

# COMMUNITY HEALTH EDUCATION

Degree: Bachelor of Science  
 Minor: Community Health Promotion  
 Certificate: Gerontology  
 Department: Health, Leisure, and Exercise Science  
 Building 72, Room 241  
 (850) 474-2592  
<http://uwf.edu/hles/>  
[hles@uwf.edu](mailto:hles@uwf.edu)  
 College: Professional Studies  
 Semester Hours Required for Degree: 120

Faculty: J. Todorovich (Chairperson), F.S. Bridges, L. Cosio-Lima, D. Chu, R.E. Frazee, A. Holdnak, M.M. Howard, R. Isoaari, S.F. Philipp, S. Ryan, P.B. Schuler, C. Song, X.V. Tran, D.M. Vinci

This degree program is designed for students who wish to pursue health careers in public and private health agencies.

## PROGRAM REQUIREMENTS

In addition to general University requirements, students seeking the B.S. in Community Health Education must meet the requirements listed below.

Community Health Education majors are required to take HSC 3406C as part of their major; this class certifies each student in CPR. Students must maintain current CPR certification while pursuing this major.

Upon completing this degree students will be prepared to sit for the CHES (Certified Health Education Specialist) exam.

Course descriptions are listed alphabetically by prefix in the back of this *Catalog*.

Contact the department for information concerning the certificate.

### General Studies (36 sh)

Students should take PSY 2012 to satisfy the social science/behavioral perspective component, MAC 1105 and STA 2023 to satisfy the mathematics component, and BSC 1085/L and BSC 1086/L to satisfy the natural science component of General Studies.

For additional information see the General Studies section of this *Catalog*.

### Common Prerequisites (26 sh)

State mandated common prerequisites must be completed prior to graduation, but are not required for admission to the program. Courses in brackets indicate substitutes from Florida public community/junior colleges and universities.

+BSC 1085/L Anatomy & Physiology I/Lab ..... 4  
 [BSC X085/L]

+BSC	1086/L	Anatomy & Physiology II/Lab..... 4 [BSC X086/L]
HSC	2100	Personal Health ..... 3 [HSC X100]
+HUN	1201	Human Nutrition ..... 3 [HUN X201]
+PSY	2012	General Psychology ..... 3 [PSY X012 or X013]
+SPC	2600	Public Speaking..... 3 [SPC X600]
+STA	2023	Elements of Statistics ..... 3 [STA XXXX]
+SYG	2000	Introduction to Sociology ..... 3 [SYG X000]

+ Indicates common prerequisites which can be used to satisfy General Studies requirements.

• Course offered at Florida community/junior colleges

### Lower Division Electives (0-14 sh)

Sufficient 1000/2000 level electives to complete at least 60 semester hours in the lower division. Current UWF students may use elective courses at any level (1000-4999) to meet this elective requirement. Recommend HSC 2100 be taken at the lower division.

### Major (45 sh)

HSC	3032	Foundations in Health Education..... 3
HSC	3406C	Advanced First Aid & Emergency Care..... 3
HSC	4104	Health Aspects of Stress Management..... 3
HSC	4120	Consumer Health Education..... 3
HSC	4133	Health Aspects of Human Sexuality..... 3
HSC	4143	Drugs in Society ..... 3
HSC	4211	Human Environmental Health..... 3
HSC	4300	Changing Health Behaviors ..... 3
HSC	4500	Epidemiology..... 3
HSC	4551	Communicable & Degenerative Diseases.... 3
HSC	4572	Nutrition & Health ..... 3
HSC	4581	Health Promotion & Planning..... 3
HSC	4633	Current Issues in School-Community Health..... 3
HSC	4940	Internship ..... 6 Course offered 1-6 sh per semester

### Major-Related (9 sh)

CLP	4314	Health Psychology..... 3
<i>Choose two:</i>		
SOW	3620	Practice with Culturally Diverse Populations ..... 3
SOW	4111	Adolescents at Risk..... 3
SOW	4700	Drug Abuse Prevention & Treatment: Special Issues ..... 3
STA	4173	Biostatistics ..... 3

### Upper Division Electives (6 sh)

Sufficient 3000/4000 level electives to meet UWF's requirement of 48 semester hours in the upper division or completion of all departmental requirements at the 3000/4000 level, whichever is greater.

---

**MINOR**

---

Students earning the Community Health Promotion minor will be able to assess individual and community/worksites needs for community health services; develop analytical skills to examine needs assessment data and determine priority area(s) of community health services; compare and contrast health promotion program planning models and theories for application in a health promotion and wellness setting; and plan and implement effective community health promotion programs. This minor is not available to Community Health Education majors.

HSC 4120 Consumer Health Education .....3

**Health Foundations (3 sh)**

*Choose one:*

HSC 4133 Health Aspects of Human Sexuality .....3  
 HSC 4143 Drugs in Society .....3  
 HSC 4551 Communicable and Degenerative Diseases .....3

**Community Health and Environment (3 sh)**

*Choose one:*

HSC 4104 Health Aspects of Stress Management .....3  
 HSC 4211 Human Environmental Health .....3  
 HSC 4500 Epidemiology .....3  
 HSC 4633 Current Issues in School-Community Health .....3

**Health Care (3 sh)**

*Choose one:*

CLP 4314 Health Psychology .....3  
 HSC 4300 Changing Health Behaviors.....3  
 HSC 4572 Nutrition and Health .....3