

## How UWF Career Services Can Assist You

Need help with exploring career options and/or choosing a major?

**Career Planning** within Career Services offers:

- ***Career Coaching Appointments*** - Are you having trouble choosing a major? Thinking about changing a major? Or, okay now I have a major but what can I do with it when I graduate? These are common questions career coaches in our office are asked every day. One thing we know by working with students is that people get stuck when making decisions for a variety of reasons. [Make a one-on-one appointment](#) with one of our career coaches to explore these important decisions.
- ***Resume/Cover Letter Assistance*** - You think you have a good looking resume or cover letter that should land you the interview but you'd like a professional to look at it. Come on in for our "Drop-in" hours Monday-Thursday 11-3 (first come, first served) or [make an appointment](#) with one of our career coaches.
- ***Mock Interviews*** - What is it they always say? "Practice makes perfect." Come in to Career Services to [schedule an appointment](#) with a career coach for [interviewing tips](#). Then set up a mock interview to put these new skills to work. A mock interview is an hour long appointment including actual questions you may be asked on an interview. Following the interview you will be debriefed about what you did well and what you'll need to improve upon. For basic interview tips click [here](#).
- ***Finding a Job*** - Feel like you need some help with the job search process? Have you picked up a copy of the [career development guide](#)? [Schedule a one-on-one appointment](#) with a career coach to discuss the job search process.

### What you should do before your appointment:

- Explore the [choosing/changing your major](#) section of our web site
- Remember! We can't advise you on academic course requirements!
- Contact your academic advisor or the department offering your major for course advising.
- If you are between majors and are confused about courses to take, you are welcome to seek advice through the [University Advising Center](#).