

University of West Florida | Graduate School

Student Spotlight: Kara Benedict

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Kara Benedict, Healthcare Administration

I wanted a program that was a strong online program because I knew that traveling back and forth to a classroom was going to be exceedingly difficult with my current job, and my children, and my other responsibilities. So, I knew that the program was geared for working individuals, and so I put a lot of research into that. And I found this program, and I knew it was a good one for me.

Probably the only regret that I have is that I waited as long as I did. There was a twelve-year gap between when I finished my bachelor's in nursing and when I chose to start my master's in Healthcare Administration, and I've let too long of a time lapse between those two things. And the longer you wait, the harder it is to return back to school. My advice is to start the program. No matter what you do, even if you're taking one class at a time: start the program. I'll be the first to admit that with my children and my life, it took me five years to finish my master's degree. And there were semesters that I had to take off, and I often took the summers off with my children, but start the program. Commit to start the program, start it, take a class, take one class at a time. It seems daunting when you start. "Oh my gosh, I have to get forty hours, or I have to get thirty-six hours," but take the leap. You will not regret it.