

Leisure Learning

Summer 2024 Course Guide

A Taste of Summer

- Charcuterie Board Crafting
- Deli Delights at New Yorker Deli
- Explore Apple Market
- Honey and More at 1st City Bee Co.
- Olde English Creamery

plus

- Pickleball for Beginners
- St. Michael's Cemetery Tour
- West Florida Railroad Museum
- UWF Trail Hike

and more!

**Registration
Opens May 1!**



Why join Leisure Learning?

For more than 25 years, UWF Leisure Learning has provided stimulating programs for seasoned adults who are interested in joining a spirited community of intellectual contemporaries and lifelong learners.

Our diverse lineup of classes offers you the opportunity to explore Pensacola and the surrounding areas, discover exciting research and ideas or learn new skills—all while making friends.



Become a member and start attending class this summer!

1. Review this catalog and select your classes.
2. Register and pay for your annual membership and individual classes in one of three ways. (Page 25)
3. Learn more about Nautilus Card benefits for UWF Leisure Learning members. (Page 27)
- 4. Enjoy class!**

How does the UWF Leisure Learning membership work?

The \$40 annual membership fee covers 12 months from the date you join. With your membership, you are entitled to:

- Register for all Leisure Learning classes, tours and events.
- A UWF parking pass for parking on the UWF Pensacola campus for classes.
- A course catalog mailed to you every semester.

Learn more about membership perks on Page 27!

Questions? Call us at 850.473.7468.

Registration Opens May 1! Classes start May 20!

Three Easy Ways to Register:

Register for classes online at uwf.edu/leisurelearning, call us at 850.473.7468 or mail in the registration form located in this catalog. More information and office hours on Page 29.



Give the Gift of Lifelong Learning

Buy a Leisure Learning membership gift card! Call 850.473.7468 to order.



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Leisure Learning is a program of UWF Continuing Education, a premier regional provider of high-quality credit and non-credit courses, community programming, customized training, CEUs and conference planning. uwf.edu/continuinged

Get to know the Florida Public Archaeology Network (FPAN)

BY LISA GIBBS

A great benefit of UWF's Leisure Learning program is the ability to build connections within the community. One of Leisure Learning's earliest relationships and among our biggest supporters is the Florida Public Archaeology Network (FPAN). Located in downtown Pensacola, FPAN aims to give back to the community through its mission to "...promote and facilitate the stewardship, public appreciation and value of Florida's archaeological heritage through regional centers, partnerships and community engagement."

FPAN's History

Since 1980, the University of West Florida's Archaeology Institute has conducted various archaeological surveys around Pensacola, revealing its rich history. As the region's demand for further archaeological research grew, UWF established FPAN to help with future endeavors. Established in 2004, FPAN was created to assist local governments and the Florida Division of Historical Resources in its archaeological responsibilities and work on public outreach projects.

Commitment to the Community

FPAN remains committed to preserving and protecting Florida's historic resources while promoting public education about the state's rich past. Through a variety of public events, such as archaeology labs and panel discussions, FPAN works to provide engaging ways to keep the topic of archaeology alive. Alongside their public outreach events, FPAN employees assist with archaeological fieldwork in collaboration with archaeological research centers



ABOVE: The Florida Public Archaeology Network located in downtown Pensacola. **LEFT:** Ariel view of St. Michael's Cemetery.

across Florida. Their findings help provide the community with invaluable insight into the history behind the land we live on.

"Throughout the last decade, I've had the delightful opportunity to instruct numerous classes for our Leisure Learners. Witnessing their persistent thirst for knowledge is truly inspiring, and engaging with these groups is undeniably one of the highlights of my involvement," says Mike Thomin, Manager of the Florida Public Archaeology Network's Destination Archaeology Resource Center and a Faculty Research Associate at the University of West Florida.

Get Involved with FPAN

There are many opportunities for Leisure Learners to get involved with FPAN. Here are a few of our classes you can join this semester to explore their expertise.

- Cemetery Tour: Join Mike Thomin, Manager of FPAN, as he takes you on a guided tour through the historic St. Michael's Cemetery, Page 18.
- Fantastic Archaeology: Learn about the importance of archaeology with Dr. Della Scott-Ireton, Associate Director of FPAN, Page 9.

You are also encouraged to explore FPAN outside of Leisure Learning! With a wide array of events and educational lectures, there are plenty of opportunities to connect. Follow their Facebook page, Florida Public Archaeology Network - Northwest Region to keep up with events and entertaining educational programming, such as "Find Out Friday!" a series where you guess what a historical artifact is based on a photo.

Learn more about the Florida Public Archaeology Network at www.fpan.us.

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**Not available on the all-inclusive Unlimited Classes option.*

Important Information:

Credit Cards and other forms of payment are accepted. Phone and online registrations are highly recommended. If mailing a check, contact the Leisure Learning office or check classes online to make sure they are not already full.

Monday

Exploring Local Nature Trails: A Talk and Guided UWF Trail Hike

Have you wanted to take a local hike but don't know where to start? Join us for an introduction to one of the University of West Florida's natural trails with Rob from Rec Plex North. Rob will give an overview of how the trails are maintained and discuss the parkrun, a free weekly event organized by volunteers. For those eager to dive deeper into nature, the event concludes with the option to continue exploring the trail on a guided hike. Whether you prefer a brisk walk or a more relaxed pace, the trail offers something for everyone to enjoy.

20-May | Mon 10:00 AM - 11:15 AM | \$15

Instructor: Robert Gryskiewicz
Rec Plex North



EVENT SPOTLIGHT:

Get the Buzz: Honey and More at 1st City Bee Co.

Explore honey with Natalie Blake and Melissa Kalis at First City Bee Co. Natalie will share her knowledge of honey including its health benefits, and students will be able to try some samples. Melissa, a master beekeeper, will be teaching “the buzz on bees” — a discussion about what happens inside a beehive colony and the life cycle of bees as well as what it takes to become a successful honey producer. Get ready to indulge in the sweetness of First City Bee Co.

24-Jun | Mon 9:30 AM - 10:45 AM | \$15

Instructor: Natalie Blake
First City Bee Co

Experience Food from the Titanic at Azalea Trace*

Join Chef James Fontaine as he recreates a meal served on the Titanic. Inspired by the book “Last Dinner on the Titanic,” Chef James will delight students with tastes of the first class menu savored by guests on the Titanic, including Shrimp Canape and Poached Salmon with Mousseline Sauce, Creme de Asparagus, Beef Tournedos Lile and a Strawberries and Cream Eclair. If you have not been to one of Chef James' presentations, you don't want to miss it. We will play a Titanic Trivia game for a coveted prize, so come for the food and the fun. Bring your appetite! **Not available on the all-inclusive Unlimited Classes option.*

3-Jun | Mon 11:00 AM - 12:30 PM | \$35

Instructor: James Fontaine
Azalea Trace

Calling All Bookies: “The Heaven and Earth Grocery Store” by James McBride

Join Dr. Louise Tolbert for a captivating discussion of “The Heaven and Earth Grocery Store.” From James McBride, author of the bestselling Oprah's Book Club pick “Deacon King Kong” and the National Book Award-winning “The Good Lord Bird,” “The Heaven and Earth Grocery Store” is a novel about small-town secrets and the people who keep them. You're invited to participate in this engaging discussion, where we dissect the pages, characters and themes woven into the work. You can share your thoughts, insights, interpretations and be part of a vibrant exchange of ideas or just get cozy and listen. *Note: Please read the book before class begins.*

10-Jun | Mon 1:00 PM - 2:15 PM | \$15

Instructor: Dr. Louise Tolbert
Florida Public Archaeology Network

Scams & Scam Prevention

Join us for an eye-opening class on scams and scam prevention led by Will Worth, the Better Business Bureau (BBB) 's marketing and communications director. In this engaging session, Will will unravel the mysteries behind common scams and arm you with practical tips to safeguard yourself against fraudsters. Learn how to spot red flags, protect your personal information, and empower yourself to outsmart scammers.

17-Jun | Mon 10:00 AM - 11:15 AM | \$15

Instructor: Will Wirth
Florida Public Archaeology Network

CLASSES

Inside the Operations: A Tour of the Escambia County Public Safety Facility

Take an exclusive glimpse behind the scenes at the Escambia County Public Safety Facility and Emergency Operations Center. Explore the inner workings of this vital hub for emergency response and disaster management. Gain insight into the coordinated efforts of various agencies and personnel involved in safeguarding the community. From command centers to communication systems, this immersive tour offers a fascinating insight into the critical operations that protect and serve our city.

1-Jul | Mon 10:00 AM - 11:15 AM | \$15

Instructor: Isaiah Helton
Escambia Emergency Management Center



EVENT SPOTLIGHT:

Exploring the Ripple Effect: Oyster Shell Recycling Program

Delve into the innovative Oyster Shell Recycling Program pioneered by the Alabama Coastal Foundation. Discover how local restaurants are playing a pivotal role in this initiative, contributing to the restoration of Alabama's coastal ecosystems. Learn how recycled oyster shells are reintroduced into the waters, fostering the growth of new oyster populations, enhancing habitat and bolstering water quality. As part of the Create a Clean Water Future Campaign, this program underscores the importance of environmental stewardship and sustainability. Join us to uncover the journey of oyster shells from plate to ocean in a commitment to a greener future.

8-Jul | Mon 1:00 PM - 2:15 PM | \$15

Instructor: Mark Berte
Florida Public Archaeology Network

Nonprofit Highlight: Sunday's Child

Discover the vision of Sunday's Child, a local nonprofit organization committed to promoting equality and fostering inclusion across our community. Explore the mission and guiding principles that drive Sunday's Child's impactful work. From awarding grants for significant charitable and economic initiatives to promoting wider visibility and acceptance of the LGBTQ+ community, Sunday's Child is dedicated to serving and uplifting our community. A reception with wine and sweets will follow the presentation. Together, let's cultivate a brighter, more inclusive future for all members of our community.

15-Jul | Mon 1:00 PM - 2:15 PM | Free

Instructor: Aurora Osborn
UWF Building 54, Argonaut Athletic Club

Bodacious Kitchen: Charcuterie Board Crafting*

Elevate your entertaining game with a delightful culinary adventure in the lovely Bodacious Kitchen! In this hands-on class, you'll learn the art of crafting stunning charcuterie boards that not only tantalize the taste buds but also serve as an edible work of art. You won't just leave with newfound knowledge; you'll take your very own charcuterie masterpiece home to share with friends and family. This class is designed for all skill levels. Join us for an engaging session of culinary creativity. Class will take place on the second floor. **Not available on the all-inclusive unlimited classes discount.*

22-Jul | Mon 11:00 AM - 12:15 PM | \$20

Instructor: Michelle Renfro
Bodacious Shops

Leisure Learning 101: FAQs and Registration Assistance

Meet Director Julie Still-Rolin for an informative class designed to empower Leisure Learners to navigate their experiences with the program with confidence. In this engaging session, Julie will offer a comprehensive overview of Leisure Learning, unveiling its rich array of offerings and opportunities. You'll receive personalized guidance on the registration process, with a detailed demonstration and invaluable tips for utilizing the registration system effectively. There will also be an opportunity for questions. Say goodbye to the stress of registration woes and hello to a world of enjoyable learning experiences. Whether you're a seasoned participant or new to the



EVENT SPOTLIGHT:

Unlocking Flavor: An Exploration of Olive Oil at Bodacious Olive

Olive oil is a golden elixir proven to contribute to longevity and sustained health. Join us for an exploration of its nutritional value, taste profiles and recipes at Bodacious Olive. Learn about the varieties of olive oil as well as how to pair olive oil with vinegar to enhance your own dishes to new heights of flavor and health. Don't miss this immersive experience celebrating the artistry and benefits of olive oil. This class will meet downstairs where the oils and vinegars are located.

21-May | Tue 9:00 AM - 10:15 AM | \$15

Instructor: Alicja Donlon
Bodacious Shops

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Runkeeper and MyFitnessPal to set and achieve your nutrition and fitness goals. From tracking your daily steps, walking speed, and elevation climb to monitoring your nutritional macros, these apps offer a range of features to help you stay on top of your fitness game. Don't miss out on this chance to take control of your fitness journey with the help of free apps. Sign up for our class today and start seeing results!

21-May | Tue 1:00 PM - 2:15 PM | \$15

Instructor: Carol Conde
Florida Public Archaeology Network

Short-Term Stock Trading for Fun and Profit

Unlock the secrets of short-term stock trading led by a seasoned individual investor with a successful trading hobby. This one-hour session is designed for those eager to delve into the exciting world of short-term stock trading. This class is not about providing financial advice on specific stocks to buy; instead, it focuses on equipping participants with the essential tools often overlooked by casual investors. Whether you are a curious beginner or a casual investor looking to level up your trading game, this class offers a concise yet comprehensive overview of the tools to make short-term stock trading an enjoyable and potentially profitable endeavor. Note: This class is designed for educational purposes only and does not provide financial advice. Participants are encouraged to conduct their own research and consult with financial professionals before making investment decisions.

28-May | Tue 10:00 AM - 11:15 AM | \$15

Instructor: Phil Deprotine
Florida Public Archaeology Network

Exploring Sacred Spaces: St. Joseph's Catholic Church

Join Reverend Patrick Lapointe on an exploration of St. Joseph's Catholic Church. Founded in 1891, the church served a diverse community, making it rich in history. St. Joseph's is also an architectural gem that stands as a testament to faith and tradition, captivating all who lay eyes upon its grandeur. Adorned with intricate details and towering spires, the church's facade exudes a sense of reverence and majesty. Step inside, and you'll be greeted

program, Julie's expertise will enable you to make the most out of your Leisure Learning journey.

Session #1: 29-Jul | Mon

Session #2: 31-Jul | Wed

10:00 AM - 11:15 AM | Free

Instructor: Julie Still-Rolin

Florida Public Archaeology Network

Tuesday

Using Free Apps to Track Your Exercise Progress

Discover the power of free phone applications in tracking your diet and exercise progress! Whether you're a seasoned athlete or just starting your fitness journey, this class is perfect for anyone looking to stay motivated and accountable. Learn how to leverage popular apps like

CLASSES

by a sanctuary filled with awe-inspiring stained glass windows and other architectural delights.

4-Jun | Tue 10:00 AM - 11:15 AM | \$15

Instructor: Patrick LaPointe
St. Joseph's Catholic Church

Park, Pay & Play: Downtown Pensacola Parking Workshop

Learn how to park, pay and play in Downtown Pensacola. The Downtown Improvement Board (DIB) is teaming up with UWF Leisure Learning to present a public workshop designed for people who want to learn more about parking downtown in DIB-managed spaces. Workshop guests will learn how to identify DIB parking from privately-managed parking, where to find free parking, how to load and use the new Passport Parking app, how to use a pay machine and how to navigate the DIB parking website to locate zones, handicapped parking and pricing. Attendees also have the opportunity to

learn how DIB parking dollars are invested back into the community, meet the downtown parking ambassadors, provide feedback and ask questions. More information at pensacolaparking.com. **Please Note: This session is free to Leisure Learning members, pre-registration is required.*

4-Jun | Tue 1:00 PM - 2:15 PM | Free

Instructor: Lissa Dees
Florida Public Archaeology Network

Author Spotlight: Pat Black-Gould

Join us for an enlightening presentation by Dr. Pat Black-Gould, a multifaceted individual with a rich background as an author, director, playwright, producer and psychologist. Dr. Black-Gould will take you on a captivating journey as she delves into the intricacies of her latest works, "The Crystal Beads: Layla's Journey" and "All the Broken Angels." With a unique blend of storytelling and psychological insight, this presentation offers a profound exploration of the human experience. Take advantage of the opportunity to engage with the brilliant mind behind this compelling narrative.

11-Jun | Tue 10:00 AM - 11:15 AM | \$15

Instructor: Pat Black-Gould
Florida Public Archaeology Network

Deli Delights: Lunch at New Yorker Deli

Visit the iconic New Yorker Deli, where traditional flavors meet contemporary flair. Join us for an exclusive pre-lunch talk with proprietor Renee Nix before the crowds arrive. Delve into the heart of the restaurant as Renee shares insights into their signature dishes and time-honored deli traditions. Following our culinary journey, we'll settle our bills individually.

18-Jun | Tue 10:00 AM - 12:00 PM | \$15

Instructor: Renee Nix
New Yorker Deli

Flavor Expedition: Hot Spot BBQ

Picture savory meats seasoned and smoked to perfection and imagine the rich, mouthwatering aroma of perfectly cooked meat, featuring delectable options like pork, pork ribs, chicken or beef brisket. That's what you'll get at Hot Spot BBQ! We'll meet in a private room for a brief presentation on real Southern barbecue and smoking methods, and then you'll be able to purchase lunch individually.

25-Jun | Tue 10:00 AM - 11:15 AM | \$15

Instructor: Cheri Hlubek
Hot Spot Barbecue



EVENT SPOTLIGHT:

Planetarium: "Seeing"*

Join Neil deGrasse Tyson on a journey exploring the life of a single photon. Start from its creation in the belly of a star, travel across the galaxy and space to land in the eye of a young stargazing girl. Explore the structures of the eye and its functions while taking a ride on the optic nerve. Discover the fascinating processes of the cosmos, from astrophysics to the biology of the eye and brain. **Not available on the all-inclusive Unlimited Classes option.*

2-Jul | Tue 10:00 AM - 11:30 AM | \$15

Instructor: Allison Spradlin
Pensacola State College Planetarium



EVENT SPOTLIGHT:

All Aboard the Rails of History: A Visit to the West Florida Railroad Museum

Visit an interactive time capsule celebrating the impact of the railroad on the Panhandle & beyond. The West Florida Railroad Museum boasts a combination freight and passenger depot, several outbuildings, model railroads, and memorabilia from various railroads across the country that are rich in history and excitement. After the visit, head over to the Blackwater Bistro for a dutch lunch.

23-Jul | Tue 10:00 AM - 11:15 AM | \$15

Instructor: George Wilson
West Florida Railroad Museum

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Fantastic Archeology: Florida, Frauds, Myths, and Mysteries

Celebrate Florida archaeology by learning what archaeology is, and importantly what it is not. This educational and entertaining talk will focus on the misuse and abuse of Florida's past. Moving from historical to modern day examples we discuss the many ways "belief in nonsense can be dangerous." - Kenneth Feder

16-Jul | Tue 10:00 AM - 11:15 AM | \$15

Instructor: Dr. Della Scott-Ireton
Florida Public Archaeology Network

Set Sail with American Magic and Dwight Gobeli

Join senior medical officer Dwight Gobeli for a deep dive into his experiences with American Magic, a high-speed sailboat competing in America's Cup in August 2024. Dwight, an RN in the interventional radiology catheterization lab at Ascension Sacred Heart, is also a passionate sailor. He has merged his passion for sailing and his medical experience to provide medical support for the American Magic competitive sailing team. Come and meet Dwight and hear his tales of this exciting adventure.

30-Jul | Tue 1:00 PM - 2:15 PM | \$15

Instructor: Dwight Gobeli
Florida Public Archaeology Network

Wednesday

Visit to Valerie's House: A Look into Grief Support

Step into Valerie's House and feel the warmth of a community united in healing. Program Manager Jenni Elzweig will share a brief overview of the organization's history and mission. Valerie's House offers open-ended peer support groups and engaging activities designed to help children and families navigate the complexities of loss. This isn't your typical counseling center; it's a sanctuary where individuals come to share their stories and support one another through their grief journeys.

22-May | Wed 10:00 AM - 11:15 AM | Free

Instructor: Jenni Elzweig
Valerie's House

Symphonic Serenade: Music by Dr. Aleksandra Pereverzeva and Andrew Gregg

Experience the harmonious melodies of Pensacola Symphony's accomplished cellist, Dr. Aleksandra Pereverzeva, and talented pianist, Andrew Gregg, as they grace the stage at Azalea Trace. Through her musical journey, Aleksandra has been a recipient of many awards and distinctions. Andrew is a Pensacola native who started playing piano at age 5 and is currently studying with Dr. Hedi Salanki-Rubardt. Be delighted with their music and discover the stories behind their extraordinary journeys.

9-Jul | Tue 1:00 PM - 2:15 PM | \$15

Instructor: Julie Martin Greene
Azalea Trace

CLASSES

Take an Industrial Journey into the Port of Pensacola

Hop in one of UWF's vans and explore the Port of Pensacola, Northwest Florida's most diverse and business focused deep-water port. Get a view of the 55+ acre industrial facility and learn about the history and services that the port offers. Also, learn about the port's participation in the Green Marine environmental program. If you're interested in Pensacola's industrial offerings, this tour is for you.

29-May | Wed 10:00 AM - 12:00 PM | \$15

Instructor: Clark Merritt
Port of Pensacola

Explore Apple Market, the Biggest Little Store in Town

Step into a mix of community and quality at the Apple Market in Pensacola, where David Apple's vision has blossomed since 1996. Learn how this family owned

business has led with customer satisfaction, earning accolades for their butcher shop and produce department. Known affectionately as the "Biggest Little Store in Town," the Apple Market offers a mix of everyday essentials and rare finds, making every visit an adventure. After the presentation, take a moment to appreciate local art adorning the walls as you enjoy a discounted lunch from the deli.

5-Jun | Wed 10:00 AM - 11:15 AM | \$15

Instructor: David Apple
Apple Market

Discover Enchantment at Angel's Garden

Explore a captivating historic house filled with wonders. Deb Tracy will guide us through her enchanting store showcasing local artists and fine goods. From elegant women's apparel to exquisite stained glass, luxurious body lotions and handcrafted jewelry, indulge in a feast for the senses. Enjoy this memorable experience and behind the scenes look at the art of Angel's Garden.

26-Jun | Wed 10:00 AM - 11:15 AM | \$15

Instructor: Debbie Tracy
Angel's Garden

Vintage Tin Treasures: Crafting Repurposed Jewelry with Tammie Everly

Embark on a creative journey with Tammie Everly as she shares her expertise in crafting repurposed vintage tin jewelry. Discover the artistry of transforming forgotten treasures into stunning pieces of wearable art. Whether you're a novice or experienced crafter, this class offers a delightful opportunity to explore creativity and adorn yourself with one-of-a-kind accessories.

10-Jul | Wed 1:00 PM - 2:15 PM | \$15

Instructor: Tammie Everly
Florida Public Archaeology Network

Exploring Scenic Highway: A Guided Trolley Tour with Robin Rowan*

Join the knowledgeable Scenic Highway Foundation member, Robin Rowan, for an engaging journey along one of Florida's most picturesque scenic highways in a Go Retro shuttle. Explore the rich history and natural beauty of this area as you discover landmarks, including America's oldest neighborhood, Magnolia Bluffs Park, and Gull Point. Our adventure begins at Florida Public



EVENT SPOTLIGHT:

Get the Scoop at Fannie Lou's Ice Cream

Owner Gary Rhodes is once again opening early for Leisure Learners to come and visit Fannie Lou's and get the inside scoop on the shop's history and recipes. Inspired by his grandmother, Gary opened this cute little shop as part of a lifelong dream. Don't miss your chance to taste the deliciousness that Fannie Lou's offers. Banana Puddin' anyone?

12-Jun | Wed 11:00 AM - 12:15 PM | \$15

Instructor: Gary Rhodes
Fannie Lou's Ice Cream Shop



EVENT SPOTLIGHT:

Lunchtime Delights: A Taste of Tradition at Olde English Creamery*

Throw on your fascinators and bow ties for a tea at Olde English Creamery. We will enjoy a brief presentation on tea followed with a light lunch including an assortment of crustless finger sandwiches, sausage rolls and scones with clotted cream and jam served with a pot of tea of your choice. An additional sweet treat will be included as well. While tea attire is optional, your appetite is a must. **Not available on the all-inclusive Unlimited Classes option. Cancellations will not be refunded after Thurs., May 16, 2024.*

23-May | Thu 11:00 AM - 12:30 PM | \$45
Instructor: Tania Henson
Olde English Creamery

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visual and performing arts, catering to each student's level of ability and interest, Pyramid Pensacola serves over 80 students in our community and is committed to serving those with severe disabilities as it seeks new ways to engage its students, fostering an environment in which they can find excitement and meaning and provide them an opportunity to become full participants in their communities. Don't miss this behind the scenes look at the benefits of art at Pyramid. Afterwards, join your fellow students at nearby Kyoto Japanese Steakhouse for a dutch treat.

24-Jul | Wed 10:00 AM - 11:15 AM | Free
Instructor: Corrie Parker
Pyramid School of Fine Arts

Thursday

Planning for Long-Term Care with Patrick Broadus

This seminar will inform you of the impact a long-term event could have on your family, how to plan so that the burden may be lessened. Learn actionable strategies for cash management/savings, asset allocation, diversification and portfolio rebalancing. Pat Broadus is dedicated to guiding those looking to retire and those already retired through a comprehensive retirement planning process, focusing on long-term planning, risk and lifestyle review and retirement income needs. As a lifelong learner, he strongly believes in the value of education. Pat is a veteran of the U.S. Army, holds a Bachelor's degree in Economics from St. Bernard College and is a designated Chartered Retirement Planning Counselor and Retirement Income Certified Professional®. Enjoy coffee and donuts as well!

Session #1: 30-May | Thu

Session #2: 21-Jun | Fri

10:00 AM - 11:15 AM | \$15

Instructor: Patrick Broadus

Florida Public Archaeology Network

American Heart Association Heartsaver CPR Class

Join David Conde of CPR Plus for an American Heart

Archeology Network (FPAN), where we will set off. After our enlightening tour, we'll reconvene at the Fishhouse for a Dutch-Treat lunch. Don't miss this opportunity to immerse yourself in the charm and wonder of this scenic highway. **Not available on the all-inclusive Unlimited Classes option. Cancellations will not be refunded after Thurs., May 9, 2024.*

17-Jul | Wed 10:00 AM - 12:00 PM | \$32

Instructor: Robin Rowan

Florida Public Archaeology Network

Art with a Purpose: Pyramid School of Fine Arts

See what art can do at Pyramid Pensacola. Best known for its unique arts program, which offers a full range of

CLASSES

Association Heartsaver CPR class. This class is perfect for those who are only interested in basic CPR skills, caregivers and babysitters. Students will gain the confidence to perform CPR on adults, children and infants, use an automated external defibrillator (AED) and assist choking victims according to American Heart Association standards. There is an option to purchase a Heartsaver certification card for an additional \$30, but it is not required for the basic skills. A BLS Provider card (Healthcare employee) may also be purchased at the same cost with an additional 15 minutes of instruction.

30-May | Thu 1:00 PM - 2:15 PM | \$15

Instructor: David Conde

Florida Public Archaeology Network

Common Mistakes During Retirement and Golden Tools for Your Golden Years

This class is designed to bring to light several common mistakes during retirement and give students a few tools to navigate them. Students will learn about the tax treatment of various types of withdrawals during retirement, what to do if they are ever incapable of making decisions for themselves and how to make passing on assets to the next generation as seamless as possible. In addition, we will touch on the importance of having a team of advisors to help them through this process.

6-Jun | Thu 10:00 AM - 11:15 AM | \$15

Instructor: Brad Keel

Florida Public Archaeology Network

Finding Your Beat: Intro to Drumming with Jake Walker

Embark on a rhythmic journey with an intro to drumming with Jake Walker. Jake has performed with a variety of artists ranging from Carrie Underwood to Huey Lewis. Hear stories from more than a decade of touring around the world and listen to the impact these experiences have had on his style of performance. If you play the drums or are interested in learning to play, don't miss this opportunity to see and hear the instrument from a different perspective.

6-Jun | Thu 1:00 PM - 2:15 PM | \$15

Instructor: Jake Walker

Florida Public Archaeology Network

The Art of Pizza: Lunch at Tuscan Oven

Indulge in a culinary adventure and explore the secrets behind 9th Ave.'s renowned pizzeria with owners, Deanna and Ted Lamarche. This is an exclusive opportunity to chat with Deanna before the day begins. She'll share insights into the wood-fired oven and its unique cooking techniques. After savoring the delectable offerings, we'll settle up individually, ensuring everyone can enjoy the exceptional fare. Come hungry for knowledge and leave satisfied with great food and newfound expertise!

13-Jun | Thu 10:00 AM - 12:00 PM | \$15

Instructor: Deanna and Ted Lamarche

Tuscan Oven Pizzeria

Classes Continued on Page 17

Unlimited Classes Discount

Take unlimited classes for only \$185 this summer!

This option is available by completing the registration form in the catalog and mailing a check or calling the Leisure Learning office at 850.473.7468 to pay by credit card. Some classes are not eligible for this offer and are marked in this catalog with an asterisk beside the class title.

Because of possible schedule or location changes, advance registration is highly recommended for ALL classes.

Please Note: Individual class fee refunds are not available for the unlimited class option if you are unable to attend OR if the class is canceled.



MAY 2024 CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
	<p>10 AM - 11:15 AM Exploring Local Nature Trails: A Talk and Guided UWF Trail Hike</p>	<p>9 AM - 10:15 AM Unlocking Flavor: An Exploration of Olive Oil at Bodacious Olive</p> <p>1 PM - 2:15 PM Using Free Apps to Track Your Exercise Progress</p>	<p>10 AM - 11:15 AM Visit to Valerie's House: A Look into Grief Support</p>	<p>11 AM - 12:30 PM Lunchtime Delights: A Taste of Tradition at Olde English Creamery</p>	UWF Closed	
26	27	28	29	30	31	1
Memorial Day		<p>10 AM - 11:15 AM Short-Term Stock Trading for Fun and Profit</p>	<p>10 AM - 12 PM Take an Industrial Journey into the Port of Pensacola</p>	<p>10 AM - 11:15 AM Planning for Long-Term Care with Patrick Broadus #1</p> <p>1 PM - 2:15 PM American Heart Association Heartsaver CPR Class</p>	<p>10 AM - 11:15 AM Radio Live: A Tour of WUWF</p>	

JUNE 2024 CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28 10 AM - 11:15 AM Short-Term Stock Trading for Fun and Profit	29 10 AM - 12 PM Take an Industrial Journey into the Port of Pensacola	30 10 AM - 11:15 AM Planning for Long-Term Care with Patrick Broadus #1 1 PM - 2:15 PM American Heart Association Heartsaver CPR Class	31 10 AM - 11:15 AM Radio Live: A Tour of WUWF	1
2	3 11 AM - 12:30 PM Experience Food from the Titanic at Azalea Trace	4 10 AM - 11:15 AM Exploring Sacred Spaces: St. Joseph's Catholic Church 1 PM - 2:15 PM Downtown Pensacola Parking Workshop	5 10 AM - 11:15 AM Explore Apple Market, the Biggest Little Store in Town	6 10 AM - 11:15 AM Common Mistakes During Retirement and Golden Tools for Your Golden Years 1 PM - 2:15 PM Finding Your Beat: Intro to Drumming	7 9 AM - 10:15 AM Echoes of Time: A Guided Journey through St. Michael's Cemetery	8
9	10 1 PM - 2:15 PM Calling All Bookies: "The Heaven and Earth Grocery Store"	11 10 AM - 11:15 AM Author Spotlight: Pat Black-Gould	12 11 AM - 12:15 PM Get the Scoop at Fannie Lou's Ice Cream	13 10 AM - 12 PM The Art of Pizza: Lunch at Tuscan Oven	14 10 AM - 11:15 AM Behind the Curtain: Exploring Theatre Production	15
16	17 10 AM - 11:15 AM Scams & Scam Prevention	18 10 AM - 12 PM Deli Delights: Lunch at New Yorker Deli	19 Juneteenth	20 10 AM - 11:15 AM Sweet Indulgences: An Excursion to Bubba's Sweet Shop	21 10 AM - 11:15 AM Planning for Long-Term Care with Patrick Broadus #2 1 PM - 2:15 PM Disaster Preparedness with Pensacola Fire Department	22
23	24 9:30 AM - 10:45 AM Get the Buzz: Honey and More at 1st City Bee Co.	25 10 AM - 11:15 AM Flavor Expedition: Hot Spot BBQ	26 10 AM - 11:15 AM Discover Enchantment at Angel's Garden	27 9:30 AM - 10:45 AM Pickleball for Beginners 1 PM - 2:15 PM Explore the Wonders of the Maya	28 10 AM - 11:15 AM The Top Ten Coolest Things in the Archives #1	29
30						

JULY 2024 CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1 10 AM - 11:15 AM Inside the Operations: A Tour of the Escambia County Public Safety Facility	2 10 AM - 11:30 AM Planetarium: "Seeing"	3	4 Independence Day	5 UWF Closed	6
7	8 1 PM - 2:15 PM Exploring the Ripple Effect: Oyster Shell Recycling Program	9 1 PM - 2:15 PM Symphonic Serenade: Music by Dr. Aleksandra Pereverzeva and Andrew Gregg	10 1 PM - 2:15 PM Vintage Tin Treasures: Crafting Repurposed	11	12 10 AM - 11:15 AM Successful Estate Planning: Benefitting You and Your Family	13
14	15 1 PM - 2:15 PM Nonprofit Highlight: Sunday's Child	16 10 AM - 11:15 AM Fantastic Archeology: Florida, Frauds, Myths, and Mysteries	17 10 AM - 12 PM Exploring Scenic Highway: A Guided Trolley Tour with Robin Rowan	18 10 AM - 11:15 AM Explore Wine Curiously: A Deep Dive into Its History, Geology and Traditions	19 10 AM - 11:15 AM The Top Ten Coolest Things in the Archives #2 1 PM - 2:15 PM Embark on a Journey to Optimal Health with OsteoStrong®	20
21	22 11 AM - 12:15 PM Charcuterie Board Crafting	23 10 AM - 11:15 AM All Aboard the Rails of History: A Visit to the West Florida Railroad Museum	24 10 AM - 11:15 AM Art with a Purpose: Pyramid School of Fine Arts	25 10 AM - 11:15 AM Inside WSRE: A Behind-the-Scenes Tour and Talk	26 9 AM - 3 PM Exploring Culture and Culinary Delights: A Day at the Poarch Band of Creek Indians Cultural Museum	27
28	29 10 AM - 11:15 AM Leisure Learning 101: FAQs and Registration Assistance #1	30 1 PM - 2:15 PM Set Sail with American Magic and Dwight Gobeli	31 10 AM - 11:15 AM Leisure Learning 101: FAQs and Registration Assistance #2	1 9 AM - 10:15 AM Step through the Past: Exploring the Historic District	2 10 AM - 11:30 AM Planetarium: "IBEX: Search for the Edge of the Solar System"	3

AUGUST 2024 CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29 10 AM - 11:15 AM Leisure Learning 101: FAQs and Registration Assistance #1	30 1 PM - 2:15 PM Set Sail with American Magic and Dwight Gobeli	31 10 AM - 11:15 AM Leisure Learning 101: FAQs and Registration Assistance #2	1 9 AM - 10:15 AM Step through the Past: Exploring the Historic District	2 10 AM - 11:30 AM Planetarium: "IBEX: Search for the Edge of the Solar System"	3
4	5	6	7	8	9	10

Bring a Friend! Current members may bring a friend to try out one Leisure Learning class. The class price will apply. If your friend joins Leisure Learning, you AND your friend will receive a credit voucher toward a future class or event.



- Offering 100 events each year
- Attracting 30,000 attendees
- \$7 admission for Leisure Learners with Nautilus Card

uwf.edu/cfpa



Center for Fine
and Performing Arts
UNIVERSITY of WEST FLORIDA

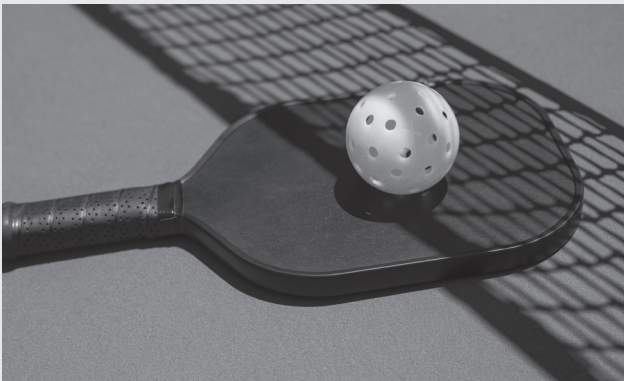
Continued from Page 12

Sweet Indulgences: An Excursion to Bubba's Sweet Shop

Join us for a delightful visit to Bubba's Sweet Shop, a charming confectionery nestled in the heart of downtown. Led by manager, Eric Grote, explore the artistry and history behind their sweets and treats, from decadent chocolates to whimsical candy creations. A candy making demo will be given and samples will be offered. Whether you're a connoisseur of sweets or simply eager to satisfy your sweet tooth, this experience promises a truly scrumptious adventure.

20-Jun | Thu 10:00 AM - 11:15 AM | \$15

Instructor: Eric Grote
Bubba's Sweet Spot



EVENT SPOTLIGHT:

Pickleball for Beginners

Leisure Learning Director Julie Still-Rolin is trading her pumps for sneakers and hitting the courts to demonstrate how to play Pickleball. Whether you're a seasoned athlete looking to try something new or a beginner eager to learn the basics, this class is perfect for all skill levels. Julie's enthusiasm will make learning Pickleball a fun and rewarding experience. Get ready to improve your hand-eye coordination, agility and strategic thinking while enjoying friendly competition and camaraderie on the court. Lace up your sneakers and join us to see why Pickleball is sweeping the nation as the ultimate racket sport for all ages.

27-Jun | Thu 9:30 AM - 10:45 AM | \$15

Instructor: Julie Still-Rolin
UWF Pickleball Courts

Explore the Wonders of the Maya

Join us for a presentation on one of the world's greatest civilizations—the ancient Maya. Dr. Perkins will show discoveries radically changing our understanding. Learn Maya myths and innovations in math, astronomy, cigars, corn, cement and even chocolate. Write Maya numbers, meet famous kings and queens, and learn about the Gods, wars and vital water reservoirs while you explore theories of the Maya's rise and demise.

27-Jun | Thu 1:00 PM - 2:15 PM | \$15

Instructor: Robert Perkins
Florida Public Archaeology Network

Explore Wine Curiously: A Deep Dive into Its History, Geology and Traditions*

Join Hilary Towns, Wine Educator and owner of A Curious Wine Shop, as she takes you on a personal deep dive into the history, geology and traditions of six select wines.

Tasting wines side by side in context of either their grape composition, region of cultivation, winemaking technique, or menu pairing provides an opportunity to experience the world of wine tasting at any level of knowledge.

Students will also be provided with samples of each wine.

**Not available on the all-inclusive Unlimited Classes option.*

Cancellations will not be refunded after Thurs., July 11, 2024.

18-Jul | Thu 10:00 AM - 11:15 AM | \$25

Instructor: Hilary Towns
Old Sacred Heart Hospital, Room 221

Inside WSRE: A Behind-the-Scenes Tour and Talk

Explore the world of broadcasting with our exclusive tour and talk at WSRE, the Gulf Coast's premier public television station. Led by industry professionals, this experience offers a behind-the-scenes glimpse into the inner workings of television production. Witness the magic of television come to life as you explore WSRE's state-of-the-art facilities. Following the tour, engage in a lively discussion where you'll have the opportunity to interact with WSRE staff, ask questions and gain insight into the challenges and triumphs of working in the broadcasting industry. Join us at WSRE to discover the power of public television to inform, educate and entertain audiences across the Gulf Coast and beyond.

25-Jul | Thu 10:00 AM - 11:15 AM | \$15

Instructor: Jennifer Knisbell
WSRE

Friday

Radio Live: A Tour of WUWF

Go behind the scenes at WUWF, where the airwaves have been alive with the magic of music and talk since 1981. Whether you're in the mood for news and talk on FM1, classical melodies on FM2, or a journey through

literature with FM3's SightLine reading service, WUWF has something for everyone. And with their online platform and mobile app, the adventure never ends. Come see how it's done and meet the team who makes the magic happen at WUWF.

31-May | Fri 10:00 AM - 11:15 AM | \$15

Instructor: Pat Crawford
UWF Building 88 (WUWF)

Echoes of Time: A Guided Journey through St. Michael's Cemetery

Embark on a captivating walk through the corridors of history at St. Michael's Cemetery. Join us for a guided tour led by Florida Public Archeology Network historian Mike Thomin. As we wander among the weathered tombstones and moss-draped oaks, you'll find yourself immersed in the tales of pioneers, soldiers, and visionaries who shaped the fabric of this coastal city. From forgotten legends to poignant anecdotes, each step unveils a chapter of Pensacola's vibrant past. Join us at the southwest gate on Alcaniz and Garden St. Parking is available on Alcaniz St.

7-Jun | Fri 9:00 AM - 10:15 AM | \$15

Instructor: Mike Thomin
St. Michael's Cemetery

Behind the Curtain: Exploring Theatre Production

Step into the enchanting world of theatre with Connie Smith, Assistant Professor of Lighting and Scenic Design. Watch as the magic unravels from script to stage. In this immersive experience, students will explore the process of bringing stories to life through set design and stage production. Whether you're a theatre enthusiast or simply curious about what happens behind the curtain, this class will be an enlightening journey into the creativity of theatre production at UWF.

14-Jun | Fri 10:00 AM - 11:15 AM | \$15

Instructor: Connie Smith
UWF Building 82, Center for Fine & Performing Arts

Disaster Preparedness with Pensacola Fire Department

In our area, we are at risk for multiple disasters ranging from hurricanes to tornadoes to floods. Emergencies can range from inconvenient to devastating, but you can prepare in advance to minimize the impact on you and your family. Fire Chief Ginny Cranor will help students



EVENT SPOTLIGHT:

Step through the Past: Exploring the Historic District

Immerse yourself in Pensacola's rich architecture and history by exploring the city on foot. Departing from the Tivoli High House in Downtown Pensacola, our knowledgeable guide will lead you along Zaragoza Street, unveiling the stories behind historic landmarks and significant architectural gems (covering approximately three blocks). As you stroll, you'll encounter the remarkable Barkley House, dating back to circa 1825 and offering a glimpse into Pensacola's earliest days. Perched majestically overlooking Pensacola Bay, this well-preserved high-house stands as a testament to the city's enduring heritage. Continuing your journey, you'll discover the enchanting Clara Barkley Dorr House, erected in 1871 and showcasing the architectural trends of post-Civil War Pensacola. Spaces for this exclusive tour are limited, so secure your spot now for an unforgettable exploration of Pensacola's architectural treasures and captivating history!

1-Aug | Thu 9:00 AM - 10:15 AM | \$15

Instructor: Robert Overton
Tivoli High House



EVENT SPOTLIGHT:

**Just in Time for Summer:
The Top Ten Coolest Things
in the Archives**

Dean DeBolt, University Archivist, will share the top ten treasures from the University Archives and West Florida History Center. They will range from the rare to the weird and come from the vast archives held by the Library. A tour of the Archives and areas not normally seen by users will be included.

Session #1: 28-Jun

Session #2: 19-Jul

Fri 10:00 AM - 11:15 AM | \$15

Instructor: Dean DeBolt

UWF John C. Pace Library



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your understanding of estate planning.

12-Jul | Fri 10:00 AM - 11:15 AM | \$15

Instructor: Terry Williams

Florida Public Archaeology Network

**Embark on a Journey to Optimal
Health with OsteoStrong®**

Discover the unique system of OsteoStrong®, a revolutionary approach to enhancing overall well-being. Unlike traditional gyms, diets, supplements, or medical treatments, OsteoStrong® is a unique wellness center dedicated to a single, common denominator: your skeletal system. The human skeletal system, often underestimated in its importance, serves as the fundamental framework for our bodies, offering more than just structural support and protection. During this visit, you will explore the revolutionary techniques for strengthening the skeletal system as well as the equipment and facilities.

19-Jul | Fri 1:00 PM - 2:15 PM | \$15

Instructor: Kasey Titus

Osteostrong

**Exploring Culture and Culinary
Delights: A Day at the Poarch Band
of Creek Indians Cultural Museum***

Discover the rich heritage of the Poarch Band of Creek Indians at The Kerretv Cuko (Building of Learning) Poarch Creek Indians Museum. The museum showcases how the Muskogee Creek Indians lived. After an enlightening visit, savor a delectable lunch at the Market at Wind Creek Casino. They have options for everyone including authentic BBQ, chicken and burgers, seafood favorites, salads and Italian. With a satisfied palate and a deeper understanding of the Poarch Creek culture, this day promises an enriching blend of history and culinary delight. Participants will park at Target (1749 E Nine Mile Rd.) and be picked up by a shuttle bus. **Not available on the all-inclusive Unlimited Classes option. Cancellations will not be refunded after Friday, July 19, 2024 unless the spot is filled by another student.*

26-Jul | Fri 9:00 AM - 3:00 PM | \$45

Instructor: Samantha Cooper

Poarch Creek Indian Museum and Gift Shop

to understand these disasters better and learn how to be prepared.

21-Jun | Fri 1:00 PM - 2:15 PM | \$15

Instructor: Ginny Cranor

Florida Public Archaeology Network

**Successful Estate Planning:
Benefitting You and Your Family**

In this comprehensive session, Terry L. Williams, JD, CPA (Inactive) will delve into the definition of estate planning, demonstrate the planning pyramid's significance, and introduce the four categories of estate planning and their respective purposes. Additionally, Terry will uncover common planning pitfalls, explore solutions, and gain insights into essential components beyond wills and trusts, including planning for minor or disabled children. This is a great opportunity to enhance

CLASSES

Planetarium: “IBEX: Search for the Edge of the Solar System”*

“IBEX: Search for the Edge of the Solar System” invites you to join scientists investigating the boundary between our Solar System and the rest of our galaxy. Designed for visitors with an appreciation of the challenges of space science and a desire to learn more about science research, this show follows the creation of NASA’s Interstellar Boundary Explorer (IBEX). Students will get an in-depth look at the mission and how IBEX collects



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high-speed atoms to create a map of our Solar System’s boundary. **Not available on the all-inclusive Unlimited Classes option.*

2-Aug | Fri 10:00 AM - 11:30 AM | \$15

Instructor: Allison Spradlin

Pensacola State College Planetarium

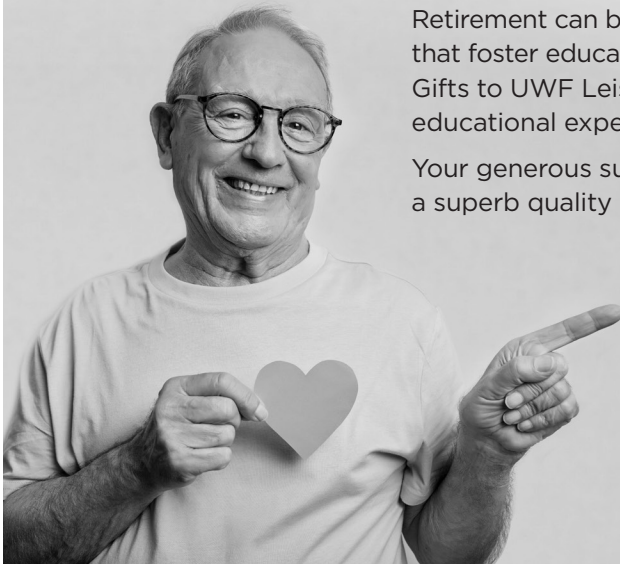
Discover more classes online!

UWF Continuing Education offers a variety of 6-week online enrichment courses. From **Drawing for the Absolute Beginner** and **Introduction to Guitar** to **Speed Spanish**, **Write and Publish Your Nonfiction Book** and more, these online courses provide you the opportunity to gain new skills on your own time.

Visit www.ed2go.com/uwf to browse the online course catalog.



Advocate for UWF Leisure Learning



Retirement can be a rewarding experience with participation in programs that foster educational enrichment and growth, like UWF Leisure Learning. Gifts to UWF Leisure Learning are an important factor in enhancing the educational experience for our members.

Your generous support guarantees that we can continue to offer a superb quality programming at an unmatched value.

Please add Leisure Learning to your charitable giving list.

Please make checks payable to:

**UWF Foundation - Leisure Learning
11000 University Pkwy., Building 12,
Pensacola, FL 32514**



Leisure Learning
UNIVERSITY of WEST FLORIDA

Leisure Learning is a program of UWF Continuing Education, a premier regional provider of high-quality credit and non-credit courses, community programming, customized training, CEUs and conference planning. uwf.edu/continuinged

Pack Your Bags, Argos!



Travel the world with your fellow Argos! UWF has partnered with Collette Travel to offer exciting travel itineraries for our alumni, supporters and friends. Visit uwf.edu/alumnitravel to see all upcoming trips.

2024-2025 TRIPS

- **MAGICAL CHRISTMAS MARKETS OF AUSTRIA & GERMANY**

November 29 - December 7, 2024 (9 Days)
Double Room \$3,347, Single Room \$3,914

- **SUNNY PORTUGAL**

February 2 - 11, 2025 (10 Days)
Double Room \$3,349, Single Room \$3,849

- **ICELAND'S MAGICAL NORTHERN LIGHTS**

February 25 - March 3, 2025 (7-8 Days)
Double Room \$4,199, Single \$4,799

Round trip airfare included in the price. All dates and prices are subject to change.



EXPLORE UPCOMING TRIPS
AND ITINERARIES BY
SCANNING THIS CODE.

UWF Alumni Relations
11000 University Parkway
Building 12
Pensacola, FL 32514
alumni@uwf.edu
850.474.2758

LOCATIONS & DIRECTIONS



UWF Main Campus Locations:

University of West Florida 11000 University Pkwy. Pensacola, FL 32514

From 110: Take exit 13 (Davis Hwy.) and go north. Stay in the far left lane to follow signs to University Pkwy. Turn left onto University Pkwy. Stay in the right lane and follow University Pkwy. until it ends. **850.473.7468**

UWF Argonauts Athletic Club Building 54

From the campus main entrance, take a left onto Campus Dr. and stay in the left lane. Follow Campus Dr. to Lot B on the left. The Argonaut Athletic Club is across the street in Building 54.

UWF Center for Fine and Performing Arts Building 82

From the campus main entrance, take a left onto Campus Dr. and stay in the right lane. Follow Campus Dr. to Lot M. The destination will be on the right. **850.857.6285**

UWF John C. Pace Library Building 32

From the campus main entrance, take a left onto Campus Dr and stay in the left lane. Follow Campus Dr to either Lot H or Lot K. The destination is behind University Commons (Building 22). Handicap

Accessible parking is available via the Service Road and Lot 54. **850.474.2414**

UWF Pickleball Courts

Located beside the Ralph "Skeeter" Carson Tennis Complex (tennis courts). From the campus main entrance, take a left onto Campus Dr. and stay in the right lane. Follow Campus Dr. to Lot J.

Rec Plex North

From University Pkwy. take a right at the campus entrance onto Campus Dr. Turn left onto Campus Lane. Rec Plex North parking is in Lot Z, and the trail is located at the soccer field.

WUWF Building 88

From the campus main entrance, take a left and stay in the left lane. The destination will be on the left. **850.474.2787**

Historic Pensacola Campus Downtown Location:

Florida Public Archaeology Network 207 E Main St. Pensacola, FL 32501

Located just East of Tarragona St. on the corner of Main and Barracks streets, next to The Fish House. Parking is available behind the FPAN building, off of Barracks St., or on the east side near the park. **850.595.0050**

Other Locations:

A Curious Wine Shop Located Inside Historic Sacred Heart Hospital

**1010 N 12th Ave.,
Pensacola, FL 32501**

Located in East Hill off 12th Ave. Parking is available in the front and on the sides of the building. A Curious Wine Shop is the first shop in the main entrance to the right. **850.270.8855**

Angel's Garden

**1208 N 12th Ave.,
Pensacola, FL 32503**

Located in East Hill off N 12th Ave. between E Lloyd and E Brainerd Streets. **850.435.9555**

Apple Market

**1021 Scenic Hwy.,
Pensacola, FL 32503**

Located off Scenic Hwy (US-90 W). **850.433.4381**

Azalea Trace

**10100 Hillview Dr.
Pensacola, FL 32514**

Located at the end of Hillview Rd. If you are on University Pkwy. headed to University of West Florida, you will turn right onto Hillview Rd. Go to the stop sign and turn left. Stay on this road until you see the Administration Information sign, then turn right into the parking lot. **850.478.5200**

Bodacious Shops

**407 S Palafox St.
Pensacola, FL 32502**

Located in Downtown Pensacola on South Palafox St. between East Zarragossa and East Main streets. **850.438.7857**

Bubba's Sweet Spot

**412 S Palafox St.
Pensacola, FL 32502**

Located in downtown Pensacola on South Palafox St. between Zaragoza and East Main Streets. **850.332.6696**

Please Note: Schedule and location changes will be communicated through email. Be sure to check your email leading up to the event.

Escambia County Public Safety Facility

**6575 North W St.,
Pensacola, FL 32505**

Located off North W St. between Pensacola Blvd. and Marcus Pointe Blvd.. From North W St., enter the lot and take a left. Overflow parking is past the building and across the street. A photo will be attached online to assist with directions.

First City Bee Company

9 S Palafox St., Pensacola, FL 32502

Downtown Pensacola. Located on South Palafox Street between Garden and East Romano Streets.

Historic St. Joseph Catholic Church

**140 West Government St.
Pensacola, FL 32502**

From Garden Street downtown: Turn onto Spring Street towards Main Street and take a left onto Government Street. The destination will be on the left. **850.436.6461**

Hot Spot Barbecue

901 E La Rua St., Pensacola, FL 32501

Located in East Hill off 9th Ave. between E La Rua and E Belmont Streets. Parking is available on the east side of the building. **850.497.6060**

Fannie Lou's Ice Cream

**3101 E Cervantes St.
Pensacola, FL 32503**

Located off Cervantes St (US-90 W) on Knowles Ave. **850.469.9898**

New Yorker Deli & Pizzeria

**3001 E Cervantes St.
Pensacola, FL 32503**

Located off Cervantes St (US-90 W) between Pickens Ave and Knowles Ave. **850.469.0029**

Olde English Creamery

**221 E Zaragoza St.
Pensacola, FL 32502**

Downtown Pensacola, from Tarragona St, turn onto E Zaragoza St. The destination will be on the right. **850.542.7969**

Osteostrong

**1151 Office Woods Dr.
Pensacola, FL 32504**

Located west of 12th Ave. Shares the lot with the Leisure Club Coffee & Brunch Bar. **850.972.0529**

Pensacola State College Planetarium

**1000 College Blvd.
Pensacola, FL 32504**

Enter campus from Airport Blvd across from Steak N Shake. You will be right in front of the planetarium. Parking is available anywhere in front of the planetarium in building 21, except for the Green painted curbs (faculty and staff). **850.484.1238**

Poarch Creek Indian Museum and Gift Shop

**5484 Jack Springs Rd.
Atmore, AL 36502**

We will provide a shuttle from Target on Nine Mile Rd. to the location and back. **251.368.9136 ext. 2053**

Port of Pensacola

**700 S. Barracks St.
Pensacola, FL 32502**

Off Main St. in downtown Pensacola, across from the Fishhouse Restaurant. The destination will be on the right. **850.436.5074**

Pyramid, Inc

**7309 US-98
Pensacola, FL 32506**

Off US Highway 98 between Navy Blvd. and S Fairfield Dr. **850.453.3341**

St. Michael's Cemetery

**6 N Alcaniz St.
Pensacola, FL 32502**

From I-110 S, take Exit 1 C for US-98/ Garden St. Merge onto Garden St. Turn left onto Manresa St. Turn left onto E Romana St. Turn left onto S Alcaniz St. The destination will be on the right. Parking is available on Alcaniz St. **850.436.4643**

Tivoli High House

**205 Zaragoza St.
Pensacola, FL 32502**

Located in the Historic District between S Tarragona and S Adams Streets. **850.595.5985**

Tuscan Oven

**4801 N 9th Ave.
Pensacola, FL 32503**

Located on N 9th Ave. between Royce St. and Springhill Dr. **850.332.6770**

Valerie's House

**904 E Gadsden St.
Pensacola, FL 32501**

From I-110 S, take Exit 2 for Cervantes St. Turn right onto N 9th Ave. after the McDonald's. Turn left onto E Gadsden St. The destination will be on the left. **850.582.8255**

West Florida Railroad Museum

**5003 Henry St.
Milton, FL 32570**

From US 90 E, take a slight right onto Old US 90. Continue onto Canal Street. Turn right onto Henry Street, and the destination will be on the right. **850.623.3645**

WSRE-TV

**1000 College Blvd, Building 23
Kugelman Center for
Telecommunications
Pensacola, FL 32504**

From N 9th Avenue (US 289), take College Blvd. to building 23. The parking lot is the Hartsell Arena/ Pensacola State Gym Parking Lot. The building is located between 9th and Tippin Ave. **850.484.1200 or 850.484.1240**

VOLUNTEERS

Summer 2024 Instructors

David Apple	Alicja Donlon	Deanna and Ted Lamarche	Dr. Della Scott-Ireton
Mark Berte	Jenni Elzweig	Reverend Patrick LaPointe	Connie Smith
Pat Black-Gould	Tammie Everly	Julie Martin-Greene	Allison Spradlin
Natalie Blake	James Fontaine	Clark Merritt	Mike Thomin
Patrick Broadus	Dwight Gobeli	Renee Nix	Kasey Titus
Samantha Cooper	Eric Grote	Aurora Osborn	Dr. Louise Tolbert
Ginny Cranor	Robert Gryskiewicz	Rob Overton	Hilary Towns
Pat Crawford	Isaiah Helton	Corrie Parker	Debbie Tracy
Carol Conde	Tania Henson	Dr. Robert Perkins	Jake Walker
David Conde	Cheri Hlubek	Michelle Renfroe	Terry Williams
Dean Debolt	Jim Jipson	Gary Rhodes	George Wilson
Lissa Dees	Brad Keel	Julie Still-Rolin	Will Wirth
Phil Deportine	Jennifer Knisbell	Robin Rowan	

Curriculum Council

David Hoffman	Linda Sampson
Bob Robinson	Louise Tolbert

Volunteer Opportunities

Curriculum committee members earn a free class for every class they organize. No minimum number required! Responsibilities include attending 2-3 meetings per semester, contacting potential instructors, occasionally take attendance and be a supportive presence in the classroom.

To get involved, send an email to leisurelearning@uwf.edu or call 850.473.7468.

Want to teach a class?

We are always looking for instructors in basic computers, U.S. and International history, fine arts, music, theater and behind-the-scenes tours.

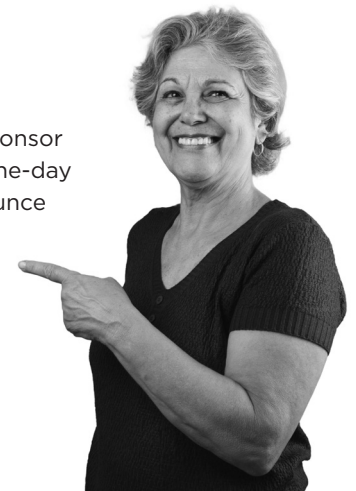
Have an idea for a class? Visit the “Want To Get Involved” page at uwf.edu/leisurelearning and submit an online course proposal.

ATTENTION WUWF DAY SPONSORS:

Support two organizations at one time!

Public radio listener support has become more important than ever! A WUWF radio Day Sponsor pledge of \$180/yr includes a WUWF MemberCard with 20-page discount directory and a one-day sponsor message that will air five times on the day of your choice. It is a great way to announce a special event for your favorite non-profit — Leisure Learning!

Call 850.474.2787 for information or to make your contribution!



LEISURE LEARNING SUMMER 2024 REGISTRATION FORM

uwf.edu/leisurelearning | leisurelearning@uwf.edu | 850.473.7468

THREE EASY WAYS TO REGISTER!

- **Online** - uwf.edu/leisurelearning
- **Mail** - Fill out the registration form.
- **By Phone** (Mon - Fri, 9 a.m. to 4 p.m.) - To pay by Visa, Mastercard or American Express, call the Leisure Learning office at 850.473.7468.

OFFICE HOURS

Mon - Thu, 9 a.m. to 4 p.m.
Appointments also available upon request.

Building 77, Suite 138
11000 University Parkway
Pensacola, FL 32514



Important Information: Credit cards and other forms of payment are accepted. Phone and online registrations are highly recommended. If mailing a check, contact the Leisure Learning office or check classes online to make sure they are not already full.

Class selections listed on reverse side >>

Check this box if address/info has changed

Name _____

Phone # _____

Address _____

City, State, Zip _____

Email _____

The \$40 annual membership fee covers 12 months from the date you join.

- \$40.00 - New Member
- \$40.00 - Renew Annual Membership
- No fee - Membership Dues are current

Charter Membership (*Joined LL in 1996*)

- \$10.00 - Renew Charter Member
- No fee - Renew Charter Member Gratis

Total Class Tuition: _____

Membership Dues: _____

Total Payment Enclosed: _____

Writing a check for class?

Many Leisure Learning events and classes fill up quickly and result with a waiting list. If you are paying by check, please visit uwf.augusoft.net or call Student Support 850.473.7468 to check availability before mailing payment.



Members who joined LL in **1996** will always remain Charter Members, but your membership must be renewed annually. Please consider the discounted \$10 membership dues to help cover printing and postage costs.

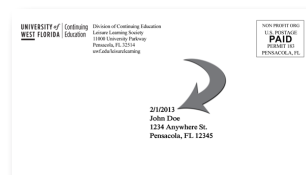
Make check payable to: **Leisure Learning**

Mail this form along with your check to:

University of West Florida
Leisure Learning (Bldg. 77/ Suite 131)
11000 University Pkwy., Pensacola, FL 32514

Making a donation?

Please enclose a separate check made out to UWF Foundation - Leisure Learning.



Returning Members, your membership expiration date is shown on your mailing label.

Never stop learning! Register today and enjoy quality instruction and social engagement!

LEISURE LEARNING SUMMER 2024 REGISTRATION FORM

uwf.edu/leisurelearning | leisurelearning@uwf.edu | 850.473.7468

- \$185** Unlimited Class Option

Mondays

- \$20** Bodacious Kitchen: Charcuterie Board Crafting*
- \$15** Calling All Bookies: “The Heaven and Earth Grocery Store” by James McBride
- \$15** Exploring Nature Trails: A Talk and Guided UWF Trail Hike
- \$15** Exploring the Ripple Effect: Oyster Shell Recycling Program
- \$35** Experience Food from the Titanic at Azalea Trace*
- \$15** Get the Buzz: Honey and More at 1st City Bee Co.
- \$15** Inside the Operations: A Tour of the Escambia County Public Safety Facility
- Free** Leisure Learning 101 — Session #1
- Free** Nonprofit Highlight: Sunday’s Child
- \$15** Scams & Scam Prevention

Tuesdays

- \$15** All Aboard the Rails of History: A Visit to the West Florida Railroad Museum
- \$15** Author Spotlight: Pat Black-Gould
- \$15** Deli Delights: Lunch at New Yorker Deli
- \$15** Exploring Sacred Spaces: St. Joseph’s Catholic Church
- \$15** Fantastic Archeology: Florida, Frauds, Myths and Mysteries
- \$15** Flavor Expedition: Hot Spot BBQ
- Free** Park, Pay & Play: Downtown Parking Workshop
- \$15** Planetarium: “Seeing”*
- \$15** Set Sail with American Magic and Dwight Gobeli
- \$15** Short-Term Stock Trading for Fun and Profit
- \$15** Symphonic Serenade: Music by Dr. Aleksandra Pereverzeva and Andrew Gregg
- \$15** Unlocking Flavor: An Exploration of Olive Oil at Bodacious Olive
- \$15** Using Free Apps to Track Your Exercise Progress

Wednesday

- Free** Art with a Purpose: Pyramid School of Fine Arts
- \$15** Discover Enchantment at Angel’s Garden
- \$15** Explore Apple Market, the Biggest Little Store in Town
- \$32** Exploring Scenic Highway: A Guided Trolley Tour with Robin Rowan*
- \$15** Get the Scoop at Fannie Lou’s Ice Cream
- Free** Leisure Learning 101 — Session #2
- \$15** Take an Industrial Journey into the Port of Pensacola
- \$15** Vintage Tin Treasures: Crafting Repurposed Jewelry with Tammie Everly
- Free** Visit to Valerie’s House: A Look into Grief Support

Thursday

- \$15** American Heart Association Heartsaver CPR Class
- \$15** Explore the Wonders of the Maya
- \$25** Explore Wine Curiously: A Deep Dive into Its History, Geology and Traditions*
- \$15** Finding Your Beat: Intro to Drumming with Jake Walker
- \$15** Inside WSRE: A Behind-the-Scenes Tour and Talk
- \$45** Lunchtime Delights: A Taste of Tradition at Olde English Creamery*
- \$15** Pickleball for Beginners
- \$15** Planning for Long-Term Care with Patrick Broadus — Session #1
- \$15** Common Mistakes During Retirement and Golden Tools for the Golden Years
- \$15** Step through the Past: Exploring the Historic District
- \$15** Sweet Indulgences: An Excursion to Bubba’s Sweet Shop
- \$15** The Art of Pizza: Lunch at Tuscan Oven

Friday

- \$15** Radio Live: A Tour of WUWF
- \$15** Echoes of Time: A Guided Journey through St. Michael’s Cemetery
- \$45** Exploring Culture and Culinary Delights: A Day at the Poarch Band of Creek Indians Cultural Museum*
- \$15** Behind the Curtain: Exploring Theatre Production
- \$15** Disaster Preparedness with Pensacola Fire Department
- \$15** Just in Time for Summer: The Top Ten Coolest Things in the Archives — Session #1
- \$15** Just in Time for Summer: The Top Ten Coolest Things in the Archives — Session #2
- \$15** Planning for Long-Term Care with Patrick Broadus — Session #2
- \$15** Successful Estate Planning: Benefitting You and Your Family
- \$15** Embark on a Journey to Optimal Health with OsteoStrong®
- \$15** Planetarium: “IBEX: Search for the Edge of the Solar System”*

Total Class Tuition: \$ _____

**Not available on the all-inclusive Unlimited Classes option.*

Schedule and location changes are communicated through email. Check your email leading up to the event.

Registration Opens May 1.

Phone and online registrations are highly recommended. If mailing a check, contact the Leisure Learning office at or check classes online to make sure they are not already full.

How to Register Online: Visit uwf.edu/leisurelearning. Select “Register Now” to visit the online registration site. Under the Leisure Learning section, select “All Classes” to see the full class list or view classes by category.

INFORMATION

uwf.edu/leisurelearning | leisurelearning@uwf.edu | 850.473.7468

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- **Mail** - Fill out the registration form.
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Mon - Thu, 9 a.m. to 4 p.m.

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UNIVERSITY OF WEST FLORIDA Nautilus Card Benefits



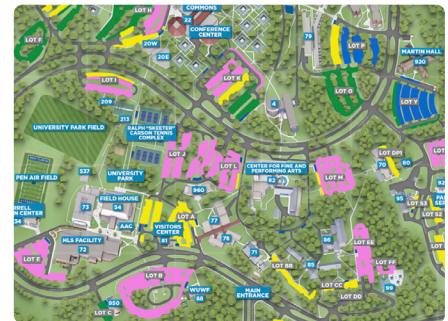
Leisure Learning members are eligible to purchase a UWF Nautilus card for only \$10.

The official UWF identification card can be used for:

- Checking out books and using the electronic databases at the UWF Library. library.uwf.edu
- An ID for campus events, including \$7 admission to UWF Center for Fine and Performing Arts events. uwf.edu/cfpa
- Access to the Health, Leisure & Sports facility with purchase of gym membership — \$35/monthly, \$100/semester or \$250/annual. uwf.edu/recreation

How do I acquire my Nautilus card?

1. Take your membership receipt to the UWF cashier's office (Building 20E) to purchase the \$10 card.
2. Take your payment receipt, membership receipt, and a government issued photo ID to the Nautilus Card office (Building 20W) to have your picture taken and a Nautilus Card issued.



LL Member Parking

At the start of each semester, members will receive an emailed link to register for a parking pass. Parking passes will be mailed out as they are received.

Parking in unapproved lots or reserved spaces will result in a ticket. If you have followed the parking regulations and are ticketed, please contact the Leisure Learning office so that it can be taken care of.

For more parking information visit: uwf.edu/parking

48-hour cancellation and refund policy

If you are unable to attend your registered class, you must notify the Leisure Learning office at least **48-hours** in advance of the class in order to receive a refund. Any cancellation given less than **48-hours** in advance will not receive a refund. Please be courteous to your volunteer instructors and fellow members by adhering to this policy. **Please Note:** For events that require Leisure Learning to PREPAY, refunds cannot be processed if you are unable to attend unless there is someone on the waiting list to take your place.

Leisure Learning

11000 University Pkwy.
Building 77, Suite 138
Pensacola, FL 32514
uwf.edu/leisurelearning

EVENT SPOTLIGHT:

Leisure Learning 101: FAQs and Registration Assistance Session

Join us for a free informative class designed to empower you to navigate your Leisure Learning experiences with confidence. Get a comprehensive overview of Leisure Learning and guidance on the registration process, with a detailed demonstration and invaluable tips for utilizing the registration system effectively. There will also be an opportunity for questions.

Whether you're a seasoned participant or new to the program, you will leave with the knowledge to make the most out of your Leisure Learning journey.

Two session offerings to choose from:

Session #1: 29-Jul | Mon

Session #2: 31-Jul | Wed

10:00 AM - 11:15 AM

