

University of West Florida Biennial Review of Alcohol and Other Drug Programs 2010 – 2012

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Introduction

The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) require institutions of higher education to document its efforts related to the prevention of alcohol abuse and the use/distribution of illegal drugs by both employees and students. At a minimum, schools must annually distribute the following in writing to all students and employees:

- Standards of conduct prohibiting the unlawful possession, use or distribution of illicit drugs or alcohol by students and/or employees
- A description of the legal sanctions under local, state, or federal law related to the unlawful possession or distribution of illicit drugs and alcohol
- A description of any drug or alcohol counseling, treatment or rehabilitation or re-entry programs available to students and/or employees
- A clear statement that the institution will impose sanctions on students and employees, a
 description of those sanctions, up to and including expulsion/termination of employment, for
 violations of these standards of conduct

The law further requires institutions to conduct a biennial review of its alcohol/other drug prevention efforts with the following objectives:

- Determining the effectiveness of the policy and implementing changes to the Alcohol and Other
 Drug (AOD) program if needed
- Ensuring that sanctions are consistently and evenly applied

The biennial review must also include information related to the number of AOD-related violations and fatalities occurring on the campus, as well as the number and type of sanctions imposed on students and employees for violations of the standards of conduct.

The following campus units provided information for this report:

- Student Rights and Responsibilities
- Health and Wellness Promotions
- Human Resources
- Campus Recreation
- Intercollegiate Athletics
- Greek Affairs

The intention of this document is to meet the legal requirements of conducting the biennial review, as well as to document the AOD prevention efforts at the University of West Florida for the 2010-2011 and 2011-2012 academic years.

Annual Notification

The following notice is sent via email from the Dean of Students Office to all students at the beginning of each academic year:

"DRUG FREE SCHOOLS AND CAMPUSES ACT of 1989: This federal law requires that institutions of higher education provide students and employees with a copy of the written policies and laws related to drugs and alcohol. The University of West Florida clearly prohibits the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities. To obtain information on applicable legal sanctions, the health risks associated with drug and alcohol abuse, available counseling and treatment programs, and disciplinary sanctions associated with student and/or employee violations, contact the Dean of Students Office at (850) 474-2384 or visit the Web site http://uwf.edu/drugfreecampus.

To have this information mailed to you, please contact Dean of Students Office at (850) 474-2384."

The notification is sent to all students at the beginning of the Fall semester (August), and to all newly enrolled students at the beginning of the Spring semester (January). For those emails that are not delivered, paper copies are sent to the student's local mailing address.

The following statistics were compiled for the annual notifications in this reporting period:

Drug Free Campus Student Notification - Fall 2010 - Spring 2012

		Spring		
	Fall 2010	2011	Fall 2011	2012
Emailed	11707	1081	12010	997
Bouncebacks	71	0	42	0
Mailed	71	0	42	0
Returned	2	0	0	0

All incoming freshman students also receive a notification related to financial aid eligibility under the Higher Education Opportunity Act. This notification (Attached as Appendix 2) is distributed to all incoming students at New Student Orientation.

The following notice is sent via email to all faculty/staff in March and October of each academic year as part of the HR Bulletin:

The University of West Florida is a Drug Free campus. Staff, faculty, students and guests are expected to comply with all federal, state and local laws, as well as university regulations and policies concerning alcoholic beverages and other drugs. Specifically, the university prohibits unlawful possession, use,

[&]quot;Drug Free Campus Notification

manufacture or distribution of alcohol or controlled substance in or on university property or as part of any of its activities. Please refer to the Drug Free Campus website for additional information."

The following statistics were compiled for the annual faculty/staff notification in this reporting period:

	Oct. 2010	March 2011	Oct. 2011	March 2012
Emailed	N/A	2,692	2,720	N/A
Delivered	N/A	2,684	2,714	N/A

Policies

UWF Policies regarding alcohol and illicit drugs are seen in every area of campus life. These policies are found in the Student Code of Conduct, the Employee Handbook, and the Residence Hall Standards of Community Living.

Policies for Faculty/Staff

Policies related to AOD use for faculty and staff are found in the Employee Code of Ethics (Policy HR-15.00-2004/07).

- (6) Drug Free and Smoke Free Workplace
 - (a) Students, Faculty, staff, and guests are required to comply with all Federal and State laws, municipal ordinances, as well as University rules and regulations concerning alcoholic beverages, drugs, and smoke free buildings.
 - (b) The University prohibits the unlawful possession, use, manufacture, or distribution of alcohol or controlled substances in or on University property or as part of any University activity.
 - (c) The University shall take disciplinary action if an employee violates these standards of conduct.

Policies for Students

Policies related to AOD use for UWF students are located in the Student Code of Conduct (UWF Reg 3.010). All residential students are provided each year with a copy of the Student Handbook, which includes the Student Code of Conduct. The policy is also available on the University website.

Student Code of Conduct

- 4. Violations of federal, state, local laws, County or municipal ordinances, Board of Governors or University rules, regulations, or policies including, but not limited to:
 - a. Possession, use, sale or distribution of narcotics or other controlled substances and/or drug paraphernalia, as prohibited by Florida Law, on the University campus or at any University sponsored, off-campus function.
 - b. Prohibited Uses of Alcohol:
 - i. Any possession or consumption of alcohol that is in violation of the University's Alcohol policy.
 - ii. Possessing, purchasing or consuming alcohol if under the legal age.
 - iii. Misrepresenting one's age for the purposes of purchasing or consuming alcohol.

- iv. Purchasing, furnishing or serving alcohol to any underage person.
- v. Possessing, furnishing or consuming alcohol in unauthorized areas of the University.
- vi. Possessing or using a common source of alcohol (i.e. kegs, beer bongs, or their equivalent).
- vii. Operating a motor vehicle while under the influence of alcohol.
- viii. Being intoxicated to the point at which an individual has lost normal control of his/her body or mental facilities or both.
- ix. Disorderly intoxication: being intoxicated and endangering the safety of another person or property or being intoxicated or drinking alcoholic beverages in a place on campus at which it is not permitted and causing a public disturbance.

University Housing Standards of Community Living

In addition to the Student Code of Conduct, there are also policies articulated in the Housing and Residential Communities "Standards of Community Living" regarding alcohol consumption. Those include:

2. Alcohol: Beer kegs, party balls, funnels, drinking games, and hard liquors are not permitted in or around University Housing. Collections or displays of empty beer or alcohol bottles, cans or containers (Flask) or other such items are not permitted in University Housing areas.

In addition to the policies laid out with regards to alcohol use in the Student Code of Conduct, there is a University Alcohol Policy (UWF/ REG 5.017) regarding the use of alcohol on campus:

UWF/REG-5.017 Alcoholic Beverages on Campus Property

- 1) Any individual serving, possessing, using, consuming, distributing or selling alcohol on any UWF campus must abide by all applicable federal, state, local laws and regulations and University regulations and policies including this regulation. The University of West Florida prohibits the unlawful sale, possession, use, consumption, distribution or service of alcohol on all of its campuses. For provisions regarding the sale of alcoholic beverages, see paragraph (6) of this regulation.
- 2) Alcoholic beverages may only be served or consumed:
 - a. At a properly scheduled event or public gathering for which authorization to serve alcohol was obtained, in accordance with paragraph (4); or
 - b. At a departmental event for which authorization to serve alcoholic beverages was obtained, in accordance with paragraph (5); or

- c. By a student resident over age 21 in his or her residence hall room or campus apartment and his or her guests who are over age 21, in accordance with paragraph (1) and all Residence Life policies. Such service or consumption is limited to beer and wine.
- 3) Alcoholic beverages may only be served at one of the following locations:
 - a. On the Pensacola main campus:
 - (i) The University Commons- service must be through a licensed vendor. Alcohol may not be served, consumed, or distributed in any individual offices within the Commons building;
 - (ii) The Alumni Room in Building 12 on the UWF main campus;
 - (iii) Crosby Hall conference rooms;
 - (iv) The Center for Fine and Performing Arts (lobbies and gallery areas, not backstage or in instructional or office areas);
 - (v) Argonaut Athletic Club;
 - (vi) The Oak Grove Picnic Area;
 - (vii) Other appropriate locations with the specific authorization of the President or applicable Vice President.
 - b. At the other UWF campuses or the Santa Rosa Island property in a manner that is consistent with this regulation, unless there is a more specific UWF regulation or policy for that location.
- 4) Alcoholic Beverages may be served without charge to individuals over age 21 at public gatherings or events as long as such service is in compliance with paragraph (3) and the following provisions, as applicable:
 - a. The public gathering or event has been authorized by the appropriate Vice President or designee and is held in accordance with all applicable laws, regulations and policies.
 - b. The alcohol beverages served in accordance with this section must be consumed at the gathering or event.
 - c. No individual may consume alcohol or possess open containers of alcohol at any outdoor locations of the University including grounds, parking lots, roads or sidewalks ("University grounds"), except at outside public gatherings for which alcohol service and consumption has been authorized.
 - d. Non-University entities hosting events or public gatherings in University facilities may serve beer, wine or liquor as long as the alcoholic beverages are served by a licensed vendor and the event is authorized by University Commons Student Activities Conference Services.

- e. Student Organizations (including fraternities and sororities), may host events or public gatherings on campus at which beer and wine are served, as long as all applicable event registration guidelines and approval procedures of the University Commons Student Activities Department and the Office of Greek Affairs are followed. Student Organizations may not serve liquor.
- f. University departments hosting public events or gatherings in University facilities may serve beer, wine or liquor as long as the alcoholic beverages are served by a licensed vendor and the service of alcoholic beverages and the event are approved by the appropriate Vice President.
- 5) University departments hosting gatherings or events in University facilities may serve beer, wine or liquor without a licensed vendor if:
 - a. The alcoholic beverages are not offered for sale or "sold," as defined in paragraph (6);
 - b. The approval of the appropriate Vice President has been obtained;
 - c. The department has a plan in place to take precautionary measures to ensure that alcoholic beverages are not served to persons under the legal drinking age, to persons who appear intoxicated, or to persons known to be addicted to alcohol;
 - d. Sufficient quantities of food and soft drinks are made available; and
 - e. The event is not centered around drinking alcohol, and drinking games are not advertised.
- 6) Sale of Alcoholic beverages.
 - a. Alcoholic beverages may be sold by a licensed vendor in the Argo Galley and in Pelicans Park on the Pensacola main campus.
 - b. Alcoholic beverages may be sold at University events if the sale of alcohol at the event is authorized by the appropriate Vice President, and either:
 - (i) The alcohol is sold through a licensed vendor, or
 - (ii) The University obtains a license to sell alcohol for the event.
 - c. For purposes of this policy, alcoholic beverages will be considered for "sale" or "sold" at any event at which alcoholic beverages are served and for which an admission fee is charged, cups are sold, tickets are sold, donations are collected, or cash or anything else of value is exchanged for alcoholic beverages.
- 7) Specific exceptions to any provision of this policy may be made by the University President or by a divisional Vice President, as appropriate.
- 8) University policies governing the use of alcohol in marketing activities and the alcohol policy for student sponsored events are located on the President's website.

Education/Prevention Efforts

Counseling and Wellness Services

Counseling and Wellness Services consists of two departments that work collaboratively to create a culture at UWF in which students strive for mental and physical health. Each department also works independently, providing unique contributions to the UWF campus community.

Counseling Services offers counseling and therapy to help students address how to manage, cope and grow with the stress associated with school and life. The primary goal of counseling is to help students develop the personal awareness and skills necessary to overcome problems and to develop in ways that will allow them to take advantage of the educational opportunities at the university.

Wellness Services is active on campus providing health promotion services in the areas of alcohol abuse & misuse prevention, sexual health promotion and sexual assault prevention. Wellness Services also coordinates the UWF Peer Educators program.

Both offices offer students evidence-based alcohol misuse/abuse prevention and treatment services. Counseling Services work with students on a voluntary basis to address concerns about their substance use and also provide BASICS sessions for students who are sanctioned through the Office of Rights and Responsibilities for alcohol violations.

Wellness Services actively promotes alcohol misuse/abuse prevention through a philosophy of harm reduction, peer-based alcohol education, supporting healthy norms, and supporting abstinent students. Comprehensive outreach efforts are coordinated through a multitude of avenues that permeate the campus culture as one that promotes healthy choices.

Counseling and Wellness Services also coordinates the efforts of the Campus Alcohol Coalition. The UWF Campus Alcohol Coalition (CAC) promotes student wellness, academic success and healthy lifestyle choices concerning alcohol. The CAC is comprised of University students, staff, faculty, and administration, as well as representatives from the community. The Coalition actively guides work on campus alcohol policies and addresses environmental influences of campus alcohol practices. The CAC Charter is attached to the end of this document as **Appendix 1**.

Alcohol Abuse and Misuse - Ongoing during the entire 2 year period

- Community Drug and Alcohol Council (CDAC) Lindsey Greeson and Brian Turner are executive board members.
- Mica Harrell participates in the Underage Drinking Task Force; a community committee made up
 of military officials, community law enforcement, and University of West Florida
 representatives.

- One Graduate Assistant is assigned 20 hours per week to focus on AOD programming for the duration of the semester.
- E-chug subscription continued.
- Peer Education team continues to meet weekly and are involved in AOD awareness events, marketing campaigns, other AOD programming activities.
- Campus Alcohol Coalition meets monthly to review policies, create recommendations for alcohol violations, and act as advisory board for alcohol misuse/abuse prevention programming.
- Regularly participate in Alcohol Misuse/Abuse Prevention webinars

Alcohol Abuse and Misuse - One time activities

- Fall 2010 Awarded DOE Model Grant for being a Promising Alcohol Misuse/Abuse Prevention Model Program
- Fall 2010 Attended DOE Model Grant meeting
- Fall 2010 Hosted a SAMSHA funded Town Hall Meeting to Reduce Underage Drinking for Pensacola Community in collaboration with CDAC and NW FL Prevention Coalition
- Fall 2010 Completed annual Core Alcohol and Drug Survey to ascertain student AOD use, consequences, and perceptions.
- Spring 2010 Fall 2011 Implemented 3 alcohol research studies related to Model Grant
 - 1. Social Norms/Marketing Campaign
 - 2. Academic Foundation Seminar (online vs. in-class) Program Evaluation
 - 3. High Risk Social Norms Intervention
- Spring 2011 Completed National Collegiate Alcohol Assessment to get data on health needs and program implications related to alcohol
- Spring 2011 Mica Harrell, Lindsey Greeson, and Rebecca Kennedy attended ACHA Conference
- Spring 2012 Hired a new time-limited full time Coordinator to focus on Alcohol and Other Drug Prevention
- Spring 2012 Mica Harrell, Lindsey Greeson, Leslie Donovan, and Rebecca Kennedy attended ACHA Conference
- Summer 2012 Pilot-tested Alcohol EDU with all FTIC Summer Cohort students

The chart below specifies additional alcohol misuse/abuse prevention outreach activities conducted by counseling/wellness services during the Fall 2010 – Summer 2012 period.

Fall Semester, 2010					
	Activity	Number of sessions held	Total number of participants		
August	Choices Presentation	1	45		
	Click into Wellness (RA Training)	1	25		
	Campus Alcohol Coalition	1			
September	Facts on Tap/Smart Choices	6	162		

	Choices	4	160
	Boozin' Bingo	1	15
	Boozin' Bingo Advertising		
	(Facebook event)	1	66
	Town Hall Meeting	1	82
			02
	Campus Alcohol Coalition	1	
Outstand	Charles a	2	
October	Choices	2	60
	Facts on Tap	1	23
	Cirque du Wellness	1	100
	Cirque du Wellness	_	
	Advertisting	2	500
	(Golf Cart)		
	Cirque du		
	Wellness/NCAAW	1	130
	Advertisting	_	
	(Table Tents)		
	Cirque du		
	Wellness/NCAAW	sting 1	245
	Advertisting		2.13
	(Facebook event)		
	Cirque du		
	Wellness/NCAAW	1	150
	Advertisting	_	130
	(Chalking)		
	Cirque du		
	Wellness/NCAAW	1	106
	Advertisting	1	100
	(Flyers)		
	NCAAW Advertising	1	1800
	(Mailbox Stuffers)	1	1000
	Campus Alcohol Coalition	1	
November	Choices	1	3
	Alcohol Jeopardy	1	15
	Greek Alcohol Risk	1	00
	Management	1	88
	Drinking, Drugs and Doing	4	20
	Stuff	1	20

December	Campus Alcohol Coalition	1	
		·	
	Spring Seme	ster, 2011	
January	Boozin' Bingo	1	25
	E-Chug Advertising	2	168
	(Golf Cart)	2	100
	Campus Alcohol Coalition	1	
February	Choices	2	27
	Alcohol Control Group	2	55
	Alcohol Intervention Group	2	33
	Campus Alcohol Coalition	1	
		·	
March	Choices	1	32
	Mind the Gap	1	13
	Boozin' Bingo	1	20
	Safe Spring Break		
	Advertising	1	50
	(Booth)		
	Safe Spring Break		
	Advertising	2	400
	(Golf Cart)		
	Safe Spring Break		
	Advertising	1	1600
	(Mailbox Stuffers)		
	Safe Spring Break		
	Advertising	1	115
	(Table Tents)		
	Safe Spring Break		
	Advertising	1	50
	(Carpet Wall)		
	Campus Alcohol Coalition	1	
April	Campus Alcohol Coalition	1	
		<u> </u>	
May	Campus Alcohol Coalition	1	
	Summer Seme	ester, 2010	
June	Orientation	8	840
	Campus Alcohol Coalition	1	

July	Orientation	6	630
	Campus Alcohol Coalition	1	

(New Year)

Fall Semester, 2011					
	Activity	Number of sessions held	Total number of participants		
August	RA Training	3	195		
	SA Training	1	65		
	Campus Alcohol Coalition	1			
September	Facts on Tap/Smart Choices	5	150		
	Choices	1	35		
	Alcohol Jeopardy	2	80		
	Social Norms	1	25		
	Social Norms Advertising (Table Tents)	1	120		
	E-Chug Advertising (Mailbox Stuffers)	1	1800		
	Campus Alcohol Coalition	1			
October	Facts on Tap/Smart Choices	4	150		
	Choices	1	7		
	Boozin' Bingo	4	50		
	Risk Management Roundtable	1	10		
	Hallowellness	1	100		
	Hallowellness Advertising (Sheets)	1	100 (?)		
	Hallowellness Advertising (Facebook)	1	125 (?)		
	Hallowellness Advertising (Flyers)	1	750 (?)		
	NCAAW Advertising (Golf Cart)	1	200		
	NCAAW Advertising (Mailbox Stuffers)	1	1800		
	NCAAW Advertising (Table Tents)	1	120		
	NCAAW Advertising (Carpet Wall)	1	50		

	Campus Alcohol Coalition	1	
November	Choices	1	6
November		1	
	Alcohol Jeopardy	1	25
	Risk Management- TKE	1	12
	Program		
	Risk Management-	1	7
	Recreation Program		
	Campus Alcohol Coalition	1	
December	Campus Alcohol Coalition	1	
	·		
		ester, 2012	
January	Campus Alcohol Coalition	1	
February	Choices	1	6
	Phi Sigma Sigma Program	1	25
	Drinking, Drugs and Doing	1	12
	Stuff	_	12
	Drinking, Drugs and Doing	1	12
	Stuff Advertising		
	(Cups)		
	Campus Alcohol Coalition	1	
March	Choices	1	7
	Do More Than Change the	2	65
	Channel		
	Argo Host Training	1	19
	Safe Spring Break	2	145
	Advertising		
	(Golf Cart)		
	Safe Spring Break	1	145
	Advertising		
	(Flyers)		
	Safe Spring Break	1	145
	Advertising		
	(Cups)		
	Safe Spring Break	1	200
	Advertising		
	(Posters)		

	Campus Alcohol Coalition	1	
April	Choices	1	2
	Alcohol Jeopardy	2	67
	Campus Alcohol Coalition	1	
May	Campus Alcohol Coalition	1	
	Summer So	emester, 2012	
June	Orientation	5	1060
	Campus Alcohol Coalition	1	
July	Orientation	4	501
	Campus Alcohol Coalition	1	

Office of Greek Affairs AOD Programs, 2010-2012

Office of	Office of Greek Affairs Sponsored Programs					
<u>Date</u>	<u>Time</u>	<u>Program Title</u>	Atten ded	<u>Chapters Attended</u>		
9/19/20 10	9:00a <u>m -</u> 4:00p <u>m</u>	Acropolis - Choices Program	175	Alpha Chi Omega, Alpha Delta Pi, Alpha Gamma Delta, Alpha Kappa Alpha, Alpha Tau Omega, Delta Phi Lambda, Kappa Alpha, Phi Sigma Sigma, Pi Kappa Alpha, Sigma Alpha Epsilon, Sigma Alpha Mu, Sigma Chi, Tau Kappa Epsilon		
10/18/2 010	8:30p m - 10:30 pm	Choices (Men)	<u>80</u>	Alpha Tau Omega, Kappa Alpha, Pi Kappa Alpha, Sigma Alpha Epsilon, Sigma Alpha Mu, Sigma Chi, Tau Kappa Epsilon		
10/24/2 010	2:00p m - 4:00p m	Choices (Women)	123	Alpha Chi Omega, Alpha Delta Pi, Alpha Gamma Delta, Alpha Kappa Alpha, Delta Sigma Theta, Phi Sigma Sigma		
2/13/20 11	1:00p m - 3:00p m	Choices	<u>60</u>	Alpha Chi Omega, Alpha Gamma Delta, Alpha Tau Omega, Delta Phi Lambda, Kappa Alpha, Phi Sigma Sigma, Pi Kappa Alpha, Sigma Alpha Mu, Sigma Chi, Tau Kappa Epsilon		
10/2/20 11	9:30p m - 4:00p m	Acropolis - Choices Program	191	Alpha Chi Omega, Alpha Delta Pi, Alpha Gamma Delta, Alpha Tau Omega, Kappa Alpha, Phi Beta Sigma, Phi Sigma Sigma, Pi Kappa Alpha, Sigma Alpha Epsilon, Sigma Alpha Mu, Sigma Chi, Tau Kappa Epsilon, Zeta Phi Beta		

10/3/20	4:30p	Risk Managers Round-	<u>11</u>	Alpha Chi Omega, Alpha Delta Pi, Alpha Gamma
<u>11</u>	<u>m -</u>	Table: "Do more than		Delta, Kappa Alpha, Pi Kappa Alpha, Sigma
	<u>5:50</u>	change the channel"		Alpha Epsilon, Sigma Chi, Tau Kappa Epsilon
	<u>pm</u>	<u>progam</u>		
3/28/20	4:00p	Social Host Training	<u>19</u>	Alpha Chi Omega, Alpha Delta Pi, Alpha Gamma
<u>12</u>	<u>m -</u>			Delta, Alpha Tau Omega, Delta Phi Lambda,
	<u>5:30p</u>			Sigma Alpha Epsilon, Sigma Alpha Mu, Sigma
	<u>m</u>			Chi, Tau Kappa Epsilon
4/1/201	<u>1:00p</u>	Choices (Men)	<u>22</u>	Alpha Tau Omega, Kappa Alpha, Pi Kappa Alpha,
<u>2</u>	<u>m -</u>			Sigma Alpha Epsilon, Sigma Alpha Mu, Sigma Chi
	<u>3:00p</u>			
	<u>m</u>			
Greek Ch	apters Sp	oonsored/Attended Progra	ms_	
School Ye	<u>ear</u>	<u>Program Title</u>	Chapter	r's who hosted the Program
2010-201	.1	"Do more than change	<u>60</u>	Phi Sigma Sigma
		the channel" program		
		<u>from Wellness Services</u>		
2011-201	.2	"Do more than change	<u>135</u>	Alpha Chi Omega, Phi Sigma Sigma, Tau Kappa
		the channel" program		<u>Epsilon</u>
		<u>from Wellness Services</u>		
10/26/20	<u>11</u>	<u>Hallowellness: Wellness</u>	<u>26</u>	Alpha Gamma Delta, Phi Sigma Sigma, Pi Kappa
		Services Event		Alpha, Sigma Chi, Tau Kappa Epsilon

Safe Ride Program

The Campus Alcohol Coalition secured funding from the Student Government Association to pilot a Safe Ride Program for currently enrolled university students. Argo SafeRide was developed as a strategy to reduce rates of drinking and driving amongst the student body that are slightly above the national average.

The objectives of this program are:

- (1) to facilitate transportation services for UWF students whenever public transportation is not available or feasible
- (2) to ensure safe transportation home for students visiting establishments or events in the Pensacola and Pensacola Beach areas
- (3) to provide transportation to students who experience an unsafe situation such as an unsafe date or risky situation and are in need of safe transportation

The university has contracted with Yellow Cab to utilize a voucher system for access to 24 hour cab services wherein the student pays \$2.00 for a \$5.00 cab voucher. The university's Student Government Association subsidizes the difference between the cost to the student and the reimbursement to the cab company. Within the first semester of the pilot program beginning in August 2012, the program

assessment is favorable. In the student satisfaction survey that is sent to every student who purchases a SafeRide voucher, we have assessed that:

- 92% of respondents said the program met their needs for a safe ride alternative.
- 92% of respondents said they would recommend the program to their friends.
- 67% of respondents said the program had a positive impact on their feelings of safety or avoiding negative consequences (the remaining 33% reported no impact)
- 92% of respondents reported a positive impact in relation to planning ahead for safety
- 83% of respondents reported using the program to ensure safe transportation after visiting establishments in Pensacola, and 25% reported that they used the program at a time when they felt unsafe in a situation
- 83% of the respondents have a drivers' license.

University of West Florida Police Department AOD Programs

The UWF Police Department provides educational programming/training by request to student groups, organizations and residence halls.

Alcohol prevention programs offered by UWF Police include information regarding the dangers of alcohol abuse, date rape drugs and alcohol, impaired driving, secondary effects of alcohol, and current trends.

Drug prevention programs offered by UWF Police include information regarding drug identification, dangers of abuse, secondary dangers, current trends on college campuses, and resources for help.

2010-2011

9 alcohol programs 3 drug programs

2011-2012

10 alcohol programs 5 drug programs

UWF Police also participate in training for Resident Assistants each year. This training involves responding to incidents involving drugs and alcohol.

Office of Student Rights and Responsibilities

In addition to providing educational sanctions for students that have been found responsible for violations of AOD policies, the Office of Student Rights and Responsibilities provides a variety of educational programs and training to students regarding AOD policies.

Summer Orientation – Beginning in the summer of 2012, OSRR conducted a 30 minute workshop regarding the AOD policies and information regarding enforcement. In the summer of 2012, 1,642 incoming students attended this training session.

Resident Assistant/Hall Director Training – Each semester, representatives from OSRR conduct training for University Housing employees regarding the AOD policies, enforcement and prevention strategies.

Enforcement

There are two primary departments at the University of West Florida responsible for enforcing laws/policies related to alcohol and other drug use: The Office of Student Rights and Responsibilities (OSRR), and the University of West Florida Police Department.

The Office of Student Rights and Responsibilities at the University of West Florida is charged with the responsibility of adjudicating violations of the Student Code of Conduct, including violations of AOD policies. Students charged with violations of these policies participate in the disciplinary process as outline in the Student Code of Conduct, and students found responsible for violating these polices are sanctioned accordingly.

The following tables provide an overview of the total number of policy violations for the 2010-2011 and 2011-2012 academic years. Please note that some individual cases may encompass multiple charges (i.e. an individual student may be charged with "Alcohol – Underage" and "Alcohol – Loss of Control" for the same single incident).

Alcohol/Other Drug Student Cases - Academic Year 2010-2011

Charge	Responsible
Drugs – Possession/Use	31
Drugs – Sale/Distribution	2
Alcohol - Possession	52
Alcohol - Underage	102
Alcohol - Distribution to Minors	8
Alcohol - Endangerment	2
Alcohol - Loss of Control	12
ALL CHARGES	209

Alcohol/Other Drug Student Cases - Academic Year 2011-2012

Charge	Responsible
Drugs – Possession/Use	44
Drugs – Sale/Distribution	1
Drugs - Loss of Control	2
Alcohol - Possession	55
Alcohol - Underage	91
Alcohol - Misrepresenting Age	1
Alcohol - Distribution to Minors	2
Alcohol - Endangerment	1
Alcohol - Prohibited Areas	1
Alcohol - Operating a Motor Vehicle	3

222
6
15

Students that are found responsible for violations of the AOD policies articulated in the Student Code of Conduct are assigned a variety of educational sanctions regarding their conduct. These sanctions are often used in combination with other sanctions (probation, reflection papers, parental notifications, follow-up meetings, etc.). These sanctions offer a variety of approaches aimed at preventing future occurrence of problematic behaviors related to AOD violations.

BASICS – Basics is a two-session appointment with a counselor in the UWF Counseling Center. These sessions include an alcohol use assessment and incorporate motivational interviewing techniques to assist students struggling with alcohol or drug abuse. BASICS is generally reserved for either repeat offenders of the AOD policies, or for students that experience negative consequences as a result of their AOD violation (i.e. hospital transport for alcohol poisoning).

CHOICES – CHOICES is a brief alcohol abuse prevention and harm reduction program for college students involving interactive journaling. The CHOICES program involves a 90-minute, peer-facilitated class. Throughout the course, students are presented with information, and then they are able to reflect on what they have learned as it relates to their choices about drinking in their personal journals. The CHOICES program is presented in a non-confrontational manner that enables students to make their own decisions about alcohol consumption. Because the central focus of this program is to help students make informed choices, the journal is set up to provide participants with information, and then they are asked to apply what they have learned in a series of self-reflective questions. CHOICES is used as a sanction for intermediate alcohol policy violations or for repeated minor violations.

E-CHUG/E-TOKE - The e-Checkup programs are a personalized, evidence-based, online prevention intervention for alcohol and marijuana developed by counselors and psychologists at San Diego State University. Drawing on Motivational Interviewing (Miller & Rollnick, 2002) and Social Norms Theory (Perkins & Berkowitz, 1986), the eCHECKUP TO GO programs are designed to motivate individuals to reduce their consumption using personalized information about their own drinking and risk factors. E-CHUG is used as a sanction for first time, non-serious alcohol offenses. E-TOKE is used for first time marijuana offenses.

These educational programs are often used in combination with other sanctions. Students may be placed on probation, assigned to write reflection papers, removed from University Housing, etc. Each student's case is discussed individually among members of the OSRR/University Housing Case Conference Team, and an individualized sanction is developed with the hopes of altering that student's behavior and preventing future violations.

Alcohol/Other Drug Educational Sanctions - Academic Year 2010-2011

Sanction	Number
BASICS	13
CHOICES	0
E-CHUG	77
E-TOKE	14

Alcohol/Other Drug Educational Sanctions - Academic Year 2011-2012

Sanction	Number
BASICS	21
CHOICES	16
E-CHUG	54
E-TOKE	40

Intervention

UWF's insurance provider, Aetna, provides a variety of resources for UWF faculty/staff, including:

- A confidential counseling and referral services for employees and their household members.
- A Starting place for addressing personal problems.
- An Avenue of assistance for managers and employee whose personal problems may be affecting their work performance.
- Service that integrates behavioral health, health, and other benefits.
- Cost-free employee benefit
- National provider network
- Legal and Financial consultation
- Confidential (Governed by HIPAA)
- Unlimited telephone counseling 24/7/365
- Unlimited Short Term counseling (1-6 visits per issue unlimited issues)
- Management Consultation Services offered through the Organizational
- Covers employee and anyone in the employee's household

Numbers of employees who received assistance for drug and alcohol issues through these programs:

2010 - 2011

1

2011-2012

1

Summary

The appointed review committee conducted an overview of AOD policies, programs, and enforcement practices for academic years 2010-2011 and 2011-2012. As a result of this review, the committee has determined that UWF is in compliance with the Drug Free Schools and Campuses Regulations, has an effective and consistently enforced AOD policy, and annually distributes the AOD policies to students, faculty and staff.

The University of West Florida uses a comprehensive, environmental approach to preventing illicit drug use and alcohol misuse on campus. Our approaches are grounded in evidence-based approaches recommended by the National Institutes on Alcohol Abuse and Alcoholism and the Social Ecological Framework. A variety of strategic partnership across different units on campus work collaboratively and effectively to ensure that UWF students, faculty and staff live, study and work in a safe and healthy environment.

Recommended Future Initiatives

- Sustain and grow the Argo SafeRide program as a strategy to reduce substance-induced driving by university students. Future data collection efforts will be analyzed to determine if there are corresponding reductions in reported drinking and driving rates. (Health Promotions)
- To set the tone for alcohol expectations, campus culture, and offer a personalized alcohol
 intervention, all new students enrolled at the university should be mandated to take an
 evidence-based online pre-matriculation alcohol education course such as AlcoholEdu. (Health
 Promotions)
- The Campus Alcohol Coalition should continue to envision and address changes in the alcohol
 culture anticipated by the addition of Greek housing, residential student growth, and football.
 Research should be conducted to identify best practices in preparing for said additions.
 Appropriate policy revisions and development should be proactively outlined in accordance with
 the timeline for these developments.
- The UWF Athletic Department and the Office of Health Promotions should work towards the development of a comprehensive plan to educate student-athletes, athletic administers and coaches about drug and alcohol use and abuse. (Athletics and Health Promotions)
- Investigate a more comprehensive sanctioning program for students found in violation of campus drug policies, including the possibility of a drug testing program for student violators. (Office of Student Rights and Responsibilities)
- To address the trend of rising drug (both illicit and prescription) use, the Office of Health
 Promotions should expand current alcohol prevention marketing initiatives to include social
 norms marketing with regard to the use of marijuana and the abuse of prescription drugs.
 (Health Promotions)
- To ensure that business decisions are supportive of best practices for alcohol misuse/abuse prevention practices, the Campus Alcohol Coalition (CAC) &/or Student Affairs Vice President should be consulted regarding University initiatives that include alcohol sales or funding from

- alcohol sponsors prior to finalizing decisions/contracts and should collaborate in the contract development. (VPSA/Campus Alcohol Coalition)
- In line with a review of the Florida Board of Governor's Campus-Based Alcohol Prevention Best Practices matrix, we further recommend:
 - Housing and Residence Life consider offering substance-free residence hall options.
 (Housing and Residence Life)
 - Engaging parents/guardians of students in alcohol education &/or prevention activities.
 (Student Transition Programs/OSRR)
 - Consider having on-campus support systems for students in recovery such as Alcoholics Anonymous &/or Alanon. (Health Promotions/Counseling)
 - Banning the advertisement of alcohol drink specials on campus. (VPSA/Campus Alcohol Coalition)
 - Continue banning/restricting alcohol industry sponsorship of on campus events.
 (VPSA/Campus Alcohol Coalition)

<u>Appendix 1 – Campus Alcohol Coalition Charter</u>

PURPOSE:

Promote student wellness and academic success through environmental strategies that endorse leadership efforts supporting healthy lifestyle choices concerning alcohol.

SPECIFIC RESPONSIBILITIES

- 1) Increase campus-community knowledge about the UWF Alcohol Campus Coalition.
- 2) Act as an advisory board for alcohol misuse/abuse prevention initiatives and grants.
- 3) Provide recommendations to policy reviews, sanctions, alcohol-related violations, and environmental strategies.
- 4) Initiate collaboration with other campus and community groups in efforts to support health and safety of the entire community.
- 5) Create a campus culture that encourage responsible alcohol use through policies, programs, and education; create and enforce a consistent message of responsible drinking throughout the community.
- 6) Challenge the cultural acceptance of high-risk practice and reduce incidence of alcohol poisoning.
- 7) Support campus efforts in prevention-programming and evidence-based research.

MEMBERSHIP REPRESENTATION

The Alcohol Coalition will at a minimum consist of:

- Chair- Professional Staff Member of Health Promotion Services, voting
- Co-Chair- UWF Faculty Member, Health Related Field, voting
- Minimum of two representatives from Counseling and Wellness Services, voting, one member shall be the Office Specialist
- Minimum of two faculty members having an interest/background in alcohol research representing two different academic departments; voting
- One representative from each of the following campus communities: UWF Police, Housing, Greek Affairs, Athletics, Office of Student Rights and Responsibilities, Recreation, and Business Affairs and Auxiliary Services; voting

- Student members to include a minimum of a student representative from each of the following campus groups: Peer Education Group, SGA, a resident student, graduate student, and students from Greek and Athletics; voting
- Community members representing a minimum of four entities; voting

SUBCOMMITTEE STRUCTURE

 As needs are identified, subcommittees will be charged with specific tasks to address and make recommendations. The subcommittee will report to the Coalition at scheduled meetings.

MEMBERSHIP AND MEETING POLICIES

- The Co-chairs shall be responsible for calling meetings, setting agendas, relaying all necessary information relating to specific responsibilities and timelines, conducting meetings and reporting outcomes.
- The Office Specialist for Counseling and Wellness Services shall be responsible for calling the first meeting of the next academic semester.
- A quorum (defined for the Coalition as a majority of the voting membership) shall be required for any action item to be voted on. A quorum will not be required for discussion and information items.
- All members shall have a voice and vote. However, in case of a tie, the Co-Chairs will consult with each other to provide a single vote.

MEETING SCHEDULING, AGENDAS, AND MINUTES

- The Coalition will generally meet once monthly.
- The Office Specialist for Counseling and Wellness Services shall be the elected meeting recorder.
- Agendas will be distributed in advance of the meetings and written minutes of meeting will be distributed to the Coalition for approval.

TERMS OF APPOINTMENT

- Co-chair and members of the Coalition will be appointed by the Coalition Chair based on campus position, research interests, and background experience.
- Co-Chairs will be appointed for a minimum of a two year membership, all others will serve a minimum of one year term for faculty and staff members; Coalition members have the opportunity for ongoing membership, if desired and approved by the Coalition.

- One-year term for student members; students have the opportunity for ongoing membership, if desired and approved by the Coalition.
- Others, continuous as desired and approved by the Coalition.

REVIEW

• The Charter shall be reviewed annually by the committee, and recommendations for changes shall be approved by all voting members.

LEGAL REFERENCES

• Drug-Free Schools and Communities Act (DFSCA). Part 86, the Drug and Alcohol Abuse Prevention Regulations (Education Department General Administrative Regulations [EDGAR] requires that, as a condition of receiving funds or any other form of financial assistance under any federal program, an institution of higher education (IHE) (1) must certify that it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees. In a biennial report, each institution must document that they are not only meeting the minimum requirements of this regulation but also outlines their best practices in relation to alcohol and other drug misuse/abuse prevention.

RECOMMENDATIONS REPORTED TO

• Vice President for Student Affairs

<u>Appendix 2 – Higher Education Opportunity Act Notification</u>

Dear Incoming UWF Student:

Section 485(k) of the Higher Education Opportunity Act (HEOA) of 2008 requires the University of West Florida to inform you of the following:

A student who has been convicted of any offense under any federal or state law involving the possession or sale of a controlled substance shall not be eligible to receive any grant, loan, or work assistance under this title during the period beginning on the date of such conviction and ending after the interval specified in the following table:

Student Ineligibility for Grants, Loans, or Work Assistance					
For <i>possession</i> of a controlled		For sale of a controlled substance,			
substance, ineligibility period is:		ineligibility period is:			
First conviction	1 year		First conviction	2 years	
Second conviction	2 years		Second conviction	Indefinite	
Third conviction	Indefinite				

A student whose eligibility has been suspended as a result of a conviction of any offense under any federal or state law involving the possession or sale of a controlled substance may resume eligibility before the end of the ineligibility period determined if:

- the student satisfactorily completes a drug rehabilitation program that complies with such criteria as the Secretary shall prescribe in regulations for purposes of this paragraph; and includes two unannounced drug tests;
- the student successfully passes two unannounced drug tests conducted by a drug rehabilitation program that complies with such criteria as the Secretary shall prescribe in the regulations; or
- the conviction is reversed, set aside, or otherwise rendered nugatory.

For more information regarding HEOA, visit: http://www.ed.gov/policy/highered/leg/hea08/index.html. Questions can be directed to the Office of Student Rights and Responsibilities at osrr@uwf.edu or 850.474.2384.

Sincerely,

Kevin W. Bailey, Ph.D.

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Vice President for Student Affairs