

Dear UWF Students,

A supply of H1N1 vaccine (shot form and nasal mist) has arrived at the Student Health Center. All students who meet the Centers for Disease Control H1N1 priority criteria for immunization are encouraged to receive the vaccine.

The vaccine will be administered on Wednesday, November 18th from 11:30am to 3pm and on Monday, November 23rd from 9am to 12pm in the University Commons Auditorium. There will be a \$10 administration charge per person. The vaccine will be administered on a first come, first served basis. Students will be required to complete a short consent form and answer a few questions in order to determine which version of the vaccine (nasal mist or shot form) is appropriate.

The following restrictions apply to the Nasal Mist (for students between the ages of 16 and 49). Those who CANNOT receive the nasal mist include:

- Pregnant women
- People with a medical condition that places them at higher risk for complications for influenza, including those with chronic heart or lung disease, such as asthma or reactive airways disease, people with medical conditions such as diabetes or kidney failure; or people with illnesses that weaken the immune system, or who take medications that can weaken the immune system
- Children or adolescents receiving aspirin therapy
- People who have had Guillain-Barre syndrome (GBS), a rare disorder of the nervous system, within 6 week of getting a flu vaccine
- People who have a severe allergy to chicken eggs or who are allergic to any of the nasal spray vaccine components

Women who are pregnant and individuals with medical conditions that place them at a higher risk for complications for influenza will be eligible for the shot form of the vaccine unless you have a history of a serious allergy reaction to eggs.

Per CDC recommendations, even if you have been diagnosed with an ILI (Influenza Like Illness) this year, you should receive the H1N1 vaccine.

Note: To assist in making the vaccination process as smooth and expedient as possible and because there will be limited privacy for the shots to be administered in the Auditorium, it is requested that you

wear clothing that will lend itself to receiving an injection in the upper arm (if you choose the shot form of the vaccine) without having to remove your shirt.

UWF is committed to promoting a healthy community environment. We are asking for your continued assistance in mitigating the spread of the H1N1 virus on our campus. Remember to wash your hands frequently, cover coughs and sneezes, and stay home when you are sick.

We anticipate receiving additional supplies of vaccine in the future, but we have no indication as to when that may occur, so we encourage you to get the vaccine now.

If you have any questions, please visit the Health Center's website at www.uwf.edu/healthcenter or UWF's H1N1 website at www.uwf.edu/h1n1.

Sincerely,

Dr. Laine Sheppard

Medical Director, UWF Health Center