

University of West Florida Biennial Review of Alcohol and Other Drug Programs 2012 - 2014

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Introduction

The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) require institutions of higher education to document its efforts related to the prevention of alcohol abuse and the use/distribution of illegal drugs by both employees and students. At a minimum, schools must annually distribute the following in writing to all students and employees:

- Standards of conduct prohibiting the unlawful possession, use or distribution of illicit drugs or alcohol by students and/or employees
- A description of the legal sanctions under local, state, or federal law related to the unlawful possession or distribution of illicit drugs and alcohol
- A description of any drug or alcohol counseling, treatment or rehabilitation or re-entry programs available to students and/or employees
- A clear statement that the institution will impose sanctions on students and employees, a
 description of those sanctions, up to and including expulsion/termination of employment, for
 violations of these standards of conduct

The law further requires institutions to conduct a biennial review of its alcohol/other drug prevention efforts with the following objectives:

- Determining the effectiveness of the policy and implementing changes to the Alcohol and Other
 Drug (AOD) program if needed
- Ensuring that sanctions are consistently and evenly applied

The biennial review must also include information related to the number of AOD-related violations and fatalities occurring on the campus, as well as the number and type of sanctions imposed on students and employees for violations of the standards of conduct.

The following campus units provided information for this report:

- Student Rights and Responsibilities
- Health and Wellness Promotions
- Human Resources
- Campus Recreation
- Intercollegiate Athletics
- Greek Affairs

The intention of this document is to meet the legal requirements of conducting the biennial review, as well as to document the AOD prevention efforts at the University of West Florida for the 2012-2013 and 2013-2014 academic years.

Annual Notification

The following notice is sent via email from the Dean of Students Office to all students at the beginning of each academic year:

"DRUG FREE SCHOOLS AND CAMPUSES ACT of 1989: This federal law requires that institutions of higher education provide students and employees with a copy of the written policies and laws related to drugs and alcohol. The University of West Florida clearly prohibits the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities. To obtain information on applicable legal sanctions, the health risks associated with drug and alcohol abuse, available counseling and treatment programs, and disciplinary sanctions associated with student and/or employee violations, contact the Dean of Students Office at (850) 474-2384 or visit the Web site http://uwf.edu/drugfreecampus.

To have this information mailed to you, please contact Dean of Students Office at (850) 474-2384."

The notification is sent to all students at the beginning of the Fall semester (August), and to all newly enrolled students at the beginning of the Spring semester (January). For those emails that are not delivered, paper copies are sent to the student's local mailing address.

The following statistics were compiled for the annual notifications in this reporting period:

Drug Free Campus Student Notification - Fall 2012 - Spring 2014

	Spring			Spring	
	Fall 2012	2013	Fall 2013	2014	
Emailed	11077	1002	12010	997	
Bouncebacks	0	0	42	0	
Mailed	0	0	42	0	
Returned	0	0	0	0	

All incoming freshman students also receive a notification related to financial aid eligibility under the Higher Education Opportunity Act. This notification (Attached as Appendix 2) is distributed to all incoming students at New Student Orientation.

Faculty/Staff Notification

The Office of Human Resources distributed messages to all UWF Faculty and Staff (an email database of over 2,900 individuals) regarding Campus Drug/Alcohol policies as follows:

March 2013 - http://uwf.edu/media/university-of-west-florida/offices/hr/bulletins/HRBulletin03012013.pdf

November 2013 - http://uwf.edu/media/university-of-west-florida/offices/hr/bulletins/HRBulletin11012013.pdf

February 2014 - http://uwf.edu/offices/human-resources/hr-bulletins/archived-bulletins/

April 2014 – Announcement regarding Drug and Alcohol Awareness sent via group mail to all Faculty and University Workforce employees

March 2013 - http://uwf.edu/media/university-of-west-florida/offices/hr/bulletins/HRBulletin03012013.pdf

Nov 2013 - http://uwf.edu/media/university-of-west-florida/offices/hr/bulletins/HRBulletin11012013.pdf

Policies

UWF Policies regarding alcohol and illicit drugs are seen in every area of campus life. These policies are found in the Student Code of Conduct, the Employee Handbook, and the Residence Hall Standards of Community Living.

Policies for Faculty/Staff

Policies related to AOD use for faculty and staff are found in the Employee Code of Ethics (Policy HR-15.00-2004/07).

- (6) Drug Free and Smoke Free Workplace
 - (a) Students, Faculty, staff, and guests are required to comply with all Federal and State laws, municipal ordinances, as well as University rules and regulations concerning alcoholic beverages, drugs, and smoke free buildings.
 - (b) The University prohibits the unlawful possession, use, manufacture, or distribution of alcohol or controlled substances in or on University property or as part of any University activity.
 - (c) The University shall take disciplinary action if an employee violates these standards of conduct.

Policies for Students

Policies related to AOD use for UWF students are located in the Student Code of Conduct (UWF Reg 3.010). All residential students are provided each year with a copy of the Student Handbook, which includes the Student Code of Conduct. The policy is also available on the University website.

Student Code of Conduct (Prohibited Behaviors)

Violations (or conduct which could constitute a violation), of federal, state, local laws, County or municipal ordinances, Board of Governors or University regulations, or policies including, but not limited to:

- a. Prohibited Uses of Drugs
 - Possessing or using narcotics, prescription drugs (without a valid prescription or in an unauthorized manner), or other controlled substances, or possessing drug paraphernalia, as prohibited by Florida Law.
 - ii. Using non-controlled substances not intended for human consumption (i.e. spice, bath salts, rubbing alcohol) or not in compliance with manufacturer specifications for the purposes of reaching an altered or intoxicated state.
 - iii. Sale or distribution of narcotics, prescription drugs (without a valid prescription or in an unauthorized manner), other controlled substances, or drug paraphernalia, as prohibited by Florida Law.
 - iv. Being under the influence of any substance to the point at which an individual has lost normal control of his/her body or mental facilities or both.
 - v. Being under the influence of an illegal substance and endangering his or her own safety or the safety of another person or property
- b. Prohibited Uses of Alcohol:
 - i. Any possession or consumption of alcohol that is in violation of the University's Alcohol policy.
 - ii. Possessing, purchasing or consuming alcohol if under the legal age.
 - iii. Misrepresenting one's age for the purposes of purchasing or consuming alcohol.
 - iv. Purchasing, furnishing or serving alcohol to any underage person.
 - v. Possessing, furnishing or consuming alcohol in unauthorized areas of the University.
 - vi. Possessing or using a common source of alcohol (i.e. kegs, beer bongs, or their equivalent) on University Premises.
 - vii. Operating a motor vehicle while under the influence of alcohol.
 - viii. Being intoxicated to the point at which an individual has lost normal control of his/her body or mental facilities or both.
 - ix. Disorderly intoxication: being intoxicated and endangering the safety of another person or property or being intoxicated or drinking alcoholic beverages in a place on campus at which it is not permitted and causing a public disturbance.
 - x. Drinking games: participation in games which involve the consumption of alcoholic beverages on University Premises

University Housing Standards of Community Living

In addition to the Student Code of Conduct, there are also policies articulated in the Housing and Residential Communities "Standards of Community Living" regarding alcohol consumption. Those include:

2. Alcohol: Beer kegs, party balls, funnels, drinking games, and hard liquors are not permitted in or around University Housing. Collections or displays of empty beer or alcohol bottles, cans or containers (Flask) or other such items are not permitted in University Housing areas.

In addition to the policies laid out with regards to alcohol use in the Student Code of Conduct, there is a University Alcohol Policy (UWF/ REG 5.017) regarding the use of alcohol on campus:

UWF/REG-5.017 Alcoholic Beverages on Campus Property

- 1) Any individual serving, possessing, using, consuming, distributing or selling alcohol on any UWF campus must abide by all applicable federal, state, local laws and regulations and University regulations and policies including this regulation. The University of West Florida prohibits the unlawful sale, possession, use, consumption, distribution or service of alcohol on all of its campuses. For provisions regarding the sale of alcoholic beverages, see paragraph (6) of this regulation.
- 2) Alcoholic beverages may only be served or consumed:
 - a. At a properly scheduled event or public gathering for which authorization to serve alcohol was obtained, in accordance with paragraph (4); or
 - b. At a departmental event for which authorization to serve alcoholic beverages was obtained, in accordance with paragraph (5); or
 - c. By a student resident over age 21 in his or her residence hall room or campus apartment and his or her guests who are over age 21, in accordance with paragraph (1) and all Residence Life policies. Such service or consumption is limited to beer and wine.
- 3) Alcoholic beverages may only be served at one of the following locations:
 - a. On the Pensacola main campus:
 - (i) The University Commons- service must be through a licensed vendor. Alcohol may not be served, consumed, or distributed in any individual offices within the Commons building;
 - (ii) The Alumni Room in Building 12 on the UWF main campus;
 - (iii) Crosby Hall conference rooms;
 - (iv) The Center for Fine and Performing Arts (lobbies and gallery areas, not backstage or in instructional or office areas);
 - (v) Argonaut Athletic Club;
 - (vi) The Oak Grove Picnic Area;
 - (vii) Other appropriate locations with the specific authorization of the President or applicable Vice President.
 - b. At the other UWF campuses or the Santa Rosa Island property in a manner that is consistent with this regulation, unless there is a more specific UWF regulation or policy for that location.

- 4) Alcoholic Beverages may be served without charge to individuals over age 21 at public gatherings or events as long as such service is in compliance with paragraph (3) and the following provisions, as applicable:
 - a. The public gathering or event has been authorized by the appropriate Vice President or designee and is held in accordance with all applicable laws, regulations and policies.
 - b. The alcohol beverages served in accordance with this section must be consumed at the gathering or event.
 - c. No individual may consume alcohol or possess open containers of alcohol at any outdoor locations of the University including grounds, parking lots, roads or sidewalks ("University grounds"), except at outside public gatherings for which alcohol service and consumption has been authorized.
 - d. Non-University entities hosting events or public gatherings in University facilities may serve beer, wine or liquor as long as the alcoholic beverages are served by a licensed vendor and the event is authorized by University Commons Student Activities Conference Services.
 - e. Student Organizations (including fraternities and sororities), may host events or public gatherings on campus at which beer and wine are served, as long as all applicable event registration guidelines and approval procedures of the University Commons Student Activities Department and the Office of Greek Affairs are followed. Student Organizations may not serve liquor.
 - f. University departments hosting public events or gatherings in University facilities may serve beer, wine or liquor as long as the alcoholic beverages are served by a licensed vendor and the service of alcoholic beverages and the event are approved by the appropriate Vice President.
- 5) University departments hosting gatherings or events in University facilities may serve beer, wine or liquor without a licensed vendor if:
 - a. The alcoholic beverages are not offered for sale or "sold," as defined in paragraph (6);
 - b. The approval of the appropriate Vice President has been obtained;
 - c. The department has a plan in place to take precautionary measures to ensure that alcoholic beverages are not served to persons under the legal drinking age, to persons who appear intoxicated, or to persons known to be addicted to alcohol;
 - d. Sufficient quantities of food and soft drinks are made available; and
 - e. The event is not centered around drinking alcohol, and drinking games are not advertised.
- 6) Sale of Alcoholic beverages.

- a. Alcoholic beverages may be sold by a licensed vendor in the Argo Galley and in Pelicans Park on the Pensacola main campus.
- b. Alcoholic beverages may be sold at University events if the sale of alcohol at the event is authorized by the appropriate Vice President, and either:
 - (i) The alcohol is sold through a licensed vendor, or
 - (ii) The University obtains a license to sell alcohol for the event.
- c. For purposes of this policy, alcoholic beverages will be considered for "sale" or "sold" at any event at which alcoholic beverages are served and for which an admission fee is charged, cups are sold, tickets are sold, donations are collected, or cash or anything else of value is exchanged for alcoholic beverages.
- 7) Specific exceptions to any provision of this policy may be made by the University President or by a divisional Vice President, as appropriate.
- 8) University policies governing the use of alcohol in marketing activities and the alcohol policy for student sponsored events are located on the President's website.

Treatment Services

Counseling and Psychological Services

Counseling Services offers counseling and therapy to help students address how to manage, cope and grow with the stress associated with school and life. The primary goal of counseling is to help students develop the personal awareness and skills necessary to overcome problems and to develop in ways that will allow them to take advantage of the educational opportunities at the university.

Counseling Services work with students on a voluntary basis to address concerns about their substance use and also provide BASICS sessions for students who are sanctioned through the Office of Rights and Responsibilities for alcohol violations.

Education/Prevention Efforts

Wellness Services offer students evidence-based alcohol misuse/abuse prevention and coordinates the UWF Peer Educators program. The department actively promotes alcohol misuse/abuse prevention through a philosophy of harm reduction, peer-based alcohol education, supporting healthy norms, and supporting abstinent students. Comprehensive outreach efforts are coordinated through a multitude of avenues that permeate the campus culture as one that promotes healthy choices.

Wellness Services also coordinates the efforts of the Campus Alcohol Coalition. The UWF Campus Alcohol Coalition (CAC) promotes student wellness, academic success and healthy lifestyle choices

concerning alcohol. The CAC is comprised of University students, staff, faculty, and administration, as well as representatives from the community. The Coalition actively guides work on campus alcohol policies and addresses environmental influences of campus alcohol practices. The CAC Charter is attached to the end of this document as **Appendix 1**.

Alcohol Abuse and Misuse Staff Trainings/Administrative Duties/Resources – Ongoing during the entire 2 year period

- One Graduate Assistant is assigned 20 hours per week to focus on AOD programming for the duration of the semester.
- E-chug & E-toke subscription continued.
- Peer Education team continues to meet weekly and are involved in AOD awareness events, marketing campaigns, other AOD programming activities.
- Campus Alcohol Coalition meets monthly to review policies, create recommendations for alcohol violations, and act as advisory board for alcohol misuse/abuse prevention programming.
- Regularly participate in Alcohol Misuse/Abuse Prevention webinars

Alcohol Abuse and Misuse – One time activities

- Fall 2012 Completed annual Core Alcohol and Drug Survey to ascertain student AOD use, consequences, and perceptions.
- Spring 2013 Completed National Collegiate Alcohol Assessment to get data on health needs and program implications related to alcohol and other drugs.
- Wellness staff (Professional Staff and select Peer Educators) attended annual conferences with higher education AOD programming/prevention foci (American College Health Association Conference; NASPA Alcohol, Other Drug & Violence Prevention Conference; School and College Organization for Prevention Educators Conference; Bacchus and Gamma National Peer Education Conference)
- Alcohol Edu was coordinated for all incoming FTIC students for the 2013-2014 academic year.
- Alcohol Edu was coordinated for all new Fraternity and Sorority members for the 2013-2014 academic year.

The chart below specifies additional alcohol misuse/abuse prevention outreach programs and activities conducted by Wellness services during the Fall 2012 – Summer 2014 time period.

Fall Semester, 2012					
Activity Number of sessions held Total number of particip					
August	RA AOD Training	1	75		
September	Argo SafeRide Promotion	1	200		

	Housing Alcohol Program	4	68
	How to Be the Sauce Boss	3	42
	AFS Class	3	42
	Campus Alcohol Coalition	1	
October	Housing Alcohol Program	1	13
	AFS Class	2	33
	Choices	2	12
	ArgoHost	1	2
	Argo SafeRide Promotion	2	34
	Health Fair	1	80
	Campus Alcohol Coalition	1	
November	Choices	10	215
	ArgoHost	1	13
	Party Smart	1	60
	Alcohol Jeopardy	1	24
	Campus Alcohol Coalition	1	
December	Campus Alcohol Coalition	1	
	Spring Sem	ester, 2013	
January	Campus Alcohol Coalition	1	
February	Safe Spring Break Tips	2	131
	ArgoHost	1	2
	Campus Alcohol Coalition	1	
March	Safe Spring Break Tips	2	105
	Choices	2	29
	Safe Sippin' if You're	1	50
	Drinkin'	1	30
	Wheel of Booze & Booty	1	25
	Campus Alcohol Coalition	1	
April	Choices	1	23
	ArgoHost	1	23
	Campus Alcohol Coalition	1	

May	OL Training	1	27
	Campus Alcohol Coalition	1	
	Summer Sen	nester, 2013	
June	Orientation	5	842
	Campus Alcohol Coalition	1	
July	Orientation	4	396
	Campus Alcohol Coalition	1	

	Fall Sem	ester 2013	
	Activity	Number of sessions held	Total number of participants
August	RA Training	1	35
September	You Call The Shots	2	53
	Do More Than Change The Channel	1	16
	Alcohol Jeopardy	1	9
	Campus Alcohol Coalition	1	
October	Facts on Tap	1	16
	Argo Host Training	1	2
	Do More Than Change The	1	45
	Channel		
	Campus Alcohol Coalition	1	
November	Drinkin, Drugs, & Doin Stuff	1	7
	Argo Host Training	1	17
	Campus Alcohol Coalition	1	
December			
	Spring Sei	nester, 2014	
January	Campus Alcohol Coalition	1	
February	Mardi Gras Carpet Wall Game	2	11

July			
June	Orientation	4	736
	Summer Se	emester, 2014	
May	Campus Alcohol Coalition	1	
	OL AOD	1	21
	Prize Cab	1	8
April	Argo Host	1	9
	,		
	Campus Alcohol Coalition	1	
	Drink Pouring Exercise	1	45
	Wheel of Booze and Booty	1	30
March	Facts on Tap	7	55
	Campus Alcohol Coalition	1	
	Alcohol & Sex	1	35
	Argo Host Training	1	3

Fraternity and Sorority Programs – 2012-2014

Fraternity and	Fraternity and Sorority Sponsored Programs			
<u>Date</u>	<u>Program Title</u>	Attended	Chapters Attended	
11/4/2012	Choices	45	Kappa Sigma	
11/4/2012	Choices	19	TKE, ATO, Phi Beta	
11/5/2012	Choices	20	Kappa Alpha	
11/5/2012	Choices	15	Sigma Chi	
11/12/2012	Choices	22	Alpha Chi Omega	
11/13/2012	Choices	8	Phi Sig, Zeta	
11/18/2012	Choices	21	Pike	
11/18/2012	Choices	21	SAM	
11/18/2012	Choices	15	SAE	
11/18/2012	Choices	29	AGD	
3/4/2013	Choices	12		
3/5/2013	Choices	17		
4/9/2013	Choices	23		
4/9/2014	ArgoHost	9		
Greek Chapte	Greek Chapters Sponsored/Attended Programs			
School Year	Program Title	2	Chapter's who hosted the Program	

2013-2014	"Do more than change the channel" program from Wellness Services	<u>45</u>	<u>TKE</u>
2013-2014	Facts on Tap	<u>45</u>	<u>TKE</u>
2013-2014	<u>Drinkin, Drugs, and Doin</u> <u>Stuff</u>	7	TKE

Safe Ride Program

The Campus Alcohol Coalition secured \$10,000.00 in funding from the Student Government Association to continue offering the Safe Ride Program for currently enrolled university students during the 2012-2013 academic year. Argo SafeRide was developed as a strategy to reduce rates of drinking and driving amongst the student body that are slightly above the national average. The objectives of this program are:

- (1) to facilitate transportation services for UWF students whenever public transportation is not available or feasible
- (2) to ensure safe transportation home for students visiting establishments or events in the Pensacola and Pensacola Beach areas
- (3) to provide transportation to students who experience an unsafe situation such as an unsafe date or risky situation and are in need of safe transportation

The university contracted with Yellow Cab to utilize a voucher system for access to 24 hour cab services wherein the student pays \$2.00 for a \$5.00 cab voucher. The university's Student Government Association subsidizes the difference between the cost to the student and the reimbursement to the cab company. The program was highly visible and well utilized among the student body. and all funds were spent.

Office of Fraternity/Sorority Affairs AOD- Sponsored Programs

Date	Program Title	Attended	Chapters Attended
Each chapter had separate session during months of Sept-Nov 2012	Choices Program	237	Alpha Chi Omega, Alpha Delta Pi, Alpha Gamma Delta, Alpha Tau Omega, Kappa Alpha, Kappa Sigma, Phi Beta Sigma, Phi Sigma Sigma, Pi Kappa Alpha, Sigma Alpha Epsilon, Sigma Alpha Mu, Sigma Chi, Tau Kappa Epsilon, Zeta Phi Beta
Each chapter had separate session during months of Feb-April 2013	Choices Program	64	Alpha Chi Omega, Alpha Delta Pi, Alpha Kappa Alpha, Alpha Tau Omega, Kappa Alpha, Kappa Sigma, Phi Sigma Sigma, Pi Kappa Alpha, Sigms Alpha Mu, Sigma Alpha Epsilon, Sigma

			Chi, Tau Kappa Epsilon
11/21/2013	Social Host Training	18	Alpha Chi Omega, Alpha Gamma Delta, Delta Phi Lambda, Sigma Alpha Epsilon, Zeta Phi Beta
Oct 2013-Dec 2013	AlcoholEdu for New Members (Part 1)	141	Any new member who has not previously taken it though the university or through their organizations national office was notified to take it totalling 363 students
Nov 2013-Feb 2014	AlcoholEdu for New Members (Part 2)	91	Any new member who successfully completed Part 1 and has not previously taken Part 2 though the university was notified to take it totalling 141 students
4/9/2014	Social Host Training	9	Alpha Gamma Delta, Kappa Delta, Sigma Alpha Epsilon, Sigma Alpha Mu, Sigma Chi, Tau Kappa Epsilon

University of West Florida Police Department AOD Programs

The UWF Police Department provides educational programming/training by request to student groups, organizations and residence halls.

Alcohol prevention programs offered by UWF Police include information regarding the dangers of alcohol abuse, date rape drugs and alcohol, impaired driving, secondary effects of alcohol, and current trends.

Drug prevention programs offered by UWF Police include information regarding drug identification, dangers of abuse, secondary dangers, current trends on college campuses, and resources for help.

2012 - 2013

Alcohol programs 6 Drug Programs 3

2013 - 2014

Alcohol programs 3 Drug Programs 2

UWF Police also participate in training for Resident Assistants each year. This training involves responding to incidents involving drugs and alcohol.

Office of Student Rights and Responsibilities

In addition to providing educational sanctions for students that have been found responsible for violations of AOD policies, the Office of Student Rights and Responsibilities provides a variety of educational programs and training to students regarding AOD policies.

Summer Orientation – Beginning in the summer of 2012, OSRR conducted a 45 minute workshop regarding campus drug, alcohol and sexual misconduct policies and information regarding enforcement for all incoming freshmen attending New Student Orientation. In the summer of 2012, 1,642 incoming students attended this training session. In the Summer of 2013, 1,300 incoming students attending this training session.

Resident Assistant/Hall Director Training – Each semester, representatives from OSRR conduct training for University Housing employees regarding the AOD policies, enforcement and prevention strategies.

Enforcement

There are two primary departments at the University of West Florida responsible for enforcing laws/policies related to alcohol and other drug use: The Office of Student Rights and Responsibilities (OSRR), and the University of West Florida Police Department.

The Office of Student Rights and Responsibilities at the University of West Florida is charged with the responsibility of adjudicating violations of the Student Code of Conduct, including violations of AOD policies. Students charged with violations of these policies participate in the disciplinary process as outline in the Student Code of Conduct, and students found responsible for violating these polices are sanctioned accordingly.

In addition to enforcement of campus policies, the UWF Athletics Department, in compliance with NCAA guidelines, enforces a substance abuse policy with includes the use of drug screening.

The following tables provide an overview of the total number of policy violations for the 2012-2013 and 2013-2014 academic years. Please note that some individual cases may encompass multiple charges (i.e. an individual student may be charged with "Alcohol – Underage" and "Alcohol – Loss of Control" for the same single incident).

Alcohol/Other Drug Student Cases - Academic Year 2012-2013

Drugs – Possession/Use	28
Drugs – Sale/Distribution	3
Alcohol - Possession	10
Alcohol - Underage	53
Alcohol - Distribution to Minors	2
Alcohol - Operating a Motor Vehicle	0
Alcohol - Loss of Control	10

Alcohol/Other Drug Student Cases Academic Year 2013-2014

Drugs – Possession/Use	18
Drugs - Non-Controlled Substances	0
Drugs – Sale/Distribution	0
Alcohol - Possession	10
Alcohol - Underage	57
Alcohol - Distribution to Minors	3
Alcohol - Endangerment	1
Alcohol - Operating a Motor Vehicle	1
Alcohol - Loss of Control	9
Alcohol - Drinking Games	7

Students that are found responsible for violations of the AOD policies articulated in the Student Code of Conduct are assigned a variety of educational sanctions regarding their conduct. These sanctions are often used in combination with other sanctions (probation, reflection papers, parental notifications, follow-up meetings, etc.). These sanctions offer a variety of approaches aimed at preventing future occurrence of problematic behaviors related to AOD violations.

BASICS – Basics is a two-session appointment with a counselor in the UWF Counseling Center. These sessions include an alcohol use assessment and incorporate motivational interviewing techniques to assist students struggling with alcohol or drug abuse. BASICS is generally reserved for either repeat offenders of the AOD policies, or for students that experience negative consequences as a result of their AOD violation (i.e. hospital transport for alcohol poisoning).

CHOICES – CHOICES is a brief alcohol abuse prevention and harm reduction program for college students involving interactive journaling. The CHOICES program involves a 90-minute, peer-facilitated class. Throughout the course, students are presented with information, and then they are able to reflect on what they have learned as it relates to their choices about drinking in their personal journals. The CHOICES program is presented in a non-confrontational manner that enables students to make their own decisions about alcohol consumption. Because the central focus of this program is to help students make informed choices, the journal is set up to provide participants with information, and then they are asked to apply what they have learned in a series of self-reflective questions. CHOICES is used as a sanction for intermediate alcohol policy violations or for repeated minor violations.

E-CHUG/E-TOKE - The e-Checkup programs are a personalized, evidence-based, online prevention intervention for alcohol and marijuana developed by counselors and psychologists at San Diego State University. Drawing on Motivational Interviewing (Miller & Rollnick, 2002) and Social Norms Theory (Perkins & Berkowitz, 1986), the eCHECKUP TO GO programs are designed to motivate individuals to reduce their consumption using personalized information about their own drinking and risk factors. E-CHUG is used as a sanction for first time, non-serious alcohol offenses. E-TOKE is used for first time marijuana offenses.

These educational programs are often used in combination with other sanctions. Students may be placed on probation, assigned to write reflection papers, removed from University Housing, etc. Each student's case is discussed individually among members of the OSRR/University Housing Case Conference Team, and an individualized sanction is developed with the hopes of altering that student's behavior and preventing future violations.

ALCOHOL EDU – Alcohol Edu is more in-depth, personalized web-based module that personalizes content based on the users self-reported alcohol use. The sanction may be used independently, or it may be used in combination with the BASICS program (i.e. a student may be required to complete Alcohol Edu before their first BASICS session).

Alcohol/Other Drug Educational Sanctions - Academic Year 2012-2013

Sanction	Number
ALCOHOL EDU	6
BASICS	14
CHOICES	3
E-CHUG	55
E-TOKE	24

Alcohol/Other Drug Educational Sanctions - Academic Year 2013-2014

Sanction	Number
ALCOHOL EDU	4
BASICS	16
CHOICES	0
E-CHUG	46
E-TOKE	17

Athletics Drug Screening Program

The University of West Florida does not condone the use, sale or possession of illegal drugs or drug paraphernalia. According to NCAA regulations, athletes must sign a drug testing consent form before participating in the University athletic program. This form must be signed before the student-athlete can participate in any University or team conditioning, practice, or competition. Any student-athlete under the age of 18 will be required to have a parental (or legal guardian) consent on the form. Consent forms are kept on file by the DIA and will be available for examination by a representative of the NCAA.

The University of West Florida DIA will conduct drug testing for student-athletes. The student-athlete may be drug tested randomly or by reasonable suspicion/just cause. A student-athlete may be required to be drug tested in or out of season as long as he/she is considered a student-athlete (including summer term). If eligibility has expired but the student-athlete continues to receive aid, he/she is still subject to be tested. The DIA also reserves the right to test student-athletes who are suspected of drug use.

In addition to the testing set forth above, the NCAA may require additional drug testing during NCAA championship athletic competition. The list of banned substances can be found in the NCAA Rules Manual.

Student-athletes must notify the Athletic Training Staff of any medication that they are taking as soon as prescribed, with a copy of the prescription.

DRUG SCREENING PROGRAM

Throughout the calendar year, student-athletes will be subjected to random drug screening. The student-athlete may or may not be given advanced notice of the drug test. The Drug Testing Program Coordinator or his/her designee will notify the head coach or his/her designee of their selected student-athletes pending drug test, time and location. It is then the responsibility of the head coach or his/her designee to notify the student-athlete of the time and location of the test. The drug testing shall consist of the collection of a urine sample from the student-athlete under the supervision of the Drug Testing Program Coordinator or his/her designee. UWF reserves the right to include additional matrixes (Oral Fluid, Hair and/or Blood). Each urine sample will be analyzed for the presence of the listed drugs. All positive results will be confirmed by Gas Chromatography/Mass Spectrometry (GC/MS) or Liquid Chromatography/Mass Spectrometry/Mass Spectrometry (LC,MS,MS) by an outside independent Federally certified laboratory contracted by the DIA to provide such service. The results of the test will be sent to the Drug Testing Program Coordinator. The Coordinator will provide the test results to the Athletic Director or designee.

Student-athletes are also subject to NCAA mandated drug screening pursuant to NCAA Regulations. Student-athletes should understand that the detection of any NCAA banned drug in a student-athletes urine through NCAA mandated drug screening will keep him/her from participating in his/her sport in accordance with NCAA Regulations. This action is in addition to the disciplinary actions listed below.

All test results, UWF and NCAA are cumulative for the duration of the student-athlete's tenure at UWF.

SAFE HARBOR PROGRAM

Any student-athlete may refer him/herself for evaluation or counseling by contacting a coach, athletic trainer, team physician, or athletic administrator. The arrangement is called SAFE HARBOR. It is strictly confidential and no team or administrative sanctions are imposed upon the student-athlete who has made a personal decision to seek professional assistance.

A treatment plan will be put into place under the supervision of the Coordinator. The student-athlete will not be sanctioned for entry, but a student athlete testing positive after utilizing SAFE HARBOR will be subject to the sanctions outlined in this policy. A student-athlete may not initiate SAFE HARBOR after they have been informed of their participation in an impending drug test, nor can they employ SAFE HARBOR following a positive test. A student-athlete may only utilize SAFE HARBOR once in their career.

BANNED SUBSTANCES

Use of any of the following drugs, except as may be prescribed by a qualified physician to treat an individual's medical condition, by a member of any University intercollegiate athletic squad, whether or not such use occurs before, during, or after the season is expressly prohibited.

Amphetamines Barbiturates

Benzodiazeprine Cannabinoids (Marijuana)

Cocaine Metabolites Codeine

Ephedra Heroin Methaqualone Morphine

Opiates Phencyclidine (PCP)
Synthetic Marijuana NCAA banned drugs

Positive drug profile results are reported only after confirmation by Gas Chromatography/Mass Spectrometry (GC/MS) analysis of the submitted specimen.

DISCIPLINARY ACTIONS FOR POSITIVE DRUG TEST RESULTS

If a student-athlete tests positive for any prohibited/banned substance during a UWF DIA drug testing, the following actions will be taken:

1st POSITIVE

- 1. The AD or designee will notify the Head Coach and the student-athlete.
- 2. The student-athlete will attend counseling set up by the DIA with the University of West Florida Counseling Center. If the athlete desires counseling other than what is set up by the DIA, a referral will be made to an outside counselor. The UWF DIA will not pay for outside referrals. Initial counseling session must be scheduled or completed within 7 days after student-athlete is notified of a positive test. Number of counseling sessions will be determined by treating counselor.
- 3. Student-athlete must sign the Student Release of Information Form.
- 4. Student-athlete will be suspended for 10% of competition during playing season. Partial games will be rounded to the nearest whole game. If resulting suspension occurs at or near the end of the regular season and the team is eligible for postseason play then suspension will carry into postseason.
- 5. Student-athletes will be reinstated for competition after suspension is completed and initial counseling session is attended and confirmation received by the Athletic Director or designee.
- 6. If the student-athlete refuses or fails to attend counseling, it will result in immediate suspension from all practices and competitions equaling 50% of total competition playing season, and any future positive test will result in immediate and permanent suspension from the University of West Florida athletic programs. Loss of eligibility will result in the inability to renew athletic scholarships, and existing scholarships may be subject to cancellation. The student-athlete will not be reinstated until counseling completed.
- 7. Mandatory drug testing as determined by the Coordinator.
- 8. Notification of parents (or legal guardian) of test results.

2nd POSITIVE

1. In addition to the above listed sanctions, the student-athlete will be suspended for 50% of the playing season. In addition to being ineligible for games, the athlete will not be allowed

- to participate in any practice, conditioning, or weight-training with the team during suspension.
- 2. Further athletics aid will be contingent upon compliance with testing and counseling mandate.

3rd POSITIVE

- 1. Immediate and permanent suspension from practice and competition without opportunity for further competition at the University of West Florida.
- 2. Notification of parents (legal guardians) of test results.
- 3. Loss of eligibility may result in the inability to renew any athletic scholarships, and existing scholarships may be subject to cancellation as determined by the Director of Athletics.

These actions for a positive drug test are the minimum that can be applied to those with positive drug test. Head coaches may impose greater sanctions as deemed necessary and in accordance with written team policy.

REFUSAL/FAILURE TO BE TESTED

If a student-athlete fails to show up for a test at the specified time or otherwise fails to provide the urine sample when requested, he/she will be required to meet with the Head Coach and the Athletic Director. At this meeting, the student-athlete will be given the opportunity to explain his/her actions. If, as a result of that meeting, the Athletics Director determines that the reason(s) given are not satisfactory, the student-athlete will be suspended immediately for a period of one year from date of refusal and will not be allowed to participate in any practice, conditioning, or weight-training with the team during suspension. The student-athlete will also be considered to have 2 positives against him/her in regards to the UWF DIA Drug Policy. Any other refusal or failure to be tested and/or a positive drug test will result in immediate and permanent suspension from athletic competition at the University of West Florida. In addition your parents (legal guardians) will be notified. Loss of eligibility due to the above reasons may result in the inability to renew any athletic scholarships, and existing scholarships may be subject to cancellation as determined by the Director of Athletics.

APPEAL PROCESS

If a student-athlete believes the facts on which the sanctions were based are erroneous, or that the action(s) should not be imposed, the student-athlete may file a written appeal with the Athletic Director within 3 business days after receipt of the action(s). This appeal must include any information that might change the factual findings or the imposed action(s).

The Athletic Director will review the information submitted by the student-athlete and may reconsider its factual findings and action(s) if the Athletic Director believes a basis exists for the appeal. The Athletic Director shall make a final decision regarding the appeal and will notify the student-athlete in writing of the decision.

POSSESSION OF ILLEGAL DRUGS OR DRUG PARAPHERNALIA

Student-athletes caught or observed with illegal drugs or drug paraphernalia will be subject to the University of West Florida Student Rights and Regulations as listed in the Student Handbook as well as DIA policies.

NOTE: For purpose of this program, the DIA will use the same substance levels in the athlete's urine as the NCAA in determining a positive test result; however, in no event will the detection of any drug be considered a positive test result if the drug detected is determined to be the result of treatment prescribed by a qualified physician.

Drug Testing Program Summary

2012-2013

Student Athletes Tested 28 Number of Tests Administered 28

Positive Tests 1 (Marijuana)

2013-2014

Student Athletes Tested 142 (56 percent of student athlete population)

Number of Tests Administered 158 (7 students tested on multiple occasions)

Positive Tests 5 (2 marijuana, 2 Codeine, 1 ADHD medication)

Intervention

UWF's insurance provider, Aetna, provides a variety of resources for UWF faculty/staff, including:

- A confidential counseling and referral services for employees and their household members.
- A Starting place for addressing personal problems.
- An Avenue of assistance for managers and employee whose personal problems may be affecting their work performance.
- Service that integrates behavioral health, health, and other benefits.
- Cost-free employee benefit
- National provider network
- Legal and Financial consultation
- Confidential (Governed by HIPAA)
- Unlimited telephone counseling 24/7/365
- Unlimited Short Term counseling (1-6 visits per issue unlimited issues)
- Management Consultation Services offered through the Organizational
- Covers employee and anyone in the employee's household

Numbers of employees who received assistance for drug and alcohol issues through these programs:

<u>2012 - 2013</u>

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Review of Goals from 2012 Report

- Sustain and grow the Argo SafeRide program as a strategy to reduce substance-induced driving by university students. Future data collection efforts will be analyzed to determine if there are corresponding reductions in reported drinking and driving rates. (Health Promotions) -COMPLETED
- To set the tone for alcohol expectations, campus culture, and offer a personalized alcohol intervention, all new students enrolled at the university should be mandated to take an evidence-based online pre-matriculation alcohol education course such as AlcoholEdu. (Health Promotions) IN PROGRESS The AlcoholEdu module is given to all incoming students and is an implied mandate. In the Fall of 2013, 99 percent of all incoming students completed the program. A future goal will be to develop a policy allowing this and other programs for incoming students to be required.
- The Campus Alcohol Coalition should continue to envision and address changes in the alcohol culture anticipated by the addition of Greek housing, residential student growth, and football. Research should be conducted to identify best practices in preparing for said additions. Appropriate policy revisions and development should be proactively outlined in accordance with the timeline for these developments. IN PROGRESS This work is an ongoing initiative. Future goals will include a specific tailgating and transportation policy for football games held at Maritime Park.
- The UWF Athletic Department and the Office of Health Promotions should work towards the development of a comprehensive plan to educate student-athletes, athletic administers and coaches about drug and alcohol use and abuse. (Athletics and Health Promotions) IN
 PROGRESS The program has been developed and presented to athletics coaches and administrative staff for implementation in Fall 2014.
- Investigate a more comprehensive sanctioning program for students found in violation of campus drug policies, including the possibility of a drug testing program for student violators.
 (Office of Student Rights and Responsibilities) COMPLETED A memorandum of understanding was executed between UWF and Bradford Health Services for a comprehensive drug assessment, counseling and testing program for students found responsible of drug-related conduct violations.
- To address the trend of rising drug (both illicit and prescription) use, the Office of Health
 Promotions should expand current alcohol prevention marketing initiatives to include social
 norms marketing with regard to the use of marijuana and the abuse of prescription drugs.
 (Health Promotions) COMPLETED Wellness Services expanded programming for Marijuana
 Prevention and Prescription Drug Misuse Prevention. Social media, workshops, and health

- communication campaigns were infused into the department's outreach initiatives throughout the entire 2012-2014 time period.
- To ensure that business decisions are supportive of best practices for alcohol misuse/abuse prevention practices, the Campus Alcohol Coalition (CAC) &/or Student Affairs Vice President should be consulted regarding University initiatives that include alcohol sales or funding from alcohol sponsors prior to finalizing decisions/contracts and should collaborate in the contract development. (VPSA/Campus Alcohol Coalition) COMPLETED There were multiple instances in which consultation between the CAC and the VPSA did occur over the 2012-2014 time period. Such consultations resulted in further consideration and discussion about the impact certain business decisions might have on the campus alcohol culture.
- In line with a review of the Florida Board of Governor's Campus-Based Alcohol Prevention Best Practices matrix, we further recommend:
 - Housing and Residence Life consider offering substance-free residence hall options.
 (Housing and Residence Life) COMPLETED Martin Hall is designated as a substance free facility, and during the 2012-2013 year the University piloted a Health and Wellness Residential Learning Community that was designated as substance-free.
 - Engaging parents/guardians of students in alcohol education &/or prevention activities.
 (Student Transition Programs/OSRR) COMPLETED The Office of Student Rights and Responsibilities produced two pieces for the UWF Parents Association Newsletter related to alcohol/drug use, sanctioning and prevention. In addition, OSRR presented a session to parents at New Student Orientation that included information about campus drug/alcohol policies and guidance in helping their students make better decisions regarding drugs and alcohol.
 - Consider having on-campus support systems for students in recovery such as Alcoholics Anonymous &/or Alanon. (Health Promotions/Counseling) – NOT COMPLETED – Although counselors in Counseling and Psychological Services provide individual counseling on a short-term basis for students struggling with substance abuse, due to staffing and resources the University has been unable to develop primary recovery programs for students on campus. We continue to rely on our community partners in the delivery of these programs and services off campus.
 - o Banning the advertisement of alcohol drink specials on campus. (VPSA/Campus Alcohol Coalition) **COMPLETED** *Initiated by the Campus Alcohol Coalition in collaboration with the Senior Associate VP of Student Affairs and the University General Counsel, the University's Regulation for Alcoholic Beverages on Campus Property was reviewed and amended in June 2013. Additionally the Alcohol Marketing Guidelines Policy was significantly revised and adopted in August 2013.*
 - https://nautical.uwf.edu/UnitApp/Publication/Pub.cfm?PubFormatID=1156
 - http://uwf.edu/media/university-of-westflorida/offices/trustees/regulations/2013-6-14_UWF-REG_5.017_Alcoholic_Beverages_on_Campus[Clean].pdf

Continue banning/restricting alcohol industry sponsorship of on campus events.
 (VPSA/Campus Alcohol Coalition) – IN PROGRESS – This work is part of the ongoing communication between the Campus Alcohol Coalition and the VPSA.

Summary

The appointed review committee conducted an overview of AOD policies, programs, and enforcement practices for academic years 2012-2013 and 2013-2014. As a result of this review, the committee has determined that UWF is in compliance with the Drug Free Schools and Campuses Regulations, has an effective and consistently enforced AOD policy, and annually distributes the AOD policies to students, faculty and staff.

The University of West Florida uses a comprehensive, environmental approach to preventing illicit drug use and alcohol misuse on campus. Our approaches are grounded in evidence-based approaches recommended by the National Institutes on Alcohol Abuse and Alcoholism and the Social Ecological Framework. A variety of strategic partnership across different units on campus work collaboratively and effectively to ensure that UWF students, faculty and staff live, study and work in a safe and healthy environment.

Recommended Future Initiatives

- Seek alternative and permanent funding source for Argo Saferide Program
- Working with appropriate constituents, including Maritime Park leadership and Pensacola
 Police, develop comprehensive policies and protocol related to tailgating and transportation for
 UWF football games, beginning in Fall 2016 at Maritime Park.
- Continue to investigate and recommend social event policies related to on campus events, with particular attention to planned on-campus fraternity/sorority housing.
- Working with Academic Affairs, develop campus policy related to mandated educational programming for incoming students
- Administer biennial NCHA survey and use benchmarked results to revise and adopt educational programming related to drug and alcohol use on campus
- Develop comprehensive prevention and awareness program related to prescription drug abuse
- Implement and assess alcohol and drug prevention program developed for UWF Athletics.

Appendix 1 – Campus Alcohol Coalition Charter

PURPOSE:

Promote student wellness and academic success through environmental strategies that endorse leadership efforts supporting healthy lifestyle choices concerning alcohol.

SPECIFIC RESPONSIBILITIES

- 1) Increase campus-community knowledge about the UWF Alcohol Campus Coalition.
- 2) Act as an advisory board for alcohol misuse/abuse prevention initiatives and grants.
- 3) Provide recommendations to policy reviews, sanctions, alcohol-related violations, and environmental strategies.
- 4) Initiate collaboration with other campus and community groups in efforts to support health and safety of the entire community.
- 5) Create a campus culture that encourage responsible alcohol use through policies, programs, and education; create and enforce a consistent message of responsible drinking throughout the community.
- 6) Challenge the cultural acceptance of high-risk practice and reduce incidence of alcohol poisoning.
- 7) Support campus efforts in prevention-programming and evidence-based research.

MEMBERSHIP REPRESENTATION

The Alcohol Coalition will at a minimum consist of:

- Chair- Professional Staff Member of Health Promotion Services, voting
- Co-Chair- UWF Faculty Member, Health Related Field, voting
- Minimum of two representatives from Counseling and Wellness Services, voting, one member shall be the Office Specialist
- Minimum of two faculty members having an interest/background in alcohol research representing two different academic departments; voting
- One representative from each of the following campus communities: UWF Police, Housing, Greek Affairs, Athletics, Office of Student Rights and Responsibilities, Recreation, and Business Affairs and Auxiliary Services; voting

- Student members to include a minimum of a student representative from each of the following campus groups: Peer Education Group, SGA, a resident student, graduate student, and students from Greek and Athletics; voting
- Community members representing a minimum of four entities; voting

SUBCOMMITTEE STRUCTURE

 As needs are identified, subcommittees will be charged with specific tasks to address and make recommendations. The subcommittee will report to the Coalition at scheduled meetings.

MEMBERSHIP AND MEETING POLICIES

- The Co-chairs shall be responsible for calling meetings, setting agendas, relaying all necessary information relating to specific responsibilities and timelines, conducting meetings and reporting outcomes.
- The Office Specialist for Counseling and Wellness Services shall be responsible for calling the first meeting of the next academic semester.
- A quorum (defined for the Coalition as a majority of the voting membership) shall be required for any action item to be voted on. A quorum will not be required for discussion and information items.
- All members shall have a voice and vote. However, in case of a tie, the Co-Chairs will consult with each other to provide a single vote.

MEETING SCHEDULING, AGENDAS, AND MINUTES

- The Coalition will generally meet once monthly.
- The Office Specialist for Counseling and Wellness Services shall be the elected meeting recorder.
- Agendas will be distributed in advance of the meetings and written minutes of meeting will be distributed to the Coalition for approval.

TERMS OF APPOINTMENT

- Co-chair and members of the Coalition will be appointed by the Coalition Chair based on campus position, research interests, and background experience.
- Co-Chairs will be appointed for a minimum of a two year membership, all others will serve a
 minimum of one year term for faculty and staff members; Coalition members have the
 opportunity for ongoing membership, if desired and approved by the Coalition.

- One-year term for student members; students have the opportunity for ongoing membership, if desired and approved by the Coalition.
- Others, continuous as desired and approved by the Coalition.

REVIEW

• The Charter shall be reviewed annually by the committee, and recommendations for changes shall be approved by all voting members.

LEGAL REFERENCES

• Drug-Free Schools and Communities Act (DFSCA). Part 86, the Drug and Alcohol Abuse Prevention Regulations (Education Department General Administrative Regulations [EDGAR] requires that, as a condition of receiving funds or any other form of financial assistance under any federal program, an institution of higher education (IHE) (1) must certify that it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees. In a biennial report, each institution must document that they are not only meeting the minimum requirements of this regulation but also outlines their best practices in relation to alcohol and other drug misuse/abuse prevention.

RECOMMENDATIONS REPORTED TO

• Vice President for Student Affairs

Appendix 2 – Higher Education Opportunity Act Notification

Dear Incoming UWF Student:

Section 485(k) of the Higher Education Opportunity Act (HEOA) of 2008 requires the University of West Florida to inform you of the following:

A student who has been convicted of any offense under any federal or state law involving the possession or sale of a controlled substance shall not be eligible to receive any grant, loan, or work assistance under this title during the period beginning on the date of such conviction and ending after the interval specified in the following table:

Student Ineligibility for Grants, Loans, or Work Assistance					
For <i>possession</i> of a controlled		For sale of a controlled substance,			
substance, ineligibility period is:		ineligibility period is:			
First conviction	1 year		First conviction	2 years	
Second conviction	2 years		Second conviction	Indefinite	
Third conviction	Indefinite				

A student whose eligibility has been suspended as a result of a conviction of any offense under any federal or state law involving the possession or sale of a controlled substance may resume eligibility before the end of the ineligibility period determined if:

- the student satisfactorily completes a drug rehabilitation program that complies with such criteria as the Secretary shall prescribe in regulations for purposes of this paragraph; and includes two unannounced drug tests;
- the student successfully passes two unannounced drug tests conducted by a drug rehabilitation program that complies with such criteria as the Secretary shall prescribe in the regulations; or
- the conviction is reversed, set aside, or otherwise rendered nugatory.

For more information regarding HEOA, visit: http://www.ed.gov/policy/highered/leg/hea08/index.html. Questions can be directed to the Office of Student Rights and Responsibilities at osrr@uwf.edu or 850.474.2384.

Sincerely,

Kevin W. Bailey, Ph.D.

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Vice President for Student Affairs