/2023

eptember 30, 2022 REV Program Name: Program Code: 31.0501

hing 5-Year Assessment Plan

CIP Code:

**Department of Movement Scie** 

		Year 1	Year 2	Year 3	Year 4	
	Program-Level Student Learning	2023-2024	2024-2025	2025-2026	2026-2027	
	Outcome (From ALC or ALP)					
	1.1 Identify and apply concepts and	PET 4434	Reflection on and	PET 4820	Reflection on and	
	principles of exercise, fitness and sport	(Gather baseline	Use of Findings	(Follow-up	Use of Findings	
	coaching, wellness, and teaching.	data)		assessment)		
	1.2 Demonstrate professional			PET 3344c	Reflection on and	
	knowledge of current trends,			(Gather baseline	Use of Findings	ā
	developments, guidelines,			data)		
	recommendations, and research in the					
	field.					
	1.3 Analyze behavioral strategies to		PET 4765	Reflection on and	(Follow-up	
	enhance exercise, health and athletic		(Gather baseline	Use of Findings	assessment)	
	behavior change (e.g., reinforcement,		data)			
	goal setting, and social support).					
ng	2.1 Identify and use relevant	Sport	Reflection on and	PET 4820	Reflection on and	
	data/information as a tool to develop	Performance	Use of Findings	(Gather baseline	Use of Findings	
	and prioritize interventions (e.g.,	Analytics		data)		
	policies, promote physical activity,	(Gather baseline				
	sport performance).	data)				
ng	2.2 Evaluate athletic/sport skills and		PET 4801	Reflection on and	(Follow-up	
	abilities in order to provide instructive		(Gather baseline	Use of Findings	assessment)	
	feedback and guidance.		data)			
on	3.1 Combine oral and written	Intro to Sport	Reflection on and	PET 4940	Reflection on and	
	scientifically sound health and fitness	Performance	Use of Findings	(Gather baseline	Use of Findings	
	related information to enhance	(Gather baseline		data)		
	participants' knowledge, enjoyment,	data)				
	and adherence to physical activity					
	behaviors.					
on	3.2 Illustrate effective coaching		PET 3344C	Reflection on and	PET 4820	Ref
	communication, including active		(Gather baseline	Use of Findings	(Gather baseline	U:
	listening, cueing, monitoring, and		data)		data)	
	providing constructive feedback					

	4.1 Demonstrate healthy lifestyle		(Gather baseline	(Reflection on and	
	practices in order to be a professional		data)	Use of Findings)	a
ıes	role model.		PET 4940		
			Site Supervisor		
			Evaluation		
	4.2 Describe and adhere to relevant	(Gather baseline	(Reflection on and	(Follow-up	
ıes	professional and ethical standards.	data) PET 4940	Use of Findings)	assessment)	
		Site Supervisor			
		Evaluation			