spot Barbecue |
| $12 | How Does Your Garden Grow? |
| $12 | Pensacola Museum of Art: John Markowitz |
| $12 | Plan for your Future, Make it Happen |
| $12 | Planning for Long Term Care |
| $12 | Simple and Effective Art of EFT — Tapping 1.0 |
| $12 | Simple and Effective Art of EFT (Part Two) 2.0 |
| $12 | Uncle Sandy’s Macaw Bird Park - Session #1* |
| $12 | WEAR TV 3 Tour - Session #1 |
| $12 | WEAR TV 3 Tour - Session #2 |
| $25 | Weeks Bay Reserve Pontoon Boat Tour - Session #1* |

**Wednesdays**

| $12 | America’s Cup Challenge in Pensacola |
| $25 | Bodacious Shops — Wine and Cheese* |
| $30 | Charcoal Drawing with Larry Manning* |
| $12 | Communication Through Dance |
| $30 | Conte Crayon Drawing with Larry Manning* |
| $25 | Divine Life Lessons: Uncovering Your Sacred Self |
| $12 | Go Argos!: UWF Football with FL Sports Hall of Famer Gordon Sprague |
| $12 | Great American Speech Series: Martin Luther King Jr. |

**Thursdays**

| $12 | Gulf Coast Citizen’s Diplomacy Council |
| $15 | Historic Pensacola Village Tour* |
| $12 | Keeping Bonsai Alive |
| $12 | Montessori Education 101 |
| $12 | Pensacola Yacht Club History |
| $12 | Roy Hyatt Environmental Center Tour - Session #1 |
| $12 | Roy Hyatt Environmental Center Tour - Session #2 |
| $12 | Stonewall Jackson’s Shenandoah Valley Campaign |
| $15 | Storybook Castles and Fairhope History Museum - Session #1* |
| $15 | Storybook Castles and Fairhope History Museum - Session #2* |
| $12 | Uncle Sandy’s Macaw Bird Park - Session #2* |
| Free | UWF Archives & W. FL Center John C. Pace Library Tour: The American Presidents |
| $25 | UWF Archives & W. FL Center John C. Pace Library Tour: The American Presidents |

**Fridays**

| $55 | Bavarian’s Wirtshaus and Destin History & Fishing Museum* |
| $12 | Blue Wahoos Senior Writer - Bill Vilona |
| $30 | Bocce Ball for All - 5 Sessions |
| $25 | Create-a-Craft: Sea Angels* |
| $12 | Hangar Flying: Where are We? |
| $12 | Healthy Living for Your Brain and Body: Tips from the Latest Research |
| $15 | Humming Star Alpacas* |
| $12 | McGuire’s Irish Pub & Brewery Tour - Session #1 |
| $12 | McGuire’s Irish Pub & Brewery Tour - Session #2 |
| $12 | Pensacola Backyard Homestead |
| $12 | Richmond: Primary Arms Producer for the South |
| $25 | Scenic Highway Trolley Tour - Session #1* |
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| $12 | Supreme Court Preview: Cases to Watch in the 2020-21 Term |
| $15 | Tales of the Maya Skies: Pensacola State College Planetarium* |
| $12 | Tax-Free Investing: It’s Not What You Make, It’s What You Keep! |
| $15 | W.R. Taylor Brick Company - Session #1 |
| $15 | W.R. Taylor Brick Company - Session #2 |

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If you are unable to attend your registered class, you must notify the Leisure Learning office at least **48-hours** in advance of the class in order to receive a refund or credit toward a future class. Any cancellation given less than **48-hours** in advance will not receive a refund or credit. Please be courteous to your volunteer instructors and fellow members by adhering to this policy. **Please Note:** For events that require Leisure Learning to PREPAY, refunds cannot be processed if you are unable to attend unless there is someone on the waiting list to take your place.
LUNCH ‘N’ LEARN EVENT:
MEET THE ARTISTS OF
IL TROVATORE

10-March | Tue 11:30 AM
New World Landing Banquet Hall | $30

Verdi’s hot-blooded thriller emphasizes the “grand” in grand opera. The innocent Leonora is caught in a love triangle from which there is no escape. Pensacola Opera's Maestro Jerome Shannon and Education Director Cody Martin will give an overview of Il Trovatore and introduce the principal artists. Excerpts from the upcoming production will be performed by Pensacola Opera’s Artists in Residence.

Invite your friends and family! Leisure Learning membership is not required to attend.


*Not available on the all-inclusive Unlimited Classes option.